



# UA Little Rock COVID-19 Campus Guide

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## Notable Changes from Version 7:

- Updated quarantine protocols (page 7)

## Notable Changes from Version 6:

- Revised: Introduction with summary information
- Addition: Vaccines available from Health Services (page 8)
- Addition: Monkeypox information (page 9)
- Removed: Historical content applicable to prior versions

***Please check UA Little Rock email and [ualr.edu/coronavirus](https://ualr.edu/coronavirus) for the most updated COVID-19 information for UA Little Rock.***

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# Introduction

This document contains the seventh version of the COVID-19 Campus Guide, which was shortened to include the most pertinent information related to COVID-19, and more recently, the Monkeypox outbreak. There are few changes from the prior version of the guide.

Throughout the pandemic, the foremost concern has been the well-being of our students, faculty, and staff. The purpose of this guide is to help safeguard the UA Little Rock community by preventing the spread of the coronavirus, and now Monkeypox, in accordance with public health recommendations and guidance from the [Arkansas Department of Health](#), the [Centers for Disease Control](#), and the [University of Arkansas Board of Trustees](#).

In an earlier version of the guide, phases were established to communicate the campus restrictions and safeguards related to COVID-19 (listed on pages 19-20). As of this publication, UA Little Rock is in phase 4, the least restrictive phase. The current phase, along with the latest coronavirus information, is maintained online at [ualr.edu/coronavirus](http://ualr.edu/coronavirus).

UA Little Rock Health Services continues to advise the following measures:

- stay up-to-date on vaccinations,
- stay home if you are ill,
- report positive COVID-19 cases at [ualr.edu/reportcovid](http://ualr.edu/reportcovid) (for yourself or someone else), and
- wear a face mask (recommended but not required).

Please review the guide for important information. Use the linked table of contents to navigate to the sections of interest.

## Planning Process Guiding Principles

Safety, flexibility, inclusive learning support, and communication served as guiding principles of the pandemic planning process at UA Little Rock. As the university transitions back to pre-pandemic operations, the university operates in compliance with Arkansas law, guidance from the University of Arkansas Board of Trustees, the Arkansas Department of Health, and the Centers for Disease Control.

### Safety

COVID-19 personal protective equipment (PPE) is available upon request at the Ask Desk in the Student Services Center or the Information Desk in the Donaghey Student Center, as well as at Welcome Week tents during the first week of classes. PPE kits include a reusable cloth face mask and a bottle of hand sanitizer. PPE kits will only be distributed upon request.

## Flexibility

UA Little Rock implemented varying levels of flexibility during different levels of its reopening plans; however, as the university transitioned to phase 4 and eased physical distancing requirements, employees were expected to report to their regular on-campus work location during working hours. The Chancellor's Cabinet will continue to monitor on-campus COVID-19 status to determine if policy changes are required. UA Little Rock will continue to offer different course modalities for students, including face-to-face, online, and hybrid classes.

## Inclusive Learning Support

Professional development opportunities and resources for faculty in inclusive pedagogy and online course design and delivery have been provided. Faculty may take advantage of online course [design/delivery](#) and [renovation](#) assistance through eLearning. UA Little Rock allocated a portion of its federal CARES Act funding towards technology needs to support faculty and students.

## Communication

The Office of Communications and Marketing manages the [coronavirus website](#) with information and resources for students, faculty, staff, parents, and community members. The Office of Communications and Marketing will continue to send regular COVID-19 communications for the benefit of the campus community.

## Managing Anxiety

Due to the unprecedented level of uncertainty in our lives, as well as the emotional, social, and financial disruptions brought on by the pandemic, many are dealing with increased anxiety. This anxiety can worsen after months of physical distancing and no easy access to our usual support systems.

Talking through issues of concern through the collaborative process of counseling can help reduce anxiety levels. Free counseling is available to the campus community, including students, staff, and faculty. For those who prefer going the self-help route, [Therapy Assist Online Connect](#) is available as well for any member of the UA Little Rock Community.

## Counseling for Students

Counseling Services continues to provide confidential counseling in-person, by phone, and by videoconferencing for UA Little Rock students. Counseling appointments are available Monday through

Friday, 8:00 am to 4:00 pm, with the exception of holidays and when the university is closed. Students should call 501-916-3185 to set up an appointment.

## Counseling for Faculty and Staff

The Employee Assistance Program (EAP) consists of a team of licensed behavioral health professionals providing confidential counseling and information for faculty and staff as a university benefit. EAP now offers in-person as well as remote options such as videoconferencing and phone counseling. To schedule an appointment, call 501-686-2588.

## Therapy Assist Online Connect for Employees and Students

Therapy Assist Online Connect (TAO) is an online platform that provides accessible resources for self-help. Students, faculty, and staff are able to receive education, assessments, and tools to help lessen the psychological impact of general stressors and anxiety. Anyone with an active ualr.edu email address can access and use the free TAO interactive sessions, mindfulness exercises, and practice tools. See the [TAO Connect site](#) For more information or to sign up for a TAO account.

# Disease Control and Prevention

## COVID-19 Testing

During the COVID-19 pandemic, Health Services triages patients via telephone or video. If triage indicates the patient is symptomatic or has recently been exposed to COVID-19, clinic staff can conduct a rapid test on site. At-home tests are also readily available at local pharmacies and for free [from the federal government](#).

Surveillance testing will be conducted on campus during the academic year as needed. Surveillance testing allows the identification of positive COVID-19 cases among people who are asymptomatic and may not realize they are infected.

## COVID-19 Symptoms

Individuals who develop symptoms of COVID-19 should STAY HOME and contact their healthcare provider or Health Services for COVID-19 testing. Below is a list of symptoms currently associated with COVID-19. Check the [CDC website](#) or your healthcare provider for the most current information.

- Fever or chills
- Cough

- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

## Communicating symptomatic, close contact, and positive cases on campus

Quickly responding to potential threats of COVID-19 helps to keep our campus community safe. Health Services developed information for residential students, commuter students, faculty, and staff that describes the steps to take when employees and students become symptomatic, are identified as a close contact, or are diagnosed with COVID-19. [Instructions are maintained on the Health Services website.](#)

In addition to the posters, [flow charts](#) are available with the full communication process. A person with symptoms, identified as a close contact, or positive for COVID-19 need only use [that website](#). The flow charts are for instructors and supervisors who need to close the communication loop related to COVID-19 scenarios.

Being able to respond quickly to these scenarios will help protect our campus community. Questions or suggestions regarding these communication resources can be submitted through the [feedback form](#).

**[All positive COVID-19 cases should immediately be reported to Health Services.](#)**

## Isolation Protocols

[Specific isolation protocols are at the bottom of this Health Services page.](#) Quarantine is not required of close contacts, regardless of their vaccination status or if they've had a previous COVID-19 infection.

Failure to follow protocols may result in follow-up by the Dean of Students.

## Strategies for encouraging and enforcing mask use

To see the most current requirements for face masks, see the [UA Little Rock coronavirus website](#).

## COVID-19 Vaccines

UA Little Rock continues to encourage individuals to remain up-to-date on their COVID-19 vaccine, which is readily available at most area pharmacies. Previously, Health Services provided COVID-19 vaccines through Johnson & Johnson, and Health Services will now offer Pfizer or Moderna COVID-19 vaccinations in the clinic starting in September. According to the [Center for Disease Control and Prevention \(CDC\)](#), the [Arkansas Department of Health \(ADH\)](#), and numerous medical sources, COVID-19 vaccines are safe and effective, and there are clear benefits for both yourself and our community.

The [CDC outlines several benefits of getting a COVID-19 vaccine](#):

- COVID-19 vaccines are safe.
- COVID-19 vaccines are effective.
- Once you are up to date on vaccinations, you can start doing more.
- COVID-19 vaccination is a safe way to help build protection (including from the Omicron variant and sub-variants), regardless of whether you've already had COVID-19.
- None of the COVID-19 vaccines can make you sick with COVID-19.

## Education

SafeColleges provides free educational videos related to COVID-19 awareness, stress management, and workplace safety.

Employees and students are encouraged to complete selected SafeColleges training before returning to campus, or as soon as possible upon return to campus. See Appendix B for instructions on accessing the SafeColleges educational videos.

- Coronavirus Awareness - 10 minutes  
Description: *COVID-19 has impacted every aspect of our lives, including all facets of campus employment. The information provided will help you to return to campus in a safer manner.*
- Coronavirus: Managing stress and anxiety - 12 minutes  
Description: *Stress is our body's way of responding to physical, emotional, or mental demands, such as those imposed by the pandemic. This course discusses the signs and symptoms of stress and explains the physical and emotional effects of built-up stress, such as anxiety. Further, this course discusses lifestyle changes, stress management techniques, and treatment options to help reduce stress during difficult times.*

In addition, employees are encouraged to complete the following training:

- Coronavirus: Cleaning and disinfecting your workplace - 10 minutes  
Description: *This course provides you with practical guidance from the CDC for cleaning and*

*disinfecting your workspaces and offices.*

- **Coronavirus: The Basics of Vaccines**  
Description: *What exactly is the science behind vaccines and how they work? This interactive online course will provide you with practical guidance from the CDC to help you understand the science behind vaccines.*

## **Monkeypox**

The first case of Monkeypox was identified in Arkansas in July 2022. Monkeypox doesn't meet the definition of pandemic under the [Emergency Response Plan policy](#) because the virus isn't "efficiently transmitted between humans." However, the presence of cases in the state is of concern and will be appropriately monitored. [Monkeypox health protocols from the Arkansas Department of Health and UA Little Rock are provided on the Health Services website.](#)

# **Personal Protective Equipment and Signage**

## **Face Masks and Shields**

To see the most current requirements for face masks, see the [UA Little Rock coronavirus website](#).

COVID-19 kits will be provided to students and employees at the Ask Desk (Monday through Friday 8:00 am - 5:00 pm), Ottenheimer Library (Monday through Friday 8:00 am to 8:00 pm), and Donaghey Student Center information desk (Monday through Friday 8:00 am - 5:00 pm) upon request. COVID-19 kits contain a face mask and hand sanitizer. Face shields are available upon request from Facilities Management.

## **Cleaning Supply Kits**

PPE and cleaning supplies are available through Facilities Management by request.

## **Building Captains**

Building Captains were appointed to each building on campus and tasked with ensuring appropriate signage, sanitation supplies, security, and PPE for their buildings. Building Captains serve as an important resource in facilitating communication and information transfer as UA Little Rock adopts a more centralized space management model to encompass future space planning and emergency response planning.

Building captains ensure that university-approved signage is appropriately displayed.

# Phase 4 Return to Campus

## Employee Return to the Workplace

UA Little Rock employees are expected to work on campus at this time, or upon the employees contracted start date.

For employees with a health condition (or dependent health or care situation) that may impact the employee's ability to perform their job functions (irrespective of work location), it is important that supervisors involve Human Resources so that Human Resources can engage in an interactive process with the employee to seek solutions that will allow the employee to return to work.

Employees with a health condition or disability may request an American with Disabilities Act (ADA) workplace accommodation by contacting the ADA Coordinator in Human Resources at 501-916-3180. A dean, department head, director, or supervisor who receives a request for accommodation from an employee should immediately notify the ADA Coordinator for assistance in engaging in the interactive process and responding to the request. [Additional ADA information is located on the Human Resources site.](#)

An employee seeking an ADA accommodation or leave under the Family Medical Leave Act should begin the process prior to their return date. Links are on the [Human Resources website](#).

In preparing to work on campus, some employees may identify personal health and safety concerns. While the CDC has identified [higher risk health conditions](#), these conditions alone do not override the employee's obligation to perform the essential functions of the job, with or without an accommodation. Employees should also contact Human Resources at 501-916-3180 if they have questions.

## Meetings and Events

Campus meetings and events may continue without physical distancing restrictions. To aid in contact tracing and identification of close contacts should it become necessary, meeting and event organizers are encouraged to use a registration or sign-in process to collect the names and contact information of attendees. At the discretion of meeting and event organizers, remote meeting technologies and hyflex modalities may continue to be utilized.

## Contingency Planning

As COVID-19 continues to impact the community and the university, UA Little Rock is cognizant that the evolving COVID-19 pandemic may warrant modifications to procedures, policies, instruction modalities, facility usage, and more. UA Little Rock recognizes the fluid nature of the pandemic and the need to closely monitor guidance from medical professionals and regulatory entities as the situation evolves.

# Continuity of Instruction

## Fall 2022 Academic Calendar

At this time, all parts of term and scheduled breaks in the approved fall academic calendar will be observed as planned.

## Course Delivery Options

Prior to the COVID-19 pandemic, UA Little Rock provided a variety of flexible course options to accommodate the learning and lifestyle needs of its diverse students. In fall 2022, UA Little Rock returned to a varied course schedule that looked much like fall 2019. With a variety of course formats, students may build class schedules that best meet their preferred style of learning, as well family, work, and health needs. UA Little Rock offers the following course formats:

### In-Person (01-99/100-499)

- **Attendance:** Students enrolled in this section are expected to attend class in person.
- **Delivery:** Course materials, discussions, and assessment activities will primarily take place in the classroom. Some instructors may choose to utilize Blackboard for some course materials, discussion threads, and assessment activities.
- **Schedules:** Courses will follow the traditional start and end dates for the part of term. Instructors will determine all due dates for course activities. Courses will be scheduled in a physical classroom on set days and times.
- **Example:** *BIOL 1400-10 meets every Tuesday and Thursday at 10:50 am - 12:05 pm in Fribourgh Hall (FH) 430.*

### Flex (F01-F99)--formerly webcast (9W\_) sections

- **Attendance:** Students enrolled in this section have the option of attending class in person, synchronously via a live video session, or asynchronously by watching recorded lecture videos at a later time.
- **Delivery:** Course materials, discussions, and assessment activities will be available for all students in both the physical location as well as the via Blackboard.
- **Schedules:** Courses will follow the traditional start and end dates for the part of the term. Instructors will determine all due dates for course activities. Courses will be scheduled in a physical classroom on set days and times.
- **Example:** *IFSC 1310-F01 meets every Tuesday and Thursday from 09:25 am - 10:40 am in Engineering and Information Tech (EIT) 219.*

### Hybrid (H01-H99)

- **Attendance:** Students enrolled in this section will attend 50-25% of the class in person and the rest of the course will be completed online.
- **Delivery:** Some course materials, discussions, and assessment activities will be available for all students in both the physical location as well as via Blackboard.
- **Schedules:** Courses will follow the traditional start and end dates for the part of the term. Instructors will determine all due dates for course activities. Courses will be scheduled in a physical classroom on set days and times.
- **Example:** *MATH 1302-H01 meets every other Tuesday at 10:50 am - 12:05 pm in Engineering Tech and Applied Sciences (ETAS) 480 for in-person instruction.*

### >50% Hybrid (G01-G99)

- **Attendance:** Students enrolled in this section will attend class in-person for >50% of the course and the rest of the course will be completed online.
- **Delivery:** Some course materials, discussions, and assessment activities will be available for all students in both the physical location as well as via Blackboard.
- **Schedules:** Courses will follow the traditional start and end dates for the part of the term. Instructors will determine all due dates for course activities. Courses will be scheduled in a physical classroom on set days and times.
- **Example:** *ACOM 1300-G01 meets every Monday and Wednesday from 10:00 am - 10:50 am for in-person instruction and exams in Ross Hall (RH) 118. Class meets virtually Friday from 10:00am - 10:50am.*

### Synchronous Online (9S\_)

- **Attendance:** Students enrolled in this section are able to choose to attend class synchronously via a live video session or asynchronously by watching recorded lecture videos at a later time.
- **Delivery:** Instructors will utilize Blackboard for distribution and collection of all course materials, discussion threads, and assessment activities.
- **Schedules:** Courses will follow the traditional start and end dates for the part of term. Instructors will determine all due dates for course activities. Courses will have scheduled days and times for virtual meetings but no physical location.
- **Example:** *PSYC 2300-9S1 meets every Monday, Wednesday, and Friday 11:00 am - 11:50 am virtually via Google Meet.*

### Asynchronous Online (99\_)

- **Attendance:** Students enrolled in this section participate in a fully asynchronous format.
- **Delivery:** Instructors will utilize Blackboard for distribution and collection of all course materials, discussion threads, and assessment activities.
- **Schedules:** Courses will follow the traditional start and end dates. Instructors will determine all due dates for course activities. Courses will not have a scheduled day or time or physical location.

- **Example:** *ENGL 2337-991 is held asynchronously and students complete assignments within instructor set deadlines.*

### **Online Campus Only (9U\_)**--restricted to students enrolled in UA Little Rock Online Campus

- **Attendance:** Students enrolled in this section participate in a fully asynchronous format.
- **Delivery:** Instructors will utilize Blackboard for distribution and collection of all course materials, discussion threads, and assessment activities.
- **Schedules:** Courses will follow the traditional start and end dates for the part of term. Instructors will determine all due dates for course activities. Courses will not have a scheduled day or time or physical location.
- **Example:** *SPAN 1311-9U1 is held asynchronously and students complete assignments within instructor set deadlines. For e-Learning online campus students only.*

Students who would like assistance with building a schedule that meets their needs should contact their advisor or department chairperson for assistance.

## **Face Coverings**

To see the most current requirements about face masks, see the [UA Little Rock coronavirus website](#) or the [UA Little Rock home page](#).

Depending on the current mask requirements, students who are enrolled in courses with face-to-face components and who cannot wear a mask due to health reasons will be accommodated through the availability of online courses. For the small number of classes that, due to unique student learning outcomes, cannot feasibly be adapted for remote instruction, students should be advised to complete them in a later semester. If completing the requirement at a later time would delay graduation, programs should provide suitable course substitutions.

Masks are available in each building in the office of the [Building Captain](#) for individuals who forget to bring masks to campus. When masks are required, students who refuse to wear a mask in a classroom will be ejected from class per UA Little Rock policy 512.2 ("[Classroom Disruptions and Steps Towards Redress](#)").

## **Flexibility for Students**

Students' attendance (both online and face-to-face) and ability to meet deadlines may be compromised during the pandemic due to COVID-19-related challenges. Faculty are encouraged to follow [USDE attendance guidelines](#) to provide flexible class attendance policies, deadlines, and course structures to accommodate students who may need to stay home or miss synchronous class sessions due to

technology issues, illness, caretaking, increased work (for first responders and essential workers), or self-isolation.

Students with underlying health conditions that put them at risk from COVID-19, or who live with others with such conditions, may need to refrain from participating in face-to-face learning activities. Students who are enrolled in courses with face-to-face components and who need to change to an online course should contact their academic advisor. If an online section of the course is not available, the student and advisor should find another option that fits in the student's degree plan. For the small number of face-to-face classes that, due to unique student learning outcomes, cannot feasibly be adapted for remote instruction, students should be advised to complete them in a later semester. If completing the requirement at a later time would delay graduation, we recommend that programs provide suitable course substitutions.

Students with a disability may consult with the [Disability Resource Center](#) for accommodations if needed.

## Academic Support Services

[Updated information about academic advising, tutoring, mentoring, supplemental instruction, and other student support services is available for students.](#)

# Continuity of Research

## General Guidance

Research operations are an important part of what distinguishes UA Little Rock as a Doctoral Research Institution. As a result, the institution released the [Research Continuity Plan](#) in March 2020. This plan issued guidelines and directives that allowed research operations to continue during the campus transition to virtual operations. As a result of the campus moving to Phase 4, research laboratories conducting research not involving human subjects can return to normal activities. COVID-19 precautions outlined in Phase 4 should be followed by all students, faculty, and staff involved in research.

## Research Involving Human Subjects

All research involving human subjects should follow the guidance of the Institutional Review Board (IRB) detailed on the [IRB website](#).

# Athletics

Currently, the NCAA urges athletics departments to continue to follow state and university COVID-19 guidelines and mandates.

# International Students

Per CDC guidelines, international students and others traveling from other countries are not required to self-quarantine before coming to campus.

Current and prospective international students are advised to contact the Office of International Student Services (OISS) for up-to-date information from the Immigration and Customs Enforcement (ICE) and Student and Exchange Visitor Program (SEVP) agencies. OISS is following guidance closely and working to ensure all UA Little Rock international students, both current and prospective, receive the most up-to-date information.

For questions or concerns contact OISS at [internationalservices@ualr.edu](mailto:internationalservices@ualr.edu) or 501-916-3566.

# Campus Living

## Reduction of Occupancy

Except in exceptional circumstances, Campus Living will allow one student to be housed in one bedroom, regardless of the number of beds in a given space. This reduces overall occupancy to approximately 1,000 residents and allows available spaces for isolation cases. Requests to change the room assignment of one student per bedroom may be submitted to the Office of Campus Living.

## Enhancing Cleaning Protocol

Campus Living has implemented an enhanced cleaning protocol for high-touch areas, including door handles, lavatories, trash receptacles, light switches, and more.

## Campus Living Spaces for Isolation

In residential facilities, nine spaces are reserved for residents to isolate if required. Students who have a home available within a three-hour drive of campus will be asked to isolate at home. Students who isolate on campus will be provided with additional support services for food, health, hygiene, and bookstore needs.

Please visit the [Campus Living webpage](#) for additional information related to move-in week.

## **Campus Dining**

Campus Dining will continue to implement health and safety measures for dining locations as described below.

### **Trojan Café**

Dining hours in the Trojan Café may be adjusted to help with continued service and cleaning. Please refer to [the Sodexo website](#) to view dining service hours.

Checkout registers have customer-facing card swiping devices, and the use of Trojan ID cards, bank debit, and credit cards will be encouraged to minimize cash handling. Additionally, plexiglass has been installed at each cash area. Additional hand sanitizer dispensers and stations are available for increased access as well as additional trash receptacles.

### **Retail Venues**

[Dining hours in retail venues](#) (Hissho Sushi, Tres Habaneros, SubConnection, Starbucks, and Trojan Grill) allow for full cleaning and sanitizing of the facility in between traffic meal periods.

## **Campus Visitors**

There are no restrictions regarding visitors on campus, but all visitors must follow UA Little Rock's current masking requirements.

## **Communications**

### **COVID-19 Website**

The [COVID-19 website](#) contains previously published information that is relevant for COVID-19.

### **Health Awareness**

The UA Little Rock Digest and individual emails are sent as needed to keep the campus informed. When required, the Digest is typically sent on Monday and Thursday each week, provided there are multiple, relevant content submissions. Submissions may be sent to [communications@ualr.edu](mailto:communications@ualr.edu). All campus

communications pertaining to COVID-19 must be approved by the Office of Communications prior to dissemination.

## Feedback

[Feedback concerning the UA Little Rock COVID-19 Campus Guide](#) is welcomed.

## Membership of Planning Teams

The Coronavirus Emergency Response Team (CERT), as well as the Provost's Academic COVID-19 Taskforce (PACT), consisted of a cross-section of the university's employees to recommend guidance related to academic and non-academic components of this guide as well as the university's policies related to the coronavirus. Please refer to the prior version of the COVID-19 Guide for a listing of CERT and PACT members.

# Appendix A: Phases

The phased return of employees is intended to allow the maximization of physical distancing measures as well as monitoring of potential campus spread of COVID-19, while ensuring service to students and continuity of operations. The following phased return plan may be modified based on the business needs of a particular unit but is expected to serve as a general guide for the return to campus.

## Phase 1: Employees Return Only As Required

- Essential, on-site employees continue to work from campus.
- Telework for non-essential on-site employees is encouraged.
- Employees who telework can visit campus briefly if needed while practicing physical distancing.
- Employees may be asked by supervisors to return to campus to assist as needed

## Phase 2: Additional Employees and Students Return to Campus as Needed

- Additional employees who are needed on campus to prepare for students should return as determined by the unit supervisor. Target office staff capacity is one-third, but may be adjusted by the unit supervisor as needed to accommodate social distancing and business operations.
- In addition to preparations for arrival of students, units should collaborate with Facilities Management to provision personal protective equipment and health precaution signage as needed.
- Students are encouraged to continue conducting business virtually to the extent possible. Units shall ensure each office is appropriately staffed to provide direct assistance to students as needed.

## Phase 3: Additional Employees and Students Return to Campus

- Each unit's on-campus office is staffed to provide direct assistance to students and visitors. Target office staff capacity is two-thirds, but may be adjusted by the unit supervisor as needed to accommodate social distancing and business operations.
- Supervisors should ensure employee work schedules are appropriate to meet the business requirements for the unit (e.g. students must be served during business hours and not be asked to return at an alternative time because a particular employee is working an alternative schedule.)

## Phase 4: Easing of Physical Distancing Measures

During phase 4, employees and students are allowed on-campus with eased physical distancing restrictions. Phase 4 signifies a general return of normal campus operations; a lifting of physical distancing restrictions, and resumption of general travel, meetings, and events.

# Appendix B: SafeColleges Instructions

All students and employees are encouraged to complete the COVID-19 training in an effort to increase knowledge and awareness surrounding COVID-19.

To access this training, a computer with internet access and audio capabilities is needed. If you need assistance with the online training, please contact Karen Baker at [knbaker@ualr.edu](mailto:knbaker@ualr.edu) or 501-916-5715.

You will have the option to return to the training site at a later time if you are unable to complete the courses in one sitting. At the conclusion of each training course, you will have the option to print a certificate. All training is tracked and recorded electronically.

## Students

Students login with T-Number and must create a password within the training site.

This below student training may be accessed at the [student Safe Colleges Site](#).

- Coronavirus Awareness (Duration: 10 minutes)
- Coronavirus: Managing Stress and Anxiety (Duration: 12 minutes)

## Employees

Employees will login with Net ID and password.

The below employee training may be accessed at the [employee Safe Colleges Site](#).

- Coronavirus Awareness (Duration: 10 minutes)
- Coronavirus: Managing Stress and Anxiety (Duration: 12 minutes)
- Coronavirus: Cleaning and Disinfecting Your Workplace (Duration: 10 minutes)
- Coronavirus: The Basics of Vaccines