I. **Course Description:** This course is a study of the historical development of organized physical activity and designed to improve the understanding and appreciation of the purpose, value, nature, scope and significance of exercise and sport.

II. **Relationship to the Knowledge Base:** As novice students begin to develop a sound philosophy towards their personal goals as a physical educator and coach. The knowledge of the world history domain are utilized. In this course students begin to acquire the knowledge and skills which eventually will enable them to function in the pedagogical content knowledge domain.

III. **Course Objectives:**
By the end of this course students will be able to:
1. The student will be able to define physical education and identify the role of physical education in public education.
2. Apply the five basic philosophical theories to physical education.
3. Identify the earliest civilizations such as Egypt and China’s position and roles in sport and physical education.
4. Explain the contributions of the ancient Greeks to modern physical education and sport.
5. Describe Roman sport and the influence it had on the sport of future generation.
6. Identify the factors in the medieval society, which affected the growth of sport and physical education.
7. List and briefly identify the major movements of the Renaissance.
8. Describe the sports that evolved with the Knights of the chivalric period.
9. Name the outstanding leaders of early physical education and sport in Modern Europe.
10. Explain the difference in gymnastics(physical education & sport) programs developed and promoted by Germany, Sweden, Great Britain, France, and Denmark.
11. Trace physical education in America from 1820’s to the present.
12. Trace the growth of sport in American life.

III. **Schedule:** WebCT online course. Instructor available Monday through Friday.
IV. Course Outline:
1. Principles and scope of physical education and sport.
   a. What is physical education? What is sport?
   b. Purpose of physical education and sport.
   c. Objectives of physical education and sport programs.
2. Philosophy and physical education and sport.
   a. Why study philosophy?
   b. Five traditional philosophies
   c. Ethics
   d. Developing a personal philosophy of physical education and sport.
3. History and development of Physical Education and Sport Program.
   a. European heritage
      1. early cultures
      2. the Homeric Greeks (before 776 BC)
      3. the Spartans (776BC to 371 BC)
      4. the early Athenians (776 BC to 480 BC
      5. the late Athenians (480 BC to 338 BC)
      6. the Olympics (776 BC to 400 AD)
      7. the Roman Republic (500 BC to 27 BC)
      8. the Roman Empire ( 27 BC to 476 BC)
      9. Medieval Europe (500 to 1500)
      10. The Renaissance and the Reformation (1450 to 1650)
      11. The Age of Enlightenment (1700's)
      12. Naturalism (1770 to 1830)
      13. Nationalism (1800 's)
      14. English sports
   b. Early American physical education and sport
      1. physical activities in the colonies
      2. early German gymnastics in the U. S.
      3. early Americans who influenced physical education programs
      4. Early Swedish gymnastics in the U.S.
      5. the battle of the systems
      6. founding of the national association
      7. establishment for normal schools for physical education
      8. promotion of play for children
      9. development of amateur sports
      10. collegiate sports for men
      11. collegiate sports for women
   c. Twentieth-Century physical education and sport
      1. the “new” physical education
      2. leaders in the “new” physical education
      3. leaders in the profession and leadership from the national association
      4. Intramural
      5. Teacher preparation
6. Amateur and collegiate sports
7. Play for recreation of fitness
8. Fitness for children
9. Federal legislation
10. Physical education into the 1990’s

d. Issues, trends and the future of physical education and sport
1. The changing nature of physical education and Sport
2. Elementary school programs secondary school programs
3. Changes in school physical education accreditation standards and evaluation
3. secondary school programs
4. inclusion of Basic stuff in school programs
5. proliferation of research
6. girls and women in sports
7. equality for minorities

e. Looking beyond the year 2000
1. Sport sciences- a new name and changing Images
2. Physical education and sport in schools and colleges
3. Physical education and sport in nontraditional settings
4. Projections for the twenty-first century


Selected Support Resources: not listed.

Course Policies:

Bonus points will be awarded for any PowerPoint that will be done over any chapter in the book. The maximum that can be earned on one PowerPoint will be 10 pts. Must have minimum of 10 slides and very informative. You will be allowed to do 2. They must be turned in by the end of semester.

You are responsible for submitting all written work in on time. There is a minus - 10 points for any late work turned in on 100 pts assignments. NO 10 POINT ASSIGNMENTS THAT ARE LATE WILL BE ACCEPTED. Instructor is available to discuss your circumstance for missed work and will decide under which you may or may not make up major written work. Those circumstances must be well documented.
WE WILL FOLLOW UALR CLASSROOM MANAGEMENT FOUND IN YOUR STUDENT HANDBOOK. Students think that they can do anything, say anything and write anything without repercussions or penalties. We will communicate in a civil manner, no profanity. Your communications with everyone online should be for educational purposes only. This class is focusing on a lot of writing and quality is imperative. It is our hope we produce more Health Science Majors passing the PRAXIS writing exams.

Test Policy for this class. You are required to take all tests at schedule time. If you miss a test for any reason, you are allowed to make up ONLY ONE test at the end of semester. The test online will be schedule on specific Tuesdays throughout semester. You will have 25 multiple choice questions to answer in 25 minutes.

**You will not have open access to test results, test questions are randomized for each individual. Instructor will keep watch of common times, common test scores, and any signs of cheating.** If you go over the time limit your test will be scored a 0. There are 5 tests given throughout the semester. The only test that will not be timed and will be done differently is Test #2 over the Olympics. This test will be one you get to create and submit as an attachment in the assignment area. More instructions will be given in the assignment area.

**Plagiarism** and **cheating** that occurs will be investigated and will follow UALR guidelines for discipline. All work that is detected will be scored 0 in this class. Student or students will be contacted. If student or students involved dispute scored and plagiarism charge the UALR Universities policies will be followed.

Any student who has special needs or requirement needs to submit all documentation during the first week of school. The class will accommodate all those needs and follow the university policy found below.

**University Policies:**

**The Academic Honor Code** used in this course is based on the premise that each student has the responsibility (1) to uphold the highest standards of academic integrity in the student’s own work. (2) to refuse to tolerate violations of academic integrity in the university community, and (3) to foster a high sense of integrity and social responsibility on the part of the university community.

**Plagiarism:**

Plagiarism is the act of representing words, data, works, ideas, computer programs, or output, or other material not generated by the student as his or her own. Plagiarism may be inadvertent or purposeful; however, plagiarism is not a question of intent. **All suspected incidences of plagiarism must be reported by the course instructor to the Assistant Dean of the College. Plagiarism is a serious act of academic misconduct and may result in a student’s receiving an “F” in the course and being suspended from the University.**
**Disabled Students:**
Disability Support Services: It is the policy of UALR to accommodate students with disabilities, pursuant to federal law and state law. Any student with a disability that needs accommodation, for example in arrangements for seating examinations, note-taking should inform the instructor at the beginning of the course. It is also the policy and practice of UALR to make web-based information accessible to students with disabilities. If you, as a student with a disability, have difficulty accessing any part of the online course materials for this class, please notify the instructor immediately. The chair of the department offering this course is also available to assist with accommodations. Student with disabilities are encouraged to contact Disability Support Services, Telephone 569-3143 (v/tty), and on the Web at [http://www.ualr.edu/dssdept/](http://www.ualr.edu/dssdept/).
VI. Evaluation

A. Class participation 70 points. Part of your success in college is determined by your prompt and regular online participation, which you will receive 5 points each week if you meet all the criteria. The course is designed to meet objectives in 14 weeks. If you do not log on and participate in the assigned classroom discussion you will not receive those participation points. The following are the 5 criteria you must do for each discussion posting.

1. Your initial posting has to be at least 300 words.
2. You have to use a direct quote from the required readings.
3. The direct quote from the book must be cited correctly.
4. At the end of your 300 words reference your book as you would be listing it in your reference paper for your final paper. Most students make a mock paragraph of 300 words and reference the book and Save to their desk top. Each week they just go in and edit to answer the discussion topic.
5. The last of criteria is you must answer the question correctly.

These requirements need to be met to receive your 5 points. I do not award partial points. It is 5 or 0. You have till Friday at midnight to participate. You are only required to post once during the week.

I will post these points by Tuesday of the following week. You will receive an email that the points are posted. You will have 24 hours, 1 day, to question why you did not receive your points. I do not go back 2 or 3 weeks to check why you did not receive discussion points.

I urge you to get the latest APA manual and read UALR academic integrity section in your student handbook.

B. 5 assignments (10 pts. Each) 50 points. Must be submitted in on time to get the full 10 pts. These assignments are to be logged in assignment side bar and as an attachment. You must prepare at least 1 page document on a program that I can open. I can open .doc, .docx, rtf. At this time I can not open wordpad. (wpd.) I will not accept written work submitted in programs that are not listed above. Make up will not be allowed if submitted in wrong program. Visit with Blackboard support to make sure you have an acceptable program to submit all your written work. The following criteria must be followed to receive your 10 points:

1. You must use direct quotes from your book and a 2nd reputable source. You can not use Wikipedia or Dictionary. Your 2nd source must be an Scholarly journal that has an author, year, and page number.
2. At the end of your assignment reference your direct quote and sign your name.
3. Answer the question involved in the assignment. Follow APA guidelines and academic integrity policies. The assignments are due Thursday of each week and by midnight. Each of the 5 assignments will help students write their final philosophy paper.
VII. Tentative Course Schedule

First week of school – Read and follow instructions in the Welcome icon found on course homepage. Deadline to post in Discussion and send email is Friday by midnight.

1st week
Participate in the first Discussion topic by Friday midnight. Go to grading document found on home page and review the 5 criteria you must follow to receive your 5 pts each week.
Read Ch. 1 History and Philosophy In Sport and Physical Education,
Review Ch. 1 PowerPoint and Study Guide.

2nd week
Chapter 9 The impact of Science and the Concept of Health on the Theoretical and Professional Development of Physical Education
Review Chapter PowerPoint and Study Guide
Discussion Topic #2 follows guidelines due Friday midnight.

3rd week
Ch. 10 Transformation of Physical Education
Review Chapter Outlines and Study Guides
Assignment #1 Go to Grading and see my policy on doing this written work. Go to side bar, read instruction and submit 1st assignment in approved program by Thursday midnight as an attachment.
Discussion Topic #3 follows guidelines due Friday midnight.

4th week
Review for 1st Test over Ch. 1, 9 and 10. Use Ch. Study Guides, PowerPoint, and answer questions at the end of chapters. Go to grades and make sure you understand my test policy.

Test #1 Tuesday, it is set today from noon to Midnight.

Era projects found in Course content, grading document, and learning modules. I will assign each student a period of history to cover.
Discussion Topic #4 follows guidelines by Friday midnight.

Chapter 14 Olympic – Pioneers and Progress
Review Chapter outline and study guide

5th week
Discussion Topic #5 due by Friday at midnight

Chapter 15 The Cold War Olympics & Chapter 16 After the Cold War
Review Chapter PowerPoint and study guides
Test #2 is due next Tuesday. Follow the guidelines that
Can be found in the assignment area. You will submit Test#2 there. This test I will manually grade and put in your Grade book. You miss this test; you will not be able to make up. No exception.

6th week

Test #2 Tuesday, submit in the Assignment area as an attachment by Midnight.

Era project are submitted in class discussion at the top, students are to read these but do not post discussion on these.

Era Projects due Monday at midnight Chapter 2
  Sumer
  Egypt
  China
  Mesoamerica
Assignment #2 due Thursday by midnight
Review Chapter 2 PowerPoint and study guides

Discussion Topic #6 deadline by Friday midnight

7th week

Chapter 3 & 4 Era Projects due Monday midnight
Ch. 3 Greece & Ch. 4 Rome
Review Chapter PowerPoint’s and study guides

Discussion Topic #7 Friday at midnight
Review for Test#3 over Chapter 2, 3, & 4 use course PowerPoint’s, study guides, and student’s Era Presentations.

8th week

Test #3 over Ch. 2, 3, & 4 Tuesday noon to midnight

Chapter 5 Era projects Philosophy Sport, and Physical Education During the Middle Ages due by Monday midnight

Review Study guides and chapter PowerPoint
Assignment #3 due by Thursday midnight

Discussion Topic #8 due by Friday at midnight

9th week

Chapter 6 & Chapter 7 Era project due by Monday midnight
Ch. 6 The Renaissance/Reformation
Chapter 7 Age of Science/Enlightment in Europe

Review chapter outlines and study guides
Discussion Topic #9 due by Friday midnight
10th week  Chapter 8 Era Project due Monday midnight
Philosophical Positions of the body and the Development of
Physical Education: Contributions of the Germans, Swedes, and
Danes in 19th century Europe
Review Chapter PowerPoint and study guides
Assignment #4 due Thursday at midnight
Discussion Topic #10 by Friday midnight
Review for test over Ch. 5,6,7,8 use PowerPoint’s,
Study guides and era presentations.

11th week  Test #4  Ch. 5,6,7,8 Tues. noon to midnight
Chapter 11 Era Project due Monday at midnight Sport in
The Colonial Period
Review Chapter PowerPoint’s and study guide
Discussion Topic #11 due by Friday midnight

Chapter 12 Changing Concepts of the Body: An Overview of
Sport and Play in 19th century America

12th week  Chapter 13 Era Project due Monday midnight
Sport in the 20th Century student assigned
Review Chapter PowerPoint’s and study guide
Discussion Topic #12 deadline by Friday midnight
Assignment #5 in drop box by Thursday midnight

Review for test over Ch. 11, 12, & 13 Study guides, course
PowerPoint’s, and students’ presentation.

13th week  Test #5 Ch. 11, 12, 13 Tues. noon to midnight
Discussion Topic #13 due Friday midnight

14th week  Make up Exams Tuesday noon to midnight, you must email
and get approval for make up test
Discussion Topic #14 due Friday midnight
Final philosophy paper is due next Thursday in the assignment area. Be sure you have followed all guidelines on this preparing your final assignment due Thursday midnight.