History 1311 (Hist 1311)

(EVERYTHING YOU NEED TO KNOW ABOUT THIS COURSE IS INCLUDED IN THIS SYLLABUS – MAKE SURE YOU READ IT!)

Dr. Anson Fall 2018

There are no prerequisites for this course.

Office Hours: 8-9AM MWF; or by appointment, or see me before or after class, or e-mail (emanson@ualr.edu). All my communication outside of class will be conducted through your UALR email account.

History 1311 is a survey course of World Civilization from the dawn of civilization through the Protestant Reformation.

Course Objectives:

•Students will demonstrate knowledge of historical events and actors, including the development of political, economic, and social structures, and the development of scientific, mathematical, and technological knowledge to 1600.

•Students will demonstrate understanding of the impact of historical events and actors on the human experience over time, including the present.

•Students will be able to demonstrate the causes and effects in the rise and fall of empires and the development of civilizations, including their effects on different ethnic, social, political, and economic groups within societies.

•Students will be able to discuss changes in science and technology to 1600, and understand how technological changes impact civilization.

• Students will be able to communicate historical knowledge in written and oral forms.

• Students will use critical thinking and analytical skills to examine primary and secondary source documents.

• Students will connect and compare primary and secondary source documents from multiple perspectives.

• Students will understand the principles of academic integrity, including how to cite sources.

• Students will investigate the role of diverse populations in shaping the history of civilization.

• Students will be able to discuss multiple perspectives on the past, and the ethical implications of the uses of history in the public sphere.

• Students will acquire an understanding of the creation and evolution of the beliefs, values, and the institutions of the modern world through an examination of their past. To include the ability to identify similarities and differences in separate cultures and civilizations and in the same culture or civilization over time.

• Students will gain a clear understanding of the process by which historians make their determinations of what happened in the past and why it happened.

• Students will develop or enhance their ability to write analytically and cogently. To include the ability to present a thesis and organize information to justify it.

Required Reading:
The following text is required:

Anson, Miller, Bilsky, Hanson. *A Brief History of Civilization*: A free version will be emailed to those who enroll in the course. DO NOT PURCHASE A HARD COPY. THIS IS A DIFFERENT VERSION.

Examinations and Papers:
1. **Title and Thesis exercises:** During the first and second weeks of the course students will have the opportunity to earn 10 possible bonus points, five for each of the two exercises. These are meant as preliminaries to the major requirement of the course, the brief papers (See below in #2), which will follow. For these early exercises the student is to read a selection and think about a particular question asked about the reading. These questions are found at the end of each reading and the student needs to select one and only one to use in creating a **title** and a **thesis** statement. The **title** must clearly reflect the content of the question which you are answering, sufficiently clear that someone not familiar with the material will know the topic; for example, if the question were asking why was Alexander the Great so successful in conquering the Persian Empire, your title might be Alexander's Conquest of the Persian Empire, or The Causes for Alexander the Great's Success¸ or What Makes a Great Conqueror? Alexander of Macedonia and the Conquest of the Persian Empire. A **thesis** is an introductory paragraph (or summary statement) that briefly, but succinctly, answers the question being asked, highlighting your main points and main conclusions. For example, again with respect to the hypothetical question concerning Alexander the Great, a thesis might state the following: Alexander the Great succeeded in conquering the Persian Empire because of the legacies of a unified state, a superior military, and domination of the southern Greek world, all left to him by his father Philip; inherent weaknesses in the Persian Empire, and Alexander's own tactical and strategic skills. Your thesis basically states what you intend to prove in the body of the subsequent paper. The first reading is found on pp. 7-23 and possible questions on page 23; the second is found in the textbook, pp. 24-32, with the questions on page 32. Bonus point exercises cannot be made up, if not turned in on the due date for any reason, including late enrollment. Your earned bonus points will at the end of the semester be added to your average percentage score as determined below.

2. **Brief Papers/Homework:** Each student must submit **at least 10**, one-two page papers, printed or equivalent length in clear long hand, answering **one** of the questions that follow the assigned primary source reading selections in the text or the single question that accompanies each of the map/quantitative history exercises (Note that the map questions may have multiple parts, each of which must be answered.). There are 20 such exercises (primary source/map/quantitative history) and students may hand in as many of these as they wish; their ten highest scores will then be used to calculate that paper portion of their grade. Answers to the questions **must** be based on the material in the reading, not on the introduction to the reading, nor the textbook narrative, nor on outside sources (including internet), nor on lecture. **All statements relating to the source or map or quantitative material must be referenced with in-text references.** For example, when you are supporting a point with information from the text or map or quantitative exercise, you need to note the internal numbered divisions in the primary source (for example, the Biblical selections are by book, chapter, and verse; Hildegard's

letters by title; Hammurabi's Code, by numbered laws; Phaedo, by consecutively numbered sections), or with the maps, the page number or map name where the material appears. For the quantitative exercise you need to refer to the tables. **You must use the most precise reference system available**. Simply place in parentheses immediately after your reference to the source or map the information (i. e. Gen 6:13, page 2, Phaedo 113, etc.). It is not necessary to quote the material; you should rephrase it in your own words. Only use quotations where the actual words are crucial or occasionally for emphasis. Students are expected to do their own papers; no group efforts. Papers must be handed in either before or on their due date; **no late papers will be accepted**. They may be submitted in class or e-mailed to me on or before the end of your respective class on the due date (not faxed-- faxed papers will not be accepted). **E-mailing papers should not, however, be a regular practice, but only used on rare occasions, when you are unable to come to class.** Papers will be handed back to students only in person, typically in class. Please keep your returned and graded papers. If there are any disputes over papers more than a week after a paper's due date, you must be able to produce a graded paper. It is advisable to complete more than the minimum ten papers. This is both because it is difficult to pick papers on which you will do well. It is best to hedge your bets. Also, **if you complete more than ten papers, your highest 11th paper score will be treated as an extra credit assignment worth an additional 6% of its score to be added, as with the title and thesis assignments, after the final calculation of your graded assignments.**

Most students who fail to complete the course successfully do so by not turning in at least ten papers.

Paper format: Each paper must have a **title and a thesis statement** (see above in #1). The **body** of the subsequent paper then supports and defends this thesis with evidence, and is subsequently followed by a **conclusion** that refers back to your original thesis, summarizing your major conclusions. This basic format is that followed for social science and scientific papers, and for business reports. If students wish, they may turn in thesis statements only for any primary source or map exercise two class meetings prior to the particular assignment's due date. These will be examined and commented on and handed back at the next class meeting. While papers may be turned in early, they will not be returned until all such papers are returned. No rough drafts can be submitted before final submission of the paper. Questions about particular assignments may be asked in class, before or after class, during office hours or arranged meetings, or by email.

As noted above, answers to the questions **must** be based on the material in the reading, not on the introduction to the reading, nor the textbook narrative, nor on outside sources (including internet), nor on lecture. **All statements relating to the source, or map, or quantitative exercise, material must be referenced with in-text references.**

3. **Midterm and Final**: There will be a midterm and a final examination. The midterm and the final will consist of a first section devoted to identifications about which the student will write a brief paragraph. There will be some choice among these identifications. An identification is the name of a person, place, or thing, covered in the text or in class. The remainder of the exam will be devoted to one or more essay questions. A group of potential essay questions for the midterm and final are attached to this syllabus; the essay questions for the midterm and final will be

drawn from these. Students are encouraged to think about these questions as soon as the material relating to specific questions has been covered. Students may turn in practice essays, thesis statements, outlines of possible answers to essays, in advance of the exam. These will be handed back to the students with written comments; no grade will be recorded. These cannot, however, be directly used on the day of the exam, nor can notes, text, or other materials. **These exams are not "open book" or open I-phone exams. Notes, books are to be put away in book bags and/or placed under the desk; phones are to be displayed prominently on a corner of the desk.** The final will be cumulative.

Class Attendance: **Class attendance is required**; the student is held responsible for all reading assignments and all material covered and announcements made in class. **Class attendance will be taken periodically beginning after August 24. When taken, it will be at the start of class. Those arriving late will be recorded as absent. Each student will be permitted three unexcused absences without penalty. Each unexcused absence after three will result in one point being deducted from your overall final grade percentage (see below).** Excused absences include for illness, accidents, family emergencies, military activities, job requirements, and official UALR activities. Sleeping in, forgetting class, TV viewing, chatting with friends electronically or in person, and so on will not be considered excused. Everyone is expected to be present at the time class starts and remain until it is dismissed. If for great and good reason you are either late or have to leave early, please enter or leave quietly and as inconspicuously as possible, i.e. **please do not bang on the door or walk across the front of the room**.

Electronic Equipment: Cell phones must be turned off or put on vibrate when in class, unless you use it to take notes. ***Please do not talk or text on the phone in class.*** If an emergency is signified, please leave class quietly to take the call. Computers may be used for the same purpose. **It is also permissible to record lectures**. It is preferable that you take notes. Listening to the same material twice or more takes up a lot of time that would be better spent studying. If you have difficulty taking notes, I would advise that you do so anyway and at the same time record the material. Then, after class, while listening, go over your notes and fill in any gaps. Over time you should be able to do away with the recorder.

Make-ups: **Only the final exam, if missed for a significant reason, may be made up**. There will be no make-up midterms or papers. As noted, students may turn in as many as 20 papers on different primary sources or map exercises/quantitative history exercises. Their ten highest scores will be used to determine that portion of their grade. Students failing to turn in at least ten papers will have zeros recorded for each missing paper grade so as to total ten grades. If the midterm exam is missed, the midterm component of your final grade will be added to that of the final (the final will then be worth 40% of the final grade). Additionally, if your grade is higher on the final than on the midterm, your midterm grade will be dropped and your final will then be worth 40% of your final course grade. .

General Regulations: Final grades will be computed on the following basis:
60% for brief papers (this means that each of your ten highest paper grades is 6% of your final grade)
20% for the midterm (will be dropped if student fails to take the exam or scores higher on the

final; 20% then added to weight of final)
20% (or 40% if midterm is dropped or missed) for the final
0-10% for points scored on the two Title and Thesis exercises
0-6% for an eleventh highest paper
1% **deducted** for each recorded unexcused absence after three

All testing and final grade computations on the basis of:

90 - 100% = A	60 - 69% = D
80 - 89% = B	0 - 59% = F
70 - 79% = C	(Grades will not be curved)

No incompletes will be given unless approved by me <u>prior</u> to December 9, 2018 and then only the final exam may be taken at a later date. Moreover, incompletes will only be given when circumstances beyond the control of the student prevent the student from taking the final either at the scheduled time or before the end of the semester. Incompletes cannot be given for the entire semester's work. Moreover, all completed work counts; an incomplete is not a substitute for a failing grade. Finally, **this class cannot be taken on a credit/no credit or pass/fail basis**

<u>Working hours:</u> Students on average should expect to spend two-three hours outside of class studying for every hour in class. A twelve-hour load in the regular semester or six hours in summer school should be regarded as equivalent to at least a 40-hour a week job. A few students may be able to spend less time, but many may require more hours. If you are employed fulltime and/or have a family, you should take the above into consideration when planning your academic schedule.

<u>Students with disabilities</u>: Your success in this class is important to me, and it is the policy and practice of the University of Arkansas at Little Rock to create inclusive learning environments in accordance with federal and state law. If you have a documented disability and need an accommodation as a result of that disability, please contact me privately at the beginning of the course, so that we can discuss with the Disability Resource Center (DRC) how to meet your specific needs and the academic and technical requirements of the course. The DRC offers resources and coordinates reasonable accommodations for students with disabilities. Determining the reasonable accommodations you might need is based upon a thorough intake interview by the DRC and a deliberative process between the DRC and your instructor. Thus, if you have a documented disability, please contact me and the DRC, at 501-569-3143 (V/TTY) or 501-683-7629 (VP). For more information, please visit the DRC website at www.ualr.edu/disability. The chair of the department offering this course is also available to assist with accommodations.

<u>Academic Dishonesty:</u>
Such dishonesty can be any of the following (the following list was copied from https://sa.berkeley.edu/conduct/integrity/definition):

Cheating
Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or

attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question, such as:

- Copying or attempting to copy from others during an exam or on an assignment.
- Communicating answers with another person during an exam.
- Using unauthorized materials, prepared answers, written notes, or concealed information during an exam.
- Allowing others to do an assignment or portion of an assignment for you, including the use of a commercial term-paper service.
- Collaborating on an exam or assignment with any other person without prior approval from the instructor.
- Taking an exam for another person or having someone take an exam for you.

Plagiarism

Plagiarism is defined as use of intellectual material produced by another person without acknowledging its source, for example:

- Wholesale copying of passages from works of others into your homework without acknowledgment.
- Use of the views, opinions, or insights of another without acknowledgment.
- Paraphrasing of another person's characteristic or original phraseology, metaphor, or other literary device without acknowledgment.

Course Materials

- Selling, distributing, website posting, or publishing course lecture notes, handouts, readers, recordings, or other information provided by an instructor, or using them for any commercial purpose without the express permission of the instructor.

Theft or Damage of Intellectual Property

- Sabotaging or stealing another person's assignment, book, paper, notes, experiment, project, electronic hardware or software.
- Obtaining a copy of an exam or assignment prior to its approved release by the instructor.

Anyone who engages in such activity will receive an "F" in the course and will be turned over to the Academic Integrity and Grievance Committee for University disciplinary action.

Students with questions about their grades: Students with questions or complaints about the grading of their papers or exams should write out what the problem is and hand it in after class along with the paper or exam in question. This is the forum in which such matters are to be handled, not during class, nor during office hours. Questions regarding the material covered in papers or in class should be asked in class, out-of-class in person, or by e-mail. In short, do not argue about your grade in other than written form, but do ask about material read or discussed in class in whatever forum you are comfortable. Even with respect to the exams or papers, if there are substantive questions regarding the material, things you do not understand, do ask questions. Questions requiring written form are those concerning number of points given for a particular item (in short, any question that begins why didn't I get more credit for this?). For questions of this kind you do need to present in written form an argument supporting your contention pointing with references to the material in your exam or paper that you believe defend your position. Remember one of the objectives of this course is to improve writing and analytical skills.

University Inclement Weather Policy

1. During inclement weather, UA Little Rock will make a decision whether or not to close based on all available information.
2. The chancellor will decide whether or not conditions warrant canceling classes and activities and closing the campus or whether classes and activities will be canceled but with specified campus offices open. Online or web-enhanced classes will continue as scheduled at the discretion of the faculty member.
3. The UA Little Rock website, UA Little Rock email, the university's main telephone number (501.569.3000), and the Rave campus alert notification system are the official means of communicating information concerning weather-related closings.
4. When necessary, the university will announce a separate decision about canceling night classes (those classes starting at 4:20 p.m. or later) by 2 p.m., if possible.
5. The Policy Advisory Council of the University Assembly will recommend to the chancellor if and when missed undergraduate and graduate class days should be made up. In the event that the university is closed during a final examination day, the provost, in consultation with the Faculty Senate president, will reschedule any missed graduate or undergraduate final examinations with the exception of online exams which will continue as scheduled.
6. Weather and road conditions vary from place to place. Employees and students are expected to exercise good judgment regarding the safety of travel when road conditions are affected by the weather.

SYLLABUS

Week	Date	Topic	Assignment
1	8/20	Introduction	
	8/22	Prehistory	pp. vii-xiii, 1-2; **Title and thesis exercise based on Hammurabi, pp. 7-23, due** (possible 5 bonus points; for definition of requirements for **title and thesis,** see your syllabus under **Examinations and Papers**). Only develop a title and thesis statement for one of the questions found on page 23
	8/24	Mesopotamia	pp. 2-3
2	8/27	Mesopotamia	Hammurabi's Code; **paper**.
	8/29	Egypt	pp. 3-4; Title and thesis exercise based on the Book of the Dead, pp. 24-32, due. (possible 5 bonus points; for definition of requirements for **title and thesis,** see your syllabus under **Examinations and Papers**). Only develop a title and thesis for one of the questions found on page 32
	8/31	Egypt	
3	9/3	Labor Day	
	9/5	Egypt religion	Book of the Dead, pp. 24-32, **paper**
	9/7	Mesopotamia/Egypt	**Map exercise #1**, pp.54-62
4	9/10	Pre-exilic Judaism	pp. 4-6
	9/12	Pre-exilic Judaism	Old Testament, pp. 33-53, **paper**
	9/14	Post Exilic Judaism	
5	9/17	Ancient Greece	p. 63, 72-73, 76; Iliad, pp.78-108, **paper**
	9/19	Mycenaean/Archaic Greece	pp. 64-67, 77
	9/21	No class	
6	9/24	Classical Age/Sparta	pp. 67-71
	9/26	Classical Age/Athens	pp. 71-72
	9/28	Greek thought	pp. 73-75; Phaedo, pp. 109-144, **paper**
7	10/1	4th Century BC Greece	p. 68
	10/3	Hellenistic Age	pp. 69
	10/5	Roman Republic	pp. 145-147; 12 Tables, pp. 151-156, **paper**
8	10/8	Roman Republic	
	10/10	Augustus	pp. 147-148; **Map exercise #2**, pp. 172-

			178, **paper**
	10/12	Empire	pp. 148-149
9	10/15	Christianity	pp. 149-150; Mathew, pp. 157-162, **paper**
	10/17	Christianity	Romans, pp. 163-171, **paper**
	10/19	Christianity	
10	10/22	***Midterm***	
	10/24	Hand back and go over exam	
	10/26	India: Hinduism	pp. 179-183; Manu, pp. 190-207, **paper**
11	10/29	Buddhism	Buddha, pp. 208-224, **paper**
	10/31	Ancient China/Confucianism	pp. 183-189; Confucianism, pp. 225-242, **Paper**
	11/2	Early Middle Ages	pp. 248-249, 252-255
12	11/5	Early Middle Ages	**Map exercise #3**, pp. 243-247, **paper**
	11/7	Islam	pp. 249-251, **Quran**, pp. 262-277, **paper**
	11/9	Changes in Europe	pp. 255-258
13	11/12	Religious reform	pp. 258-261; Hildegard von Bingen, pp. 278-285; **paper**
	11/14	Expansion of Europe	Begin reading the Chronicle, 286-312
	11/16	Rise of National States	**Chronicle**, **paper**
14	11/19-11/25	**Fall Break**	
15	11/26	Renaissance	pp. 317-320; **Map exercise #4**, pp. 313-316
	11/28	Reformation	**Quantitative History exercise,** pp. 325-327
	11/30	Reformation	pp. 320-324, **last day to hand in practice essays**
16	12/3	Reformation	**Henry VIII**, pp. 326-363, **paper**

FINAL

9AM Class Friday, December 7, 8-10AM
10AM Class Wednesday, December 5, 10-30-12:30

MIDTERM
QUESTIONS

1. How does Post Exilic Judaism differ from Pre-Exilic Judaism? How are they alike?

2. Compare the *Old Testament* readings with the *Phaedo*. How do they differ? How are they alike?

3. Compare Mesopotamian and Egyptian civilization. What are the differences? The similarities? How might you account for the differences and similarities?

4. Compare *Phaedo* and Paul's *Letter to the Romans*. What differences do you note between the teachings of Plato and those of Paul? What similarities?

5. Compare the *poleis* of the Athenians and the Spartans. How are they alike? Different?

6. Compare the values found in the *Iliad* and those in the *Book of Matthew*. How are they alike? Different?

7. Compare the fall of the Roman Republic and the fall of the Roman Empire. What are the similarities? The differences?

8. Why is Christianity so successful in converting the Roman Empire?

History 1311
Final Exam Questions

Part I

1. Why is there a Protestant Reformation? Why does it occur in the 16th century?

2. According to Buddha's first sermon what are the Four Noble Truths, what do they mean and how are they supposed to help achieve Nirvana?

3. How does the Early Middle Ages (500-1000) differ from the High Middle Ages (1000-1300)?

4. The Renaissance means rebirth. What was supposed to be reborn? Was it? Or was this more a time of innovation than a return to some past era?

Part II

1. How does Islam, as set forth in your reading from the *Quran*, differ from Christianity as presented in your reading from the Books of *Matthew* and *Romans*?

2. How does the early Middle Ages (500-1000) differ from the Roman Empire in the Age of Augustus?

3 Compare the theory and practice of Greek Polis government to that of England during the reign of Richard I. What are the basic institutions and their functions?

4. Compare the teachings of Christianity as set forth in the *Books of Matthew and Romans* with the teachings of Buddha as found in the *First Sermon*. What are the similarities? The differences?

Resources for Students

(Created by the CEHP Advising and Support Center Revised on 03/16/18)

ON-CAMPUS

HEALTH & SAFETY *in case of emergency, call *911*:

Campus Emergency/Public Safety http://ualr.edu/safety/. UALR DPS officers are constituted police and possess all the powers provided by law for city police and county sheriffs, to be exercised as required for the protection of the state institution. 501.569.3400 2801 S. University Avenue

Counseling Services http://ualr.edu/counseling/contact-us/. Counseling is a service provided by clinically trained mental health professionals, who promote mental health and wellness within an individual, group, and community format. 501.569.3185 SSC 118

Fitness Classes http://ualr.edu/campuslife/recreation/

Free to all STUDENTS AND EMPLOYEES Fitness classes are a great way to meet new friends or hangout with old friends while getting a great workout. There's no cost, just drop by! 501.569.3308 DSC Gym

Green Dot Program http://ualr.edu/greendot/

The Green Dot Program is all about creating a safe campus environment through the power of community. Provides training in how to handle domestically violent situations. 501.683.7160 Administration North Room 201

Health Services http://ualr.edu/health/. Health Services provides a wide variety of outpatient clinical services designed to meet the needs of ALL UALR students and employees. 501.569.3188 DSC 102

Safety Escort Service: http://ualr.edu/safety/home/campus-safety-links/personal-safety/.

Service available 24 hours a day, 7 days a week from the Department of Public Safety. 501.569.3400

Speech and Hearing Clinic: http://ualr/cehp/speech-language-hearing-clinic/. Provides quality services for persons of all ages with communication disorders and is staffed by expert audiologists and speech-language pathologists licensed by the State of Arkansas and certified by the American Speech-Language-Hearing Association. Provides services year round for a nominal fee, with discounts available for all students and employees. 501.569-3155 University Plaza, Suite 600

The Alliance: http://ualr.edu/alliance/. UA Little Rock's organization for LGBTQ individuals and supporters to discuss issues. Meetings are Wednesdays from 3 to 4pm. zdbaker@ualr.edu DSC 201R

STUDENT SERVICES:

Admissions http://ualr.edu/admissions/. UALR offers a dynamic learning environment where students immerse themselves in the traditional college experience and take advantage of opportunities inside the class and out. 501.569.3127 SSC 219

African American Female Initiative. The Student Services Success Initiatives program is designed to empower, support, and assist African American female students and increase their retention and graduation rates. 501.569.8712 Administration North Suite 204

African American Male Initiative: The Student Services Success Initiatives program is designed to empower, support, and assist African American male students and increase their retention and graduation rates. 501.569.8712 Administration North Suite 204

Campus Living http://ualr.edu/housing/ Assists with issues related to on campus housing. 501.661-1743 Commons Bldg., 2nd Floor

Campus Recreation http://ualr.edu/campuslife/recreation/ . Offers fitness and wellness classes, personal training, CPR/First Aid training, intramural sports, and camping equipment rental. 501.569.3308 DSC 216

CEHP Advising and Support Center http://ualr.edu/cehp/advising/ . A resource center for all current and prospective students in the college. We assist students looking to maximize their college experience and support students experiencing difficulty. 501.682.8625 Dickinson Hall Room 300

Computer Labs http://ualr.edu/campuslife/academic-labs-on-campus/ . Printing is available at various locations on campus.

Dean of Students: The primary goals of the Office of the Dean of Students are to educate students regarding the university's expectations of behavior, to protect student's rights, and to assure fairness and due process. 501.569.3328 DSC 215

Disability Resource Center http://ualr.edu/disability/. To facilitate access via accommodations, including those related to communication, the physical environment, print materials, and technology 501.569.3143 DSC 103

Hispanic and Latino Initiative: The Student Services Success Initiatives program is designed to empower, support, and assist Hispanic/Latino students and increase their retention and graduation rates. 501.569.8712 Administration North Suite 204

International Student Services http://ualr.edu/international/ . ISS serves all incoming and currently enrolled international students and scholars at UALR. Our office provides assistance to prospect international undergraduate applicants, supports current international students and scholars in immigration advising, social, cultural, and academic issues during their stay. 501.683.7566 Education Building 101

Military Student Success Center: http://ualr.edu/military/mss-office/
We will assist veterans and eligible dependents with the filing of required documents for educational benefits with the Veterans Administration. 501.682.8387 Speech Building Suite 111

Non-Traditional Students: http://ualr.edu/campuslife/ntsp/. Full time workers, first generation students, students with dependents, and delayed enrollment after high school all make someone a non-traditional student. Offers assistance with admission, information about campus resources, peer mentoring, peer tutoring, and scholarship opportunities for nontraditional students. 501.569.3308 DSC 216

Office of Transfer Student Services (OTSS) transferoffice@ualr.edu
Our mission is to provide dynamic student service by offering transfer credit evaluations, transition guidance and connections to the UALR campus community. 501.682.1273 DSC 321E

Ottenheimer Library http://ualr.edu/library/ . Offers several services including article delivery service, distance learning services, interlibrary loans, course reserves, etc. 501.569.3123 Ottenheimer Library

Records and Registration http://ualr.edu/records/. Office of Records and Registration acts as a registration resource for students and faculty alike and maintains the official academic records of all UALR students. The office provides a number of online services to students through their BOSS accounts, such as: registration, enrollment verification, degree verification and ordering official transcripts. Students can also print a copy of their unofficial transcript through BOSS. 501.569.3110 SSC 218

Student Organizations (Registered): http://ualr.edu/campuslife/home-6/registered-student-organizations/
Student organizations have purposes that are consistent with the educational goals and objectives to: broaden the cope of general living; extend knowledge of specialized areas; and serve professional, cultural, social or recreational interest. 501.569.3308 Student Experience Center

Student Support Services: http://ualr.edu/studentsupport/ . SSS provides services to a limited number of eligible UA Little Rock students. SSS seeks to motivate students toward the successful completion of their post-secondary education. 501.683.7481 Speech Building 105

Trojan Career Closet http://ualr.edu/community/trojan-career-closet/. Provides students with professional clothing for interviews or events. Monday and Tuesday by appointment only frthoms@ualr.edu Education Building 102 & 103 501.569.8292

FINANCIAL ASSISTANCE:

Bursar's Office http://ualr.edu/bursar/home/staff/
The Bursar's Office is committed to providing professional assistance to students, parents, third party agencies, faculty, and staff. They serve as the main monetary collection point for the University of Arkansas at Little Rock. 501.569.3450 SSC 1st Floor

Financial Aid Office http://ualr.edu/financialaid/. We're here to help you navigate through various sources of assistance and administer your financial aid. 501.569.3035 SSC 2nd Floor

Scholarship Office: Provides scholarship information for students. 501.569.3035 Student Services Center 215

Student Accounts: http://ualr.edu/bursar/studentaccounts/. Student Accounts offers, student billing, third-party sponsorship posting, tuition discounts, and collection processes. 501.569.3450 SSC 1st Floor **UA Little Rock**

Trojan Food Pantry: http://ualr.edu/foodpantry/ Open M-W 9am-7pm, Th 9am-5pm, Fri-Sun Closed
The UALR Trojan Food Pantry is open to all UALR students, faculty, and staff. A UALR ID is required. Participants will receive a three-day supply of food when they visit. 501.569.8240 Administration North, 2nd Floor

UALRworks: http://ualr.edu/ualrworks. The mission of the UALRworks program at the University of Arkansas at Little Rock is to: Increase student retention by providing financial assistance through professional work education. 501.569.8958 DSC 101

ACADEMIC ASSISTANCE:

Communications Skills Center http://ualr.edu/appliedcomm/communication-skill-center-csc/
The Communication Skill Center (CSC) in the Department of Speech Communication helps ***take the panic out of public speaking!*** The CSC is a free student resource devoted to helping with all stages of speech. Open M-Th 8am-3pm; F 8am-Noon; Closes the last day of class; closed in the summer. 501.569.8208 Speech 201

Math Assistance Center: http://ualr.edu/mathematics/mathlab/. The MAC is an excellent place for students to study and do their homework. NO APPOINTMENT IS NECESSARY. MAC 1 is for anything above trigonometry. Open Mon-Thur 8am-8pm, Fri 8am-3pm, Sat 10am-3pm. MAC 2 is for college algebra, trigonometry, and remedial math. Open Mon-Thur 9am-5pm, Fri-Sat Closed. 501.569-8100 ETAS 478

Office of Undergraduate Academic Advising: http://ualr.edu/advising/. For Undeclared Students to advise students, guide them through the first few semesters of college, and prepare them for their future studies. 501.569.3386 SSC 320

Psychology Statistics Lab: Free tutoring is available in subject areas such as statistics, research methods, and other psychology courses. Open every morning (M-F) and afternoons (M and W). Stabler Hall 502L

TRIO Higher Education Access Programs: http://ualr.edu/trioeocets/. Tutoring program for students who need assistance. This program **is for students who are members of the TRIO Program**. 501.907-2470 5820 Asher Ave. Suite 800

Writing Center: http://ualr.edu/writingcenter/. The Writing Center was developed for University of Arkansas at Little Rock students and other community members who want help with their writing at any stage of the process. 501.569.8343 SUB 116

CO-CURRICULAR OPPORTUNITIES:

Career Center http://ualr.edu/careers/. UA Little Rock Career Center is here to help UA Little Rock students and alumni prepare for internships and jobs. 501.569.3584 Education Building 204

Campus Life: http://ualr.edu/campuslife/. Students involved in the Office of Campus Life gain valuable experience in building teamwork, planning events, working with diverse personalities and populations and much more! 501.569.3308 Student Experience Center DSC 216

Study Abroad: http://ualr.edu/studyabroad/. UALR Study Abroad opens doors to unique and valuable academic experiences beyond our borders. 501.569.3376 Education Building 101A

OFF-CAMPUS

CLOTHING RESOURCES:

Goodwill Industries of Arkansas https://goodwillar.org. Offers free clothing for a job interview. Must go to a Goodwill 101 session to qualify. Sessions are at 9 am on Tuesdays at the Markham Park location and 9 a.m. on Wednesdays at the Scott Hamilton location **(double check location information)** 1.877.372.5151 or 7400 Scott Hamilton Drive, Ste. 50 1.501.372.5100

Helping Hand of Little Rock http://www.lrhelpinghand.com/mission-statement.html
Thrift shop is open Monday thru Thursday 9 am to 1 pm 501.372.4388 1601 Marshall Street

Watershed Open M-F, 8 am until 4 pm. Free clothing available for children and adults. (Call first) 501.378.0176 3701 Springer Blvd.

COUNSELING SERVICES:

Centers for Youth and Families http://centersforyouthandfamilies.net/about/locations/
Offers individual, group therapy, and 24/7 crisis line to individuals under 21 years of age.
501.666.8686 6601 W. 12th Street

GriefShare https://www.griefshare.org/countries/us/states/ar/cities/little_rock. Grief recovery support groups meeting weekly at Fellowship Bible Church (1401 Kirk Road) on Wednesdays 6:30 to 8:15 p.m.; Immanuel Baptist Church (501 N. Shackleford) on Wednesdays 6:00 to 7:30 p.m.; and Second Baptist Church (1709 Barrow Road) on Mondays 6:00 to 8:00 p.m.

Little Rock Community Mental Health Center, Inc. https://www.lrcmhc.com. Offers individual and group therapy, housing assistance, and medication management to individuals over 21 (based on income). 501.686.9300 1100 N. University, Ste. 200

Lucie's Place http://www.luciesplace.org/about-us.html. Works with and assists LGBT young adults experiencing homelessness in Central Arkansas. Offers a drop-in center in downtown LR where clients can receive assistance with bus passes, cell phones and minutes, toiletries, clothes, referrals to other programs and case management. They also offer housing to a limited number of LGBT young adults. 501.508.5005 300 S. Spring Street, Ste. 715

National Alliance on Mental Illness (NAMI): http://namiarkansas.org/index.php/support-groups/.
NAMI Connection Support Group open to all persons with a mental illness and NAMI Family Support Groups are open to family members/care givers of persons living with a mental illness. Meetings are on Saturdays from 11 to 12:30 p.m. 501.251.7287 5800 W. 10th Street 8th Floor, Room 801

Riverstone Wellness Center: http://www.riverstonewellnesscenter.com. Individual and group therapy; trauma specialty; eating disorder program; psychological evaluation and assessment; nutrition counseling; massage therapy, Reiki and aromatherapy; free mindfulness and yoga classes; expressive arts therapy, and MD services. 501.777.3200 5905 Forest Place, Ste. 230

Rape Crisis Hotline: The 24-hour Rape Crisis Hotline staff and volunteers will help assist victims through hospital emergency room visits, court accompaniment, and support group sessions. 1.855.643.5748

Suicide Prevention Lifeline https://suicidepreventionlifeline.org. 24/7 hotline operated by trained counselors. 1.800.273.8255. Crisis TEXT Line 741-741

DOMESTIC VIOLENCE SERVICES: Call 911
Catalog of Federal Domestic Assistance: http://www.cfda.gov/. Catalog of Federal Domestic Assistance (CFDA) provides a full listing of all Federal programs available to State and local governments
The Dorcas House: http://www.urmissionlr.org/. Provides housing and counseling services to women and children who are victims of domestic violence. 501.374.4022 823 S. Park St., Little Rock
Women & Children First: https://www.wcfarkansas.org. Offer a 24/7 hotline, emergency housing services, assistance with employment, medical services, legal services, and transportation. Also offers support groups on life skills, healthy relationships, employment, conflict resolution, etc. 501.376.3219 (Office) 800.332.4443 (Hotline). No location. Must call.
DISABILITY SERVICES:
Disability Rights Center http://disabilityrightsar.org
Assists individuals with disabilities in issues of accessibility, education, employment, and provides legal assistance. Services are offered free of charge. 501.296.1775 400 W. Capitol, Suite 1200
FOOD ASSISTANCE:
Arkansas Dream Center http://www.ardreamcenter.tv/serve/?ai1ec= . Saturday community breakfast 9:00 am (call for schedule) 501.232.0630 1116 W. Daisy L. Gatson Bates, Little Rock. Summer Meal program for kids with over 60 sites throughout central Arkansas http://www.ardreamcenter.tv/food-for-good-sites/
Dept. of Human Services http://humanservices.arkansas.gov/
Offers assistance in applying for SNAP & WIC benefits 501.682.9200 1105 Martin Luther King Blvd.
Helping Hand of Greater Little Rock http://www.lrhelpinghand.com. Food pantry is open M-Th, 9 am until 12:30 pm 501.372.4388 1601 Marshall St.
Oak Forest United Methodist Church http://www.oakforestumc.com. Open first and third Fridays of the month 501.663.9407 2415 Fair Park Blvd.
St. Francis House http://www.stfrancisministries.com. Offer USDA Food Commodities once a month. 501.664.5036 2701 S. Elm St.
St. Mark Baptist Church http://smark.org
Raven by the Brook Food Pantry 501.663.3955 5722 W 12th St.
Salvation Army http://www.salvationarmyusa.org
Provides food baskets. Office is open M-F 8-4:30 pm 501.374.9296 1111 W. Markham
Watershed: Open M-F, 8 am until 5 pm 501.378.0176 3701 Springer Blvd.
EMPLOYMENT ASSISTANCE:
Better Community Development, Inc. http://www.bcdinc.org. Offer courses in business writing, vocational counseling, interviewing skills, and resume assistance. 501.663.7223 3604 W. 12th Street
Goodwill Industries of Little Rock
Offer resume assistance, job readiness skills, job placement, computer labs, career counseling, and job search assistance. 501.372.5100 7400 Scott Hamilton Dr.
The Dept. of Workforce Services http://dws.arkansas.gov. Employment Assistance Unemployment services, Veteran services, assistance applying for Temporary Assistance for Needy Families, and career readiness certification programs. 501.682.2121 2 Capitol Mall
HOUSING ASSISTANCE:
Our House http://ourhouseshelter.org. Offers services to families that are homeless, as well as families that are at risk of becoming homeless. 501.374.7383 302 E. Roosevelt Road
Better Community Development, Inc. Offers homeownership counseling, weatherization assistance, and homebuyer education classes. 501.663.7223 3604 W. 12th Street
University District http://ualr.edu/universitydistrict/ . Improving the quality of life for all who live, learn, work and play in the University District area. Assists and advises qualified, first-time homebuyers to empty-nesters with the purchase of new and rehabilitated housing in the University District. 501.683.7361
SUBSTANCE ABUSE: Alcoholics Anonymous meetings arkansascentraloffice.org/meetingsnew/littlerock.html . 501.351.7368 7509 Cantrell Road . **Al-Anon.** Counselors, therapists and others in a range of professions encourage the friends and families of problem drinkers to attend Al-Anon or Alateen meetings, where clients and patients can find understanding and support that complements and reinforces professional treatment. e. 757.563.1600 1600 Corporate Landing Pkwy. Fax: 757.563.1656 Virginia Beach, VA 23454-5617
NA meetings – UALR Campus Wesley Methodist Foundation. Meetings are ever Sunday at 3 pm 5605 W. 32nd St.
Recovery Centers of Arkansas: http://www.rcofa.org/. Offers residential and outpatient treatment for substance abuse. 501.372.4611 6301 Father Tribou Dr.

Substance Abuse and Mental Health Services Administration: http://www.samhsa.gov
M-F, 8:30 a.m. - 5 p.m. Agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. Prevention, treatment, and recovery support services 877.726.4727 5600 Fishers Lane Rockville, MD 20857
TRANSPORTATION SERVICES: Rock Region Metro https://rrmetro.org
Free fare for UA Little Rock students, faculty, and staff 501.375.6717 901 Maple St., N. Little Rock
SOAR Network. Offers free transportation to medical appointments, job interviews, DHS or SSI appointments. 501.812.3271 1827 S. Woodrow St.
UTILITY ASSISTANCE: Central Arkansas Development Council http://www.cadc.com
Provides assistance applying for the Low Income Home Energy Assistance Program and uses FEMA funds to assist eligible households with utility bills. 501.603.0909 5401 S. University
Helping Hand of Greater Little Rock: http://www.lrhelpinghand.com/mission-statement.html
Limited financial assistance for rent and utilities. 501.372.4388 1601 Marshall St.
Salvation Army: Provides assistance with utility bills when funds are available
501.374.9296 1111 W. Markham, Exit 107
Watershed: Provides assistance with utility bills when funds are available. 501.378.0176 3701 Springer Blvd.
VETERANS SERVICES: Central AR Veterans Healthcare Services https://www.littlerock.va.gov/
Provides a variety of medical services and social services for veterans. 501.257.1000 4300 W 7th St.
U.S. Department of Veterans Affairs https://benefits.va.gov/littlerock/
Regional Office determines entitlement to disability compensation, vocational rehabilitation and counseling, and various ancillary benefits such as clothing allowance, automobile grants, and specially adapted housing. 800.827.1000 2200 Fort Roots Drive, Building 65, North Little Rock
WELLNESS SERVICES: Arkansas Dept. of Behavioral Health (DHS).
http://humanservices.arkansas.gov/about-dhs/dbhs. Responsible for ensuring the provision of public behavioral health services, including mental health and substance abuse prevention, treatment, and recovery services throughout the State of Arkansas. The Division supports, certifies, licenses, and funds behavioral health providers throughout the state. In addition, the Division of Behavioral Health Service operates two behavioral health institutions -- the Arkansas State Hospital located in Little Rock and the Arkansas Health Center in Benton. Trauma informed; Gender sensitive, Recovery based, Age Informed, Culturally and linguistically competent; Client centered; Family driven; Evidence based/ informed; Cost effective; Performance and outcome driven. 501.686.9164 305 S. Palm St. TDD: 501.686.9176. Fax: 501.686.9182
St. Francis House http://www.stfrancisministries.com/how-we-help/health-clinic
Free medical services to those without insurance by appointment only. 501.664.5036 2701 S. Elm Street
Shepherd's Hope Neighborhood Health Center http://shepherdshopelr.org. Located directly behind Oak Forest United Methodist Church in the South Midtown Area. Weekly medical clinic hours are 5:30 pm to 9:00 pm on varying Thursdays. The clinic is closed on holidays and any 5th Tuesday or Thursday by appointment only. Medical services are FREE, families are asked to contribute a $5.00 registration for each visit. (Clinic is a red-brick house at the corner of the parking lot.). Women's Nights for Gynecology visits on the 2nd and 4th Tuesday of each month. Dental Clinic is now open on Tuesday evenings from 5:30 pm to 8:30 pm by appointment only. 501.614.9523 2404 South Tyler Street
12th Street Health and Wellness Center: https://healthon12th.uams.edu/about-us. A community-based, student-led, inter professional health and wellness center that provides free health screenings and health management services for people in the community. 501.614.2492 4010 W. 12th St.