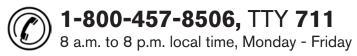
# 2014 Evidence of COVERAGE

# **UnitedHealthcare ® Group Medicare Advantage** (PPO)

Group Name (Plan Sponsor): University of Arkansas System

Group Number: 13552







#### January 1, 2014 to December 31, 2014

## **Evidence of Coverage:**

# Your Medicare Health Benefits and Services, and Prescription Drug Coverage as a Member of our plan

This booklet gives you the details about your Medicare health care and prescription drug coverage from January 1, 2014 – December 31, 2014. It explains how to get coverage for the health care services and prescription drugs you need. **This is an important legal document. Please keep it in a safe place.** 

This plan, UnitedHealthcare ® Group Medicare Advantage (PPO), is offered by UnitedHealthcare Insurance Company or one of its affiliates. (When this **Evidence of Coverage** says "we," "us," or "our," it means UnitedHealthcare. When it says "plan" or "our plan," it means UnitedHealthcare ® Group Medicare Advantage (PPO).)

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Customer Service has free language interpreter services available for non-English speakers (phone numbers are printed on the back cover of this booklet).

This document may be available in an alternate format such as Braille, large print or audio. Please contact our customer service number at 1-800-457-8506, TTY: 711, 8 a.m. to 8 p.m. local time, Monday - Friday, for additional information.

Benefits, formulary, pharmacy network, deductible, and/or copayments/coinsurance may change on January 1, 2015.

#### Multi-language Interpreter Services

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Spanish: Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-800-457-8506. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

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French Creole: Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-800-457-8506. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

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## 2014 Evidence of Coverage

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#### **SECTION 1** Introduction

# Section 1.1 You are enrolled in UnitedHealthcare \* Group Medicare Advantage (PPO), which is a Medicare PPO

You are covered by Medicare, and you have chosen to get your Medicare health care and your prescription drug coverage through our plan, UnitedHealthcare \* Group Medicare Advantage (PPO).

There are different types of Medicare health plans. Our plan is a Medicare Advantage PPO Plan (PPO stands for Preferred Provider Organization). Like all Medicare health plans, this Medicare PPO is approved by Medicare and run by a private company.

#### Section 1.2 What is the Evidence of Coverage booklet about?

This **Evidence of Coverage** booklet tells you how to get your Medicare medical care and prescription drugs covered through our plan. This booklet explains your rights and responsibilities, what is covered, and what you pay as a member of the plan.

This plan, UnitedHealthcare \* Group Medicare Advantage (PPO), is offered by UnitedHealthcare Insurance Company or one of its affiliates. (When this **Evidence of Coverage** says "we," "us," or "our," it means UnitedHealthcare Insurance Company or one of its affiliates. When it says "plan" or "our plan," it means UnitedHealthcare \* Group Medicare Advantage (PPO).)

When the Agreement is purchased by the Group to provide benefits under a welfare plan governed by the Employee Retirement Income Security Act (ERISA), 29 U.S.C. §1001 et seq., we are not the plan administrator or named fiduciary of the welfare plan, as those terms are used in ERISA.

The word "coverage" and "covered services" refers to the medical care and services and the prescription drugs available to you as a member of the plan.

#### Section 1.3 What does this Chapter tell you?

Look through Chapter 1 of this **Evidence of Coverage** to learn:

- What makes you eligible to be a plan member?
- What is your plan's service area?
- What materials will you get from us?
- What is your plan premium (if you have one) and how can you pay it?
- How do you keep the information in your membership record up to date?

#### Section 1.4 What if you are new to the plan?

If you are a new member, then it's important for you to learn what the plan's rules are and what services are available to you. We encourage you to set aside some time to look through this **Evidence of Coverage** booklet.

If you are confused or concerned or just have a question, please contact our plan's Customer Service (phone numbers are printed on the back cover of this booklet).

#### Section 1.5 Legal information about the Evidence of Coverage

#### It's part of our contract with you

This **Evidence of Coverage** is part of our contract with you about how the plan covers your care. Other parts of this contract include your enrollment form or your verbal or electronic election of our plan, the **List of Covered Drugs (Formulary)**, and any notices you receive from us about changes to your coverage or conditions that affect your coverage. These notices are sometimes called "riders" or "amendments."

The contract is in effect for months in which you are enrolled in the plan between January 1, 2014 and December 31, 2014.

Each plan year, Medicare allows us to make changes to the plans that we offer. This means we can change the costs and benefits of the plan after December 31, 2014. We can also choose to stop offering the plan, or to offer it in a different service area, after December 31, 2014.

#### Medicare must approve our plan each year

Medicare (the Centers for Medicare & Medicaid Services) must approve our plan each year. You can continue to get Medicare coverage as a member of our plan as long as we choose to continue to offer the plan and Medicare renews its approval of the plan.

#### SECTION 2 What makes you eligible to be a plan member?

#### Section 2.1 Your eligibility requirements

#### You are eligible for membership in our plan as long as:

- You meet the eligibility requirements of your former employer, union group or trust administrator (plan sponsor)
- You live in our geographic service area (Section 2.3 below describes our service area)
- -- and -- you have both Medicare Part A and Medicare Part B
- -- and -- you do not have End-Stage Renal Disease (ESRD), with limited exceptions, such as if you develop ESRD when you are already a member of a plan that we offer, or you were a member of a different plan that was terminated, or in some cases if you are enrolling in a former employer, union group, or trust administrator sponsored plan.

#### Section 2.2 What are Medicare Part A and Medicare Part B?

When you first signed up for Medicare, you received information about what services are covered under Medicare Part A and Medicare Part B. Remember:

Medicare Part A generally helps cover services furnished by institutional providers such as

- hospitals (for inpatient services), skilled nursing facilities, or home health agencies.
- Medicare Part B is for most other medical services (such as physician's services and other outpatient services) and certain items (such as durable medical equipment and supplies).

If you are not entitled to Medicare Part A, please refer to your plan sponsor's enrollment materials, or contact your plan sponsor directly to determine if you are eligible to enroll in our plan. Some plan sponsors have made arrangements with us to offer a Medicare Advantage plan even though you aren't entitled to Part A based on former employment.

# Section 2.3 Here is the plan service area for UnitedHealthcare\* Group Medicare Advantage (PPO)

Our plan is available only to individuals who live in our plan service area. To remain a member of our plan, you must keep living in this service area. The service area is described below.

Our service area includes the 50 United States and the District of Columbia, except for DeKalb, Gibson, Warren, Morgan and Shelby Counties in Indiana. If you live in one of these counties in Indiana, you are not permitted to enroll in the plan.

If you plan to move out of the service area, please contact Customer Service (phone numbers are printed on the back cover of this booklet) **and your plan sponsor**. When you move, you will have a Special Enrollment Period that will allow you to switch to Original Medicare or enroll in a Medicare health or drug plan that is available in your new location.

It is also important that you call Social Security if you move or change your mailing address. You can find phone numbers and contact information for Social Security in Chapter 2, Section 5.

SECTION 3	What other materials will you get from us?
Section 3.1	Your plan member ID card – Use it to get all covered care and prescription drugs

While you are a member of our plan, you must use your member ID card for our plan whenever you get any services covered by this plan and for prescription drugs you get at network pharmacies. Here's a sample member ID card to show you what yours will look like:





As long as you are a member of our plan **you must <u>not</u>** use your red, white, and blue Medicare card to get covered medical services (with the exception of routine clinical research studies and hospice services). Keep your red, white, and blue Medicare card in a safe place in case you need it later. Note: If you are not entitled to Medicare Part A coverage, hospice services are not covered by the plan or by Medicare.

Here's why this is so important: If you get covered services using your red, white, and blue Medicare card instead of using your plan member ID card while you are a plan member, you may have to pay the full cost yourself.

If your plan member ID card is damaged, lost, or stolen, call Customer Service right away and we will send you a new card. (Phone numbers for Customer Service are printed on the back cover of this booklet.)

## Section 3.2 The Provider Directory: Your guide to all providers in the plan's network

The **Provider Directory** lists our network providers.

#### What are "network providers"?

**Network providers** are the doctors and other health care professionals, medical groups, hospitals, and other health care facilities that have an agreement with us to accept our payment and any plan cost sharing as payment in full. We have arranged for these providers to deliver covered services to members in our plan.

#### Why do you need to know which providers are part of our network?

As a member of our plan, you can choose to receive care from out-of-network providers. Our plan will cover services from either in-network or out-of-network providers, as long as the services are covered benefits and medically necessary. See Chapter 3 (Using the plan's coverage for your medical services) for more specific information.

If you don't have your copy of the **Provider Directory**, you can request a copy from Customer Service (phone numbers are printed on the back cover of this booklet). You may ask Customer Service for more information about our network providers, including their qualifications. You can also search for provider information on our Web site. Both Customer Service and the Web site can give you the most

up-to-date information about changes in our network providers. (You can find our Web site and phone information in Chapter 2 of this booklet.)

#### Section 3.3 The Pharmacy Directory: Your guide to pharmacies in our network

#### What are "network pharmacies"?

Our **Pharmacy Directory** gives you a list of our network pharmacies – that means all of the pharmacies that have agreed to fill covered prescriptions for our plan members.

#### Why do you need to know about network pharmacies?

You can use the **Pharmacy Directory** to find the network pharmacy you want to use. The directory lists pharmacies in your area. It also includes a list of national pharmacy chains that are in our network. This is important because, with few exceptions, you must get your prescriptions filled at one of our network pharmacies if you want our plan to cover (help you pay for) them.

If you don't have the **Pharmacy Directory**, you can get a copy from Customer Service (phone numbers are printed on the back cover of this booklet). At any time, you can call Customer Service to get up-to-date information about changes in the pharmacy network. You can also find this information on our Web site at www.UHCRetiree.com.

#### Section 3.4 The plan's List of Covered Drugs (Formulary)

The plan has a **List of Covered Drugs (Formulary)**. We call it the "Drug List" for short. It tells which Part D prescription drugs are covered by our plan. The drugs on this list are selected by the plan with the help of a team of doctors and pharmacists. The list must meet requirements set by Medicare. Medicare has approved the plan's Drug List.

The Drug List also tells you if there are any rules that restrict coverage for your drugs.

We will send you a copy of the Drug List. The Drug List we send to you includes information for the covered drugs that are most commonly used by our members. However, we cover additional drugs that are not included in the printed Drug List. If one of your drugs is not listed in the Drug List, you should visit our Web site or contact Customer Service to find out if we cover it. To get the most complete and current information about which drugs are covered, you can visit the plan's Web site (www.UHCRetiree.com) or call Customer Service (phone numbers are printed on the back cover of this booklet).

# Section 3.5 The Explanation of Benefits (the "EOB"): Reports with a summary of payments made for your Part D prescription drugs

When you use your Part D prescription drug benefits, we will send you a summary report to help you understand and keep track of payments for your Part D prescription drugs. This summary report is called the **Explanation of Benefits** (or the "EOB").

The **Explanation of Benefits** tells you the total amount you have spent on your Part D prescription drugs and the total amount we have paid for each of your Part D prescription drugs during the month.

**Chapter 6 (What you pay for your Part D prescription drugs)** gives more information about the **Explanation of Benefits** and how it can help you keep track of your drug coverage.

An **Explanation of Benefits** summary is also available upon request. To get a copy, please contact Customer Service (phone numbers are printed on the back cover of this booklet).

#### SECTION 4 Your monthly premium for the plan

#### Section 4.1 How much is your plan premium?

Your former employer, union group or trust administrator (plan sponsor) is responsible for paying your monthly plan premium to UnitedHealthcare on your behalf. Your plan sponsor determines the amount of any retiree contribution toward the monthly premium for our plan. Your plan sponsor will notify you if you must pay any portion of your monthly premium for our plan. In addition, you must continue to pay your Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

#### In some situations, your plan premium could be more

In some situations, your plan premium could be more than the amount listed above in Section 4.1. These situations are described below.

- Some members are required to pay a **late enrollment penalty** because they did not join a Medicare drug plan when they first became eligible or because they had a continuous period of 63 days or more when they didn't have "creditable" prescription drug coverage. ("Creditable" means the drug coverage is at least as good as Medicare's standard drug coverage.) For these members, the late enrollment penalty is added to the plan's monthly premium. Their premium amount will be the monthly plan premium the plan sponsor pays each month plus the amount of their late enrollment penalty.
  - If you are required to pay the late enrollment penalty, the amount of your penalty depends on how long you waited before you enrolled in drug coverage or how many months you were without drug coverage after you became eligible. Chapter 6, Section 10 **explains the late enrollment penalty**.

#### Many members are required to pay other Medicare premiums

Many members are required to pay other Medicare premiums. As explained in Section 2 above, in order to be eligible for our plan, you must be entitled to Medicare Part A and enrolled in Medicare Part B. For that reason, some plan members (those who aren't eligible for premium free Part A) pay a premium for Medicare Part A. And most plan members pay a premium for Medicare Part B. You must continue paying your Medicare premiums to remain a member of the plan.

Some people pay an extra amount for Part D because of their yearly income. If your income is \$85,000 or above for an individual (or married individuals filing separately) or \$170,000 or above for married couples, you must pay an extra amount directly to the government (not the Medicare plan) for your Medicare Part D coverage.

• If you are required to pay the extra amount and you do not pay it, you will be disenrolled

#### from the plan and lose prescription drug coverage.

- If you have to pay an extra amount, Social Security, **not your Medicare plan**, will send you a letter telling you what that extra amount will be.
- For more information about Part D premiums based on income, go to Chapter 6, Section 11 of this booklet. You can also visit http://www.medicare.gov on the web or call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048. Or you may call Social Security at 1-800-772-1213. TTY users should call 1-800-325-0778.

Your copy of **Medicare & You 2014** gives information about the Medicare premiums in the section called "2014 Medicare Costs." This explains how the Medicare Part B and Part D premiums differ for people with different incomes. Everyone with Medicare receives a copy of **Medicare & You** each year in the fall. Those new to Medicare receive it within a month after first signing up. You can also download a copy of **Medicare & You 2014** from the Medicare Web site (http://www.medicare.gov). Or, you can order a printed copy by phone at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users call 1-877-486-2048.

#### Section 4.2 Can we change your monthly plan premium during the year?

Monthly plan premium changes and employer-sponsored benefit changes are subject to contractual arrangements between your plan sponsor and us, and as a result, monthly plan premiums generally do not change during the plan year. Your plan sponsor is responsible for notifying you of any monthly plan premium changes or retiree contribution changes (the portion of your monthly plan premium your plan sponsor requires you to pay) prior to the date when the change becomes effective.

However, in some cases, your plan sponsor may need to start paying or may be able to stop paying a Late Enrollment Penalty. (The Late Enrollment Penalty may apply if you had a continuous period of 63 days or more when you didn't have "creditable" prescription drug coverage.) This could happen if you become eligible for the "Extra Help" program or if you lose your eligibility for the "Extra Help" program during the year:

- If your plan sponsor currently pays the penalty and you become eligible for "Extra Help" during the year, your plan sponsor would no longer pay your penalty.
- If the "Extra Help" program is currently paying your Late Enrollment Penalty and you lose your eligibility during the year, your plan sponsor would need to start paying your penalty.

You can find out more about the "Extra Help" program in Chapter 2, Section 7.

#### SECTION 5 Please keep your plan membership record up to date

#### Section 5.1 How to help make sure that we have accurate information about you

Your membership record has information from your enrollment form, including your address and telephone number. It shows your specific plan coverage.

#### Let us know about these changes:

- Changes to your name, your address, or your phone number
- Changes in any other health insurance coverage you have (such as from your employer, your spouse's employer, workers' compensation, or Medicaid)
- If you have any liability claims, such as claims from an automobile accident
- If you have been admitted to a nursing home
- If you receive care in an out-of-area or out-of-network hospital or emergency room
- If your designated responsible party (such as a caregiver) changes
- If you are participating in a clinical research study

If any of this information changes, please let us know by calling Customer Service (phone numbers are printed on the back cover of this booklet).

It is also important to contact Social Security if you move or change your mailing address. You can find phone numbers and contact information for Social Security in Chapter 2, Section 5.

#### Read over the information we send you about any other insurance coverage you have

Medicare requires that we collect information from you about any other medical or drug insurance coverage that you have. That's because we must coordinate any other coverage you have with your benefits under our plan. (For more information about how our coverage works when you have other insurance, see Section 7 in this chapter.)

Once each year, we will send you a letter that lists any other medical or drug insurance coverage that we know about. Please read over this information carefully. If it is correct, you don't need to do anything. If the information is incorrect, or if you have other coverage that is not listed, please call Customer Service (phone numbers are printed on the back cover of this booklet).

## SECTION 6 We protect the privacy of your personal health information

#### Section 6.1 We make sure that your health information is protected

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws.

For more information about how we protect your personal health information, please go to Chapter 8, Section 1.4 of this booklet.

#### SECTION 7 How other insurance works with our plan

#### Section 7.1 Which plan pays first when you have other insurance?

When you have other insurance (like employer group health coverage), there are rules set by Medicare that decide whether our plan or your other insurance pays first. The insurance that pays first is called the "primary payer" and pays up to the limits of its coverage. The one that pays second, called the "secondary payer," only pays if there are costs left uncovered by the primary coverage. The secondary payer may not pay all of the uncovered costs.

These rules apply for employer or union group health plan coverage:

- If you have retiree coverage, Medicare pays first.
- If your group health plan coverage is based on your or a family member's current employment, who pays first depends on your age, the size of the employer, and whether you have Medicare based on age, disability, or End-stage Renal Disease (ESRD):
  - If you're under 65 and disabled and you or your family member is still working, your plan
    pays first if the employer has 100 or more employees or at least one employer in a multiple
    employer plan has more than 100 employees.
  - If you're over 65 and you or your spouse is still working, the plan pays first if the employer has 20 or more employees or at least one employer in a multiple employer plan has more than 20 employees.
- If you have Medicare because of ESRD, your group health plan will pay first for the first 30 months after you become eligible for Medicare.

These types of coverage usually pay first for services related to each type:

- No-fault insurance (including automobile insurance)
- Liability (including automobile insurance)
- Black lung benefits
- Workers' compensation

Medicaid and TRICARE never pay first for Medicare-covered services. They only pay after Medicare, employer group health plans, and/or Medigap have paid.

If you have other insurance, tell your doctor, hospital, and pharmacy. If you have questions about who pays first, or you need to update your other insurance information, call Customer Service (phone numbers are printed on the back cover of this booklet). You may need to give your plan member ID number to your other insurers (once you have confirmed their identity) so your bills are paid correctly and on time.

## CHAPTER 2: Important phone numbers and resources

	UnitedHealthcare Group Medicare Advantage (PPO) Contacts (how to contact us, including how to reach Customer Service at the plan)	
SECTION 2	Medicare (how to get help and information directly from the Federal Medicare program).	8
	State Health Insurance Assistance Program (free help, information, and answers to your questions about Medicare)	
SECTION 4	Quality Improvement Organization (paid by Medicare to check on the quality of care for people with Medicare)	7
SECTION 5	Social Security	4
SECTION 6	Medicaid (a joint Federal and state program that helps with medical costs for some people with limited income and resources)	5
SECTION 7	Information about programs to help people pay for their prescription drugs 3-	4
SECTION 8	How to contact the Railroad Retirement Board	9
SECTION 9	Do you have "group insurance" or other health insurance from an employer?39	9

#### SECTION 1 UnitedHealthcare ® Group Medicare Advantage (PPO) Contacts

(how to contact us, including how to reach Customer Service at the plan)

#### How to contact our plan's Customer Service

For assistance with claims, billing or member ID card questions, please call or write to our plan Customer Service. We will be happy to help you.

Customer Service	
CALL	1-800-457-8506
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
	Customer Service also has free language interpreter services available for non-
	English speakers.
TTY	711
	This number requires special telephone equipment and is only for people who
	have difficulties with hearing or speaking.
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
WRITE	UnitedHealthcare Customer Service Department
	PO Box 29675, Hot Springs, AR 71903-9675
WEB SITE	www.UHCRetiree.com

#### How to contact us when you are asking for a coverage decision about your medical care

A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your medical services. For more information on asking for coverage decisions about your medical care, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

You may call us if you have questions about our coverage decision process.

Coverage Decisions for Medical Care	
CALL	1-800-457-8506
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday

Coverage Decisions for Medical Care	
TTY	711
	This number requires special telephone equipment and is only for people who
	have difficulties with hearing or speaking.
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
WRITE	UnitedHealthcare
	PO Box 29675, Hot Springs, AR 71903-9675
WEB SITE	www.UHCRetiree.com

#### How to contact us when you are making an appeal about your medical care

An appeal is a formal way of asking us to review and change a coverage decision we have made. For more information on making an appeal about your medical care, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Appeals for Medical Care	
CALL	1-800-457-8506
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
	For fast/expedited appeals for medical care:
	1-877-262-9203
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
TTY	711
	This number requires special telephone equipment and is only for people who
	have difficulties with hearing or speaking.
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
FAX	1-888-517-7113
	For fast/expedited appeals for medical care only:
	1-866-373-1081
WRITE	UnitedHealthcare Appeals and Grievances Department
	PO Box 6106, MS CA124-0157, Cypress, CA 90630

Appeals for Medical Care	
WEB SITE	www.UHCRetiree.com

#### How to contact us when you are making a complaint about your medical care

You can make a complaint about us or one of our network providers, including a complaint about the quality of your care. This type of complaint does not involve coverage or payment disputes. (If your problem is about the plan's coverage or payment, you should look at the section above about making an appeal.) For more information on making a complaint about your medical care, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Complaints about Medical Care	
CALL	1-800-457-8506
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
	For fast/expedited complaints about medical care:
	1-877-262-9203
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
TTY	711
	This number requires special telephone equipment and is only for people who
	have difficulties with hearing or speaking.
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
FAX	1-888-517-7113
	For fast/expedited complaints about medical care only:
	1-866-373-1081
WRITE	UnitedHealthcare Appeals and Grievances Department
	PO Box 6106, MS CA124-0157, Cypress, CA 90630
	You can submit a complaint about UnitedHealthcare® Group Medicare
WEB SITE	Advantage (PPO) directly to Medicare. To submit an online complaint to
	Medicare go to www.medicare.gov/MedicareComplaintForm/home.aspx.

#### How to contact us when you are asking for a coverage decision about your Part D prescription drugs

A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your Part D prescription drugs. For more information on asking for coverage decisions

about your Part D prescription drugs, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Coverage Decisions for Part D Prescription Drugs	
CALL	1-800-457-8506
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
	For expedited coverage decisions for Part D prescription drugs only:
	1-800-595-9532
TTY	711
	This number requires special telephone equipment and is only for people who
	have difficulties with hearing or speaking.
	Calls to this number are free.
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday
WRITE	UnitedHealthcare
	PO Box 29675, Hot Springs, AR 71903-9675
WEB SITE	www.UHCRetiree.com

#### How to contact us when you are making an appeal about your Part D prescription drugs

An appeal is a formal way of asking us to review and change a coverage decision we have made. For more information on making an appeal about your Part D prescription drugs, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Appeals for Part D Prescription Drugs			
CALL	1-800-457-8506		
	Calls to this number are free.		
	Hours of Operation: 8 a.m. to 8 p.m. local time, 7 days a week		
	For fast/expedited appeals for Part D prescription drugs:		
	1-800-595-9532		
	Hours of Operation: 8 a.m. to 8 p.m. local time, 7 days a week		
TTY	711		
	This number requires special telephone equipment and is only for people who		
	have difficulties with hearing or speaking.		

Appeals for Part D Prescription Drugs		
	Calls to this number are free. Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday	
FAX	For standard Part D prescription drug appeals: 1-866-308-6294 For fast/expedited Part D prescription drug appeals: 1-866-308-6296	
WRITE	UnitedHealthcare Part D Appeal and Grievance Department PO Box 6106, MS CA124-0197, Cypress, CA 90630-9948	
WEB SITE	www.UHCRetiree.com	

#### How to contact us when you are making a complaint about your Part D prescription drugs

You can make a complaint about us or one of our network pharmacies, including a complaint about the quality of your care. This type of complaint does not involve coverage or payment disputes. (If your problem is about the plan's coverage or payment, you should look at the section above about making an appeal.) For more information on making a complaint about your Part D prescription drugs, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).

Complaints about Part D Prescription Drugs		
CALL	1-800-457-8506	
	Calls to this number are free.	
	Hours of Operation: 8 a.m. to 8 p.m. local time, 7 days a week	
	For fast/expedited complaints about Part D prescription drugs:	
	1-800-595-9532	
	Hours of Operation: 8 a.m. to 8 p.m. local time, 7 days a week	
TTY	711	
	This number requires special telephone equipment and is only for people who	
	have difficulties with hearing or speaking.	
	Calls to this number are free.	
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday	
FAX	For standard Part D prescription drug complaints:	
	1-866-308-6294	

Complaints about Part D Prescription Drugs		
	For fast/expedited Part D prescription drug complaints: 1-866-308-6296	
WRITE	UnitedHealthcare Part D Appeal and Grievance Department PO Box 6106, MS CA124-0197, Cypress, CA 90630-9948	
MEDICARE WEB SITE	You can submit a complaint about UnitedHealthcare® Group Medicare Advantage (PPO) directly to Medicare. To submit an online complaint to Medicare go to www.medicare.gov/MedicareComplaintForm/home.aspx.	

# Where to send a request asking us to pay for our share of the cost for medical care or a drug you have received

For more information on situations in which you may need to ask us for reimbursement or to pay a bill you have received from a provider, see Chapter 7 (Asking us to pay our share of a bill you have received for covered medical services or drugs).

Please note: If you send us a payment request and we deny any part of your request, you can appeal our decision. See Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) for more information.

Payment Requests		
CALL	Part D prescription drug payment requests: 1-800-457-8506	
	Calls to this number are free.	
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday	
	Medical claims requests: 1-800-457-8506	
	Calls to this number are free.	
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday	
TTY	711	
	This number requires special telephone equipment and is only for people who	
	have difficulties with hearing or speaking.	
	Calls to this number are free.	
	Hours of Operation: 8 a.m. to 8 p.m. local time, Monday - Friday	
WRITE	Medical claims payment requests:	
	UnitedHealthcare	
	PO Box 31362, Salt Lake City, UT 84131-0362	

Payment Requests		
	Part D prescription drug payment requests:	
	OptumRx PO Box 29045, Hot Springs, AR 71903	
WEB SITE	www.UHCRetiree.com	

#### SECTION 2 Medicare

(how to get help and information directly from the Federal Medicare program)

Medicare is the Federal health insurance program for people 65 years of age or older, some people under age 65 with disabilities, and people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant).

The Federal agency in charge of Medicare is the Centers for Medicare & Medicaid Services (sometimes called "CMS"). This agency contracts with Medicare Advantage organizations, including us.

Medicare	
CALL	1-800-MEDICARE, or 1-800-633-4227
	Calls to this number are free.
	24 hours a day, 7 days a week.
TTY	1-877-486-2048
	This number requires special telephone equipment and is only for people who
	have difficulties with hearing or speaking.
	Calls to this number are free.
WEB SITE	http://www.medicare.gov
	This is the official government Web site for Medicare. It gives you up-to-date
	information about Medicare and current Medicare issues. It also has information
	about hospitals, nursing homes, physicians, home health agencies, and dialysis
	facilities. It includes booklets you can print directly from your computer. You can
	also find Medicare contacts in your state.
	The Medicare Web site also has detailed information about your Medicare

#### Medicare

eligibility and enrollment options with the following tools:

- **Medicare Eligibility Tool:** Provides Medicare eligibility status information.
- Medicare Plan Finder: Provides personalized information about available Medicare prescription drug plans, Medicare health plans, and Medigap (Medicare Supplement Insurance) policies in your area. Because you are covered by an Employer Sponsored plan, you will not find UnitedHealthcare Group Medicare Advantage plans listed on http://www.medicare.gov. These tools provide an estimate of what your out-of-pocket costs might be in different Medicare plans.

You can also use the Web site to tell Medicare about any complaints you have about UnitedHealthcare \* Group Medicare Advantage (PPO):

• Tell Medicare about your complaint: You can submit a complaint about UnitedHealthcare® Group Medicare Advantage (PPO) directly to Medicare. To submit a complaint to Medicare, go to www.medicare.gov/MedicareComplaintForm/home.aspx. Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.

If you don't have a computer, your local library or senior center may be able to help you visit this Web site using its computer. Or, you can call Medicare and tell them what information you are looking for. They will find the information on the Web site, print it out, and send it to you. (You can call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.)

#### SECTION 3 State Health Insurance Assistance Program

(free help, information, and answers to your questions about Medicare)

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. Here is a list of the State Health Insurance Assistance Programs in each state we serve:

- Alaska Senior and Disabilities Services
- Alabama Alabama Department of Senior Services
- Arkansas Senior Health Insurance Information Program
- Arizona Arizona Department of Economic Security Division of Aging and Adult Services
- California California Department of Aging

- Colorado Dora Division of Insurance State of Colorado
- Connecticut Department of Social Services Aging Services Division
- District of Columbia Health Insurance Counseling Project (HICAP)
- Delaware State of Delaware ELDERinfo
- Florida SHINE Program Department of Elder Affairs
- Georgia DHS Division of Aging Services GeorgiaCares Program
- Hawaii Sage PLUS Program, Executive Office on Aging
- Iowa Senior Health Insurance Information Program
- Idaho Department of Insurance
- Illinois Senior Health Insurance Program
- Indiana Indiana Department of Insurance State Health Insurance Program
- Kansas Senior Health Insurance Counseling for Kansas (SHICK), New England Building
- Kentucky Kentucky State Health Insurance Assistance Program (SHIP)
- Louisiana Louisiana Department of Insurance, Senior Health Insurance Information Program
- Massachusetts Executive Office of Elder Affairs
- Maryland The Maryland Department of Aging
- Maine Maine Department of Health and Human Services
- Michigan Michigan Medicare Assistance Program (MMAP)
- Minnesota Minnesota Board on Aging Senior LinkAge Line
- Missouri Primaris
- Mississippi Mississippi Department of Human Services, MS State Health Insurance Assistance Program (SHIP)
- Montana Montana State Health Insurance Assistance Program (SHIP)
- North Carolina Seniors' Health Insurance Information Program
- North Dakota State Health Insurance Counseling Program (SHIC)
- Nebraska Nebraska Senior Health Insurance Information Program (SHIIP)
- New Hampshire NH SHIP ServiceLink Aging and Disability Resource Center
- New Jersey DOH State Health Insurance Assistance Program (SHIP)
- New Mexico New Mexico Aging & Long-Term Services
- Nevada Nevada State Health Insurance Assistance Program
- New York Health Insurance Information Counseling and Assistance Program (HIICAP)
- Ohio Ohio Department of Insurance
- Oklahoma Senior Health Insurance Counseling Program (SHIP)
- Oregon Senior Health Insurance Benefits Assistance Program
- Pennsylvania Apprise Health Insurance Counseling Program
- Rhode Island Rhode Island Department of Human Services, Division of Elderly Affairs
- South Carolina South Carolina Lieutenant Governor's Office on Aging
- South Dakota South Dakota Department of Social Services Adult Services and Aging
- Tennessee Tennessee Commission on Aging and Disability
- Texas Texas Department of Aging and Disability Services

- Utah Aging and Adult Services
- Virginia Virginia Department for the Aging
- Vermont Department of Disabilities, Aging and Independent Living
- Washington Consumer Advocacy/SHIBA
- Wisconsin Wisconsin Department of Health Services of Insurance
- West Virginia West Virginia SHIP
- Wyoming Wyoming Senior Citizens Inc.

Your SHIP is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

SHIP counselors can help you with your Medicare questions or problems. They can help you understand your Medicare rights, help you make complaints about your medical care or treatment, and help you straighten out problems with your Medicare bills. SHIP counselors can also help you understand your Medicare plan choices and answer questions about switching plans.

State Health Insurance Assistance Programs (SHIP)			
Alaska	Alabama	Arkansas	
Senior and Disabilities	Alabama Department of	Senior Health Insurance	
Services	Senior Services	Information Program	
1-907-465-3372	1-800-243-5463	1-800-224-6330	
TTY 1-907-451-5093	TTY 711	TTY 711	
240 Main ST STE 601	770 Washington AVE RSA	1200 West Third Street	
Juneau, AK 99811-0680	Plaza STE 570	Little Rock, AR 72201	
http://dhss.alaska.gov/dsds/	Montgomery, AL 36130	http://insurance.arkansas.gov/	
Pages/medicare/default.aspx	http://www.alabamaageline.gov	shiip.htm	
	/healthcare/	_	

State Health Insurance Assistance Programs (SHIP)			
Arizona Arizona Department of Economic Security Division of Aging and Adult Services 1-800-432-4040 TTY 711 1789 West Jefferson Street, ATTN: SHIP 950A Phoenix, AZ 85007 https://www.azdes.gov/daas/ ship	California California Department of Aging 1-800-434-0222 TTY 1-800-735-2929 1300 National Drive, STE 200 Sacramento, CA 95834-1992 www.aging.ca.gov/hicap/ countyList.aspx	Colorado Dora - Division of Insurance - State of Colorado 1-800-930-3745 TTY 711 1560 Broadway, STE 1550 Denver, CO 80202 http://www.colorado.gov/cs/ Satellite?c=Page&childpagena me=DORA-DI/ DORALayout&cid=12516234 45671&pagename=CBONWra pper	
Connecticut Department of Social Services Aging Services Division 1-800-994-9422 TTY 711 25 Sigourney Street, FL 10 Hartford, CT 06106 www.ct.gov/agingservices	District of Columbia Health Insurance Counseling Project (HICAP) 1-202-739-0668 TTY 1-202-973-1079 2136 Pennsylvania AVE Northwest Washington, DC 20052 www.law.gwu.edu/academics/ el/clinics/insurance/Pages/ About.aspx	Delaware State of Delaware - ELDERinfo 1-800-336-9500 TTY 711 841 Silver LK Boulevard Dover, DE 19904 http://www.delawareinsurance. gov/services/elderinfo.shtml	
Florida SHINE Program Department of Elder Affairs 1-800-963-5337 TTY 1-800-955-8770 4040 Esplanade Way, STE 270 Tallahassee, FL 32399-7000 www.floridashine.org	Georgia DHS Division of Aging Services - GeorgiaCares Program 1-866-552-4464 TTY 711 2 Peachtree St NW, 33rd Fl Atlanta, GA 30303 www.mygeorgiacares.org	Hawaii Sage PLUS Program, Executive Office on Aging 1-888-875-9229 TTY 1-866-810-4379 No. 1 Capitol District, 250 South Hotel Street, STE 406 Honolulu, HI 96813-2831 www.hawaiiship.org	

State Health Insurance Assistance Programs (SHIP)			
Iowa Senior Health Insurance Information Program 1-800-351-4664 TTY 1-800-735-2942 330 Maple ST Des Moines, IA 50319-0065 http://www.shiip.state.ia.us/	Idaho Department of Insurance 1-800-247-4422 TTY 711 700 West State Street, PO Box 83720 Boise, ID 83720-0043 www.shiba.idaho.gov	Illinois Senior Health Insurance Program 1-800-548-9034 TTY 1-217-524-4872 320 West Washington Street Springfield, IL 62767-0001 http://www.state.il.us/aging/ SHIP/default.htm	
Indiana Indiana Department of Insurance - State Health Insurance Program 1-800-452-4800 TTY 1-866-846-0139 714 W 53rd ST Anderson, IN 46013 www.medicare.in.gov	Kansas Senior Health Insurance Counseling for Kansas (SHICK), New England Building 1-800-860-5260 TTY 1-785-291-3167 503 S. Kansas AVE Topeka, KS 66603-3404 http://www.kdads.ks.gov/ SHICK/shick_index.html	Kentucky Kentucky State Health Insurance Assistance Program (SHIP) 1-800-372-2973 TTY 1-800-627-4702 275 E. Main ST Frankfort, KY 40621 http://www.chfs.ky.gov/dail/ ship.htm	
Louisiana Louisiana Department of Insurance, Senior Health Insurance Information Program 1-800-259-5300 TTY 711 1702 N 3rd Street, PO Box 94214 Baton Rouge, LA 70802 http://www.ldi.la.gov/SHIIP/	Massachusetts Executive Office of Elder Affairs 1-800-243-4636 TTY 1-800-872-0166 One Ashburton Place, FL 5 Boston, MA 02108 http://www.mass.gov/elders/	Maryland The Maryland Department of Aging 1-800-243-3425 TTY 1-410-767-1083 301 West Preston Street, STE 1007 Baltimore, MD 21201 http://www.mdoa.state.md.us	

State Health Insurance Assistance Programs (SHIP)			
Maine Department of Health and Human Services 1-800-262-2232 TTY 711 11 State House Station, 32 Blossom Lane Augusta, ME 04333-0040 http://www.maine.gov/dhhs/ oes/community/medicare- assist.shtml	Michigan Michigan Medicare Assistance Program (MMAP) 1-800-803-7174 TTY 711 6105 W. Saint Joseph HWY, STE 204 Lansing, MI 48917 www.mmapinc.org	Minnesota Minnesota Board on Aging - Senior LinkAge Line 1-800-333-2433 TTY 1-800-627-3529 PO Box 64976 St. Paul, MN 55164 www.mnaging.org	
Missouri Primaris 1-800-390-3330 TTY 1-800-735-2966 200 N Keene ST STE 101 Columbia, MO 65201 www.missouriclaim.org	Mississippi Mississippi Department of Human Services, MS State Health Insurance Assistance Program (SHIP) 1-601-359-4503 TTY 711 750 North State Street Jackson, MS 39202 http://www.mdhs.state.ms.us/ aas_ship.html	Montana Montana State Health Insurance Assistance Program (SHIP) 1-800-551-3191 TTY 711 2030 11th AVE Helena, MT 59601 http://www.dphhs.mt.gov/sltc/ services/aging/SHIP/ship.shtml	
North Carolina Seniors' Health Insurance Information Program 1-800-443-9354 TTY 711 11 South Boylan Avenue Raleigh, NC 27603 http://www.ncdoi.com/SHIIP/ Default.aspx	North Dakota State Health Insurance Counseling Program (SHIC) 1-888-575-6611 TTY 1-800-366-6888 600 E. Boulevard AVE -State Capitol Bismarck, ND 58505-0320 http://www.nd.gov/ndins/shic/	Nebraska Nebraska Senior Health Insurance Information Program (SHIIP) 1-800-234-7119 TTY 711 Terminal BLDG, 941 O ST, STE 400 Lincoln, NE 68508-3690 http://www.doi.ne.gov/shiip/	

#### State Health Insurance Assistance Programs (SHIP) **New Mexico New Hampshire** New Jersey **DOH State Health Insurance** NH SHIP - ServiceLink New Mexico Aging & Long-Aging and Disability Resource Assistance Program (SHIP) **Term Services** 1-800-792-8820 Center 1-800-432-2080 1-866-634-9412 TTY 711 TTY 1-505-476-4937 **TTY 711** PO Box 360 2550 Cerrillos Road 129 Pleasant Street Trenton, NJ 08625-0360 Santa Fe, NM 87505 Concord, NH 03301 http://www.state.nj.us/ www.nmaging.state.nm.us www.servicelink.org humanservices/doas/services/ ship/index.html **New York** Nevada Ohio Nevada State Health **Health Insurance Information** Ohio Department of **Insurance Assistance Program** Counseling and Assistance Insurance 1-800-307-4444 Program (HIICAP) 1-800-686-1578 TTY 711 1-800-342-9871 TTY 1-614-644-3745 3416 Goni RD STE D-132 TTY 711 50 W. Town Street, Third FL Carson City, NV 89706 2 Empire State Plaza - STE 300 http://www.nvaging.net/ship/ Albany, NY 12223-1251 Columbus, OH 43215 ship\_main.htm http://www.aging.ny.gov/ www.insurance.ohio.gov HealthBenefits/Index.cfm Oklahoma Oregon Pennsylvania Senior Health Insurance Senior Health Insurance Apprise Health Insurance Counseling Program (SHIP) Benefits Assistance Program **Counseling Program** 1-800-763-2828 1-800-783-7067 1-800-722-4134 TTY 711 TTY 1-800-735-2900 TTY 711 5 Corporate Plaza, 3625 NW 350 Winter ST NE, STE 330 555 Walnut ST, FL 5 56th ST, STE 100 PO Box 14480 Harrisburg, PA 17101-1919 Oklahoma City, OK 73112 Salem, OR 97309-0405 http://www.portal.state.pa.us/ http://www.ok.gov/oid/ http://www.oregon.gov/ portal/ server.pt?open=514&objID=61 Consumers/ DCBS/SHIBA/Pages/ Information for Seniors/ index.aspx 6587&mode=2 index.html

#### State Health Insurance Assistance Programs (SHIP) Rhode Island South Carolina South Dakota South Carolina Lieutenant South Dakota Department of Rhode Island Department of Governor's Office on Aging Social Services - Adult Human Services, Division of **Elderly Affairs** 1-800-868-9095 Services and Aging 1-401-462-0510 TTY 711 1-866-854-5465 TTY 1-401-462-0740 1301 Gervais Street, STE 350 TTY 711 74 West RD, Hazard BLDG, Columbia, SC 29201 700 Governors Drive FL 2 Pierre, SD 57501 http://aging.sc.gov/seniors/ Cranston, RI 02920 medicare/Pages/default.aspx www.shiine.net http://www.dea.ri.gov/ insurance/ Tennessee Texas Utah **Tennessee Commission on** Texas Department of Aging Aging and Adult Services and Disability Services 1-800-541-7735 Aging and Disability 1-800-458-9858 1-877-801-0044 TTY 711 TTY 711 TTY 711 195 North 1950 West Andrew Jackson Building, 500 PO Box 149030 Salt Lake City, UT 84116 Deaderick Street, STE 825 Austin, TX 78714-9030 http://www.hsdaas.utah.gov/ Nashville, TN 37243-0860 www.dads.state.tx.us http://www.tn.gov/comaging/ ship.html Virginia Vermont Washington Virginia Department for the Department of Disabilities, Consumer Advocacy/SHIBA Aging and Independent 1-800-562-6900 Aging 1-800-552-3402 TTY 711 Living TTY 711 1-802-871-3344 PO Box 40255 1610 First AVE, STE 100 TTY 711 Olympia, WA 98504-0255 Richmond, VA 23229 103 South Main Street, Weeks www.insurance.wa.gov www.vda.virginia.gov Building Waterbury, VT 05671-1601 www.ddas.vermont.gov

State Health Insurance Assistance Programs (SHIP)			
Wisconsin	West Virginia	Wyoming	
Wisconsin Department of	West Virginia SHIP	Wyoming Senior Citizens Inc.	
Health Services of Insurance	1-877-987-4463	1-800-856-4398	
1-800-242-1060	TTY 711	TTY 711	
TTY 1-888-701-1251	1900 Kanawha BLVD East	106 W Adams PO Box BD	
1 West Wilson Street	Charleston, WV 25305	Riverton, WY 82501	
Madison, WI 53703	www.wvship.org	www.wyomingseniors.com	
http://dhs.wisconsin.gov/aging/			
EBS/ship.htm			

#### SECTION 4 Quality Improvement Organization

(paid by Medicare to check on the quality of care for people with Medicare)

There is a Quality Improvement Organization for each state. Here is a list of the Quality Improvement Organizations in each state we serve:

- Alaska Mountain-Pacific Quality Health Foundation
- Alabama Alabama Quality Assurance Foundation
- Arkansas Arkansas Foundation for Medical Care
- Arizona Health Services Advisory Group, Inc.
- California Health Services Advisory Group
- Colorado Colorado Foundation for Medical Care
- Connecticut Qualidigm
- District of Columbia Delmarva Foundation of the District of Columbia
- Delaware Quality Insights of Delaware
- Florida Florida Medical Quality Assurance, Inc.
- Georgia Georgia Medical Care Foundation
- Hawaii Mountain-Pacific Quality Health
- Iowa Telligen
- Idaho Qualis Health
- Illinois Telligen
- Indiana Health Care Excel
- Kansas Kansas Foundation for Medical Care
- Kentucky Health Care Excel of Kentucky, Incorporated

- Louisiana eQHealth Solutions
- Massachusetts MassPRO
- Maryland Delmarva Foundation for Medical Care
- Maine Northeast Health Care Quality Foundation
- Michigan Michigan Peer Review Organization
- Minnesota Stratis Health
- Missouri Primaris Healthcare Business Solutions
- Mississippi Information and Quality Healthcare
- Montana Mountain-Pacific Quality Health
- North Carolina The Carolinas CTR for Medical Excellence
- North Dakota North Dakota Health Care Review
- Nebraska CIMRO of Nebraska
- New Hampshire Northeast Health Care Quality Foundation
- New Jersey Healthcare Quality Strategies
- New Mexico HealthInsight New Mexico
- Nevada HealthInsight
- New York IPro
- Ohio Ohio KePRO
- Oklahoma Oklahoma Foundation for Medical Quality
- Oregon Acumentra Health
- Pennsylvania Quality Insights of Pennsylvania
- Rhode Island Healthcentric Advisors
- South Carolina The Carolinas CTR for Medical Excellence
- South Dakota South Dakota Foundation for Medical Care
- Tennessee QSource
- Texas TMF Health Quality Institute
- Utah HealthInsight
- Virginia Virginia Health Quality CTR
- Vermont Northeast Health Care Quality Foundation
- Washington Qualis Health
- Wisconsin MetaStar, Inc.
- West Virginia West Virginia Medical Institute
- Wyoming Mountain-Pacific Quality Health

Your state's Quality Improvement Organization has a group of doctors and other health care professionals who are paid by the Federal government. This organization is paid by Medicare to check on and help improve the quality of care for people with Medicare. The state's Quality Improvement Organization is an independent organization. It is not connected with our plan.

You should contact your state's Quality Improvement Organization in any of these situations:

- You have a complaint about the quality of care you have received.
- You think coverage for your hospital stay is ending too soon.
- You think coverage for your home health care, skilled nursing facility care, or Comprehensive

Outpatient Rehabilitation Facility (CORF) services are ending too soon.

Quality Improvement Organization (QIO)			
Alaska Mountain-Pacific Quality Health Foundation 1-877-561-3202 TTY 1-800-497-8232 4241 B St, STE 101 Anchorage, AK 99503 www.mpqhf.org	Alabama Alabama Quality Assurance Foundation 1-205-970-1600 TTY 711 Two Perimeter Park South, STE 200 West Birmingham, AL 35243 www.aqaf.com	Arkansas Arkansas Foundation for Medical Care 1-888-987-1200 TTY 711 PO Box 180001 Fort Smith, AR 72918-0001 www.afmc.org	
Arizona Health Services Advisory Group, Inc. 1-800-359-9909 TTY 711 3133 East Camelback RD, STE 300 Phoenix, AZ 85016-4501 www.hsag.com	California Health Services Advisory Group 1-800-841-1602 TTY 1-800-881-5980 700 North Brand Boulevard, STE 370 Glendale, CA 91203 www.hsag.com	Colorado Colorado Foundation for Medical Care 1-303-695-3300 TTY 711 23 Inverness Way East, STE 100 Englewood, CO 80112-5708 www.cfmc.org	
Connecticut Qualidigm 1-800-553-7590 TTY 711 290 Silas Deane Highway, STE 4A Wethersfield, CT 06109-4337 www.qualidigm.org	District of Columbia Delmarva Foundation of the District of Columbia 1-800-645-0011 TTY 711 6940 Columbia GTWY DR STE 420 Columbia, MD 21046-2788 www.dcqio.org	Delaware Quality Insights of Delaware 1-866-475-9669 TTY 711 3411 Silverside RD, Baynard BLDG, STE 100 Wilmington, DE 19810-4812 www.qide.org	

Quality Improvement Organization (QIO)			
Florida Florida Medical Quality Assurance, Inc. 1-800-844-0795 TTY 711 5201 West Kennedy Boulevard, STE 900 Tampa, FL 33609-1822 www.fmqai.com	Georgia Georgia Medical Care Foundation 1-678-527-3000 TTY 711 1455 Lincoln Parkway, STE 800 Atlanta, GA 30346 www.gmcf.org	Hawaii Mountain-Pacific Quality Health 1-800-524-6550 TTY 711 1360 South Beretania, STE 501 Honolulu, HI 96814 www.mpqhf.org	
Iowa Telligen 1-800-752-7014 TTY 711 Attn: BFCC 1776 West Lakes Parkway West Des Moines, IA 50266 http://www.telligenqio.org/ iowa	Idaho Qualis Health 1-800-488-1118 TTY 1-877-486-2048 720 Park Boulevard, #120 Boise, ID 83712 www.qualishealthmedicare.org	Illinois Telligen 1-800-647-8089 TTY 711 Attn: BFCC 1776 West Lakes Parkway West Des Moines, IA 50266 www.ifmc-il.org	
Indiana Health Care Excel 1-800-288-1499 TTY 711 2601 Metropolis Parkway, STE 200 Plainfield, IN 46168-2299 www.hce.org	Kansas Kansas Foundation for Medical Care 1-800-432-0770 TTY 711 2947 SW Wanamaker Drive Topeka, KS 66614-4193 www.kfmc.org	Kentucky Health Care Excel of Kentucky, Incorporated 1-800-288-1499 TTY 711 1941 Bishop Lane, STE 400 Louisville, KY 40218 www.hce.org	

Quality Improvement Organization (QIO)		
Louisiana eQHealth Solutions 1-800-433-4958 TTY 711 8591 United Plaza Boulevard, STE 270 Baton Rouge, LA 70809 http://louisianaqio.eqhs.org/	Massachusetts MassPRO 1-800-252-5533 TTY 1-781-419-2502 245 Winter ST Waltham, MA 02451-1231 www.masspro.org	Maryland Delmarva Foundation for Medical Care 1-800-492-5811 TTY 711 6940 Columbia GTWY DR STE 420 Columbia, MD 21046-2788 www.mdqio.org
Maine Northeast Health Care Quality Foundation 1-800-772-0151 TTY 711 15 Old Rollinsford RD, STE 302 Dover, NH 03820 www.nhcqf.org	Michigan Michigan Peer Review Organization 1-800-365-5899 TTY 711 22670 Haggerty RD, STE 100 Farmington Hills, MI 48335- 2611 www.mpro.org	Minnesota Stratis Health 1-877-787-2847 TTY 1-800-627-3529 2901 Metro Drive, STE 400 Bloomington, MN 55425-1525 www.stratishealth.org
Missouri Primaris Healthcare Business Solutions 1-800-735-6776 TTY 1-800-735-2966 200 North Keene ST, STE 101 Columbia, MO 65201 www.primaris.org	Mississippi Information and Quality Healthcare 1-800-844-0500 TTY 711 385 B Highland Colony Parkway, STE 504 Ridgeland, MS 39157 http://www.msqio.org/	Montana Mountain-Pacific Quality Health 1-800-497-8232 TTY 711 3404 Cooney Drive Helena, MT 59602 www.mpqhf.org

Quality Improvement Organization (QIO)		
North Carolina The Carolinas CTR for Medical Excellence 1-800-682-2650 TTY 1-800-735-2962 100 Regency Forest DR, STE 200 Cary, NC 27518-8598 www.thecarolinascenter.org	North Dakota North Dakota Health Care Review 1-800-472-2902 TTY 711 3520 North Broadway Minot, ND 58703 www.ndhcri.org	Nebraska CIMRO of Nebraska 1-800-458-4262 TTY 711 1230 O ST, STE 120 Lincoln, NE 68508 www.cimronebraska.org
New Hampshire Northeast Health Care Quality Foundation 1-800-772-0151 TTY 711 15 Old Rollinsford RD, STE 302 Dover, NH 03820 www.nhcqf.org	New Jersey Healthcare Quality Strategies 1-800-624-4557 TTY 711 557 Cranbury RD, STE 21 East Brunswick, NJ 08816- 4026 www.hqsi.org	New Mexico HealthInsight New Mexico 1-800-663-6351 TTY 711 5801 Osuna RD NE, STE 200 Albuquerque, NM 87109 www.nmmra.org
Nevada HealthInsight 1-702-385-9933 TTY 711 6830 West Oquendo RD, STE 102 Las Vegas, NV 89118 www.healthinsight.org	New York IPro 1-800-331-7767 TTY 1-516-326-6182 1979 Marcus AVE Lake Success, NY 11042-1002 www.ipro.org	Ohio Chio KePRO 1-800-589-7337 TTY 711 5700 Lombardo CTR Drive, Rock Run CTR, STE 100 Seven Hills, OH 44131 www.ohiokepro.com

Quality Improvement Organization (QIO)		
Oklahoma Oklahoma Foundation for Medical Quality 1-800-522-3414 TTY 711 14000 Quail Springs Parkway, STE 400 Oklahoma City, OK 73134- 2600 www.ofmq.com	Oregon Acumentra Health 1-800-344-4354 TTY 1-877-486-2048 2020 SW Fourth AVE, STE 520 Portland, OR 97201-4960 www.acumentra.org	Pennsylvania Quality Insights of Pennsylvania 1-800-322-1914 TTY 711 2601 Market PL ST, STE 320 Harrisburg, PA 17110 www.qipa.org
Rhode Island Healthcentric Advisors 1-401-528-3200 TTY 711 235 Promenade ST, STE 500 Box 18 Providence, RI 02908 http://www.healthcentricadvisors.org/	South Carolina The Carolinas CTR for Medical Excellence 1-800-922-3089 TTY 1-800-735-8583 246 Stoneridge Drive, STE 200 Columbia, SC 29210 www.ccmemedicare.org	South Dakota South Dakota Foundation for Medical Care 1-800-633-4227 TTY 711 2600 West 49th ST, STE 300 Sioux Falls, SD 57105 www.sdfmc.org
Tennessee QSource 1-800-528-2655 TTY 1-800-848-0298 3340 Players CLB PKWY, STE 300 Memphis, TN 38125 www.qsource.org	Texas TMF Health Quality Institute 1-800-725-9216 TTY 1-877-486-2048 5918 West Courtyard Drive, Bridgepoint I, STE 300 Austin, TX 78730-5036 www.tmf.org	Utah HealthInsight 1-801-892-0155 TTY 711 756 East Winchester ST, STE 200 Salt Lake City, UT 84107 www.healthinsight.org

Quality Improvement Organization (QIO)		
Virginia	Vermont	Washington
Virginia Health Quality CTR	Northeast Health Care	Qualis Health
1-800-545-3814	Quality Foundation	1-800-949-7536
TTY 1-877-486-2048	1-800-772-0151	TTY 711
9830 Mayland Drive, STE J	TTY 711	PO Box 33400
Richmond, VA 23233	15 Old Rollinsford RD, STE	Seattle, WA 98133-0400
www.vhqc.org	302	www.qualishealthmedicare.org
	Dover, NH 03820-2830	
	www.nhcqf.org	
Wisconsin	West Virginia	Wyoming
MetaStar, Inc.	West Virginia Medical	Mountain-Pacific Quality
1-800-362-2320	Institute	Health
TTY 711	1-800-642-8686	1-877-810-6248
2909 Landmark Place	TTY 711	TTY 711
Madison, WI 53713	3001 Chesterfield AVE	145 South Durbin, STE 105
www.metastar.com	Charleston, WV 25311	Casper, WY 82601
	www.qiwv.org	www.mpqhf.com

#### SECTION 5 Social Security

Social Security is responsible for determining eligibility and handling enrollment for Medicare. U.S. citizens who are 65 or older, or who have a disability or End-Stage Renal Disease and meet certain conditions, are eligible for Medicare. If you are already getting Social Security checks, enrollment into Medicare is automatic. If you are not getting Social Security checks, you have to enroll in Medicare. Social Security handles the enrollment process for Medicare. To apply for Medicare, you can call Social Security or visit your local Social Security office.

Social Security is also responsible for determining who has to pay an extra amount for their Part D drug coverage because they have a higher income. If you got a letter from Social Security telling you that you have to pay the extra amount and have questions about the amount or if your income went down because of a life-changing event, you can call Social Security to ask for a reconsideration.

If you move or change your mailing address, it is important that you contact Social Security to let them

know.

Social Security	
CALL	1-800-772-1213
	Calls to this number are free.
	Available 7:00 am to 7:00 pm, Monday through Friday.
	You can use Social Security's automated telephone services to get recorded
	information and conduct some business 24 hours a day.
TTY	1-800-325-0778
	This number requires special telephone equipment and is only for people who
	have difficulties with hearing or speaking.
	Calls to this number are free.
	Available 7:00 am to 7:00 pm, Monday through Friday.
WEB SITE	http://www.ssa.gov

#### SECTION 6 Medicaid

(a joint Federal and state program that helps with medical costs for some people with limited income and resources)

Medicaid is a joint Federal and state government program that helps with medical costs for certain people with limited incomes and resources. Some people with Medicare are also eligible for Medicaid.

In addition, there are programs offered through Medicaid that help people with Medicare pay their Medicare costs, such as their Medicare premiums. These "Medicare Savings Programs" help people with limited income and resources save money each year:

- Qualified Medicare Beneficiary (QMB): Helps pay Medicare Part A and Part B premiums, and other cost sharing (like deductibles, coinsurance, and copayments). (Some people with QMB are also eligible for full Medicaid benefits (QMB+).)
- Specified Low-Income Medicare Beneficiary (SLMB): Helps pay Part B premiums. (Some people with SLMB are also eligible for full Medicaid benefits (SLMB+).)
- Qualified Individual (QI): Helps pay Part B premiums.
- Qualified Disabled & Working Individuals (QDWI): Helps pay Part A premiums.

To find out more about Medicaid and its programs, contact your state Medicaid agency.

State Medicaid Programs		
AK Medicaid Policy and Planning Family and Social Services Administration 1-800-457-4584 TTY 711 402 W. Washington ST RM W382, PO Box 7083 Indianapolis, IN 42604 www.indianamedicaid.com	AL Alabama Medicaid 1-800-362-1504 TTY 1-800-362-1504 501 Dexter Avenue, PO Box 5624 Montgomery, AL 36103-5624 http://medicaid.alabama.gov/	AR Department of Human Services 1-800-482-8988 TTY 1-800-285-1131 Donaghey Plaza South, PO Box 1437 Little Rock, AR 72203 https://www.medicaid.state.ar.u s/
AZ Arizona Health Care Cost Containment System 1-800-962-6690 TTY 1-800-826-5140 801 East Jefferson Phoenix, AZ 85034 www.azahcccs.gov/	CA Medi-Cal 1-916-636-1980 TTY 711 1501 Capitol Ave., MS 4400, PO Box 997413, MS 4400 Sacramento, CA 95899 www.medi-cal.ca.gov/	CO Senior Health Insurance Assistance Program 1-800-221-3943 TTY 711 1570 Grant ST Denver, CO 80203-1818 http://www.healthcolorado.net/index.shtml

State Medicaid Programs		
Department of Social Services 1-800-842-1508 TTY 1-800-842-4524 25 Sigourney ST Hartford, CT 06106-5033 http://www.ct.gov/dss	DC Department of Human Services 1-202-671-4200 TTY 711 64 New York Ave NE # 6 Washington DC, DC 20002 www.dhs.dc.gov	DE Delaware Health and Social Services 1-800-372-2022 TTY 711 Division of Social Services, 1901 North Du Pont Highway, Lewis Building New Castle, DE 19720 http://dhss.delaware.gov/dhss/
FL Florida Medicaid Agency for Health Care Administration (AHCA) 1-866-762-2237 TTY 711 2727 Mahan Drive Tallahassee, FL 32308 www.fdhc.state.fl.us	GA Department of Community Health 1-404-656-4507 TTY 711 2 Peachtree ST NW Atlanta, GA 30303 www.dch.georgia.gov	HI Department of Human Services 1-800-316-8005 TTY 1-800-603-1201 1390 Miller ST RM 209 Honolulu, HI 96813 www.med-quest.us

State Medicaid Programs		
IA Iowa Department of Human Services 1-800-338-8366 TTY 711 100 Army Post Road Des Moines, IA 50315 www.dhs.state.ia.us	Department of Health and Welfare, Division of Medicaid 1-866-326-2485 TTY 711 PO Box 83720 Boise, ID 83720 www.healthandwelfare.idaho.g	IL Illinois Department of Healthcare and Family Services 1-800-226-0768 TTY 1-800-526-5812 201 South Grand AVE East Springfield, IL 62763 http://www2.illinois.gov/hfs/
IN Medicaid Policy and Planning Family and Social Services Administration 1-800-457-4584 TTY 711 402 W. Washington ST RM W382, PO Box 7083 Indianapolis, IN 46207 www.indianamedicaid.com	KS Kansas Department of Health and Environment (KanCare) 1-866-305-5147 TTY 1-800-766-3777 900 SW Jackson, STE 900 Topeka, KS 66612-1220 http://www.kancare.ks.gov/index.htm	KY Cabinet for Health and Family Services Department for Medicaid Services 1-800-635-2570 TTY 1-800-627-4702 275 East Main Street Frankfort, KY 40621 www.chfs.ky.gov

State Medicaid Programs		
LA Bureau of Health Services Financing Department of Health and Hospitals 1-888-342-6207 TTY 711 628 N. 4th Street Baton Rouge, LA 70821-9030 http://new.dhh.louisiana.gov/ index.cfm/subhome/1/n/10	MA State Medicaid Office 1-888-665-9993 TTY 1-888-665-9997 PO Box 290794 Taunton, MA 02129 http://www.mass.gov/eohhs/ gov/departments/masshealth/	MD Department of Health and Mental Hygiene 1-877-463-3464 TTY 1-800-735-2258 201 West Preston Street Baltimore, MD 21201 www.dhmh.state.md.us
ME Department of Health & Human Services, Office of MaineCare Services 1-207-287-9202 TTY 1-800-606-0215 442 Civic Center Drive, 11 Statehouse Station Augusta, ME 04333-0011 www.maine.gov/dhhs/oms	MI Department of Community Health 1-517-373-3740 TTY 1-800-649-3777 Capitol View BLDG 201 Townsend ST Lansing, MI 48913 http://www.michigan.gov/ mdch/	MN Department of Human Services 1-800-657-3739 TTY 1-800-627-3529 PO Box 64989 St. Paul, MN 55164-0989 http://www.dhs.state.mn.us/ main/ idcplg?IdcService=GET_DYN AMIC_CONVERSION&Rev isionSelectionMethod=LatestR eleased&dDocName=Health_ Care

State Medicaid Programs		
MO MO HealthNet Division Department of Social Services 1-573-751-3425 TTY 1-800-735-2966 615 Howerton CT PO Box 6500 Jefferson City, MO 65102 www.dss.mo.gov/mhd/	MS State of Mississippi Division of Medicaid 1-800-421-2408 TTY 711 550 High ST STE 1000 Sillers BLDG Jackson, MS 39201 http://www.medicaid.ms.gov/	MT Department of Public Health & Human Services 1-800-362-8312 TTY 1-800-833-8503 PO Box 202951 Helena, MT 59602 http://www.dphhs.mt.gov/ medicaid/
NC The Carolinas Center for Medical Excellence 1-800-633-4227 TTY 1-800-735-2962 100 Regency Forest Drive, STE 200 Cary, NC 27518-8598 www.thecarolinascenter.org	ND Department of Human Services 1-800-472-2622 TTY 711 600 E. Boulevard AVE Department 325 Bismarck, ND 58505-0250 http://www.nd.gov/dhs/ services/medicalserv/medicaid/	NE Nebraska Department of Health and Human Services - AccessNebraska 1-800-383-4278 TTY 711 PO Box 2992 Omaha, NE 68102 www.accessnebraska.ne.gov

State Medicaid Programs		
NH NH DHHS Office of Medicaid Business & Policy Medicaid Program 1-800-852-3345 TTY 1-800-735-2964 129 Pleasant St Concord, NH 03301 http://www.dhhs.nh.gov/ ombp/medicaid/	NJ Division of Medical Assistance & Health Services Department of Human Services 1-800-356-1561 TTY 711 PO Box 712 Trenton, NJ 08625-0712 http://www.state.nj.us/ humanservices/dmahs/home/ index.html	NM NM Human Services Department Medical Assistance Division 1-888-997-2583 TTY 711 PO Box 2348 Santa Fe, NM 87504-2348 http://www.hsd.state.nm.us/ mad/
NV Division of Health Care Financing and Policy 1-800-992-0900 TTY 711 1100 E. Williams ST STE 101 Carson City, NV 89701 https://dhcfp.nv.gov/index.htm	NY Office of Health Insurance Program 1-800-541-2831 TTY 711 Corning Tower Empire State Plaza Albany, NY 12237 www.health.state.ny.us/ health_care/medicaid/ index.htm	OH Ohio Department of Medicaid 1-800-324-8680 TTY 711 50 West Town Street, 4th FL Columbus, OH 43215 http://jfs.ohio.gov/OHP/

State Medicaid Programs		
OK Oklahoma Health Care Authority 1-800-987-7767 TTY 711 2401 N.W. 23rd Street, STE 1A Oklahoma City, OK 73107 www.okhca.org	OR Division of Medical Assistance Programs 1-800-527-5772 TTY 1-800-375-2863 500 Summer ST NE Salem, OR 97310-1079 http://www.oregon.gov/oha/healthplan/Pages/app_benefits/main.aspx	PA Medical Assistance Programs Department of Public Welfare 1-800-692-7462 TTY 711 PO Box 2675 Harrisburg, PA 17105 http://www.dpw.state.pa.us/
RI Department of Human Services Office of Children and Families 1-401-462-5300 TTY 711 Louis Pasteur BLDG #57 600 New London AVE Cranston, RI 02920 http://www.dhs.ri.gov/ Default.aspx	SC Health and Human Services 1-888-549-0820 TTY 711 PO Box 8206 Columbia, SC 29202-8206 http://www.scdhhs.gov/	Department of Social Services Division of Medical Services 1-605-773-3165 TTY 711 700 Governors Drive Pierre, SD 57501 www.dss.sd.gov/ medicalservices/

State Medicaid Programs			
TN TennCare 1-866-311-4287 TTY 711 310 Great Circle Road Nashville, TN 37243 www.state.tn.us/tenncare	TX Texas Medicaid Health and Human Services Commission 1-800-252-8263 TTY 711 Brown-Heatly BLDG 4900 North Lamar Blvd. Austin, TX 78751 www.hhsc.state.tx.us/medicaid	UT Department of Health, Division of Medicaid and Health Financing 1-800-662-9651 TTY 711 PO Box 143106 Salt Lake City, UT 84114- 3106 http://utah.gov/residents/ healthandss.html	
VA Department of Medical Assistance Services 1-800-552-3431 TTY 711 600 East Broad Street Richmond, VA 23219 http://www.dmas.virginia.gov/	VT Green Mountain Care Health Access Eligibility Unit 1-800-250-8427 TTY 1-888-834-7898 103 South Main Street Waterbury, VT 05676 http://www.greenmountaincare .org/vermont-health-insurance- plans/medicaid	WA Washington State Health Care Authority 1-800-562-3022 TTY 711 Cherry ST Plaza 626 8th AVE SE Olympia, WA 98504 www.hca.wa.gov/	

State Medicaid Programs			
WI	WV	WY	
Wisconsin Department of	<b>Bureau for Medical Services</b>	EqualityCare Office of	
Health Services	1-888-483-0797	Healthcare Financing	
1-800-362-3002	TTY 711	1-307-777-7531	
TTY 711	RM 251, 350 Capitol ST	TTY 711	
1 West Wilson Street	Charleston, WV 25301	6101 Yellowstone Road, STE	
Madison, WI 53707	http://www.dhhr.wv.gov/bms/	210	
www.dhs.wisconsin.gov/	Pages/default.aspx	Cheyenne, WY 82002	
MEDICAID/		http://www.health.wyo.gov/	
		healthcarefin/equalitycare/	
		index.html	

#### SECTION 7 Information about programs to help people pay for their prescription drugs

#### Medicare's "Extra Help" Program

Medicare provides "Extra Help" to pay prescription drug costs for people who have limited income and resources. Resources include your savings and stocks, but not your home or car. If you qualify, you get help paying for any Medicare drug plan's monthly premium, yearly deductible, and prescription copayments. This "Extra Help" also counts toward your out-of-pocket costs.

People with limited income and resources may qualify for "Extra Help." Some people automatically qualify for "Extra Help" and don't need to apply. Medicare mails a letter to people who automatically qualify for "Extra Help."

You may be able to get "Extra Help" to pay for your prescription drug premiums and costs. To see if you qualify for getting "Extra Help," call:

- 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day, 7 days a week;
- The Social Security Office at 1-800-772-1213, between 7 am to 7 pm, Monday through Friday. TTY users should call 1-800-325-0778; or
- Your State Medicaid Office. (See Section 6 of this chapter for contact information.)

If you believe you have qualified for "Extra Help" and you believe that you are paying an incorrect costsharing amount when you get your prescription at a pharmacy, our plan has established a process that allows you to either request assistance in obtaining evidence of your proper copayment level, or, if you already have the evidence, to provide this evidence to us.

• Please call the customer service number in Chapter 2 Section 1. Our Customer Service

- representatives can help get your copayment amount corrected.
- When we receive the evidence showing your copayment level, we will update our system so that you can pay the correct copayment when you get your next prescription at the pharmacy. If you overpay your copayment, we will reimburse you. Either we will forward a check to you in the amount of your overpayment or we will offset future copayments. If the pharmacy hasn't collected a copayment from you and is carrying your copayment as a debt owed by you, we may make the payment directly to the pharmacy. If a state paid on your behalf, we may make payment directly to the state. Please contact Customer Service if you have questions (phone numbers are printed on the back cover of this booklet).

#### Medicare Coverage Gap Discount Program

The Medicare Coverage Gap Discount Program is available nationwide. Because your plan does not have a coverage gap, the discounts described here may not apply to you.

The plan continues to pay its share of the cost for your drugs and you pay your share of the cost. Please go to Chapter 6, Section 6 for more information about your coverage during the Coverage Gap Stage.

The Medicare Coverage Gap Discount Program provides manufacturer discounts on brand name drugs to Part D enrollees who have reached the coverage gap and are not already receiving "Extra Help." A 50% discount on the negotiated price (excluding the dispensing fee and vaccine administration fee, if any) is available for those brand name drugs from manufacturers that have agreed to pay the discount. The plan pays an additional 2.5% and you pay the remaining 47.5% for your brand name drugs.

If you reach the coverage gap, and your plan does not have additional coverage in the gap we will automatically apply the discount when your pharmacy bills you for your prescription and your **Explanation of Benefits (EOB)** will show any discount provided. Both the amount you pay and the amount discounted by the manufacturer count toward your out-of-pocket costs as if you had paid them and moves you through the coverage gap.

You also receive some coverage for generic drugs. If you reach the coverage gap, and your plan does not have additional coverage in the gap, the plan pays 28% of the price for generic drugs and you pay the remaining 72% of the price. The coverage for generic drugs works differently than the coverage for brand name drugs. For generic drugs, the amount paid by the plan (28%) does not count toward your out-of-pocket costs. Only the amount you pay counts and moves you through the coverage gap. Also, the dispensing fee is included as part of the cost of the drug.

If you have any questions about the availability of discounts for the drugs you are taking or about the Medicare Coverage Gap Discount Program in general, please contact Customer Service (phone numbers are printed on the back cover of this booklet).

#### What if you have coverage from a State Pharmaceutical Assistance Program (SPAP)?

If you are enrolled in a State Pharmaceutical Assistance Program (SPAP), or any other program that provides coverage for Part D drugs (other than "Extra Help"), you still get the 50% discount on covered brand name drugs. Also, the plan pays 2.5% of the costs of brand name drugs in the coverage gap. The 50% discount and the 2.5% paid by the plan is applied to the price of the drug before any SPAP or other coverage.

## What if you get "Extra Help" from Medicare to help pay your prescription drug costs? Can you get the discounts?

No. If you get "Extra Help," you already get coverage for your prescription drug costs during the coverage gap.

#### What if you don't get a discount, and you think you should have?

If you think that you have reached the coverage gap and did not get a discount when you paid for your brand name drug, you should review your next **Explanation of Benefits (EOB)** notice. If the discount doesn't appear on your **Explanation of Benefits**, you should contact us to make sure that your prescription records are correct and up-to-date. If we don't agree that you are owed a discount, you can appeal. You can get help filing an appeal from your State Health Insurance Assistance Program (SHIP) (telephone numbers are in Section 3 of this Chapter) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

#### State Pharmaceutical Assistance Programs

Many states have State Pharmaceutical Assistance Programs that help some people pay for prescription drugs based on financial need, age, or medical condition. Each state has different rules to provide drug coverage to its members.

These programs provide limited income and medically needy seniors and individuals with disabilities financial help for prescription drugs. Here is a list of the State Pharmaceutical Assistance Programs in each state we serve:

- California Department of Health Services ADAP
- Colorado Colorado ADAP Department of Public Health and Environment
- Connecticut ConnPACE Connecticut Pharmaceutical Assistance to the Elderly & Disabled
- Delaware DPAP Delaware Pharmaceutical Assistance Program
- Indiana HoosierRx
- Massachusetts Prescription Advantage Executive Office of Elder Affairs
- Maryland Maryland Senior Prescription Drug Assistance Program (SPDAP)
- Maine Office of MaineCare Services
- Missouri MORx
- Montana Montana Big Sky Rx Program
- New Jersey NJ PAAD & Senior Gold
- Nevada Nevada Senior Rx
- New York New York Elderly Pharmaceutical Insurance Coverage (EPIC)
- Oregon CAREAssist Oregon ADAP
- Pennsylvania Pennsylvania PACE
- Texas Texas Kidney Health Care
- Vermont Office of Vermont Health Access

State Pharmaceutical Assistance Programs		
California Department of Health Services - ADAP 1-916-558-1784 TTY 711 PO Box 997377 Sacramento, CA 95899-7377 http://www.cdph.ca.gov/ programs/aids/Pages/ tOAADAP.aspx	Colorado Colorado ADAP Department of Public Health and Environment 1-303-692-2716 TTY 711 DCEED-A, 4300 Cherry CRK DR South D Denver, CO 80246-1530 http://www.colorado.gov/cs/ Satellite/CDPHE-DCEED/ CBON/1251607766961	Connecticut ConnPACE - Connecticut Pharmaceutical Assistance to the Elderly & Disabled 1-800-423-5026 TTY 711 PO Box 5011 Hartford, CT 06102 www.connpace.com
Delaware DPAP - Delaware Pharmaceutical Assistance Program 1-800-996-9969 TTY 711 EDS DPAP PO Box 950 New Castle, DE 19720-0950 http://dhss.delaware.gov/dhss/dmma/dpap.html	Indiana HoosierRx 1-866-267-4679 TTY 711 PO Box 6224 Indianapolis, IN 46206 www.in.gov/HoosierRx	Massachusetts Prescription Advantage Executive Office of Elder Affairs 1-800-243-4636 TTY 1-877-610-0241 One Ashburton Place, Fifth FL Boston, MA 02108 http://www.mass.gov/elders/ healthcare/prescription- advantage/about-prescription- advantage-benefits.html
Maryland Maryland Senior Prescription Drug Assistance Program (SPDAP) 1-800-551-5995 TTY 1-800-877-5156 c/o Pool Administrators, 628 Hebron AVE STE 212 Glastonbury, CT 06033 www.marylandspdap.com	Maine Office of MaineCare Services 1-800-977-6740 TTY 711 11 State House Station, 32 Blossom Lane Augusta, ME 04333 http://www.maine.gov/dhhs/ oms/member/index.shtml	Missouri MORx 1-800-375-1406 TTY 1-800-375-1493 615 Howerton CT, PO Box 6500 Jefferson City, MO 65102 www.morx.mo.gov

State Pharmaceutical Assistance Programs			
Montana Montana Big Sky Rx Program 1-866-369-1233 TTY 711 PO Box 202915 Helena, MT 59620 www.dphhs.mt.gov/ prescriptiondrug/ prescriptiondrug/ prescriptiondrugassistance.shtm 1	New Jersey NJ PAAD & Senior Gold 1-800-792-9745 TTY 711 128 Quakerbridge Plaza, PO Box 715 Mercerville, NJ 08625-0715 http://www.state.nj.us/ humanservices/doas/home/ pbp.html	Nevada Senior Rx 1-866-303-6323 TTY 711 3416 Goni Road, STE B-113 Carson City, NV 89706 http://dhhs.nv.gov/ SeniorRx.htm	
New York New York Elderly Pharmaceutical Insurance Coverage (EPIC) 1-800-332-3742 TTY 1-800-290-9138 PO Box 15018 Albany, NY 12212-5018 http://www.health.ny.gov/ health_care/epic/index	Oregon CAREAssist - Oregon ADAP 1-800-805-2313 TTY 711 800 NE Oregon Street, STE 1105 Portland, OR 97232 http://www.oregon.gov/oha/ pharmacy/CAREAssist/Pages/ index.aspx	Pennsylvania Pennsylvania PACE 1-800-225-7223 TTY 1-800-222-9004 PO Box 8806 Harrisburg, PA 17105-8806 https://pacecares.magellanhealt h.com	
Texas Texas Kidney Health Care 1-800-222-3986 TTY 1-800-735-2989 Department of State Health Services, MC 1938, PO Box 149347 Austin, TX 78714 http://www.dshs.state.tx.us/ kidney	Vermont Office of Vermont Health Access 1-800-250-8427 TTY 1-888-834-7898 103 South Main Street Waterbury, VT 05671-0201 http://www.greenmountaincare .org/vermont-health-insurance- plans/prescription-assistance		

#### SECTION 8 How to contact the Railroad Retirement Board

The Railroad Retirement Board is an independent Federal agency that administers comprehensive benefit programs for the nation's railroad workers and their families. If you have questions regarding your benefits from the Railroad Retirement Board, contact the agency.

If you receive your Medicare through the Railroad Retirement Board, it is important that you let them know if you move or change your mailing address.

Railroad Retirement Board		
CALL	1-877-772-5772	
	Calls to this number are free.	
	Available 9:00 am to 3:30 pm, Monday through Friday	
	If you have a touch-tone telephone, recorded information and automated services	
	are available 24 hours a day, including weekends and holidays.	
TTY	1-312-751-4701	
	This number requires special telephone equipment and is only for people who	
	have difficulties with hearing or speaking.	
	Calls to this number are <b>not</b> free.	
WEB SITE	http://www.rrb.gov	

#### SECTION 9 Do you have "group insurance" or other health insurance from an employer?

If you (or your spouse) have medical or prescription drug coverage through another employer or retiree group, please contact **that group's benefits administrator**. The benefits administrator can help you determine how your current coverage will work with our plan. You can also call Customer Service if you have any questions. You can ask about your (or your spouse's) employer or retiree health benefits, premiums, or the enrollment period.

## CHAPTER 3: Using the plan's coverage for your medical services

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## SECTION 1 Things to know about getting your medical care covered as a member of our plan

This chapter explains what you need to know about using the plan to get your medical care covered. It gives definitions of terms and explains the rules you will need to follow to get the medical treatments, services, and other medical care that are covered by the plan.

Because you are a member of the UnitedHealthcare Group Medicare Advantage (PPO) plan, you can see any provider (in-network or out-of-network) that participates in Medicare at no additional cost to you. Your copayments or coinsurance stay the same.

For the details on what medical care is covered by our plan and how much you pay when you get this care, use the benefits chart in the next chapter, Chapter 4 (Medical Benefits Chart, what is covered and what you pay).

#### Section 1.1 What are "network providers" and "covered services"?

Here are some definitions that can help you understand how you get the care and services that are covered for you as a member of our plan:

- "Providers" are doctors and other health care professionals licensed by the state to provide medical services and care. The term "providers" also includes hospitals and other health care facilities.
- "Network providers" are the doctors and other health care professionals, medical groups, hospitals, and other health care facilities that have an agreement with us to accept our payment and your cost-sharing amount as payment in full. We have arranged for these providers to deliver covered services to members in our plan. The providers in our network generally bill us directly for care they give you. When you see a network provider, you usually pay only your share of the cost for covered services.
- "Covered services" include all the medical care, health care services, supplies, and equipment that are covered by our plan. Your covered services for medical care are listed in the benefits chart in Chapter 4.

#### Section 1.2 Basic rules for getting your medical care covered by the plan

As a Medicare health plan, UnitedHealthcare \* Group Medicare Advantage (PPO) must cover all services covered by Original Medicare and must follow Original Medicare's coverage rules.

The plan will generally cover your medical care as long as:

- The care you receive is included in the plan's Medical Benefits Chart (this chart is in Chapter 4 of this booklet).
- The care you receive is considered medically necessary. "Medically necessary" means that the services, supplies, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

- You receive your care from a provider who is eligible to provide services under Original Medicare. As a member of our plan, you can receive your care from either a network provider or an out-of-network provider (for more about this, see Section 2 in this chapter).
  - The providers in our network are listed in the **Provider Directory**.
  - Please note: While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we cannot pay a provider who is not eligible to participate in Medicare. If you go to a provider who is not eligible to participate in Medicare, you will be responsible for the full cost of the services you receive. Check with your provider before receiving services to confirm that they are eligible to participate in Medicare.

#### SECTION 2 Using network and out-of-network providers to get your medical care

As a member of the UnitedHealthcare Group Medicare Advantage (PPO) plan, you may see doctors and other health care professionals, medical groups, hospitals, and other health care facilities that are not contracted with UnitedHealthcare, as long as the services are covered benefits and are medically necessary. Unlike most PPO plans, with this plan you pay the same copays or coinsurance innetwork and out-of-network.

#### Section 2.1 How to get care from specialists and other network providers

A specialist is a doctor who provides health care services for a specific disease or part of the body. There are many kinds of specialists. Here are a few examples:

- Oncologists care for patients with cancer.
- Cardiologists care for patients with heart conditions.
- Orthopedists care for patients with certain bone, joint, or muscle conditions.

#### How to access your behavioral/mental health benefit

To directly access your behavioral/mental health benefits, please call the behavioral health number on the back of your member ID card 24 hours a day, 7 days a week. When you call, you will speak with a representative who will check your eligibility and gather basic information about you and your situation. Depending on the help you need, a clinician may then talk with you about the problem you are experiencing and assess which provider and treatment would be appropriate for your situation. You may also ask your PCP to call the number on the back of your member ID card and arrange a referral on your behalf. You may also call to receive information about **in-network practitioners**, subspecialty care and obtaining care after normal office hours. Confidentiality is maintained, so please be assured that personal information you discuss with their staff will be kept strictly confidential.

#### What if a specialist or another network provider leaves our plan?

Sometimes a specialist, clinic, hospital or other network provider you are using might leave the plan. If this happens, you may have to switch to another provider who is part of our plan or you may pay more for covered services. We will attempt to notify you as soon as possible if you are using a network provider who is leaving our plan. We may also give you information on how to find another provider.

You may call Customer Service at the number listed in Chapter 2 of this booklet and they will assist you in finding and selecting another provider.

#### Section 2.2 How to get care from out-of-network providers

As a member of our plan, you can choose to receive care from out-of-network providers. Our plan will cover services from either in-network or out-of-network providers, as long as the services are covered benefits and are medically necessary. Because you are a member of the UnitedHealthcare Group Medicare Advantage (PPO) plan, you can see any provider (in-network or out-of-network) that participates in Medicare at no additional cost to you. Your copayments or coinsurance stay the same. Here are other important things to know about using out-of-network providers:

- You can get your care from an out-of-network provider, however, in most cases that provider must be eligible to participate in Medicare. Except for emergency care, we cannot pay a provider who is not eligible to participate in Medicare. If you receive care from a provider who is not eligible to participate in Medicare, you will be responsible for the full cost of the services you receive. Check with your provider before receiving services to confirm that they are eligible to participate in Medicare.
- You don't need to get a referral or prior authorization when you get care from out-of-network
  providers. However, before getting services from out-of-network providers you may want to ask
  for a pre-visit coverage decision to confirm that the services you are getting are covered and are
  medically necessary. (See Chapter 9, Section 4 for information about asking for coverage
  decisions.) This is important because:
  - Without a pre-visit coverage decision, if we later determine that the services are not covered or were not medically necessary, we may deny coverage and you will be responsible for the entire cost. If we say we will not cover your services, you have the right to appeal our decision not to cover your care. See Chapter 9 (What to do if you have a problem or complaint) to learn how to make an appeal.
- It is best to ask an out-of-network provider to bill the plan first. But, if you have already paid for the covered services, we will reimburse you for our share of the cost for covered services. Or if an out-of-network provider sends you a bill that you think we should pay, you can send it to us for payment. See Chapter 7 (Asking us to pay our share of a bill you have received for covered medical services or drugs) for information about what to do if you receive a bill or if you need to ask for reimbursement.
- If you are using an out-of-network provider for emergency care, urgently needed care, or out-of-area dialysis, you may not have to pay a higher cost-sharing amount. See Section 3 for more information about these situations.

SECTION 3 How to get covered services when you have an emergency or urgent need for care

#### Section 3.1 Getting care if you have a medical emergency

#### What is a "medical emergency" and what should you do if you have one?

A "medical emergency" is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life, loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.

If you have a medical emergency:

• **Get help as quickly as possible.** Call 911 for help or go to the nearest emergency room or hospital. Call for an ambulance if you need it. You do **not** need to get approval or a referral first from your PCP.

#### What is covered if you have a medical emergency?

You may get covered emergency medical care whenever you need it, anywhere in the world. Our plan covers ambulance services in situations where getting to the emergency room in any other way could endanger your health. For more information, see the Medical Benefits Chart in Chapter 4 of this booklet.

If you have an emergency, we will talk with the doctors who are giving you emergency care to help manage and follow up on your care. The doctors who are giving you emergency care will decide when your condition is stable and the medical emergency is over.

After the emergency is over you are entitled to follow-up care to be sure your condition continues to be stable. Your follow-up care will be covered by our plan.

#### What if it wasn't a medical emergency?

Sometimes it can be hard to know if you have a medical emergency. For example, you might go in for emergency care – thinking that your health is in serious danger – and the doctor may say that it wasn't a medical emergency after all. If it turns out that it was not an emergency, as long as you reasonably thought your health was in serious danger, we will cover your care.

#### Section 3.2 Getting care when you have an urgent need for care

#### What is "urgently needed care"?

"Urgently needed care" is a non-emergency, unforeseen medical illness, injury, or condition that requires immediate medical care. Urgently needed care may be furnished by in-network providers or by out-of-network providers when network providers are temporarily unavailable or inaccessible. The unforeseen condition could, for example, be an unforeseen flare-up of a known condition that you have.

#### Section 4.1 You can ask us to pay our share of the cost of covered services

If you have paid more than your share for covered services, or if you have received a bill for the full cost of covered medical services, go to Chapter 7 (Asking us to pay our share of a bill you have received for covered medical services or drugs) for information about what to do.

#### Section 4.2 If services are not covered by our plan, you must pay the full cost

Our plan covers all medical services that are medically necessary, are listed in the plan's Medical Benefits Chart (this chart is in Chapter 4 of this booklet), and are obtained consistent with plan rules. You are responsible for paying the full cost of services that aren't covered by our plan, either because they are not plan covered services, or plan rules were not followed.

If you have any questions about whether we will pay for any medical service or care that you are considering, you have the right to ask us whether we will cover it before you get it. If we say we will not cover your services, you have the right to appeal our decision not to cover your care.

Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) has more information about what to do if you want a coverage decision from us or want to appeal a decision we have already made. You may also call Customer Service to get more information about how to do this (phone numbers are printed on the back cover of this booklet).

For covered services that have a benefit limitation, you pay the full cost of any services you get after you have used up your benefit for that type of covered service. For example, if your plan covers one routine physical exam per year and you receive that routine physical but choose to have a second routine physical within the same year, you pay the full cost of the second routine physical. Any amounts that you pay after you have reached the benefit limitation do not count toward your annual out-of-pocket maximum. (See Chapter 4 for more information on your plan's out-of-pocket maximum.) You can call Customer Service when you want to know how much of your benefit limit you have already used.

## SECTION 5 How are your medical services covered when you are in a "clinical research study"?

#### Section 5.1 What is a "clinical research study"?

A clinical research study (also called a "clinical trial") is a way that doctors and scientists test new types of medical care, like how well a new cancer drug works. They test new medical care procedures or drugs by asking for volunteers to help with the study. This kind of study is one of the final stages of a research process that helps doctors and scientists see if a new approach works and if it is safe.

Not all clinical research studies are open to members of our plan. Note: If you are not entitled to Medicare Part A coverage, neither Medicare nor the plan will cover the Part A related costs of your participation in a research study. (Medicare Part A generally covers services furnished by institutional providers such as hospitals, skilled nursing facilities or home health agencies.) Medicare first needs to

approve the research study. If you participate in a study that Medicare has **not** approved, **you will be responsible for paying all costs for your participation in the study**.

Once Medicare approves the study, someone who works on the study will contact you to explain more about the study and see if you meet the requirements set by the scientists who are running the study. You can participate in the study as long as you meet the requirements for the study **and** you have a full understanding and acceptance of what is involved if you participate in the study.

If you participate in a Medicare-approved study, Original Medicare pays most of the costs for the covered services you receive as part of the study. When you are in a clinical research study, you may stay enrolled in our plan and continue to get the rest of your care (the care that is not related to the study) through our plan. Note: If you are not entitled to Medicare Part A coverage, neither Medicare nor the plan will pay the Part A costs related to a Medicare-covered clinical research study.

If you want to participate in a Medicare-approved clinical research study, you do **not** need to get approval from us. The providers that deliver your care as part of the clinical research study do **not** need to be part of our plan's network of providers.

Although you do not need to get our plan's permission to be in a clinical research study, you do need to tell us before you start participating in a clinical research study. Here is why you need to tell us:

- 1. We can let you know whether the clinical research study is Medicare-approved.
- 2. We can tell you what services you will get from clinical research study providers instead of from our plan.

If you plan on participating in a clinical research study, contact Customer Service (phone numbers are printed on the back cover of this booklet).

#### Section 5.2 When you participate in a clinical research study, who pays for what?

Once you join a Medicare-approved clinical research study, you are covered for routine items and services you receive as part of the study, including:

- Room and board for a hospital stay that Medicare would pay for even if you weren't in a study.
- An operation or other medical procedure if it is part of the research study.
- Treatment of side effects and complications of the new care.

Note: If you are not entitled to Medicare Part A coverage, neither Medicare nor the plan will pay the Part A related costs related to a Medicare-covered clinical research study.

Original Medicare pays most of the cost of the covered services you receive as part of the study. After Medicare has paid its share of the cost for these services, our plan will also pay for part of the costs. We will pay the difference between the cost-sharing in Original Medicare and your cost-sharing as a member of our plan. This means you will pay the same amount for the services you receive as part of the study as you would if you received these services from our plan.

Here's an example of how the cost sharing works: Let's say that you have a lab test that costs \$100 as part of the research study. Let's also say that your share of the costs for this test is \$20 under Original Medicare, but the test would be \$10 under our plan's benefits. In this case, Original Medicare would pay \$80 for the test and we would pay another \$10. This means that

you would pay \$10, which is the same amount you would pay under our plan's benefits.

In order for us to pay for our share of the costs, you will need to submit a request for payment. With your request, you will need to send us a copy of your Medicare Summary Notices or other documentation that shows what services you received as part of the study and how much you owe. Please see Chapter 7 for more information about submitting requests for payment.

When you are part of a clinical research study, **neither Medicare nor our plan will pay for any of the following:** 

- Generally, Medicare will not pay for the new item or service that the study is testing unless
  Medicare would cover the item or service even if you were not in a study.
- Items and services the study gives you or any participant for free.
- Items or services provided only to collect data, and not used in your direct health care. For example, Medicare would not pay for monthly CT scans done as part of the study if your medical condition would normally require only one CT scan.

#### Do you want to know more?

You can get more information about joining a clinical research study by reading the publication "Medicare and Clinical Research Studies" on the Medicare Web site (http://www.medicare.gov). You can also call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

## SECTION 6 Rules for getting care covered in a "religious non-medical health care institution"

#### Section 6.1 What is a religious non-medical health care institution?

A religious non-medical health care institution is a facility that provides care for a condition that would ordinarily be treated in a hospital or skilled nursing facility care. If getting care in a hospital or a skilled nursing facility is against a member's religious beliefs, we will instead provide coverage for care in a religious non-medical health care institution. You may choose to pursue medical care at any time for any reason. This benefit is provided only for Part A inpatient services (non-medical health care services). Medicare will only pay for non-medical health care services provided by religious non-medical health care institutions.

## Section 6.2 What care from a religious non-medical health care institution is covered by our plan?

To get care from a religious non-medical health care institution, you must sign a legal document that says you are conscientiously opposed to getting medical treatment that is "non-excepted."

- "Non-excepted" medical care or treatment is any medical care or treatment that is **voluntary** and **not required** by any federal, state, or local law.
- "Excepted" medical treatment is medical care or treatment that you get that is **not** voluntary or **is required** under federal, state, or local law.

To be covered by our plan, the care you get from a religious non-medical health care institution must meet the following conditions:

- The facility providing the care must be certified by Medicare.
- Our plan's coverage of services you receive is limited to **non-religious** aspects of care.
- If you get services from this institution that are provided to you in your home, our plan will cover these services only if your condition would ordinarily meet the conditions for coverage of services given by home health agencies that are not religious non-medical health care institutions.
- If you get services from this institution that are provided to you in a facility, the following conditions apply:
  - You must have a medical condition that would allow you to receive covered services for inpatient hospital care or skilled nursing facility care.
  - and you must get approval in advance from our plan before you are admitted to the facility or your stay will not be covered.

You are covered for unlimited days in the hospital, as long as your stay meets Medicare coverage guidelines. The coverage limits are described under **Inpatient Hospital Care** in the Medical Benefits Chart in Chapter 4.

# SECTION 7 Rules for ownership of durable medical equipment Section 7.1 Will you own the durable medical equipment after making a certain number of payments under our plan?

Durable medical equipment includes items such as oxygen equipment and supplies, wheelchairs, walkers, and hospital beds ordered by a provider for use in the home. Certain items, such as prosthetics, are always owned by the member. In this section, we discuss other types of durable medical equipment that must be rented.

In Original Medicare, people who rent certain types of durable medical equipment own the equipment after paying copayments for the item for 13 months. As a member of our plan, however, you usually will not acquire ownership of rented durable medical equipment items no matter how many copayments you make for the item while a member of our plan. Under certain limited circumstances we will transfer ownership of the durable medical equipment item. Call Customer Service (phone numbers are printed on the back cover of this booklet) to find out about the requirements you must meet and the documentation you need to provide.

## What happens to payments you have made for durable medical equipment if you switch to Original Medicare?

If you switch to Original Medicare after being a member of our plan: If you did not acquire ownership of the durable medical equipment item while in our plan, you will have to make 13 new consecutive payments for the item while in Original Medicare in order to acquire ownership of the item. Your previous payments while in our plan do not count toward these 13 consecutive payments.

If you made payments for the durable medical equipment item under Original Medicare **before** you joined our plan, these previous Original Medicare payments also do not count toward the 13 consecutive payments. You will have to make 13 consecutive payments for the item under Original Medicare in order to acquire ownership. There are no exceptions to this case when you return to Original Medicare.

## CHAPTER 4: Medical Benefits Chart (what is covered and what you pay)

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#### SECTION 1 Understanding your out-of-pocket costs for covered services

This chapter focuses on your covered services and what you pay for your medical benefits. It includes a Medical Benefits Chart that lists your covered services and shows how much you will pay for each covered service as a member of UnitedHealthcare® Group Medicare Advantage (PPO). Later in this chapter, you can find information about medical services that are not covered. It also explains limits on certain services.

#### Section 1.1 Types of out-of-pocket costs you may pay for your covered services

To understand the payment information we give you in this chapter, you need to know about the types of out-of-pocket costs you may pay for your covered services.

- The "deductible" is the amount you must pay for medical services before our plan begins to pay its share. Section 1.2 tells you more about your yearly plan deductible. Section 1.3 tells you more about your yearly deductibles for certain categories of services.
- A "copayment" is the fixed amount you pay each time you receive certain medical services. You pay a copayment at the time you get the medical service. (The Medical Benefits Chart in Section 2 tells you more about your copayments.)
- "Coinsurance" is the percentage you pay of the total cost of certain medical services. You pay a coinsurance at the time you get the medical service. (The Medical Benefits Chart in Section 2 tells you more about your coinsurance.)

Some people qualify for State Medicaid programs to help them pay their out-of-pocket costs for Medicare. (These "Medicare Savings Programs" include the Qualified Medicare Beneficiary (QMB), Specified Low-Income Medicare Beneficiary (SLMB), Qualifying Individual (QI), and Qualified Disabled & Working Individuals (QDWI) programs.) If you are enrolled in one of these programs, you may still have to pay a copayment for the service, depending on the rules in your state.

#### Section 1.2 What is your yearly plan deductible?

Your yearly combined in-network and out-of-network medical deductible is \$500. This is the amount you have to pay out-of-pocket before we will pay our share for your covered medical services.

Until you have paid the deductible amount, you must pay the full cost for most of your covered services. (The deductible does not apply to the services that are listed below.) Once you have paid your deductible, we will begin to pay our share of the costs for covered medical services and you will pay your share (your copayment or coinsurance amount) for the rest of the plan year.

The deductible does not apply to some services, including certain in-network preventive services. This means that we will pay our share of the costs for these services even if you haven't paid your yearly deductible yet. The deductible does not apply to the following services:

## Section 1.3 What is the most you will pay for Medicare Part A and Part B covered medical services?

• Your combined maximum out-of-pocket amount is \$1,000. This is the most you pay during the plan year for covered Medicare Part A and Part B services received from both in-network and out-of-network providers. The amounts you pay for deductibles, copayments and coinsurance for covered services count toward this combined maximum out-of-pocket amount. (The amounts your plan sponsor pay for your plan premium and the amounts you pay for your Part D prescription drugs do not count toward your combined maximum out-of-pocket amount. In addition, amounts you pay for some services do not count toward your combined maximum out-of-pocket amount. These services are marked with an asterisk in the Medical Benefits Chart.) If you have paid \$1,000 for covered services, you will have 100% coverage and will not have any out-of-pocket costs for the rest of the plan year for covered Part A and Part B services. However, you must continue to pay the Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

#### Section 1.4 Our plan does not allow providers to "balance bill" you

As a member of UnitedHealthcare <sup>®</sup> Group Medicare Advantage (PPO), an important protection for you is that, after you meet any deductibles, you only have to pay your cost-sharing amount when you get services covered by our plan. We do not allow providers to add additional separate charges, called "balance billing." This protection (that you never pay more than your cost-sharing amount) applies even if we pay the provider less than the provider charges for a service and even if there is a dispute and we don't pay certain provider charges.

Here is how this protection works.

- If your cost sharing is a copayment (a set amount of dollars, for example, \$15.00), then you pay only that amount for any covered services from a network provider. You will generally have higher copays when you obtain care from out-of-network providers.
- If your cost sharing is a coinsurance (a percentage of the total charges), then you never pay more than that percentage. However, your cost depends on which type of provider you see:
  - O If you receive covered services from a network provider, you pay the coinsurance percentage multiplied by the plan's reimbursement rate (as determined in the contract between the provider and the plan).
  - If you receive covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers.
  - If you receive covered services from an out-of-network provider who does not participate with Medicare, then you pay the coinsurance percentage multiplied by the Medicare payment rate for non-participating providers.

# SECTION 2 Use the Medical Benefits Chart to find out what is covered for you and how much you will pay

#### Section 2.1 Your medical benefits and costs as a member of the plan

The Medical Benefits Chart on the following pages lists the services UnitedHealthcare \* Group Medicare Advantage (PPO) covers and what you pay out-of-pocket for each service. The services listed in the Medical Benefits Chart are covered only when the following coverage requirements are met:

- Your Medicare covered services must be provided according to the coverage guidelines established by Medicare.
- Your services (including medical care, services, supplies, and equipment) must be medically
  necessary. "Medically necessary" means that the services, supplies, or drugs are needed for the
  prevention, diagnosis, or treatment of your medical condition and meet accepted standards of
  medical practice.
- You never need approval in advance for out-of-network services from out-of-network providers.
- While you don't need approval in advance for out-of-network services, you or your doctor can ask us to make a coverage decision in advance.

Other important things to know about our coverage:

- For benefits where your cost-sharing is a coinsurance percentage, the amount you pay depends on what type of provider you receive the services from:
  - If you receive the covered services from a network provider, you pay the coinsurance percentage multiplied by the plan's reimbursement rate (as determined in the contract between the provider and the plan),
  - O If you receive the covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers,
  - If you receive the covered services from an out-of-network provider who does not
    participate with Medicare, you pay the coinsurance percentage multiplied by the Original
    Medicare Limiting Charge.
- Like all Medicare health plans, we cover everything that Original Medicare covers. For some of these benefits, you pay more in our plan than you would in Original Medicare. For others, you pay less. (If you want to know more about the coverage and costs of Original Medicare, look in your Medicare & You 2014 Handbook. View it online at http://www.medicare.gov or ask for a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.)
- For all preventive services that are covered at no cost under Original Medicare, we also cover the service at no cost to you. However, if you also are treated or monitored for an existing medical condition during the visit when you receive the preventive service, a copayment will apply for the care received for the existing medical condition. See the Medical Benefits Chart for information about your share of the **out-of-network** costs for these services.
- Sometimes, Medicare adds coverage under Original Medicare for new services during the year.

If Medicare adds coverage for any services during 2014, either Medicare or our plan will cover those services.

You will see this apple next to the preventive services in the benefits chart.

#### **Medical Benefits Chart**

Services that are covered for you	What you must pay when	What you must pay when
	you get these services In- Network	you get these services Out-of-Network

Providers may ask you for more than one cost share payment if you get more than one service at an appointment. For example:

- Your doctor will ask for a copayment for the office visit and additional copayments for each x-ray that is performed while you are there.
- Your hospital will ask for separate cost sharing for outpatient hospital medical services and any radiological tests or Medicare Part B drugs administered while you are there.
- Your pharmacist will ask for a separate copayment for each prescription he or she fills.
- The specific cost sharing that will apply depends on which services you receive. The Medical Benefits Chart below lists the cost sharing that applies for each specific service.

Abdominal Aortic Aneurysm Screening	\$0 copayment for each Medicare-covered screening.	\$0 copayment for each Medicare-covered screening.
A one-time screening ultrasound for people at risk. The plan only covers this screening if you get a referral for it as a result of your "Welcome to Medicare" preventive visit.		
Ambulance Services	\$100 congress for each one-way Medicare-covered	

#### **Ambulance Services**

- Covered ambulance services include fixed wing, rotary wing, and ground ambulance services, to the nearest appropriate facility that can provide care if they are furnished to a member whose medical condition is such that other means of transportation are contraindicated (could endanger the person's health) or if authorized by the plan.
- Non-emergency transportation by ambulance is appropriate if it is

\$100 copayment for each one-way Medicare-covered trip.

You pay these amounts until you reach the out-of-pocket maximum.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
documented that the member's condition is such that other means of transportation are contraindicated (could endanger the person's health) and that transportation by ambulance is medically required.		
Annual Routine Physical Exam  Includes comprehensive physical examination and evaluation of status of chronic diseases. Doesn't include lab tests.  Benefit is combined in and out-of-network.	\$0 copayment for a routine physical exam each year.	\$0 copayment for a routine physical exam each year.
Annual Wellness Visit  If you've had Part B for longer than 12 months, you can get an annual wellness visit to develop or update a personalized prevention plan based on your current health and risk factors. This is covered once every 12 months.  Note: Your first annual wellness visit can't take place within 12 months of your "Welcome to Medicare" preventive visit. However, you don't need to have had a "Welcome to Medicare" visit to be covered for annual wellness visits after you've had Part B for 12 months.	There is no coinsurance, copayment, or deductible for the annual wellness visit.	\$0 copayment for each Medicare-covered exam.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
Bone Mass Measurement  For qualified individuals (generally, this means people at risk of losing bone mass or at risk of osteoporosis), the following services are covered every 24 months or more frequently if medically necessary: procedures to identify bone mass, detect bone loss, or determine bone quality, including a physician's interpretation of the results.	\$0 copayment for each Medicare-covered screening.	\$0 copayment for each Medicare-covered screening.
<ul> <li>Breast Cancer Screening (Mammograms)</li> <li>Covered services include:         <ul> <li>One baseline mammogram between the ages of 35 and 39</li> <li>One screening mammogram every 12 months for women age 40 and older</li> <li>Clinical breast exams once every 24 months</li> </ul> </li> <li>A screening mammography is used for the early detection of breast cancer in women who have no signs or symptoms of the disease. Once a history of breast cancer has been established, and until there are no longer any signs or symptoms of breast cancer, ongoing mammograms are considered diagnostic and are subject to cost sharing as described under Outpatient Diagnostic Tests and Therapeutic Services and Supplies in this chart. Therefore, the</li> </ul>	\$0 copayment for each Medicare-covered screening.	\$0 copayment for each Medicare-covered screening.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
screening mammography annual benefit is not available for members who have signs or symptoms of breast cancer.		
Cardiac Rehabilitation Services  Comprehensive programs of cardiac rehabilitation services that include	20% coinsurance for each Medicare-covered cardiac rehabilitative visit.	20% coinsurance for each Medicare-covered cardiac rehabilitative visit.
exercise, education, and counseling are covered for members who meet certain conditions with a doctor's order. The plan also covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs.	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
© Cardiovascular disease risk reduction visit (therapy for cardiovascular disease)	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.
We cover 1 visit per year with your primary care doctor to help lower your risk for cardiovascular disease. During this visit, your doctor may discuss aspirin use (if appropriate), check your blood pressure, and give you tips to make sure you're eating well.		
© Cardiovascular Disease Testing	\$0 copayment for each Medicare-covered test.	\$0 copayment for each Medicare-covered test.
Blood tests for the detection of cardiovascular disease (or abnormalities associated with an elevated risk of cardiovascular disease) covered once every 5 years (60 months).		

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
© Cervical and Vaginal Cancer Screening	\$0 copayment for each Medicare-covered test or exam.	\$0 copayment for each Medicare-covered test or exam.
<ul> <li>For all women: Pap tests and pelvic exams are covered once every 24 months</li> <li>If you are at high risk of cervical cancer or have had an abnormal Pap test and are of childbearing age: one Pap test every 12 months</li> </ul>		
Chiropractic Services  Covered services include:  • We cover only manual manipulation of the spine to correct subluxation	\$20 copayment for each Medicare-covered visit.  You pay these amounts until you reach the out-of-pocket maximum.	\$20 copayment for each Medicare-covered visit.  You pay these amounts until you reach the out-of-pocket maximum.
For people 50 and older, the following are covered:  • Flexible sigmoidoscopy (or screening barium enema as an alternative) every 48 months • Fecal occult blood test, every 12 months  For people at high risk of colorectal cancer, we cover:  • Screening colonoscopy (or screening barium enema as an	\$0 copayment for each Medicare-covered screening  A colonoscopy or sigmoidoscopy conducted for polyp removal or biopsy is a surgical procedure subject to the Outpatient Surgery cost sharing described later in this chart.	\$0 copayment for each Medicare-covered screening.  A colonoscopy or sigmoidoscopy conducted for polyp removal or biopsy is a surgical procedure subject to the Outpatient Surgery cost sharing described later in this chart.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
alternative) every 24 months  For people not at high risk of colorectal cancer, we cover:  • Screening colonoscopy every 10 years (120 months), but not within 48 months of a screening sigmoidoscopy		
Depression screening  We cover 1 screening for depression per year. The screening must be done in a primary care setting that can provide follow-up treatment and referrals.	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.
We cover this screening (includes fasting glucose tests) if you have any of the following risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes.  Based on the results of these tests, you may be eligible for up to two diabetes screenings every 12 months.	\$0 copayment for each Medicare-covered screening.	\$0 copayment for each Medicare-covered screening.
Diabetes Self-Management Training,		

Services that are covered for you	What you must pay when you get these services In- Network	What you must pay when you get these services Out-of-Network
Diabetic Services and Supplies		
For all people who have diabetes (insulin and non-insulin users). Covered services include:  • Supplies to monitor your blood	20% coinsurance for each	20% coinsurance for each
glucose: Blood glucose monitor, blood glucose test strips, lancet devices and lancets, and glucose-	Medicare-covered diabetes monitoring supply.	Medicare-covered diabetes monitoring supply.
control solutions for checking the accuracy of test strips and monitors	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
	For cost sharing applicable to insulin and syringes, see Chapter 6 - What you pay for your Part D prescription drugs	For cost sharing applicable to insulin and syringes, see Chapter 6 - What you pay for your Part D prescription drugs.
For people with diabetes who have severe diabetic foot disease:     One pair per plan year of	20% coinsurance for each pair of Medicare-covered therapeutic shoes.	20% coinsurance for each pair of Medicare-covered therapeutic shoes.
therapeutic custom-molded shoes (including inserts provided with such shoes) and two additional pairs of inserts, or one pair of depth shoes and three pairs of inserts (not including the noncustomized removable inserts provided with such shoes).  Coverage includes fitting.	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Diabetes self-management training is covered under certain conditions	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
Durable Medical Equipment and Related Supplies	20% coinsurance for Medicare-covered benefits.	20% coinsurance for Medicare-covered benefits.
(For a definition of "durable medical equipment," see Chapter 12 of this booklet.)	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Covered items include, but are not limited to: wheelchairs, crutches, hospital bed, IV infusion pump, oxygen equipment, nebulizer, and walker.		
We cover all medically necessary durable medical equipment covered by Original Medicare. If our supplier in your area does not carry a particular brand or manufacturer, you may ask them if they can special order it for you.		
Emergency Care	\$65 copayment for each emo	ergency room visit.
<ul> <li>Emergency care refers to services that are:</li> <li>Furnished by a provider qualified to furnish emergency services, and</li> <li>Needed to evaluate or stabilize an emergency medical condition.</li> </ul>	hospital within 24 hours for the same condition.	
A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life, loss of a limb, or		

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.		
Worldwide coverage for emergency department services.		
Fitness Program	\$0 membership fee.	
	Monthly basic membership Program through network f	
Hearing Services	\$40 copayment for each Medicare-covered exam.	\$40 copayment for each Medicare-covered exam.
Diagnostic hearing and balance evaluations performed by your provider to determine if you need medical treatment are covered as outpatient care when furnished by a physician, audiologist, or other qualified provider.	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Routine Hearing Services	Routine Hearing Exam	Routine Hearing Exam
Please turn to Section 4 Hearing Services of this chapter for more detailed information about this hearing services benefit.	\$0 copayment for each routine hearing exam, limited to one exam every 12 months.	\$0 copayment for each routine hearing exam, limited to one exam every 12 months.
	Hearing Aids (Includes digital hearing aids)	Benefit is combined in and out-of-network.
	Up to a \$500 allowance for hearing aids every 3 years.*	Hearing Aids (Includes digital hearing aids)

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
		Up to a \$500 allowance for hearing aids every 3 years.*
		Benefit is combined in and out-of-network.
(b) HIV Screening	\$0 copayment for each Medicare-covered	\$0 copayment for each Medicare-covered
For people who ask for an HIV screening test or who are at increased risk for HIV infection, we cover:	screening.	screening.
One screening exam every 12 months		
For women who are pregnant, we cover:  • Up to three screening exams during a pregnancy		
Home Health Agency Care	20% coinsurance for all home health visits	20% coinsurance for all home health visits
Prior to receiving home health services, a	provided by a network	provided by a home health
doctor must certify that you need home health services and will order home health services to be provided by a home	home health agency when Medicare criteria are met.	agency when Medicare criteria are met.
health agency. You must be homebound, which means leaving home is a major effort.	Other copayments or coinsurance may apply (Please see Durable	Other copayments or coinsurance may apply (Please see Durable
Covered services include, but are not limited to:  • Part-time or intermittent skilled nursing and home health aide	Medical Equipment and Related Supplies for applicable copayments or coinsurance).	Medical Equipment and Related Supplies for applicable copayments or coinsurance).
services (To be covered under the home health care benefit, your	You pay these amounts until you reach the out-of-	You pay these amounts until you reach the out-of-

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
skilled nursing and home health aide services combined must total fewer than 8 hours per day and 35 hours per week)  Physical therapy, occupational therapy, and speech therapy  Medical and social services  Medical equipment and supplies	pocket maximum.	pocket maximum.
You may receive care from any Medicarecertified hospice program. Your hospice doctor can be a network provider or an out-of-network provider.  Covered services include:  Drugs for symptom control and pain relief Short-term respite care Home care  For hospice services and for services that are covered by Medicare Part A or B and are related to your terminal condition: Original Medicare (rather than our plan) will pay for your hospice services and any Part A and Part B services related to your terminal condition. While you are in the hospice program, your hospice provider will bill Original Medicare for the services that Original Medicare pays for.  For services that are covered by Medicare Part A or B and are not related to your	When you enroll in a Medic program, your hospice service Part B services related to you paid for by Original Medica Group Medicare Advantage  Note: If you are not entitled coverage, hospice services are by Medicare.	ces and your Part A and ur terminal condition are re, not UnitedHealthcare (PPO).

Services that are covered for you	What you must pay when you get these services In- Network	What you must pay when you get these services Out-of-Network
emergency, non-urgently needed services that are covered under Medicare Part A or B and that are not related to your terminal condition, your cost for these services depends on whether you use a provider in our plan's network:  • If you obtain the covered services from a network provider, you only pay the plan cost-sharing amount for in-network services  • If you obtain the covered services from an out-of-network provider, you pay the plan cost sharing for out-of-network services.		
For services that are covered by UnitedHealthcare® Group Medicare Advantage (PPO) but are not covered by Medicare Part A or B: UnitedHealthcare® Group Medicare Advantage (PPO) will continue to cover plan-covered services that are not covered under Part A or B whether or not they are related to your terminal condition. You pay your plan cost sharing amount for these services.		
Note: If you need non-hospice care (care that is not related to your terminal condition), you should contact us to arrange the services. Getting your non-hospice care through our network providers will lower your share of the costs for the services.  Our plan covers hospice consultation		

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
services (one time only) for a terminally ill person who hasn't elected the hospice benefit.		
Covered Medicare Part B services include:  Pneumonia vaccine Flu shots, once a year in the fall or winter Hepatitis B vaccine if you are at high or intermediate risk of getting Hepatitis B Other vaccines if you are at risk and they meet Medicare Part B coverage rules  We also cover some vaccines under our Part D prescription drug benefit. See	\$0 copayment for each Medicare-covered pneumonia vaccine and flu vaccine.  \$0 copayment for Medicare-covered Hepatitis B vaccine.  \$0 copayment for all other Medicare-covered Immunizations.	\$0 copayment for each Medicare-covered pneumonia vaccine and flu vaccine.  \$0 copayment for Medicare-covered Hepatitis B vaccine.  \$0 copayment for all other Medicare-covered Immunizations.
Chapter 6 for more information about coverage and applicable cost sharing.		
Inpatient Hospital Care  Covered services include, but are not limited to:  Semi-private room (or a private room if medically necessary)  Meals including special diets Regular nursing services Costs of special care units (such as intensive care or coronary care units)  Drugs and medications	\$450 copayment for each Medicare-covered hospital stay.  You pay these amounts until you reach the out-of-pocket maximum.  If you get authorized inpatient care at an out-of-network hospital after your emergency condition	\$450 copayment for each Medicare-covered hospital stay.  You pay these amounts until you reach the out-of-pocket maximum.  Medicare hospital benefit periods do not apply. (See definition of benefit periods in the chapter

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
<ul> <li>Lab tests</li> <li>X-rays and other radiology services</li> <li>Necessary surgical and medical supplies</li> <li>Use of appliances, such as wheelchairs</li> <li>Operating and recovery room costs</li> <li>Physical therapy, speech language therapy, and occupational therapy</li> <li>Under certain conditions, the following types of transplants are covered: corneal, kidney, kidney-pancreatic, heart, liver, lung, heart/lung, bone marrow, stem cell, and intestinal/multivisceral. If you need a transplant, we will arrange to have your case reviewed by a Medicare-approved transplant center that will decide whether you are a candidate for a transplant. Transplant providers may be local or outside of the service area. If local transplant providers are willing to accept the Original Medicare rate, then you can choose to obtain your transplant services locally or at a distant location offered by the plan. If UnitedHealthcare Group Medicare Advantage (PPO) provides transplant services at a distant location (outside of the service area) and you chose to obtain transplants at</li> </ul>	is stabilized, your cost is the cost-sharing you would pay at a network hospital.  Medicare hospital benefit periods do not apply. (See definition of benefit periods in the chapter titled Definitions of important words.) For inpatient hospital care, the cost sharing described above applies each time you are admitted to the hospital. A transfer to a separate facility type (such as an Acute Inpatient Rehabilitation Hospital or Long Term Care Hospital) is considered a new admission. For each inpatient hospital stay, you are covered for unlimited days as long as the hospital stay is covered in accordance with plan rules.	titled Definitions of important words.) For inpatient hospital care, the cost sharing described above applies each time you are admitted to the hospital. A transfer to a separate facility type (such as an Acute Inpatient Rehabilitation Hospital or Long Term Care Hospital) is considered a new admission. For each inpatient hospital stay, you are covered for unlimited days as long as the hospital stay is covered in accordance with plan rules.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
this distant location, we will arrange or pay for appropriate lodging and transportation costs for you and a companion.  • Blood - including storage and administration. Coverage begins with the first pint of blood that you need.  • Physician services		
Note: To be an inpatient, your provider must write an order to admit you formally as an inpatient of the hospital. Even if you stay in the hospital overnight, you might still be considered an "outpatient." This is called an "Outpatient Observation" stay. If you are not sure if you are an inpatient or outpatient, you should ask your doctor or the hospital staff.	Outpatient observation cost sharing is explained in Outpatient Surgery Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers	Outpatient observation cost sharing is explained in Outpatient Surgery Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers
You can also find more information in a Medicare fact sheet called "Are You a Hospital Inpatient or Outpatient? If You Have Medicare – Ask!" This fact sheet is available on the Web at http://www.medicare.gov/Publications/Pubs/pdf/11435.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.		
Inpatient Mental Health Care  Covered services include:	\$250 copayment for each Medicare-covered hospital stay.	\$250 copayment for each Medicare-covered hospital stay.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
<ul> <li>Mental health care services that require a hospital stay.</li> <li>Inpatient substance abuse services</li> </ul>	You pay these amounts until you reach the out-of-pocket maximum.  Medicare hospital benefit periods do not apply. (See definition of benefit periods in the chapter titled Definitions of important words.) For inpatient hospital care, the cost sharing described above applies each time you are admitted to the hospital. For each inpatient hospital stay, you are covered for unlimited days as long as the hospital stay is covered in accordance with plan rules.	You pay these amounts until you reach the out-of-pocket maximum.  Medicare hospital benefit periods do not apply. (See definition of benefit periods in the chapter titled Definitions of important words.) For inpatient hospital care, the cost sharing described above applies each time you are admitted to the hospital. For each inpatient hospital stay, you are covered for unlimited days as long as the hospital stay is covered in accordance with plan rules.
Inpatient Services Covered During a Non-Covered Inpatient Stay  If you have exhausted your inpatient benefits or if the inpatient stay is not reasonable and necessary, we will not cover your inpatient stay. However, in some cases, we will cover certain services you receive while you are in the hospital or the skilled nursing facility (SNF). Covered services include, but are not limited to:	When your stay is no longer covered, these services will be covered as described in the following sections:	When your stay is no longer covered, these services will be covered as described in the following sections:

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
Physician services	Please refer below to Physician/Practitioner Services, Including Doctor's Office Visits	Please refer below to Physician/Practitioner Services, Including Doctor's Office Visits
Diagnostic tests (like lab tests)	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
X-ray, radium, and isotope therapy including technician materials and services	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
<ul> <li>Surgical dressings</li> <li>Splints, casts and other devices used to reduce fractures and dislocations</li> </ul>	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.	Please refer below to Outpatient Diagnostic Tests and Therapeutic Services and Supplies.
Prosthetics and orthotics devices (other than dental) that replace all or part of an internal body organ (including contiguous tissue), or all or part of the function of a permanently inoperative or malfunctioning internal body organ, including replacement or repairs of such devices	Please refer below to Prosthetic Devices and Related Supplies.	Please refer below to Prosthetic Devices and Related Supplies.
• Leg, arm, back, and neck braces; trusses, and artificial legs, arms, and eyes including adjustments, repairs, and replacements required because of breakage, wear, loss, or a change in the patient's physical	Please refer below to Prosthetic Devices and Related Supplies.	Please refer below to Prosthetic Devices and Related Supplies.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
condition		
Physical therapy, speech language therapy, and occupational therapy	Please refer below to Outpatient Rehabilitation Services	Please refer below to Outpatient Rehabilitation Services
This benefit is for people with diabetes, renal (kidney) disease (but not on dialysis), or after a kidney transplant when ordered by your doctor.  We cover 3 hours of one-on-one counseling services during your first year that you receive medical nutrition therapy services under Medicare (this includes our plan, any other Medicare Advantage plan, or Original Medicare), and 2 hours each year after that. If your condition, treatment, or diagnosis changes, you may be able to receive more hours of treatment with a physician's order. A physician must prescribe these services and renew their order yearly if your treatment is needed into the next plan year.	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.
Medicare Part B Prescription Drugs	20% coinsurance for each	20% coinsurance for each
These drugs are covered under Part B of Original Medicare. Members of our plan receive coverage for these drugs through our plan. Covered drugs include:  • Drugs that usually aren't self-	Medicare-covered Part B drug.  You pay these amounts until you reach the out-of-pocket maximum.	Medicare-covered Part B drug.  You pay these amounts until you reach the out-of-pocket maximum.

Services that are covered for you	What you must pay when you get these services In- Network	What you must pay when you get these services Out-of-Network
administered by the patient and are injected or infused while you are getting physician, hospital outpatient, or ambulatory surgical center services  • Drugs you take using durable medical equipment (such as nebulizers) that were authorized by the plan  • Clotting factors you give yourself by injection if you have hemophilia  • Immunosuppressive drugs, if you were enrolled in Medicare Part A at the time of the organ transplant  • Injectable osteoporosis drugs, if you are homebound, have a bone fracture that a doctor certifies was related to post-menopausal osteoporosis, and cannot self-administer the drug  • Antigens  • Certain oral anti-cancer drugs and anti-nausea drugs  • Certain drugs for home dialysis, including heparin, the antidote for heparin when medically necessary, topical anesthetics, and erythropoisis-stimulating agents (such as Epogen®, Procrit®, Epoetin Alfa, Aranesp®, or Darbepoetin Alfa)  • Intravenous Immune Globulin for the home treatment of primary immune deficiency diseases  • Chemotherapy Drugs, and the	20% coinsurance for each Medicare-covered chemotherapy drug and the administration of that drug.  You pay these amounts until you reach the out-of-pocket maximum.	20% coinsurance for each Medicare-covered chemotherapy drugs and the administration of that drug.  You pay these amounts until you reach the out-of-pocket maximum.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
Administration of chemotherapy drugs		
Chapter 5 explains the Part D prescription drug benefit, including rules you must follow to have prescriptions covered. What you pay for your Part D prescription drugs through our plan is explained in Chapter 6.		
NurseLine <sup>SM</sup>	You may call the NurseLine a week and speak to a regist medical concerns and questi	ered nurse (RN) about your
Obesity screening and therapy to promote sustained weight loss  If you have a body mass index of 30 or more, we cover intensive counseling to help you lose weight. This counseling is covered if you get it in a primary care setting, where it can be coordinated with your comprehensive prevention plan.  Talk to your primary care doctor or practitioner to find out more.	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.
Outpatient Diagnostic Tests and Therapeutic Services and Supplies		
Covered services include, but are not limited to:  • X-rays	\$0 copayment for each Medicare-covered standard X-ray service.	\$0 copayment for each Medicare-covered standard X-ray service.
Radiation (radium and isotope)	20% coinsurance for each	20% coinsurance for each

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
therapy including technician materials and supplies	Medicare-covered radiation therapy service.	Medicare-covered radiation therapy service.
	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
<ul> <li>Surgical supplies, such as dressings</li> <li>Splints, casts and other devices used to reduce fractures and</li> </ul>	20% coinsurance for each Medicare-covered medical supply.	20% coinsurance for each Medicare-covered medical supply.
dislocations	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Laboratory tests	\$0 copayment for Medicare-covered lab services.	\$0 copayment for Medicare-covered lab services.
<ul> <li>Blood - including storage and administration. Coverage begins with the first pint of blood that you need.</li> </ul>	\$0 copayment for Medicare-covered blood services.	\$0 copayment for Medicare-covered blood services.
<ul> <li>Other outpatient diagnostic tests</li> <li>Non-radiological diagnostic services</li> </ul>	20% coinsurance for Medicare-covered non-radiological diagnostic services.	20% coinsurance for Medicare-covered non- radiological diagnostic services.
	Examples include, but are not limited to EKG's, pulmonary function tests, sleep studies and treadmill stress tests.	Examples include, but are not limited to EKG's, pulmonary function tests, sleep studies and treadmill stress tests.
	You pay these amounts	You pay these amounts

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
	until you reach the out-of-pocket maximum.	until you reach the out-of-pocket maximum.
Other outpatient diagnostic tests     Radiological diagnostic services,     not including x-rays.	20% coinsurance for each Medicare-covered radiological diagnostic service, not including X-rays.	20% coinsurance for each Medicare-covered radiological diagnostic service, not including X-rays.
	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
	The diagnostic radiology services require specialized equipment beyond standard X-ray equipment and must be performed by specially trained or certified personnel.  Examples include, but are not limited to, specialized scans, CT, SPECT, PET, MRI, MRA, nuclear studies, ultrasounds, diagnostic mammograms and interventional radiological procedures (myelogram, cystogram, angiogram, and barium studies).	The diagnostic radiology services require specialized equipment beyond standard X-ray equipment and must be performed by specially trained or certified personnel.  Examples include, but are not limited to, specialized scans, CT, SPECT, PET, MRI, MRA, nuclear studies, ultrasounds, diagnostic mammograms and interventional radiological procedures (myelogram, cystogram, angiogram, and barium studies).
Outpatient Hospital Services		
We cover medically-necessary services		

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury.		
Covered services include, but are not limited to:		
Services in an emergency department	Please refer to Emergency Care	Please refer to Emergency Care
Laboratory and diagnostic tests     billed by the hospital	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies
Mental health care, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be required without it	Please refer to Outpatient Mental Health Care	Please refer to Outpatient Mental Health Care
X-rays and other radiology services billed by the hospital	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies
Medical supplies such as splints and casts	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies	Please refer to Outpatient Diagnostic Tests and Therapeutic Services and Supplies
Certain screenings and preventive services	Please refer to the benefits preceded by the "Apple" icon.	Please refer to the benefits preceded by the "Apple" icon.
Certain drugs and biologicals that	Please refer to Medicare	Please refer to Medicare

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
you can't give yourself	Part B Prescription Drugs	Part B Prescription Drugs
Services performed at an outpatient clinic	Please refer to Medically- Necessary Medical or Surgical Services Furnished in a Physician's Office	Please refer to Medically- Necessary Medical or Surgical Services Furnished in a Physician's Office
Outpatient surgery or observation	Please refer to Outpatient Surgery Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers	Please refer to Outpatient Surgery Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers
Note: Unless the provider has written an order to admit you as an inpatient to the hospital, you are an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an "outpatient." This is called an "Outpatient Observation" stay. If you are not sure if you are an outpatient, you should ask the hospital staff.	Outpatient observation cost sharing is explained in Outpatient Surgery Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers	Outpatient observation cost sharing is explained in Outpatient Surgery Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers
You can also find more information in a Medicare fact sheet called "Are You a Hospital Inpatient or Outpatient? If You Have Medicare – Ask!" This fact sheet is available on the Web at http://www.medicare.gov/Publications/Pubs/pdf/11435.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.		

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
Outpatient Injectable Medications  (Self-administered outpatient injectable medications not covered under Part B of Original Medicare)	These medications may be covered under Medicare Part D. The List of Covered Drugs (Formulary) includes a list of the Part D prescription drugs that are covered by our plan. The chapter in the Evidence of Coverage titled: Using your plan's coverage for Part D prescription drugs explains the Part D prescription drug benefit, including rules you must follow to have prescriptions covered. What you pay for your Part D prescription drugs through our plan is listed in the chapter of the Evidence of Coverage titled: What you pay for your Part D prescription drugs.	These medications may be covered under Medicare Part D. The List of Covered Drugs (Formulary) includes a list of the Part D prescription drugs that are covered by our plan. The chapter in the Evidence of Coverage titled: Using your plan's coverage for Part D prescription drugs explains the Part D prescription drug benefit, including rules you must follow to have prescriptions covered. What you pay for your Part D prescription drugs through our plan is listed in the chapter of the Evidence of Coverage titled: What you pay for your Part D prescription drugs.
Outpatient Mental Health Care	\$25 copayment for each Medicare-covered	\$25 copayment for each Medicare-covered
Covered services include:	individual therapy session.	individual therapy session.
Mental health services provided by a state-licensed psychiatrist or doctor, clinical psychologist, clinical social worker, clinical nurse specialist, nurse practitioner, physician assistant, or other	\$25 copayment for each Medicare-covered <b>group</b> therapy session.	\$25 copayment for each Medicare-covered <b>group</b> therapy session.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
Medicare-qualified mental health care professional as allowed under applicable state laws.	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Covered services include: physical therapy, occupational therapy, and speech language therapy.  Outpatient rehabilitation services are provided in various outpatient settings, such as hospital outpatient departments, independent therapist offices, and Comprehensive Outpatient Rehabilitation Facilities (CORFs).	20% coinsurance for each Medicare-covered physical therapy and speech-language therapy visit.  You pay these amounts until you reach the out-of-pocket maximum.  20% coinsurance for each Medicare-covered occupational therapy visit.  You pay these amounts until you reach the out-of-pocket maximum.  20% coinsurance for each Medicare-covered comprehensive outpatient rehabilitation facility (CORF) visit.  You pay these amounts until you reach the out-of-pocket maximum.	20% coinsurance for each Medicare-covered physical therapy and speechlanguage therapy visit.  You pay these amounts until you reach the out-of-pocket maximum.  20% coinsurance for each Medicare-covered occupational therapy visit.  You pay these amounts until you reach the out-of-pocket maximum.  20% coinsurance for each Medicare-covered comprehensive outpatient rehabilitation facility (CORF) visit.  You pay these amounts until you reach the out-of-pocket maximum.
Outpatient Substance Abuse Services	\$25 copayment for each Medicare-covered individual therapy session.	\$25 copayment for each Medicare-covered individual therapy session.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
	\$25 copayment for each Medicare-covered <b>group</b> therapy session.  You pay these amounts until you reach the out-of-pocket maximum.	\$25 copayment for each Medicare-covered <b>group</b> therapy session.  You pay these amounts until you reach the out-of-pocket maximum.
Outpatient Surgery Provided at Hospital Outpatient Facilities and Ambulatory Surgical Centers  Note: If you are having surgery in a hospital facility, you should check with your provider about whether you will be an inpatient or outpatient. Unless the provider writes an order to admit you as	\$200 copayment for Medicare-covered surgery or observation provided to you at an outpatient hospital, including but not limited to hospital or other facility charges and physician or surgical charges.	\$200 copayment for Medicare-covered surgery or observation provided to you at an outpatient hospital, including but not limited to hospital or other facility charges and physician or surgical charges.
an inpatient to the hospital, you are an outpatient and pay the cost-sharing amounts for outpatient surgery. Even if you stay in the hospital overnight, you might still be considered an "outpatient." This is called an "Outpatient Observation" stay. If you are not sure if you are an outpatient, you should ask your doctor or the hospital staff.	For other services provided in an outpatient hospital, please refer to Outpatient Hospital Services.  You pay these amounts until you reach the out-of-pocket maximum.	For other services provided in an outpatient hospital, please refer to Outpatient Hospital Services.  You pay these amounts until you reach the out-of-pocket maximum.
	\$200 copayment for Medicare-covered surgery or observation provided to you at an ambulatory surgical center, including but not limited to hospital or other facility charges	\$200 copayment for Medicare-covered surgery or observation provided to you at an ambulatory surgical center, including but not limited to hospital or other facility charges

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
	and physician or surgical charges.	and physician or surgical charges.
	For other services provided in an ambulatory surgical center, please refer to Outpatient Hospital Services.	For other services provided in an ambulatory surgical center, please refer to Outpatient Hospital Services.
	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Partial Hospitalization Services  "Partial hospitalization" is a structured	\$55 copayment each day for Medicare-covered benefits.	\$55 copayment each day for Medicare-covered benefits.
program of active psychiatric treatment provided in a hospital outpatient setting or by a community mental health center, that is more intense than the care received in your doctor's or therapist's office and is an alternative to inpatient hospitalization.	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Physician/Practitioner Services, Including Doctor's Office Visits		
Medically-necessary medical or surgical services furnished in a physician's office	\$25 copayment for services obtained from a primary care physician or under certain circumstances, treatment by a nurse practitioner or physician's assistant or	\$25 copayment for services obtained from a primary care physician or under certain circumstances, treatment by a nurse practitioner or physician's assistant or

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
	other non-physician health care professionals in a primary care physician's office (as permitted under Medicare rules).	other non-physician health care professionals in a primary care physician's office (as permitted under Medicare rules).
	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Medically-necessary medical or surgical services furnished in a certified ambulatory surgical center or hospital outpatient department.	See "Outpatient Surgery" earlier in this chart for any applicable copayments or coinsurance amounts for ambulatory surgical center visits or in a hospital outpatient setting.	See "Outpatient Surgery" earlier in this chart for any applicable copayments or coinsurance amounts for ambulatory surgical center visits or in a hospital outpatient setting.
<ul> <li>Consultation, diagnosis, and treatment by a specialist</li> <li>Other health care professionals</li> </ul>	\$40 copayment for services obtained from a specialist, or under certain circumstances, treatment by a nurse practitioner or physician's assistant or other non-physician health care professionals in a specialist's office (as permitted under Medicare rules).	\$40 copayment for services obtained from a specialist, or under certain circumstances, treatment by a nurse practitioner or physician's assistant or other non-physician health care professionals in a specialist's office (as permitted under Medicare rules).
	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.

Services that are covered for you	What you must pay when you get these services In- Network	What you must pay when you get these services Out-of-Network
Basic hearing and balance exams performed by your specialist, if your doctor orders it to see if you need medical treatment.	\$40 copayment for each Medicare-covered exam.  You pay these amounts	\$40 copayment for each Medicare-covered exam.  You pay these amounts
	until you reach the out-of- pocket maximum.	until you reach the out-of- pocket maximum.
Certain telehealth services including consultation, monitoring, diagnosis, and	\$40 copayment for each visit.	\$40 copayment for each visit.
treatment by a physician or practitioner for patients in certain rural areas or other locations approved by Medicare  • Second opinion prior to surgery	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
• Non-routine dental care (covered services are limited to surgery of the jaw or related structures,	\$40 copayment for each Medicare-covered visit.	\$40 copayment for each Medicare-covered visit.
setting fractures of the jaw or facial bones, extraction of teeth to prepare the jaw for radiation treatments of neoplastic cancer disease, or services that would be covered when provided by a physician)	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Monitoring services in a physician's office or outpatient hospital setting if you are taking anticoagulation medications, such as Coumadin, Heparin or Warfarin (these services may also be referred to as 'Coumadin Clinic' services)	You will pay the cost sharing that applies to primary care physician services, specialist services, or outpatient hospital services (as described under "Physician Services, Including Doctor Office Visits" or "Outpatient	You will pay the cost sharing that applies to primary care physician services, specialist services, or outpatient hospital services (as described under "Physician Services, Including Doctor Office Visits" or "Outpatient

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
	Hospital Services" in this benefit chart) depending on where you receive services.	Hospital Services" in this benefit chart) depending on where you receive services.
	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Podiatry Services	\$40 copayment for each Medicare-covered visit.	\$40 copayment for each Medicare-covered visit.
<ul> <li>Diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs).</li> <li>Routine foot care for members with certain medical conditions affecting the lower limbs.</li> </ul>	You pay these amounts until you reach the out-of-pocket maximum.	You pay these amounts until you reach the out-of-pocket maximum.
Additional Routine Podiatry  Treatment of the foot which is generally considered preventive, i.e., cutting or removal of corns, warts, calluses or nails.	\$40 copayment for each routine visit up to 6 visits every plan year.*	\$40 copayment for each routine visit up to 6 visits every plan year.*  Benefit is combined in and out-of-network.
Prostate Cancer Screening Exams  For men age 50 and older, covered services include the following - once every 12 months:  Digital rectal exam Prostate Specific Antigen (PSA)	\$0 copayment for each Medicare-covered screening exam.	\$0 copayment for each Medicare-covered screening exam.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
test		
Prosthetic Devices and Related Supplies  Devices (other than dental) that replace all or part of a body part or function.  These include, but are not limited to: colostomy bags and supplies directly related to colostomy care, pacemakers, braces, prosthetic shoes, artificial limbs, and breast prostheses (including a surgical brassiere after a mastectomy). Includes certain supplies related to prosthetic devices, and repair and/or replacement of prosthetic devices. Also includes some coverage following cataract removal or cataract surgery – see "Vision Care" later in this section for more detail.	20% coinsurance for each Medicare-covered prosthetic device, including replacement or repairs of such devices.  20% coinsurance for each Medicare-covered orthotic device, including replacement or repairs of such devices.  20% coinsurance for Medicare-covered supplies.  You pay these amounts until you reach the out-of-pocket maximum.	20% coinsurance for each Medicare-covered prosthetic device, including replacement or repairs of such devices.  20% coinsurance for each Medicare-covered orthotic device, including replacement or repairs of such devices.  20% coinsurance for Medicare-covered supplies.  You pay these amounts until you reach the out-of-pocket maximum.
Pulmonary Rehabilitation Services  Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and an order for pulmonary rehabilitation from the doctor treating the chronic respiratory disease.	20% coinsurance for each Medicare-covered pulmonary rehabilitative visit.  You pay these amounts until you reach the out-of-pocket maximum.	20% coinsurance for each Medicare-covered pulmonary rehabilitative visit.  You pay these amounts until you reach the out-of-pocket maximum.
Screening and Counseling to Reduce Alcohol Misuse	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
We cover one alcohol misuse screening for adults with Medicare (including pregnant women) who misuse alcohol, but aren't alcohol dependent.		
If you screen positive for alcohol misuse, you can get up to 4 brief face-to-face counseling sessions per year (if you're competent and alert during counseling) provided by a qualified primary care doctor or practitioner in a primary care setting.		
Screening for Sexually Transmitted Infections (STIs) and Counseling to Prevent STIs	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.
We cover sexually transmitted infection (STI) screenings for chlamydia, gonorrhea, syphilis, and Hepatitis B. These screenings are covered for pregnant women and for certain people who are at increased risk for an STI when the tests are ordered by a primary care provider. We cover these tests once every 12 months or at certain times during pregnancy.		
We also cover up to 2 individual 20 to 30 minute, face-to-face high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. We will only cover these counseling sessions as a preventive service if they are provided by a primary care provider and take place in a primary care		

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
setting, such as a doctor's office.		
Services to Treat Kidney Disease and Conditions		
Covered services include:  • Kidney disease education services to teach kidney care and help members make informed decisions about their care. For members with stage IV chronic kidney disease when referred by their doctor, we cover up to six sessions of kidney disease education services per lifetime.	\$0 copayment for Medicare-covered benefits.	\$0 copayment for Medicare-covered benefits.
Outpatient dialysis treatments     (including dialysis treatments     when temporarily out of the     service area, as explained in     Chapter 3 of this booklet)	20% coinsurance for Medicare-covered benefits.  You pay these amounts until you reach the out-of-pocket maximum.	20% coinsurance for Medicare-covered benefits.  You pay these amounts until you reach the out-of-pocket maximum.
<ul> <li>Inpatient dialysis treatments (if you are admitted as an inpatient to a hospital for special care)</li> </ul>	These services will be covered as described in the following sections: Please refer to Inpatient Hospital Care.	These services will be covered as described in the following sections: Please refer to Inpatient Hospital Care.
<ul> <li>Self-dialysis training (includes training for you and anyone helping you with your home dialysis treatments)</li> </ul>	Please refer to Home Health Agency Care.	Please refer to Home Health Agency Care.

Services that are covered for you	What you must pay when you get these services In- Network	What you must pay when you get these services Out-of-Network
Home dialysis equipment and supplies	Please refer to Durable Medical Equipment and Related Supplies	Please refer to Durable Medical Equipment and Related Supplies
Certain home support services     (such as, when necessary, visits by     trained dialysis workers to check     on your home dialysis, to help in     emergencies, and check your     dialysis equipment and water     supply)	Please refer to Home Health Agency Care.	Please refer to Home Health Agency Care.
Certain drugs for dialysis are covered under your Medicare Part B drug benefit. For information about coverage for Part B Drugs, please go to the section above, "Medicare Part B Prescription Drugs."		
Skilled Nursing Facility (SNF) Care  (For a definition of "skilled nursing facility care", see Chapter 12 of this booklet. Skilled nursing facilities are sometimes called "SNFs".)  Covered services include, but are not limited to:	\$50 copayment each day for days 1 to 28; \$0 copayment for additional Medicare-covered days, up to 100 days.  You pay these amounts until you reach the out-of-	\$50 copayment each day for days 1 to 28. \$0 copayment for additional Medicare-covered days, up to 100 days.  You pay these amounts until you reach the out-of-
<ul> <li>limited to:</li> <li>Semiprivate room (or a private room if medically necessary)</li> <li>Meals, including special diets</li> <li>Skilled nursing services</li> <li>Physical therapy, occupational therapy, and speech language therapy</li> <li>Drugs administered to you as part</li> </ul>	you are covered for up to 100 days each benefit period for inpatient services in a SNF, in accordance with Medicare guidelines.	You are covered for up to 100 days each benefit period for inpatient services in a SNF, in accordance with Medicare guidelines.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
of your plan of care (This includes substances that are naturally present in the body, such as blood clotting factors.)  • Blood - including storage and administration. Coverage begins with the first pint of blood that you need.  • Medical and surgical supplies ordinarily provided by SNFs  • Laboratory tests ordinarily provided by SNFs  • X-rays and other radiology services ordinarily provided by SNFs  • Use of appliances such as wheelchairs ordinarily provided by SNFs  • Physician/Practitioner services  A 3-day prior hospital stay is not required.	A benefit period begins on the first day you go to a Medicare-covered inpatient hospital or a skilled nursing facility. The benefit period ends when you haven't been an inpatient at any hospital or SNF for 60 days in a row. If you go to the hospital (or SNF) after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods you can have.	A benefit period begins on the first day you go to a Medicare-covered inpatient hospital or a skilled nursing facility. The benefit period ends when you haven't been an inpatient at any hospital or SNF for 60 days in a row. If you go to the hospital (or SNF) after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods you can have.
Generally, you will get your SNF care from network facilities. However, under certain conditions listed below, you may be able to pay in-network cost sharing for a facility that isn't a network provider, if the facility accepts our plan's amounts for payment.  • A nursing home or continuing care retirement community where you were living right before you went to the hospital (as long as it provides skilled nursing facility care).		

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
A SNF where your spouse is living at the time you leave the hospital.		
Cessation (Counseling to Stop Smoking or Tobacco Use)  If you use tobacco, but do not have signs or symptoms of tobacco-related disease: we cover two counseling quit attempts within a 12-month period as a preventive service with no cost to you. Each counseling attempt includes up to four face-to-face visits.  If you use tobacco and have been diagnosed with a tobacco-related disease or are taking medicine that may be affected by tobacco: We cover cessation counseling services. We cover two counseling quit attempts within a 12-month period, however, you will pay the applicable cost sharing. Each counseling attempt includes up to four face-to-face visits.	\$0 copayment if you haven't been diagnosed with an illness caused or complicated by tobacco use.  \$0 copayment if you have been diagnosed with an illness caused or complicated by tobacco use, or you take a medicine that is affected by tobacco use.	\$0 copayment if you haven't been diagnosed with an illness caused or complicated by tobacco use.  \$0 copayment if you have been diagnosed with an illness caused or complicated by tobacco use, or you take a medicine that is affected by tobacco use.
Urgently Needed Care	\$50 copayment for each visi	t.
Urgently needed care is care provided to treat a non-emergency, unforeseen medical illness, injury, or condition that requires immediate medical care. Urgently needed care may be furnished by in-network providers or by out-of-network providers when network	You do not pay this amount if you are admitted to the hospital within 24 hours for the same condition.  You pay these amounts until you reach the out-of-pocket maximum.	

Services that are covered for you	What you must pay when you get these services In- Network	What you must pay when you get these services Out-of-Network
providers are temporarily unavailable or inaccessible.		
Worldwide coverage for 'urgently needed care' when medical care is needed right away because of an illness, injury, or condition that you did not expect or anticipate, and you can't wait until you are back in our plan's service area to obtain care.		
Vision Care		
<ul> <li>Outpatient physician services for the diagnosis and treatment of diseases and injuries of the eye, including treatment for agerelated macular degeneration.         Original Medicare doesn't cover routine eye exams (eye refractions) for eyeglasses/contacts.     </li> <li>For people who are at high risk of glaucoma, such as people with a family history of glaucoma, people with diabetes, and African-Americans who are age 50 and older: glaucoma screening once</li> </ul>	\$40 copayment for each Medicare-covered visit.  \$0 copayment for Medicare-covered glaucoma screening.  You pay these amounts until you reach the out-of-pocket maximum.	\$40 copayment for each Medicare-covered visit.  \$0 copayment for Medicare-covered glaucoma screening.  You pay these amounts until you reach the out-of-pocket maximum.
per year.  One pair of eyeglasses or contact lenses after each cataract surgery that includes insertion of an intraocular lens. (If you have two separate cataract operations, you cannot reserve the benefit after	\$0 copayment for one pair of Medicare-covered standard glasses or contact lenses after cataract surgery.	\$0 copayment for one pair of Medicare-covered standard glasses or contact lenses after cataract surgery.

Services that are covered for you	What you must pay when you get these services In-Network	What you must pay when you get these services Out-of-Network
the first surgery and purchase two eyeglasses after the second surgery.) Corrective lenses/frames (and replacements) needed after a cataract removal without a lens implant.		
Routine Vision Care	Routine Eye Exam	Routine Eye Exam
Please turn to Section 4 Vision Care of this chapter for more detailed information about this vision care benefit.	\$40 copayment for a routine eye exam, limited to one exam every 12 months.*	\$40 copayment for a routine eye exam, limited to one exam every 12 months.*
		Benefit is combined in and out-of-network.
"Welcome to Medicare" Preventive Visit  The plan covers the one-time "Welcome to Medicare" preventive visit. The visit includes a review of your health, as well as education and counseling about the preventive services you need (including certain screenings and shots), and referrals for other care if needed.	There is no coinsurance, copayment, or deductible for the Welcome to Medicare exam.	\$0 copayment for each Medicare-covered exam.
Important: We cover the "Welcome to Medicare" preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you would like to schedule your		

Services that are covered for you	What you must pay when you get these services In- Network	What you must pay when you get these services Out-of-Network
"Welcome to Medicare" preventive visit.		
* Covered services that do not count toward your maximum out-of-pocket amount.		

#### SECTION 3 What Medical benefits are not covered by the plan?

#### Section 3.1 Medical benefits we do not cover (exclusions)

This section tells you what kinds of benefits are "excluded." Excluded means that the plan doesn't cover these benefits.

The list below describes some services and items that aren't covered under any conditions and some that are excluded only under specific conditions.

If you get benefits that are excluded, you must pay for them yourself. We won't pay for the excluded medical benefits listed in this section (or elsewhere in this booklet), and neither will Original Medicare. The only exception: If a benefit on the exclusion list is found upon appeal to be a medical benefit that we should have paid for or covered because of your specific situation. (For information about appealing a decision we have made to not cover a medical service, go to Chapter 9, Section 5.3 in this booklet.)

In addition to any exclusions or limitations described in the Medical Benefits Chart, or anywhere else in this Evidence of Coverage, the following items and services aren't covered under Original Medicare or by our plan:

- Services considered not reasonable and necessary, according to the standards of Original Medicare, unless these services are listed by our plan as covered services.
- Experimental medical and surgical procedures, equipment and medications, unless covered by Original Medicare or under a Medicare-approved clinical research study or by our plan. (See Chapter 3, Section 5 for more information on clinical research studies.) Experimental procedures and items are those items and procedures determined by our plan and Original Medicare to not be generally accepted by the medical community.
- Surgical treatment for morbid obesity, except when it is considered medically necessary and covered under Original Medicare.
- Private room in a hospital, except when it is considered medically necessary.
- Private duty nurses.
- Personal items in your room at a hospital or a skilled nursing facility, such as a telephone or a television.
- Full-time nursing care in your home.
- Custodial care is care provided in a nursing home, hospice, or other facility setting when you do not require skilled medical care or skilled nursing care. Custodial care is personal care that does not require the continuing attention of trained medical or paramedical personnel, such as care that helps you with activities of daily living, such as bathing or dressing.
- Homemaker services include basic household assistance, including light housekeeping or light meal preparation.
- Fees charged by your immediate relatives or members of your household.
- Meals delivered to your home.
- Elective or voluntary enhancement procedures or services (including weight loss, hair growth,

- sexual performance, athletic performance, cosmetic purposes, anti-aging and mental performance), except when medically necessary.
- Cosmetic surgery or procedures, unless because of an accidental injury or to improve a malformed part of the body, including but not limited to ear or body piercing. However, all stages of reconstruction are covered for a breast after a mastectomy, as well as for the unaffected breast to produce a symmetrical appearance.
- Routine dental care, such as cleanings, fillings or dentures, except as specifically described in the Medical Benefits Chart in this chapter.
- Chiropractic care, other than manual manipulation of the spine consistent with Medicare coverage guidelines, except as specifically described in the Medical Benefits Chart in this chapter.
- Routine foot care, except for the limited coverage provided according to Medicare guidelines, except as specifically described in the Medical Benefits Chart in this chapter.
- Orthopedic shoes, unless the shoes are part of a leg brace and are included in the cost of the brace or the shoes are for a person with diabetic foot disease, except as specifically described as a covered service in the Medical Benefits Chart in this chapter.
- Supportive devices for the feet, except for orthopedic or therapeutic shoes for people with diabetic foot disease.
- Routine hearing exams, hearing aids, or exams to fit hearing aids, except as specifically described in the Medical Benefits Chart in this chapter.
- Eyeglasses, routine eye examinations (except as specifically described in the Medical Benefits Chart in this chapter), radial keratotomy, LASIK surgery, vision therapy and other low vision aids. However, eyeglasses are covered for people after cataract surgery.
- Reversal of sterilization procedures, sex change operations, and non-prescription contraceptive supplies.
- Acupuncture, except as specifically described in the Medical Benefits Chart in this chapter.
- Naturopath services (uses natural or alternative treatments), except as specifically described in the Medical Benefits Chart in this chapter.
- Services provided to veterans in Veterans Affairs (VA) facilities. However, when emergency services are received at VA hospital and the VA cost-sharing is more than the cost-sharing under our plan, we will reimburse veterans for the difference. Members are still responsible for our cost-sharing amounts.
- Laboratory or Radiology services performed for screening purposes or in the absence of disease or symptoms, except as specifically described in the Medical Benefits Chart in this chapter.
- Medical treatment or any services provided in a local, state or federal government facility or agency except when payment under the plan is expressly required by federal or state law.
- All services, procedures, treatments, medications and supplies related to workers' compensation claims.
- Physical examinations for the purpose of maintaining or obtaining employment, licenses, insurance, court hearings, travel, dietary counseling, weight reduction programs or for premarital and pre-adoption purposes and/or other non-preventive reasons.
- Abortion, except for cases resulting in pregnancies from rape or incest or that endanger the life of the mother.
- Smoking cessation products and treatments, except as covered in accordance with Medicare

- guidelines or as specifically described as a covered service in the Medical Benefits Chart in this chapter.
- Routine transportation, except as specifically described as a covered service in the Medical Benefits Chart in this chapter.
- Health services received as a result of war or any act of war that occurs during the member's term of coverage under the Evidence of Coverage.
- Health services for treatment of military service related disabilities provided by the Military Health Services System (including CHAMPUS or TRICARE) under which the federal government agrees to pay for the services and supplies.
- Paramedic intercept service (advanced life support provided by an emergency service entity, such as a paramedic services unit, which do not provide ambulance transport), except when Medicare criteria are met.
- Optional, additional, or deluxe features or accessories to durable medical equipment, corrective appliances or prosthetics which are primarily for the comfort or convenience of the member, or for ambulation primarily in the community, including but not limited to home and car remodeling or modification, and exercise equipment.
- Immunizations for foreign travel purposes.
- Substance abuse detoxification and rehabilitation, except as covered in accordance with Medicare guidelines.
- Proton beam therapy for the medically appropriate treatment of prostate cancer is a covered service. Prior authorization must be obtained for all in-network treatment in order for the proton beam therapy to be considered a covered service. Coverage for proton beam therapy for the treatment of prostate cancer is limited to a maximum of the Original Medicare allowable amount for conformal 3D photon beam therapy treatments for prostate cancer. Coverage is subject to coinsurance, including but not limited to, coinsurance for radiation therapy. Members are responsible for any amounts in excess of Original Medicare allowable amounts, and for any travel or other costs associated with obtaining proton beam therapy treatment of prostate cancer.
- The following services and items are excluded from coverage under the transplant program:
  - o Transplants performed in a non-Medicare-certified transplant facility.
  - Non-Medicare-covered organ transplants.
  - o Transplant services, including donor costs, when the transplant recipient is not a member.
  - Artificial or non-human organs.
  - Transportation services, except as covered in accordance with Medicare guidelines.
  - Transportation of any potential donor for typing and matching.
  - o Food and housing costs, except as covered in accordance with Medicare guidelines.
  - Storage costs for any organ or bone marrow.
  - O Services for which government funding or other insurance coverage is available.
  - Bone marrow transplants or stem cell transplantation, except as a treatment for an appropriate diagnosis as specifically stated in the Medicare coverage guidelines or in the Evidence of Coverage.

We regularly review new procedures, devices and drugs to determine whether or not they are safe and effective for members. New procedures and technology that are safe and effective are eligible to become covered services. If the technology becomes a covered service, it will be subject to all other

terms and conditions of the plan, including medical necessity and any applicable member copayments, coinsurance, deductibles or other payment contributions.

In determining whether to cover a service, we use proprietary technology guidelines to review new devices, procedures and drugs, including those related to behavioral/mental health. When clinical necessity requires a rapid determination of the safe and effective use of a new technology or new application of an existing technology for an individual member, one of our medical directors makes a medical necessity determination based on individual member medical documentation, review of published scientific evidence, and, when appropriate, relevant specialty or professional opinion from an individual who has expertise in the technology.

The plan will not cover the excluded services listed above. Even if you receive the services at an emergency facility, the excluded services are still not covered.

#### SECTION 4 Other additional benefits (not covered under Original Medicare)

#### Introduction

Your health and well-being are important to us, which is why we've developed the additional benefit(s) detailed in this section:

- Routine Hearing Services
- Routine Vision Care

The benefit(s) described on the following pages are designed to help you stay healthy and provide well-rounded health coverage. Please read this section carefully, and reference it later if need be, to help you know what services are covered under your plan. If you ever have questions about what is covered, how to make a claim or about any other issue, please call Customer Service (phone numbers for Customer Service are on the back cover of this booklet). We are always happy to provide answers to any questions you may have. We're here to serve you.

The information in this section describes the following benefits:

- Routine hearing exam and hearing aids
- Routine eye exam

These are covered health services when you follow the coverage rules in the Evidence of Coverage. These services are in addition to Medicare-covered benefits outlined in the Evidence of Coverage. The provisions of this section are incorporated into and made a part of your Evidence of Coverage. The covered health services described in this section are not covered when you are in the service area of an affiliated organization, as defined in the Passport Program Section of your Evidence of Coverage, if applicable. Copayments or coinsurance for these covered health services do not apply toward the annual out-of-pocket maximum (if applicable to your plan) described earlier in this chapter.

Further details on the benefits available as part of your additional benefit(s) (if applicable) are detailed in the section titled: **Covered services**.

#### Submit a claim or request reimbursement

When you obtain services, the service provider normally submits a claim on your behalf. If the service provider is unwilling to do so, you can request reimbursement from us. To receive reimbursement, please take the following steps:

- Obtain a copy of your itemized receipt(s) from the provider.
- Make sure the itemized receipt includes the following:
  - The service provider's name, address and phone number
  - Your name
  - The date the service was completed
  - The amount you paid (or "paid in full" if the total amount has been paid)
- Mail the itemized receipt(s) to:

UnitedHealthcare

Claims Department

P.O. Box 489

Cypress, CA 90630

We should receive an itemized receipt from you or the provider within ninety (90) days after the date of service, or as soon thereafter as reasonably possible.

We will process your reimbursement based on your benefits. Upon completion of the reimbursement process, an Explanation of Benefits (EOB) will be sent to your mailing address.

#### Limitation of liability

We will not reduce or deny a claim for failure to furnish such proof within the time required, provided a claim is furnished as soon as reasonably possible. Except in the absence of legal capacity, we will not accept a claim more than one (1) year from the date of service.

#### Access your benefits

You may receive covered services from a provider anywhere in the United States by taking the following steps:

- Locate a provider of your choice.
- Call your selected provider's office to schedule your services.
- Pay the appropriate cost shares at the time of your service, if applicable.
- When you go to the provider's office for services, you may be asked to show your member ID card.

It is important to note that the provider has the right to decide whether or not he or she will agree to submit the bill for covered services directly to us for payment at the time he or she furnishes covered services to you. If the provider does not wish to submit the bill directly to us please follow the instructions under "Submit a Claim or Request Reimbursement".

#### **Out-of-network benefits**

You can choose to use your in-network benefits with a network provider or use your out-of-network benefits with an out-of-network provider. The cost shares may be higher for out-of-network care, so you may want to check to see if the provider is a network provider. To get the most out of your benefits, select a provider in the plan network.

You may receive covered services from an out-of-network provider anywhere in the United States by

taking the following steps:

- Locate a provider of your choice.
- Call your selected provider's office to schedule your services.
- Pay the appropriate cost shares at the time of your service, if applicable.
- When you go to the provider's office for services, you may be asked to show your member ID card.

It is important to note that the provider has the right to decide whether or not he or she will agree to submit the bill for covered services directly to us for payment at the time he or she furnishes covered services to you. If the provider does not wish to submit the bill directly to us please follow the instructions under "Submit a claim or request reimbursement".

#### Routine Hearing Services

#### **Hearing Service Providers**

You may visit any hearing service provider for routine hearing services. For more information please see: Access Your Benefits earlier in this section.

#### Covered services

#### The following services are covered under your additional hearing benefit:

#### Routine Hearing Exam

- You can receive a complete hearing exam, every 12 months, through a hearing service provider
- No authorization needed

Please see the Medical Benefits Chart above for any copayment or coinsurance that may be due at the time of your exam.

#### Hearing Aids

Hearing aid units are medical devices that fit in or near the ear. The hearing aid benefit includes an allowance toward the purchase, fitting and professional maintenance or repair as required by the manufacturer of the device, of the most basic hearing aid(s) that will compensate for the loss of function.

This benefit may cover more than one year, but it may be changed or terminated at the end of the plan year. If the benefit is not offered in the following year, you will be notified in advance of this change. All benefits will end if the benefit is no longer offered.

#### Limitations and exclusions

#### The limitations and exclusions below apply to your additional hearing aid benefit:

- Government treatment for any services provided in a local, state or federal government facility or agency except when payment under the plan is expressly required by federal or state law.
- Any treatment or services caused by or arising out of the course of employment or covered under any public liability insurance, including, but not limited to, Worker's Compensation

programs.

Covered expenses related to hearing aids are limited to plan Usual and Customary (U&C) charge of a basic hearing aid to provide functional improvement. Certain hearing aid items and services are not covered. Items and services that are not covered include, but are not limited to, the following:

- Replacement of a hearing aid that is lost, broken or stolen if occurrence exceeds covered rate of
  occurrence
- Repair of the hearing aid and related services
- Surgically implanted hearing devices
- An eyeglass-type hearing aid or additional charges for a hearing aid designed specifically for cosmetic purposes
- Services or supplies rendered to a member after cessation of coverage, except, if a hearing aid is ordered while coverage is in force and such hearing aid is delivered within 60 days after the date of cessation, the hearing aid will be considered a covered hearing aid expense
- Services or supplies that are not necessary according to professionally accepted standards of practice

#### **Routine Vision Care**

#### Vision Service Providers

You may visit any vision service provider for routine vision care. For more information please see: **Access Your Benefits** earlier in this section.

#### Covered services

#### The following services are covered under your vision benefit:

#### Routine Eye Exam (refraction)

- A complete vision exam every 12 months, through a vision service provider or an out-ofnetwork vision provider
- No authorization needed

#### Limitations and exclusions

#### The limitations and exclusions below apply to your additional vision benefit:

- Government treatment for any services provided in a local, state or federal government facility or agency except when payment under the plan is expressly required by federal or state law.
- Any treatment or services caused by or arising out of the course of employment or covered under any public liability insurance, including, but not limited to, Worker's Compensation programs.
- Orthoptics or vision training and any associated supplemental testing.
- LASIK, surgeries or other laser procedures for refractive error.
- Any eye examination required by an employer as a condition of employment.

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#### Did you know there are programs to help people pay for their drugs?

There are programs to help people with limited resources pay for their drugs. These include "Extra Help" and State Pharmaceutical Assistance Programs. For more information, see Chapter 2, Section 7.

#### Are you currently getting help to pay for your drugs?

If you are in a program that helps pay for your drugs, some information in this Evidence of Coverage about the costs for Part D prescription drugs may not apply to you. We will send you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also known as the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug coverage. If you don't have this insert, please call Customer Service and ask for the "LIS Rider." (Phone numbers for Customer Service are printed on the back cover of this booklet.)

#### **SECTION 1** Introduction

#### Section 1.1 This chapter describes your coverage for Part D drugs

This chapter **explains rules for using your coverage for Part D drugs**. The next chapter tells what you pay for Part D drugs (Chapter 6, **What you pay for your Part D prescription drugs**).

In addition to your coverage for Part D drugs, the plan also covers some drugs under the plan's medical benefits:

- The plan covers drugs you are given during covered stays in the hospital or in a skilled nursing facility. Chapter 4 (**Medical Benefits Chart, what is covered and what you pay**) tells about the benefits and costs for drugs during a covered hospital or skilled nursing facility stay.
- Medicare Part B also provides benefits for some drugs. Part B drugs include certain chemotherapy drugs, certain drug injections you are given during an office visit, and drugs you are given at a dialysis facility. Chapter 4 (Medical Benefits Chart, what is covered and what you pay) tells about your benefits and costs for Part B drugs.

The two examples of drugs described above are covered by the plan's medical benefits. The rest of your prescription drugs are covered under the plan's Part D benefits.

#### Section 1.2 Basic rules for the plan's Part D drug coverage

The plan will generally cover your drugs as long as you follow these basic rules:

- You must have a provider (a doctor or other prescriber) write your prescription.
- You must use a network pharmacy to fill your prescription. (See Section 2, **Fill your** prescriptions at a network pharmacy or through the plan's preferred mail-order service.)
- Your drug must be on the plan's **List of Covered Drugs (Formulary)** (we call it the "Drug List" for short). (See Section 3, **Your drugs need to be on the plan's "Drug List".**)
- Your drug must be used for a medically accepted indication. A "medically accepted indication" is a use of the drug that is either approved by the Food and Drug Administration or supported by certain reference books. (See Section 3 for more information about a medically accepted indication.)

## SECTION 2 Fill your prescription at a network pharmacy or through the plan's preferred mail-order service

#### Section 2.1 To have your prescription covered, use a network pharmacy

In most cases, your prescriptions are covered **only** if they are filled at the plan's network pharmacies. (See Section 2.5 for information about when we would cover prescriptions filled at out-of-network pharmacies.)

A network pharmacy is a pharmacy that has a contract with the plan to provide your covered prescription drugs. The term "covered drugs" means all of the Part D prescription drugs that are covered on the plan's Drug List.

#### Section 2.2 Finding network pharmacies

#### How do you find a network pharmacy in your area?

To find a network pharmacy, you can look in your **Pharmacy Directory**, visit our Web site (www.UHCRetiree.com) or call Customer Service (phone numbers are printed on the back cover of this booklet). Choose whatever is easiest for you.

You may go to any of our network pharmacies. If you switch from one network pharmacy to another, and you need a refill of a drug you have been taking, you can ask either to have a new prescription written by a provider or to have your prescription transferred to your new network pharmacy.

#### What if the pharmacy you have been using leaves the network?

If the pharmacy you have been using leaves the plan's network, you will have to find a new pharmacy that is in the network. To find another network pharmacy in your area, you can get help from Customer Service (phone numbers are printed on the back cover of this booklet) or use the **Pharmacy Directory**.

#### What if you need a specialized pharmacy?

Sometimes prescriptions must be filled at a specialized pharmacy. Specialized pharmacies include:

• Pharmacies that supply drugs for home infusion therapy.

- Pharmacies that supply drugs for residents of a long-term care facility. Usually, a long-term care facility (such as a nursing home) has its own pharmacy. Residents may get prescription drugs through the facility's pharmacy as long as it is part of our network. If your long-term care pharmacy is not in our network, please contact Customer Service.
- Pharmacies that serve the Indian Health Service / Tribal / Urban Indian Health Program (not available in Puerto Rico). Except in emergencies, only Native Americans or Alaska Natives have access to these pharmacies in our network.
- Pharmacies that dispense drugs that are restricted by the FDA to certain locations or that require special handling, provider coordination, or education on their use. (Note: This scenario should happen rarely.)

To locate a specialized pharmacy, look in your **Pharmacy Directory** or call Customer Service (phone numbers are printed on the back cover of this booklet).

#### Section 2.3 Using the plan's preferred mail-order services

Our plan's preferred mail-order service allows you to order **up to a 90-day supply**.

To get order forms and information about filling your prescriptions by mail you may contact our preferred network mail service pharmacy, OptumRx<sup>™</sup>. OptumRx can be reached at 1-877-889-6358, or for the hearing impaired, (TTY) 1-866-394-7218, 24 hours a day, 7 days a week. If you use a non-preferred network mail service pharmacy, your cost-sharing will be higher. Please reference your **Pharmacy Directory** to find the mail service pharmacies in our network. If you use a mail-order pharmacy not in the plan's network, your prescription will not be covered.

Usually a mail-order pharmacy order will get to you in no more than 10 days. However, sometimes your mail-order may be delayed. If your mail-order is delayed, please follow these steps:

If your prescription is on file at your local pharmacy, go to your pharmacy to fill the prescription. If your delayed prescription is not on file at your local pharmacy, then please ask your doctor to call in a new prescription to your pharmacist. Or, your pharmacist can call the doctor's office for you to request the prescription. Your pharmacist can call the Pharmacy help desk at 1-800-443-8197, (TTY) 711, 24 hours a day, 7 days a week if he/she has any problems, questions, concerns, or needs a claim override for a delayed prescription.

#### Section 2.4 How can you get a long-term supply of drugs?

When you get a long-term supply of drugs, your cost sharing may be lower. The plan offers two ways to get a long-term supply of "maintenance" drugs on our plan's Drug List. (Maintenance drugs are drugs that you take on a regular basis, for a chronic or long-term medical condition.)

1. **Some retail pharmacies** in our network allow you to get a long-term supply of maintenance drugs. Some of these retail pharmacies may agree to accept the mail-order cost-sharing amount for a long-term supply of maintenance drugs. Other retail pharmacies may not agree to accept the mail-order cost-sharing amounts for a long-term supply of maintenance drugs. In this case you will be responsible for the difference in price. Your **Pharmacy Directory** tells you which pharmacies in our network can give you a long-term supply of maintenance drugs. You can also

- call Customer Service for more information (phone numbers are printed on the back cover of this booklet).
- 2. For certain kinds of drugs, you can use the plan's preferred network **mail-order services.** Our plan's preferred mail-order service allows you to order up to a 90-day supply. See Section 2.3 for more information about using our mail-order services.

#### Section 2.5 When can you use a pharmacy that is not in the plan's network?

#### Your prescription may be covered in certain situations

We have network pharmacies outside of our service area where you can get your prescriptions filled as a member of our plan. Generally, we cover drugs filled at an out-of-network pharmacy **only** when you are not able to use a network pharmacy. Here are the circumstances when we would cover prescriptions filled at an out-of-network pharmacy:

#### • Prescriptions for a Medical Emergency

We will cover prescriptions that are filled at an out-of-network pharmacy if the prescriptions are related to care for a medical emergency or urgently needed care, are included in our Formulary without restrictions, and are not excluded from Medicare Part D coverage.

#### Coverage when traveling or out of the service area

- If you take a prescription drug on a regular basis and you are going on a trip, be sure to check your supply of the drug before you leave. When possible, take along all the medication you will need. You may be able to order your prescription drugs ahead of time through our network preferred mail service pharmacy or through our other network pharmacies. Contact Customer Service to find out about ordering your prescription drugs ahead of time.
- If you are traveling within the United States and become ill or run out of your prescription drugs, we will cover prescriptions that are filled at an out-of-network pharmacy if you follow all other coverage rules.
- If you are unable to obtain a covered drug in a timely manner within the service area because a network pharmacy is not within reasonable driving distance that provides 24-hour service.
- If you are trying to fill a prescription drug not regularly stocked at an accessible network retail or preferred mail-order pharmacy (including high cost and unique drugs).
- If you need a prescription while a patient in an emergency department, provider based clinic, outpatient surgery, or other outpatient setting.

In these situations, **please check first with Customer Service** to see if there is a network pharmacy nearby. (Phone numbers for Customer Service are printed on the back cover of this booklet.)

#### How do you ask for reimbursement from the plan?

If you must use an out-of-network pharmacy, you will generally have to pay the full cost (rather than your normal share of the cost) when you fill your prescription. You can ask us to reimburse you for our share of the cost. (Chapter 7, Section 2.1 explains how to ask the plan to pay you back.)

#### SECTION 3 Your drugs need to be on the plan's "Drug List"

#### Section 3.1 The "Drug List" tells which Part D drugs are covered

The plan has a "List of Covered Drugs (Formulary)." In this Evidence of Coverage, we call it the "Drug List" for short.

The drugs on this list are selected by the plan with the help of a team of doctors and pharmacists. The list must meet requirements set by Medicare. Medicare has approved the plan's Drug List.

The drugs on the Drug List are only those covered under Medicare Part D (earlier in this chapter, Section 1.1 explains about Part D drugs).

We will generally cover a drug on the plan's Drug List as long as you follow the other coverage rules explained in this chapter and the use of the drug is a medically accepted indication. A "medically accepted indication" is a use of the drug that is **either**:

- approved by the Food and Drug Administration. (That is, the Food and Drug Administration has approved the drug for the diagnosis or condition for which it is being prescribed.)
- -- or -- supported by certain reference books. (These reference books are the American Hospital Formulary Service Drug Information, the DRUGDEX Information System, and the USPDI or its successor.)

#### The Drug List includes both brand name and generic drugs

A generic drug is a prescription drug that has the same active ingredients as the brand name drug. Generally, it works just as well as the brand name drug and usually costs less. There are generic drug substitutes available for many brand name drugs.

#### What is not on the Drug List?

The plan does not cover all prescription drugs.

- In some cases, the law does not allow any Medicare plan to cover certain types of drugs (for more about this, see Section 7.1 in this chapter).
- In other cases, we have decided not to include a particular drug on our Drug List.

#### Section 3.2 There are 4 "cost-sharing tiers" for drugs on the Drug List

Every drug on the plan's Drug List is in one of 4 cost-sharing tiers. In general, the higher the cost-sharing tier, the higher your cost for the drug:

- Tier 1 Generic Drugs (includes all generic and some lower-cost brand name prescription drugs)
- Tier 2 Preferred Brand Drugs (includes many common brand name drugs)
- Tier 3 Non-Preferred Brand Drugs (includes non-preferred brand name drugs)
- Tier 4 Specialty Tier Drugs (includes unique or very high-cost drugs)

To find out which cost-sharing tier your drug is in, look it up in the plan's Drug List.

The amount you pay for drugs in each cost-sharing tier is shown in Chapter 6 (**What you pay for your Part D prescription drugs**).

#### Section 3.3 How can you find out if a specific drug is on the Drug List?

You have three ways to find out:

- 1. Check the most recent Drug List we sent you in the mail. (Please note: The Drug List we send includes information for the covered drugs that are most commonly used by our members. However, we cover additional drugs that are not included in the printed Drug List. If one of your drugs is not listed in the Drug List, you should visit our Web site or contact Customer Service to find out if we cover it).
- 2. Visit the plan's Web site (www.UHCRetiree.com). The Drug List on the Web site is always the most current.
- 3. Call Customer Service to find out if a particular drug is on the plan's Drug List or to ask for a copy of the list. (Phone numbers for Customer Service are printed on the back cover of this booklet.)

#### SECTION 4 There are restrictions on coverage for some drugs

#### Section 4.1 Why do some drugs have restrictions?

For certain prescription drugs, special rules restrict how and when the plan covers them. A team of doctors and pharmacists developed these rules to help our members use drugs in the most effective ways. These special rules also help control overall drug costs, which keeps your drug coverage more affordable.

In general, our rules encourage you to get a drug that works for your medical condition and is safe and effective. Whenever a safe, lower-cost drug will work just as well medically as a higher-cost drug, the plan's rules are designed to encourage you and your provider to use that lower-cost option. We also need to comply with Medicare's rules and regulations for drug coverage and cost sharing.

If there is a restriction for your drug, it usually means that you or your provider will have to take extra steps in order for us to cover the drug. If you want us to waive the restriction for you, you will need to use the coverage decision process and ask us to make an exception. We may or may not agree to waive the restriction for you. (See Chapter 9, Section 6.2 for information about asking for exceptions.)

#### Section 4.2 What kinds of restrictions?

Our plan uses different types of restrictions to help our members use drugs in the most effective ways. The sections below tell you more about the types of restrictions we use for certain drugs.

#### Restricting brand name drugs when a generic version is available

Generally, a "generic" drug works the same as a brand name drug and usually costs less. In most cases,

when a generic version of a brand name drug is available, our network pharmacies will provide you the generic version. We usually will not cover the brand name drug when a generic version is available. However, if your provider has told us the medical reason that the generic drug will not work for you OR has written "No substitutions" on your prescription for a brand name drug OR has told us the medical reason that neither the generic drug nor other covered drugs that treat the same condition will work for you, then we will cover the brand name drug. (Your share of the cost may be greater for the brand name drug than for the generic drug.)

#### Getting plan approval in advance

For certain drugs, you or your provider need to get approval from the plan before we will agree to cover the drug for you. This is called "**prior authorization.**" Sometimes the requirement for getting approval in advance helps guide appropriate use of certain drugs. If you do not get this approval, your drug might not be covered by the plan.

#### Trying a different drug first

This requirement encourages you to try less costly but just as effective drugs before the plan covers another drug. For example, if Drug A and Drug B treat the same medical condition, the plan may require you to try Drug A first. If Drug A does not work for you, the plan will then cover Drug B. This requirement to try a different drug first is called "step therapy."

#### **Quantity limits**

For certain drugs, we limit the amount of the drug that you can have. For example, the plan might limit how many refills you can get, or how much of a drug you can get each time you fill your prescription. For example, if it is normally considered safe to take only one pill per day for a certain drug, we may limit coverage for your prescription to no more than one pill per day.

#### Section 4.3 Do any of these restrictions apply to your drugs?

The plan's Drug List includes information about the restrictions described above. To find out if any of these restrictions apply to a drug you take or want to take, check the Drug List. For the most up-to-date information, call Customer Service (phone numbers are printed on the back cover of this booklet) or check our Web site (www.UHCRetiree.com).

If there is a restriction for your drug, it usually means that you or your provider will have to take extra steps in order for us to cover the drug. If there is a restriction on the drug you want to take, you should contact Customer Service to learn what you or your provider would need to do to get coverage for the drug. If you want us to waive the restriction for you, you will need to use the coverage decision process and ask us to make an exception. We may or may not agree to waive the restriction for you. (See Chapter 9, Section 6.2 for information about asking for exceptions.)

# SECTION 5 What if one of your drugs is not covered in the way you'd like it to be covered? Section 5.1 There are things you can do if your drug is not covered in the way you'd like it to be covered

Suppose there is a prescription drug you are currently taking, or one that you and your provider think you should be taking. We hope that your drug coverage will work well for you, but it's possible that you might have a problem. For example:

- What if the drug you want to take is not covered by the plan? For example, the drug might not be covered at all. Or maybe a generic version of the drug is covered but the brand name version you want to take is not covered.
- What if the drug is covered, but there are extra rules or restrictions on coverage for that drug? As explained in Section 4, some of the drugs covered by the plan have extra rules to restrict their use. For example, you might be required to try a different drug first, to see if it will work, before the drug you want to take will be covered for you. Or there might be limits on what amount of the drug (number of pills, etc.) is covered during a particular time period. In some cases, you may want us to waive the restriction for you. For example, you might want us to cover a certain drug for you without having to try other drugs first. Or you may want us to cover more of a drug (number of pills, etc.) than we normally will cover.
- What if the drug is covered, but it is in a cost-sharing tier that makes your cost sharing more expensive than you think it should be? The plan puts each covered drug into one of 4 different cost-sharing tiers. How much you pay for your prescription depends in part on which cost-sharing tier your drug is in.

There are things you can do if your drug is not covered in the way that you'd like it to be covered. Your options depend on what type of problem you have:

- If your drug is not on the Drug List or if your drug is restricted, go to Section 5.2 to learn what you can do.
- If your drug is in a cost-sharing tier that makes your cost more expensive than you think it should be, go to Section 5.3 to learn what you can do.

## Section 5.2 What can you do if your drug is not on the Drug List or if the drug is restricted in some way?

If your drug is not on the Drug List or is restricted, here are things you can do:

- You may be able to get a temporary supply of the drug (only members in certain situations can get a temporary supply). This will give you and your provider time to change to another drug or to file a request to have the drug covered.
- You can change to another drug.
- You can request an exception and ask the plan to cover the drug or remove restrictions from the drug.

#### You may be able to get a temporary supply

Under certain circumstances, the plan can offer a temporary supply of a drug to you when your drug is not on the Drug List or when it is restricted in some way. Doing this gives you time to talk with your provider about the change in coverage and figure out what to do.

To be eligible for a temporary supply, you must meet the two requirements below:

- 1. The change to your drug coverage must be one of the following types of changes:
  - The drug you have been taking is **no longer on the plan's Drug List**.
  - -- or -- the drug you have been taking is **now restricted in some way** (Section 4 in this chapter tells about restrictions).
- 2. You must be in one of the situations described below:
  - For those members who were in the plan last year and aren't in a long-term care facility: We will cover a temporary supply of your drug one time only during the first 90 days of the plan year. This temporary supply will be for a maximum of a 31-day supply, or less if your prescription is written for fewer days. The prescription must be filled at a network pharmacy.
  - For those members who are new to the plan and aren't in a long-term care facility: We will cover a temporary supply of your drug one time only during the first 90 days of your membership in the plan. This temporary supply will be for a maximum of a 31-day supply, or less if your prescription is written for fewer days. The prescription must be filled at a network pharmacy.
  - For those members who are new to the plan and reside in a long-term care facility: We will cover a temporary supply of your drug during the first 90 days of your membership in the plan. The first supply will be for a maximum of a 91-day supply and may be up to a 98-day supply, or less if your prescription is written for fewer days. (Please note that the long-term care pharmacy may provide the drug in smaller amounts at a time to prevent waste.) If needed, we will cover additional refills during your first 90 days in the plan.
  - For those members who have been in the plan for more than 90 days and reside in a long-term care facility and need a supply right away:
    - We will cover one 31-day supply, or less if your prescription is written for fewer days. This is in addition to the above long-term care transition supply.
  - For those current members with level of care changes:
    - There may be unplanned transitions such as hospital discharges or level of care changes that occur after the first 90 days that you are enrolled as a member in our plan. If you are prescribed a drug that is not on our formulary or your ability to get your drugs is limited, you are required to use the plan's exception process. You may request a one-time emergency supply of up to 31 days to allow you time to discuss alternative treatment with your doctor or to pursue a formulary exception.

To ask for a temporary supply, call Customer Service (phone numbers are printed on the back cover of this booklet.)

During the time when you are getting a temporary supply of a drug, you should talk with your provider to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug. The sections below tell you more about these options.

#### You can change to another drug

Start by talking with your provider. Perhaps there is a different drug covered by the plan that might work just as well for you. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition. This list can help your provider find a covered drug that might work for you. (Phone numbers for Customer Service are printed on the back cover of this booklet.)

#### You can ask for an exception

You and your provider can ask the plan to make an exception for you and cover the drug in the way you would like it to be covered. If your provider says that you have medical reasons that justify asking us for an exception, your provider can help you request an exception to the rule. For example, you can ask the plan to cover a drug even though it is not on the plan's Drug List. Or you can ask the plan to make an exception and cover the drug without restrictions.

If you are a current member and a drug you are taking will be removed from the formulary or restricted in some way for next year, we will allow you to request a formulary exception in advance for next year. We will tell you about any change in the coverage for your drug for next year. You can ask for an exception before next year and we will give you an answer within 72 hours after we receive your request (or your prescriber's supporting statement). If we approve your request, we will authorize the coverage before the change takes effect.

If you and your provider want to ask for an exception, Chapter 9, Section 6.4 tells what to do. It explains the procedures and deadlines that have been set by Medicare to make sure your request is handled promptly and fairly.

#### Section 5.3 What can you do if your drug is in a cost-sharing tier you think is too high?

If your drug is in a cost-sharing tier you think is too high, here are things you can do:

#### You can change to another drug

If your drug is in a cost-sharing tier you think is too high, start by talking with your provider. Perhaps there is a different drug in a lower cost-sharing tier that might work just as well for you. You can call Customer Service to ask for a list of covered drugs that treat the same medical condition. This list can help your provider to find a covered drug that might work for you. (Phone numbers for Customer Service are printed on the back cover of this booklet.)

#### You can ask for an exception

For drugs in Tiers 2 and 3, you and your provider can ask the plan to make an exception in the costsharing tier for the drug so that you pay less for it. If your provider says that you have medical reasons that justify asking us for an exception, your provider can help you request an exception to the rule.

If you and your provider want to ask for an exception, Chapter 9, Section 6.4 tells what to do. It explains the procedures and deadlines that have been set by Medicare to make sure your request is handled promptly and fairly.

Drugs in some of our cost-sharing tiers are not eligible for this type of exception. We do not lower the cost-sharing amount for drugs in Tiers 1 and 4.

## SECTION 6 What if your coverage changes for one of your drugs? Section 6.1 The Drug List can change during the year

Most of the changes in drug coverage happen at the beginning of each plan year. However, during the year, the plan might make many kinds of changes to the Drug List. For example, the plan might:

- Add or remove drugs from the Drug List. New drugs become available, including new generic
  drugs. Perhaps the government has given approval to a new use for an existing drug.
   Sometimes, a drug gets recalled and we decide not to cover it. Or we might remove a drug from
  the list because it has been found to be ineffective.
- Move a drug to a higher or lower cost-sharing tier.
- Add or remove a restriction on coverage for a drug (for more information about restrictions to coverage, see Section 4 in this chapter).
- Replace a brand name drug with a generic drug.

In almost all cases, we must get approval from Medicare for changes we make to the plan's Drug List.

#### Section 6.2 What happens if coverage changes for a drug you are taking?

#### How will you find out if your drug's coverage has been changed?

If there is a change to coverage **for a drug you are taking**, the plan will send you a notice to tell you. Normally, **we will let you know at least 60 days ahead of time**.

Once in a while, a drug is **suddenly recalled** because it's been found to be unsafe or for other reasons. If this happens, the plan will immediately remove the drug from the Drug List. We will let you know of this change right away. Your provider will also know about this change, and can work with you to find another drug for your condition.

#### Do changes to your drug coverage affect you right away?

If any of the following types of changes affect a drug you are taking, the change will not affect you until the next plan year if you stay in the plan:

- If we move your drug into a higher cost-sharing tier.
- If we put a new restriction on your use of the drug.
- If we remove your drug from the Drug List, but not because of a sudden recall or because a new generic drug has replaced it.

If any of these changes happens for a drug you are taking, then the change won't affect your use or what you pay as your share of the cost until the next plan year. Until that date, you probably won't see any increase in your payments or any added restriction to your use of the drug. However, on the first day of the next plan year, the changes will affect you.

In some cases, you will be affected by the coverage change before the next plan year:

- If a **brand name drug you are taking is replaced by a new generic drug**, the plan must give you at least 60 days' notice or give you a 60-day refill of your brand name drug at a network pharmacy.
  - Ouring this 60-day period, you should be working with your provider to switch to the generic or to a different drug that we cover.
  - Or you and your provider can ask the plan to make an exception and continue to cover the brand name drug for you. For information on how to ask for an exception, see Chapter 9 (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)).
- Again, if a drug is **suddenly recalled** because it's been found to be unsafe or for other reasons, the plan will immediately remove the drug from the Drug List. We will let you know of this change right away.
  - Your provider will also know about this change, and can work with you to find another drug for your condition.

#### SECTION 7 What types of drugs are not covered by the plan?

#### Section 7.1 Types of drugs we do not cover

This section tells you what kinds of prescription drugs are "excluded." This means Medicare does not pay for these drugs.

If you get drugs that are excluded, you must pay for them yourself. We won't pay for the drugs that are listed in this section. The only exception: If the requested drug is found upon appeal to be a drug that is not excluded under Part D and we should have paid for or covered it because of your specific situation. (For information about appealing a decision we have made to not cover a drug, go to Chapter 9, Section 6.5 in this booklet.)

Here are three general rules about drugs that Medicare drug plans will not cover under Part D:

- Our plan's Part D drug coverage cannot cover a drug that would be covered under Medicare Part A or Part B
- Our plan cannot cover a drug purchased outside the United States and its territories.
- Our plan usually cannot cover off-label use. "Off-label use" is any use of the drug other than those indicated on a drug's label as approved by the Food and Drug Administration.
  - Of Generally, coverage for "off-label use" is allowed only when the use is supported by certain reference books. These reference books are the American Hospital Formulary Service Drug Information, the DRUGDEX Information System, and the USPDI or its successor. If the use is not supported by any of these reference books, then our plan cannot cover its "off-label use."

Also, by law, these categories of drugs are not covered by Medicare drug plans:

- Non-prescription drugs (also called over-the-counter drugs)
- Drugs when used to promote fertility
- Drugs when used for the relief of cough or cold symptoms

- Drugs when used for cosmetic purposes or to promote hair growth
- Prescription vitamins and mineral products, except prenatal vitamins and fluoride preparations
- Drugs when used for the treatment of sexual or erectile dysfunction, such as Viagra, Cialis, Levitra, and Caverject
- Drugs when used for treatment of anorexia, weight loss, or weight gain
- Outpatient drugs for which the manufacturer seeks to require that associated tests or monitoring services be purchased exclusively from the manufacturer as a condition of sale

**Please note:** Your plan sponsor **may** have elected to offer some of the drugs listed above to you as an additional benefit. If so, you will receive additional information about the drugs they have chosen to offer to you separately, in your plan materials.

If you receive "Extra Help" paying for your drugs, your state Medicaid program may cover some prescription drugs not normally covered in a Medicare drug plan. Please contact your state Medicaid program to determine what drug coverage may be available to you. (You can find phone numbers and contact information for Medicaid in Chapter 2, Section 6.)

## SECTION 8 Show your plan member ID card when you fill a prescription Section 8.1 Show your member ID card

To fill your prescription, show your plan member ID card at the network pharmacy you choose. When you show your plan member ID card, the network pharmacy will automatically bill the plan for **our** share of your covered prescription drug cost. You will need to pay the pharmacy **your** share of the cost when you pick up your prescription.

#### Section 8.2 What if you don't have your member ID card with you?

If you don't have your plan member ID card with you when you fill your prescription, ask the pharmacy to call the plan to get the necessary information.

If the pharmacy is not able to get the necessary information, you may have to pay the full cost of the prescription when you pick it up. (You can then ask us to reimburse you for our share. See Chapter 7, Section 2.1 for information about how to ask the plan for reimbursement).

SECTION 9	Part D drug coverage in special situations
Section 9.1	What if you're in a hospital or a skilled nursing facility for a stay that is covered by the plan?

If you are admitted to a hospital or to a skilled nursing facility for a stay covered by the plan, we will generally cover the cost of your prescription drugs during your stay. Once you leave the hospital or skilled nursing facility, the plan will cover your drugs as long as the drugs meet all of our rules for coverage. See the previous parts of this chapter that tell about the rules for getting drug coverage.

Chapter 6 (What you pay for your Part D prescription drugs) gives more information about drug coverage and what you pay.

**Please Note:** When you enter, live in, or leave a skilled nursing facility, you are entitled to a Special Enrollment Period. During this time period, you can switch plans or change your coverage. (Chapter 10, **Ending your membership in the plan**, tells when you can leave our plan and join a different Medicare plan.)

#### Section 9.2 What if you're a resident in a long-term care facility?

Usually, a long-term care facility (such as a nursing home) has its own pharmacy, or a pharmacy that supplies drugs for all of its residents. If you are a resident of a long-term care facility, you may get your prescription drugs through the facility's pharmacy as long as it is part of our network.

Check your **Pharmacy Directory** to find out if your long-term care facility's pharmacy is part of our network. If it isn't, or if you need more information, please contact Customer Service (phone numbers are printed on the back cover of this booklet).

#### What if you're a resident in a long-term care facility and become a new member of the plan?

If you need a drug that is not on our Drug List or is restricted in some way, the plan will cover a **temporary supply** of your drug during the first 90 days of your membership. The first supply will be for a maximum of a 91-day supply and may be up to a 98-day supply, or less if your prescription is written for fewer days. (Please note that the long-term care pharmacy may provide the drug in smaller amounts at a time to prevent waste.) If needed, we will cover additional refills during your first 90 days in the plan.

If you have been a member of the plan for more than 90 days and need a drug that is not on our Drug List or if the plan has any restriction on the drug's coverage, we will cover one 31-day supply, or less if your prescription is written for fewer days.

During the time when you are getting a temporary supply of a drug, you should talk with your provider to decide what to do when your temporary supply runs out. Perhaps there is a different drug covered by the plan that might work just as well for you. Or you and your provider can ask the plan to make an exception for you and cover the drug in the way you would like it to be covered. If you and your provider want to ask for an exception, Chapter 9, Section 6.4 tells what to do.

## Section 9.3 What if you're also getting drug coverage from an employer or another retiree group plan?

Do you currently have other prescription drug coverage through your (or your spouse's) employer or another retiree group? If so, please contact **that group's benefits administrator.** He or she can help you determine how your current prescription drug coverage will work with our plan.

In general, if you are currently employed, the retiree group prescription drug coverage you get from us through your plan sponsor will be **secondary** to coverage through your current employer.

#### Special note about 'creditable coverage':

Each year your plan Sponsor should send you a notice that tells if your prescription drug coverage for the next plan year is "creditable" and the choices you have for drug coverage.

If the coverage from the group plan is "**creditable**," it means that the plan has drug coverage that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.

Keep these notices about creditable coverage, because you may need them later. If you enroll in a Medicare plan that includes Part D drug coverage, you may need these notices to show that you have maintained creditable coverage. If you didn't get a notice about creditable coverage from your plan sponsor, you can get a copy from the former employer or retiree plan's benefits administrator or your former employer or union.

#### SECTION 10 Programs on drug safety and managing medications

#### Section 10.1 Programs to help members use drugs safely

We conduct drug use reviews for our members to help make sure that they are getting safe and appropriate care. These reviews are especially important for members who have more than one provider who prescribes their drugs.

We do a review each time you fill a prescription. We also review our records on a regular basis. During these reviews, we look for potential problems such as:

- Possible medication errors
- Drugs that may not be necessary because you are taking another drug to treat the same medical condition
- Drugs that may not be safe or appropriate because of your age or gender
- Certain combinations of drugs that could harm you if taken at the same time
- Prescriptions written for drugs that have ingredients you are allergic to
- Possible errors in the amount (dosage) of a drug you are taking

If we see a possible problem in your use of medications, we will work with your provider to correct the problem.

#### Section 10.2 Programs to help members manage their medications

We have programs that can help our members with special situations. For example, some members have several complex medical conditions or they may need to take many drugs at the same time, or they could have very high drug costs.

These programs are voluntary and free to members. A team of pharmacists and doctors developed the programs for us. The programs can help make sure that our members are using the drugs that work best to treat their medical conditions and help us identify possible medication errors.

One program is called a Medication Therapy Management (MTM) program. Some members who take several medications for different medical conditions may qualify. A pharmacist or other health professional will give you a comprehensive review of all your medications. You can talk about how best

to take your medications, your costs, or any problems you're having. You'll get a written summary of this discussion. The summary has a medication action plan that recommends what you can do to make the best use of your medications, with space for you to take notes or write down any follow-up questions. You'll also get a personal medication list that will include all the medications you're taking and why you take them.

If we have a program that fits your needs, we will automatically enroll you in the program and send you information. If you decide not to participate, please notify us and we will withdraw you from the program. If you have any questions about these programs, please contact Customer Service (phone numbers are printed on the back cover of this booklet).

#### CHAPTER 6: What you pay for your Part D prescription drugs

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#### Did you know there are programs to help people pay for their drugs?

There are programs to help people with limited resources pay for their drugs. These include "Extra Help" and State Pharmaceutical Assistance Programs. For more information, see Chapter 2, Section 7.

#### Are you currently getting help to pay for your drugs?

If you are in a program that helps pay for your drugs, some information in this Evidence of Coverage about the costs for Part D prescription drugs may not apply to you. We will send you a separate insert, called the "Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs" (also known as the "Low Income Subsidy Rider" or the "LIS Rider"), which tells you about your drug coverage. If you don't have this insert, please call Customer Service and ask for the "LIS Rider". (Phone numbers for Customer Service are printed on the back cover of this booklet.)

SECTION 1	Introduction
Section 1.1	Use this chapter together with other materials that explain your drug coverage

This chapter focuses on what you pay for your Part D prescription drugs. Your Plan Sponsor has chosen to make supplemental drug coverage available to you. This coverage is in addition to your Part D prescription drug benefit. Section 5.2 of this chapter contains a table that shows your costs for a drug that is covered by both your Part D prescription drug benefit and your supplemental drug coverage. Please review the separate document included with this Evidence of Coverage, called the "Certificate of Coverage", for more information about this supplemental drug coverage. To keep things simple, we use "drug" in this chapter to mean a Part D prescription drug. As explained in Chapter 5, not all drugs are Part D drugs – some drugs are covered under Medicare Part A or Part B and other drugs are excluded from Medicare coverage by law.

To understand the payment information we give you in this chapter, you need to know the basics of what drugs are covered, where to fill your prescriptions, and what rules to follow when you get your covered drugs. Here are materials that explain these basics:

- The plan's List of Covered Drugs (Formulary). To keep things simple, we call this the "Drug List."
  - This Drug List tells which drugs are covered for you.
  - It also tells which of the 4 "cost-sharing tiers" the drug is in and whether there are any restrictions on your coverage for the drug.
  - o If you need a copy of the Drug List, call Customer Service (phone numbers are printed on

the back cover of this booklet). You can also find the Drug List on our Web site (www.UHCRetiree.com). The Drug List on the Web site is always the most current.

- Chapter 5 of this booklet. Chapter 5 gives the details about your prescription drug coverage, including rules you need to follow when you get your covered drugs. Chapter 5 also tells which types of prescription drugs are not covered by our plan.
- The plan's Pharmacy Directory. In most situations you must use a network pharmacy to get your covered drugs (see Chapter 5 for the details). The Pharmacy Directory has a list of pharmacies in the plan's network. It also tells you which pharmacies in our network can give you a long-term supply of a drug (such as filling a prescription for a three-month's supply).

#### Section 1.2 Types of out-of-pocket costs you may pay for covered drugs

To understand the payment information we give you in this chapter, you need to know about the types of out-of-pocket costs you may pay for your covered services. The amount that you pay for a drug is called "cost-sharing," and there are three ways you may be asked to pay.

- The "deductible" is the amount you must pay for drugs before our plan begins to pay its share.
- "Copayment" means that you pay a fixed amount each time you fill a prescription.
- "Coinsurance" means that you pay a percent of the total cost of the drug each time you fill a prescription.

### SECTION 2 What you pay for a drug depends on which "drug payment stage" you are in when you get the drug

#### Section 2.1 What are the drug payment stages for our plan members?

As shown in the table below, there are "drug payment stages" for your Medicare Part D prescription drug coverage under our plan. How much you pay for a drug depends on which of these stages you are in at the time you get a prescription filled or refilled.

Stage 1	Stage 2	Stage 3	Stage 4
Yearly Deductible Stage	Initial Coverage Stage	Coverage Gap Stage	Catastrophic Coverage Stage
Because there is no deductible for the plan, this payment stage does not apply to you.	You begin in this stage when you fill your first prescription of the year.  During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.  You stay in this stage until your year-to-date "total drug costs" (your payments plus any Part D plan's payments) total \$2,850.  (Details are in Section 5 of this chapter.)	The plan continues to pay its share of the cost of your drugs and you pay your share of the cost. For generic drugs in all Tiers you pay your share of the cost or 72% of the costs whichever is lower. For brand name drugs in all Tiers you pay your share of the cost or 47.5% of the price (plus a portion of the dispensing fee) whichever is lower.  You stay in this stage until your year-to-date "out-of-pocket costs" (your payments) reach a total of \$4,550. This amount and rules for counting costs toward this amount have been set by Medicare.  (Details are in Section 6 of this chapter.)	During this stage, the plan will pay most of the cost of your drugs for the rest of the plan year.  (Details are in Section 7 of this chapter.)

SECTION 3 We send you reports that explain payments for your drugs and which payment stage you are in

### Section 3.1 We send you a monthly report called the "Explanation of Benefits" (the "EOB")

Our plan keeps track of the costs of your prescription drugs and the payments you have made when you get your prescriptions filled or refilled at the pharmacy. This way, we can tell you when you have moved from one drug payment stage to the next. In particular, there are two types of costs we keep track of:

- We keep track of how much you have paid. This is called your "out-of-pocket" cost.
- We keep track of your "total drug costs." This is the amount you pay out-of-pocket or others pay on your behalf plus the amount paid by the plan.

Our plan will prepare a written report called the **Explanation of Benefits** (it is sometimes called the "EOB") when you have had one or more prescriptions filled through the plan during the previous month. It includes:

- **Information for that month**. This report gives the payment details about the prescriptions you have filled during the previous month. It shows the total drug costs, what the plan paid, and what you and others on your behalf paid.
- Totals for the year since January 1. This is called "year-to-date" information. It shows you the total drug costs and total payments for your drugs since the year began.

#### Section 3.2 Help us keep our information about your drug payments up to date

To keep track of your drug costs and the payments you make for drugs, we use records we get from pharmacies. Here is how you can help us keep your information correct and up to date:

- Show your member ID card when you get a prescription filled. To make sure we know about the prescriptions you are filling and what you are paying, show your plan member ID card every time you get a prescription filled.
- Make sure we have the information we need. There are times you may pay for prescription drugs when we will not automatically get the information we need to keep track of your out-of-pocket costs. To help us keep track of your out-of-pocket costs, you may give us copies of receipts for drugs that you have purchased. (If you are billed for a covered drug, you can ask our plan to pay our share of the cost. For instructions on how to do this, go to Chapter 7, Section 2 of this booklet.) Here are some types of situations when you may want to give us copies of your drug receipts to be sure we have a complete record of what you have spent for your drugs:
  - When you purchase a covered drug at a network pharmacy at a special price or using a discount card that is not part of our plan's benefit.
  - When you made a copayment for drugs that are provided under a drug manufacturer patient assistance program.
  - Any time you have purchased covered drugs at out-of-network pharmacies or other times you have paid the full price for a covered drug under special circumstances.
- Send us information about the payments others have made for you. Payments made by certain other individuals and organizations also count toward your out-of-pocket costs and help qualify you for catastrophic coverage. For example, payments made by a State Pharmaceutical

- Assistance Program, an AIDS drug assistance program, the Indian Health Service, and most charities count toward your out-of-pocket costs. You should keep a record of these payments and send them to us so we can track your costs.
- Check the written report we send you. When you receive an Explanation of Benefits (an EOB) in the mail, please look it over to be sure the information is complete and correct. If you think something is missing from the report, or you have any questions, please call us at Customer Service (phone numbers are printed on the back cover of this booklet). Be sure to keep these reports. They are an important record of your drug expenses.

#### SECTION 4 There is no deductible for the plan

#### Section 4.1 You do not pay a deductible for your Part D drugs

There is no deductible for your plan. You begin in the Initial Coverage Stage when you fill your first prescription of the year. See Section 5 for information about your coverage in the Initial Coverage Stage.

SECTION 5	During the Initial Coverage Stage, the plan pays its share of your drug costs and you pay your share
Section 5.1	What you pay for a drug depends on the drug and where you fill your prescription

During the Initial Coverage Stage, the plan pays its share of the cost of your covered prescription drugs, and you pay your share (your copayment or coinsurance amount). Your share of the cost will vary depending on the drug and where you fill your prescription.

#### The plan has 4 cost-sharing tiers

Every drug on the plan's Drug List is in one of 4 cost-sharing tiers. In general, the higher the cost-sharing tier number, the higher your cost for the drug:

- Tier 1 Generic Drugs (includes all generic and some lower-cost brand name prescription drugs)
- Tier 2 Preferred Brand Drugs (includes many common brand name drugs)
- Tier 3 Non-Preferred Brand Drugs (includes non-preferred brand name drugs)
- Tier 4 Specialty Tier Drugs (includes unique or very high-cost drugs)

To find out which cost-sharing tier your drug is in, look it up in the plan's Drug List.

#### Your pharmacy choices

How much you pay for a drug depends on whether you get the drug from:

• A retail pharmacy that is in our plan's network

- A pharmacy that is not in the plan's network
- The plan's mail-order pharmacy

For more information about these pharmacy choices and filling your prescriptions, see Chapter 5 in this booklet and the plan's Pharmacy Directory.

#### Section 5.2 A table that shows your costs for a covered drug

During the Initial Coverage Stage, your share of the cost of a covered drug will be either a copayment or coinsurance.

- "Copayment" means that you pay a fixed amount each time you fill a prescription.
- "Coinsurance" means that you pay a percent of the total cost of the drug each time you fill a prescription.

As shown in the table below, the amount of the copayment or coinsurance depends on which costsharing tier your drug is in. Please note:

- If your covered drug costs less than the copayment amount listed in the chart, you will pay that lower price for the drug. You pay **either** the full price of the drug **or** the copayment amount, **whichever is lower.**
- We cover prescriptions filled at out-of-network pharmacies in only limited situations. Please see Chapter 5, Section 2.5 for information about when we will cover a prescription filled at an out-of-network pharmacy.

For some drugs, you can get a long-term supply (also called an "extended supply") when you fill your prescription. A long-term supply is up to a 90-day supply. (For details on where and how to get a long-term supply of a drug, see Chapter 5.)

The table below shows what you pay when you get a 30-day supply and a long-term up to a 90-day supply of a drug.

Your share of the cost when you get a covered Part D prescription drug from:			
	Network Pharmacy (up to a 30-day supply)	The Plan's Preferred Mail-Order Service (up to a 90-day supply)	Out-Of-Network Pharmacy (Coverage is limited to certain situations; see Chapter 5 for details)(up to a 30-day supply)
Cost-Sharing Tier 1 Generic Drugs	\$10 copayment	\$20 copayment	\$10 copayment*
Cost-Sharing Tier 2 Preferred Brand Drugs	\$35 copayment	\$70 copayment	\$35 copayment*
Cost-Sharing Tier 3 Non- Preferred Brand Drugs	\$70 copayment	\$140 copayment	\$70 copayment*
Cost-Sharing Tier 4 Specialty Tier Drugs	\$70 copayment	\$140 copayment	\$70 copayment*

<sup>\*</sup>You will not be reimbursed for the difference between the Out-of-Network Pharmacy charge and the plan's In-Network allowable amount.

## Section 5.3 If your doctor prescribes less than a full month's supply, you may not have to pay the cost of the entire month's supply

Typically, you pay a copay to cover a full month's supply of a covered drug. However your doctor can prescribe less than a month's supply of drugs. There may be times when you want to ask your doctor about prescribing less than a month's supply of a drug (for example, when you are trying a medication for the first time that is known to have serious side effects). If you doctor agrees, you will not have to pay for the full month's supply for certain drugs.

The amount you pay when you get less than a full month's supply will depend on whether you are responsible for paying coinsurance (a percentage of the total cost) or a copayment (a flat dollar amount).

• If you are responsible for coinsurance, you pay a percentage of the total cost of the drug. You

- pay the same percentage regardless of whether the prescription is for a full month's supply or for fewer days. However, because the entire drug cost will be lower if you get less than a full month's supply, the **amount** you pay will be less.
- If you are responsible for a copayment for the drug, your copay will be based on the number of days of the drug that you receive. We will calculate the amount you pay per day for your drug (the "daily cost-sharing rate") and multiply it by the number of days of the drug you receive.
- Here's an example: Let's say the copay for your drug for a full month's supply (a 30-day supply) is \$30. This means that the amount you pay per day for your drug is \$1. If you receive a 7 days' supply of the drug, your payment will be \$1 per day multiplied by 7 days, for a total payment of \$7.
- You should not have to pay more per day just because you begin with less than a month's supply. Let's go back to the example above. Let's say you and your doctor agree that the drug is working well and that you should continue taking the drug after your 7 days' supply runs out. If you receive a second prescription for the rest of the month, or 23 days more of the drug, you will still pay \$1 per day, or \$23. Your total cost for the month will be \$7 for your first prescription and \$23 for your second prescription, for a total of \$30 the same as your copay would be for a full month's supply.

Daily cost-sharing allows you to make sure a drug works for you before you have to pay for an entire month's supply.

# Section 5.4 You stay in the Initial Coverage Stage until your total drug costs for the year reach \$2,850

You stay in the Initial Coverage Stage until the total amount for the prescription drugs you have filled and refilled reaches the \$2,850 **limit for the Initial Coverage Stage.** 

Your total drug cost is based on adding together what you have paid and what any Part D plan has paid:

- What you have paid for all the covered drugs you have gotten since you started with your first drug purchase of the year. (See Section 6.2 for more information about how Medicare calculates your out-of-pocket costs.) This includes:
  - The total you paid as your share of the cost for your drugs during the Initial Coverage Stage.
- What the <u>plan</u> has paid as its share of the cost for your drugs during the Initial Coverage Stage. (If you were enrolled in a different Part D plan at any time during 2014, the amount that plan paid during the Initial Coverage Stage also counts toward your total drug costs.)

The **Explanation of Benefits** (EOB) that we send to you will help you keep track of how much you and the plan have spent for your drugs during the year. Many people do not reach the \$2,850 limit in a year.

We will let you know if you reach this \$2,850 amount. If you do reach this amount, you will leave the Initial Coverage Stage and move on to the Coverage Gap Stage.

SECTION 6	During the Coverage Gap Stage, the plan continues to pay its share of the cost of your drugs and you pay your share of the cost
Section 6.1	You stay in the Coverage Gap Stage until your out-of-pocket costs reach \$4,550

If you have any questions about the availability of discounts for the drugs you are taking or about the Medicare Coverage Gap Discount Program in general, please contact Customer Service (phone numbers are on the back cover of this booklet).

After you leave the Initial Coverage Stage, we will continue to pay our share of the cost of your drugs and you pay your share of the cost. For generic drugs in all Tiers you pay your share of the cost or 72% of the costs whichever is lower. For brand name drugs in all Tiers you pay your share of the cost or 47.5% of the price (plus a portion of the dispensing fee) whichever is lower. You pay these amounts until your yearly out-of-pocket costs reach a maximum amount that Medicare has set. In 2014, that amount is \$4,550.

Medicare has rules about what counts and what does not count as your out-of-pocket costs. When you reach an out-of-pocket limit of \$4,550, you leave the Coverage Gap Stage and move on to the Catastrophic Coverage Stage.

# Section 6.2 How Medicare calculates your out-of-pocket costs for prescription drugs

Here are Medicare's rules that we must follow when we keep track of your out-of-pocket costs for your drugs.

These payments <u>are</u> included in your out-of-pocket costs

When you add up your out-of-pocket costs, **you** <u>can include</u> the payments listed below (as long as they are for Part D covered drugs and you followed the rules for drug coverage that are explained in Chapter 5 of this booklet):

- The amount you pay for drugs when you are in any of the following drug payment stages:
  - The Initial Coverage Stage.
  - The Coverage Gap Stage.
- Any payments you made during this calendar year as a member of a different Medicare prescription drug plan before you joined our plan.

### It matters who pays:

- If you make these payments **yourself**, they are included in your out-of-pocket costs.
- These payments are **also included** if they are made on your behalf by **certain other individuals or organizations**. This includes payments for your drugs made by a friend or relative, by most charities, by AIDS drug assistance programs, by a State Pharmaceutical Assistance Program that is qualified by Medicare, or by the Indian Health Service. Payments made by Medicare's "Extra Help" Program are also included.
- Some of the payments made by the Medicare Coverage Gap Discount Program are included. The amount the manufacturer pays for your brand name drugs is included. But the amount the plan pays for your generic drugs is not included.

# Moving on to the Catastrophic Coverage Stage:

When you (or those paying on your behalf) have spent a total of \$4,550 in out-of-pocket costs within the plan year, you will move from the Coverage Gap Stage to the Catastrophic Coverage Stage.

These payments are **not** included in your out-of-pocket costs

When you add up your out-of-pocket costs, you are <u>not</u> allowed to include any of these types of payments for prescription drugs:

- Drugs you buy outside the United States and its territories.
- Drugs that are not covered by our plan.
- Drugs you get at an out-of-network pharmacy that do not meet the plan's requirements for out-of-network coverage.
- Prescription drugs covered by Part A or Part B
- Payments you make toward drugs covered under our additional coverage but not normally covered in a Medicare Prescription Drug Plan.
- Payments you make toward prescription drugs not normally covered in a Medicare Prescription Drug Plan.
- Payments made by the plan for your generic drugs while in the Coverage Gap.
- Payments for your drugs that are made by group health plans including employer health plans.
- Payments for your drugs that are made by certain insurance plans and government-funded health programs such as TRICARE and the Veteran's Administration.
- Payments for your drugs made by a third-party with a legal obligation to pay for prescription costs (for example, Worker's Compensation).

**Reminder:** If any other organization such as the ones listed above pays part or all of your out-of-pocket costs for drugs, you are required to tell our plan. Call Customer Service to let us know (phone numbers are printed on the back cover of this booklet).

# How can you keep track of your out-of-pocket total?

- We will help you. The Explanation of Benefits (EOB) report we send to you includes the current amount of your out-of-pocket costs (Section 3 in this chapter tells about this report). When you reach a total of \$4,550 in out-of-pocket costs for the year, this report will tell you that you have left the Coverage Gap Stage and have moved on to the Catastrophic Coverage Stage.
- Make sure we have the information we need. Section 3.2 tells what you can do to help make sure that our records of what you have spent are complete and up to date.

SECTION 7 During the Catastrophic Coverage Stage, the plan pays most of the costs for your drugs

# Section 7.1 Once you are in the Catastrophic Coverage Stage, you will stay in this stage for the rest of the year

You qualify for the Catastrophic Coverage Stage when your out-of-pocket costs have reached the \$4,550 limit for the plan year. Once you are in the Catastrophic Coverage Stage, you will stay in this payment stage until the end of the plan year.

During this stage, the plan will pay most of the cost for your drugs.

- Your share of the cost for a covered drug will be either coinsurance or a copayment, whichever is the larger amount:
  - - either coinsurance of 5% of the cost of the drug
  - $\circ$  -or \$2.55 for a generic drug or a drug that is treated like a generic and \$6.35 for all other drugs.
- Our plan pays the rest of the cost.

#### **SECTION 8** Additional benefits information

# Section 8.1 Our plan has benefit limitations

This part of Chapter 6 talks about limitations of our plan.

- 1. Early refills for lost, stolen or destroyed drugs are not covered except during a declared "National Emergency".
- 2. Early refills for vacation supplies are limited to a one-time fill of up to 30 days per calendar year.
- 3. Medications will not be covered if prescribed by physicians or other providers who are excluded from Medicare program participation.
- 4. You may refill a prescription when a minimum of seventy-five percent (75%) of the quantity is consumed based on the days supply.
- 5. Costs for drugs that are not covered under Part D do not count toward your True Out-of-Pocket (TrOOP) costs.

# SECTION 9 What you pay for vaccinations covered by Part D depends on how and where you get them

# Section 9.1 Our plan has separate coverage for the Part D vaccine medication itself and for the cost of giving you the vaccination shot

Our plan provides coverage of a number of Part D vaccines. We also cover vaccines that are considered medical benefits. You can find out about coverage of these vaccines by going to the Medical Benefits Chart in Chapter 4, Section 2.1.

There are two parts to our coverage of Part D vaccinations:

- The first part of coverage is the cost of **the vaccine medication itself**. The vaccine is a prescription medication.
- The second part of coverage is for the cost of **giving you the vaccination shot**. (This is sometimes called the "administration" of the vaccine.)

## What do you pay for a Part D vaccination?

What you pay for a Part D vaccination depends on three things:

- 1. **The type of vaccine** (what you are being vaccinated for).
  - Some vaccines are considered medical benefits. You can find out about your coverage of these vaccines by going to Chapter 4, Medical Benefits Chart (what is covered and what you pay).
  - Other vaccines are considered Part D drugs. You can find these vaccines listed in the plan's List of Covered Drugs (Formulary).
- 2. Where you get the vaccine medication.
- 3. Who gives you the vaccination shot.

What you pay at the time you get the Part D vaccination can vary depending on the circumstances. For example:

- Sometimes when you get your vaccination shot, you will have to pay the entire cost for both the vaccine medication and for getting the vaccination shot. You can ask our plan to pay you back for our share of the cost.
- Other times, when you get the vaccine medication or the vaccination shot, you will pay only your share of the cost.

To show how this works, here are three common ways you might get a Part D vaccination shot. Remember you are responsible for all of the costs associated with vaccines (including their administration) during the Coverage Gap Stage of your benefit.

- **Situation 1:** You buy the Part D vaccine at the pharmacy and you get your vaccination shot at the network pharmacy. (Whether you have this choice depends on where you live. Some states do not allow pharmacies to administer a vaccination.)
  - You will have to pay the pharmacy the amount of your copayment and/or coinsurance for the vaccine itself.
  - Our plan will pay for the cost of giving you the vaccination shot.

# **Situation 2:** You get the Part D vaccination at your doctor's office.

- When you get the vaccination, you will pay for the entire cost of the vaccine and its administration.
- You can then ask our plan to pay our share of the cost by using the procedures that are described in Chapter 7 of this booklet (Asking us to pay our share of a bill you have received for covered medical services or drugs).
- You will be reimbursed the amount you paid less your normal copayment and/ or coinsurance for the vaccine (including administration) less any difference

between the amount the doctor charges and what we normally pay. (If you get "Extra Help," we will reimburse you for this difference.)

**Situation 3:** You buy the Part D vaccine at your pharmacy, and then take it to your doctor's office where they give you the vaccination shot.

- You will have to pay the pharmacy the amount of your copayment and/or coinsurance for the vaccine itself.
- When your doctor gives you the vaccination shot, you will pay the entire cost for this service. You can then ask our plan to pay our share of the cost by using the procedures described in Chapter 7 of this booklet.
- You will be reimbursed the amount charged by the doctor for administering the vaccine less any difference between the amount the doctor charges and what we normally pay. (If you get "Extra Help," we will reimburse you for this difference.)

Our plan recommends that you get vaccines at a network pharmacy wherever possible. If the administration fee is less than \$20, all you will have to pay is your copayment or coinsurance amount. You won't have to fill out a form to get reimbursed so getting your vaccine at a network pharmacy rather than at your doctor's office may be more convenient. If the administration fee is more than \$20, you will need to pay the difference between the \$20 and the administrative fee your doctor charges. Check your Pharmacy Directory for a list of network pharmacies.

# Section 9.2 You may want to call us at Customer Service before you get a vaccination

The rules for coverage of vaccinations are complicated. We are here to help. We recommend that you call us first at Customer Service whenever you are planning to get a vaccination. (Phone numbers for Customer Service are printed on the back cover of this booklet).

- We can tell you about how your vaccination is covered by our plan and explain your share of the cost.
- We can tell you how to keep your own cost down by using providers and pharmacies in our network.
- If you are not able to use a network provider and pharmacy, we can tell you what you need to do to get payment from us for our share of the cost.

# SECTION 10 Do you have to pay the Part D "late enrollment penalty"?

# Section 10.1 What is the Part D "late enrollment penalty"?

**Note:** If you receive "Extra Help" from Medicare to pay for your prescription drugs, the late enrollment penalty rules do not apply to you. You will not pay a late enrollment penalty, even if you go without "creditable" prescription drug coverage.

You may pay a financial penalty if you did not enroll in a plan offering Medicare Part D drug coverage

when you first became eligible for this drug coverage or you experienced a continuous period of 63 days or more when you didn't have creditable prescription drug coverage. ("Creditable prescription drug coverage" is coverage that meets Medicare's minimum standards since it is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage.) The amount of the penalty depends on how long you waited to enroll in a creditable prescription drug coverage plan any time after the end of your initial enrollment period or how many full calendar months you went without creditable prescription drug coverage. You will have to pay this penalty for as long as you have Part D coverage.

The penalty is added to your monthly premium. (For members who must pay a late enrollment penalty, the amount of the penalty will be added to the bill we send to your plan sponsor.) When you first enroll in our plan, we let you know the amount of the penalty.

Your late enrollment penalty is considered part of your plan premium.

# Section 10.2 How much is the Part D late enrollment penalty?

Medicare determines the amount of the penalty. Here is how it works:

- First count the number of full months that you delayed enrolling in a Medicare drug plan, after you were eligible to enroll. Or count the number of full months in which you did not have creditable prescription drug coverage, if the break in coverage was 63 days or more. The penalty is 1% for every month that you didn't have creditable coverage. For example, if you go 14 months without coverage, the penalty will be 14%.
- Then Medicare determines the amount of the average monthly premium for Medicare drug plans in the nation from the previous year. For 2014, this average premium amount is \$32.42.
- To calculate your monthly penalty, you multiply the penalty percentage and the average monthly premium and then round it to the nearest 10 cents. In the example here it would be 14% times \$32.42, which equals \$4.54. This rounds to \$4.60. This amount would be added to the plan sponsor's monthly premium for someone with a late enrollment penalty.

There are three important things to note about this monthly late enrollment penalty:

- First, **the penalty may change each year**, because the average monthly premium can change each year. If the national average premium (as determined by Medicare) increases, your penalty will increase.
- Second, **you will continue to pay a penalty** every month for as long as you are enrolled in a plan that has Medicare Part D drug benefits.
- Third, if you are <u>under</u> 65 and currently receiving Medicare benefits, the late enrollment penalty will reset when you turn 65. After age 65, your late enrollment penalty will be based only on the months that you don't have coverage after your initial enrollment period for aging into Medicare.

# Section 10.3 In some situations, you can enroll late and not have to pay the penalty

Even if you have delayed enrolling in a plan offering Medicare Part D coverage when you were first eligible, sometimes you do not have to pay the late enrollment penalty.

### You will not have to pay a penalty for late enrollment if you are in any of these situations:

- If you already have prescription drug coverage that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. Medicare calls this "creditable drug coverage." Please note:
  - Creditable coverage could include drug coverage from a former employer or union, TRICARE, or the Department of Veterans Affairs. Your insurer or your human resources department will tell you each year if your drug coverage is creditable coverage. This information may be sent to you in a letter or included in a newsletter from the plan. Keep this information, because you may need it if you join a Medicare drug plan later.
    - Please note: If you receive a "certificate of creditable coverage" when your health coverage ends, it may not mean your prescription drug coverage was creditable. The notice must state that you had "creditable" prescription drug coverage that expected to pay as much as Medicare's standard prescription drug plan pays.
  - The following are **not** creditable prescription drug coverage: prescription drug discount cards, free clinics, and drug discount Web sites.
  - For additional information about creditable coverage, please look in your **Medicare & You** 2014 Handbook or call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. You can call these numbers for free, 24 hours a day, 7 days a week.
- If you were without creditable coverage, but you were without it for less than 63 days in a row.
- If you are receiving "Extra Help" from Medicare.

# Section 10.4 What can you do if you disagree about your late enrollment penalty?

If you disagree about your late enrollment penalty, you or your representative can ask for a review of the decision about your late enrollment penalty. Generally, you must request this review **within 60 days** from the date on the letter you receive stating you have to pay a late enrollment penalty. Call Customer Service to find out more about how to do this (phone numbers are printed on the back cover of this booklet).

# SECTION 11 Do you have to pay an extra Part D amount because of your income?

# Section 11.1 Who pays an extra Part D amount because of income?

Most people pay a standard monthly Part D premium. However, some people pay an extra amount because of their yearly income. If your income is \$85,000 or above for an individual (or married individuals filing separately) or \$170,000 or above for married couples, you must pay an extra amount

directly to the government for your Medicare Part D coverage.

If you have to pay an extra amount, Social Security, not your Medicare plan, will send you a letter telling you what that extra amount will be and how to pay it. The extra amount will be withheld from your Social Security, Railroad Retirement Board, or Office of Personnel Management benefit check, no matter how you usually pay your plan premium, unless your monthly benefit isn't enough to cover the extra amount owed. If your benefit check isn't enough to cover the extra amount, you will get a bill from Medicare. You must pay the extra amount to the government. It cannot be paid with your monthly plan premium.

#### Section 11.2 How much is the extra Part D amount?

If your modified adjusted gross income (MAGI) as reported on your IRS tax return is above a certain amount, you will pay an extra amount in addition to your monthly plan premium.

The chart below shows the extra amount based on your income.

If you filed an individual tax return and your income in 2012 was:	If you were married but filed a separate tax return and your income in 2012 was:	If you filed a joint tax return and your income in 2012 was:	This is the monthly cost of your extra Part D amount (to be paid in addition to your plan premium)
Equal to or less than \$85,000	Equal to or less than \$85,000	Equal to or less than \$170,000	\$0
Greater than \$85,000 and less than or equal to \$107,000		Greater than \$170,000 and less than or equal to \$214,000	\$12.10
Greater than \$107,000 and less than or equal to \$160,000		Greater than \$214,000 and less than or equal to \$320,000	\$31.10
Greater than \$160,000 and less than or equal to \$214,000	Greater than \$85,000 and less than or equal to \$129,000	Greater than \$320,000 and less than or equal to \$428,000	\$50.20
Greater than \$214,000	Greater than \$129,000	Greater than \$428,000	\$69.30

# Section 11.3 What can you do if you disagree about paying an extra Part D amount?

If you disagree about paying an extra amount because of your income, you can ask Social Security to review the decision. To find out more about how to do this, contact Social Security at 1-800-772-1213 (TTY 1-800-325-0778).

# Section 11.4 What happens if you do not pay the extra Part D amount?

The extra amount is paid directly to the government (not your Medicare plan) for your Medicare Part D coverage. If you are required to pay the extra amount and you do not pay it, you <u>will</u> be disenrolled from the plan and lose prescription drug coverage.

# CHAPTER 7: Asking us to pay our share of a bill you have received for covered medical services or drugs

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SECTION 1	Situations in which you should ask us to pay our share of the cost of your covered services or drugs
Section 1.1	If you pay our plan's share of the cost of your covered services or drugs, or if you receive a bill, you can ask us for payment

Sometimes when you get medical care or a prescription drug, you may need to pay the full cost right away. Other times, you may find that you have paid more than you expected under the coverage rules of the plan. In either case, you can ask our plan to pay you back (paying you back is often called "reimbursing" you). It is your right to be paid back by our plan whenever you've paid more than your share of the cost for medical services or drugs that are covered by our plan.

There may also be times when you get a bill from a provider for the full cost of medical care you have received. In many cases, you should send this bill to us instead of paying it. We will look at the bill and decide whether the services should be covered. If we decide they should be covered, we will pay the provider directly.

Here are examples of situations in which you may need to ask our plan to pay you back or to pay a bill you have received:

# 1. When you've received medical care from a provider who is not in our plan's network

When you received care from a provider who is not part of our network, you are only responsible for paying your share of the cost, not for the entire cost. (Your share of the cost may be higher for an out-of-network provider than for a network provider). You should ask the provider to bill the plan for our share of the cost.

- If you pay the entire amount yourself at the time you receive the care, you need to ask us to pay you back for our share of the cost. Send us the bill, along with documentation of any payments you have made.
- At times you may get a bill from the provider asking for payment that you think you do not owe. Send us this bill, along with documentation of any payments you have already made.
  - o If the provider is owed anything, we will pay the provider directly.
  - If you have already paid more than your share of the cost of the service, we will determine how much you owed and pay you back for our share of the cost.
- **Please note:** While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we cannot pay a provider who is not eligible to participate in Medicare. If the provider is not eligible to participate in Medicare, you will be responsible for the full cost of the services you receive.

# 2. When a network provider sends you a bill you think you should not pay

Network providers should always bill the plan directly, and ask you only for your share of the cost. But sometimes they make mistakes, and ask you to pay more than your share.

• You only have to pay your cost-sharing amount when you get services covered by our plan. We do not allow network providers to add additional separate charges, called "balance billing." This

protection (that you never pay more than your cost-sharing amount) applies even if we pay the provider less than the provider charges for a service and even if there is a dispute and we don't pay certain provider charges. For more information about "balance billing," go to Chapter 4, Section 1.3.

- Whenever you get a bill from a network provider that you think is more than you should pay, send us the bill. We will contact the provider directly and resolve the billing problem.
- If you have already paid a bill to a network provider, but you feel that you paid too much, send us the bill along with documentation of any payment you have made and ask us to pay you back the difference between the amount you paid and the amount you owed under the plan.

# 3. If you are retroactively enrolled in our plan.

Sometimes a person's enrollment in the plan is retroactive. (Retroactive means that the first day of their enrollment has already passed. The enrollment date may even have occurred last year).

If you were retroactively enrolled in our plan and you paid out-of-pocket for any of your covered services or drugs after your enrollment date, you can ask us to pay you back for our share of the costs. You will need to submit paperwork for us to handle the reimbursement.

• Please call Customer Service for additional information about how to ask us to pay you back and deadlines for making your request. (Phone numbers for Customer Service are printed on the back cover of this booklet).

# 4. When you use an out-of-network pharmacy to get a prescription filled

If you go to an out-of-network pharmacy and try to use your member ID card to fill a prescription, the pharmacy may not be able to submit the claim directly to us. When that happens, you will have to pay the full cost of your prescription. (We cover prescriptions filled at out-of-network pharmacies only in a few special situations. Please go to Chapter 5, Section 2.5 to learn more.)

• Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost.

# 5. When you pay the full cost for a prescription because you don't have your plan member ID card with you

If you do not have your plan member ID card with you, you can ask the pharmacy to call the plan or to look up your plan enrollment information. However, if the pharmacy cannot get the enrollment information they need right away, you may need to pay the full cost of the prescription yourself.

• Save your receipt and send a copy to us when you ask us to pay you back for our share of the cost.

## 6. When you pay the full cost for a prescription in other situations

You may pay the full cost of the prescription because you find that the drug is not covered for some reason.

• For example, the drug may not be on the plan's List of Covered Drugs (Formulary); or it

- could have a requirement or restriction that you didn't know about or don't think should apply to you. If you decide to get the drug immediately, you may need to pay the full cost for it.
- Save your receipt and send a copy to us when you ask us to pay you back. In some situations, we
  may need to get more information from your doctor in order to pay you back for our share of
  the cost.

All of the examples above are types of coverage decisions. This means that if we deny your request for payment, you can appeal our decision. Chapter 9 of this booklet (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)) has information about how to make an appeal.

# SECTION 2 How to ask us to pay you back or to pay a bill you have received Section 2.1 How and where to send us your request for payment

Send us your request for payment, along with your bill and documentation of any payment you have made. It's a good idea to make a copy of your bill and receipts for your records.

Mail your request for payment together with any bills or receipts to us at this address:

Part D Prescription drug payment requests UnitedHealthcare PO Box 29675 Hot Springs, AR 71903-9675 Medical Claims payment requests UnitedHealthcare PO Box 29675

Hot Springs, AR 71903-9675

You must submit your Part C (medical) claim to us within 12 months of the date you received the service, item, or Part B drug.

You must submit your Part D (prescription drug) claim to us within 36 months of the date you received the service, item, or drug.

Contact Customer Service if you have any questions (phone numbers are printed on the back cover of this booklet). If you don't know what you should have paid, or you receive bills and you don't know what to do about those bills, we can help. You can also call if you want to give us more information about a request for payment you have already sent to us.

SECTION 3	We will consider your request for payment and say yes or no
Section 3.1	We check to see whether we should cover the service or drug and how much we owe

When we receive your request for payment, we will let you know if we need any additional information from you. Otherwise, we will consider your request and make a coverage decision.

- If we decide that the medical care or drug is covered and you followed all the rules for getting the care or drug, we will pay for our share of the cost. If you have already paid for the service or drug, we will mail your reimbursement of our share of the cost to you. If you have not paid for the service or drug yet, we will mail the payment directly to the provider. (Chapter 3 explains the rules you need to follow for getting your medical services covered. Chapter 5 explains the rules you need to follow for getting your Part D prescription drugs covered.)
- If we decide that the medical care or drug is **not** covered, or you did **not** follow all the rules, we will not pay for our share of the cost. Instead, we will send you a letter that explains the reasons why we are not sending the payment you have requested and your rights to appeal that decision.

# Section 3.2 If we tell you that we will not pay for all or part of the medical care or drug, you can make an appeal

If you think we have made a mistake in turning down your request for payment or you don't agree with the amount we are paying, you can make an appeal. If you make an appeal, it means you are asking us to change the decision we made when we turned down your request for payment.

For the details on how to make this appeal, go to Chapter 9 of this booklet (What to do if you have a problem or complaint (coverage decisions, appeals, complaints)). The appeals process is a formal process with detailed procedures and important deadlines. If making an appeal is new to you, you will find it helpful to start by reading Section 4 of Chapter 9. Section 4 is an introductory section that explains the process for coverage decisions and appeals and gives definitions of terms such as "appeal." Then after you have read Section 4, you can go to the section in Chapter 9 that tells what to do for your situation:

- If you want to make an appeal about getting paid back for a medical service, go to Section 5.3 in Chapter 9.
- If you want to make an appeal about getting paid back for a drug, go to Section 6.5 of Chapter 9.

# SECTION 4 Other situations in which you should save your receipts and send copies to us Section 4.1 In some cases, you should send copies of your receipts to us to help us track your out-of-pocket drug costs

There are some situations when you should let us know about payments you have made for your drugs. In these cases, you are not asking us for payment. Instead, you are telling us about your payments so that we can calculate your out-of-pocket costs correctly. This may help you to qualify for the Catastrophic Coverage Stage more quickly.

Here are two situations when you should send us copies of receipts to let us know about payments you have made for your drugs:

# 1. When you buy the drug for a price that is lower than our price

Sometimes when you are in the Coverage Gap Stage you can buy your drug at a network pharmacy for a price that is lower than our price.

- For example, a pharmacy might offer a special price on the drug. Or you may have a discount card that is outside our benefit that offers a lower price.
- Unless special conditions apply, you must use a network pharmacy in these situations and your drug must be on our Drug List.
- Save your receipt and send a copy to us so that we can have your out-of-pocket expenses count toward qualifying you for the Catastrophic Coverage Stage.
- **Please note:** If you are in the Coverage Gap Stage, we will not pay for any share of these drug costs. But sending a copy of the receipt allows us to calculate your out-of-pocket costs correctly and may help you qualify for the Catastrophic Coverage Stage more quickly.

# 2. When you get a drug through a patient assistance program offered by a drug manufacturer

Some members are enrolled in a patient assistance program offered by a drug manufacturer that is outside the plan benefits. If you get any drugs through a program offered by a drug manufacturer, you may pay a copayment to the patient assistance program.

- Save your receipt and send a copy to us so that we can have your out-of-pocket expenses count toward qualifying you for the Catastrophic Coverage Stage.
- **Please note:** Because you are getting your drug through the patient assistance program and not through the plan's benefits, we will not pay for any share of these drug costs. But sending a copy of the receipt allows us to calculate your out-of-pocket costs correctly and may help you qualify for the Catastrophic Coverage Stage more quickly.

Since you are not asking for payment in the two cases described above, these situations are not considered coverage decisions. Therefore, you cannot make an appeal if you disagree with our decision.

# **CHAPTER 8: Your rights and responsibilities**

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SECTION 1	Our plan must honor your rights as a member of the plan
Section 1.1	You have a right to receive information about the organization, its services, its practitioners and providers and member rights and responsibilities. We must provide information in a way that works for you (in languages other than English, in Braille, in large print, or other alternate formats)

To get information from us in a way that works for you, please call Customer Service (phone numbers are printed on the back cover of this booklet).

Our plan has people and free language interpreter services available to answer questions from non-English speaking members. This information is available for free in other languages. We can also give you information in Braille, in large print, or other alternate formats if you need it. If you are eligible for Medicare because of a disability, we are required to give you information about the plan's benefits that is accessible and appropriate for you.

If you have any trouble getting information from our plan because of problems related to language or a disability, please call Medicare at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and tell them that you want to file a complaint. TTY users call 1-877-486-2048.

Section 1.2	You have a right to be treated with respect and recognition of your dignity
	and right to privacy. We must treat you with fairness and respect at all times

Our plan must obey laws that protect you from discrimination or unfair treatment. **We do not discriminate** based on a person's race, ethnicity, national origin, religion, gender, age, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability, or geographic location within the service area.

If you want more information or have concerns about discrimination or unfair treatment, please call the Department of Health and Human Services' **Office for Civil Rights** 1-800-368-1019 (TTY 1-800-537-7697) or your local Office for Civil Rights.

If you have a disability and need help with access to care, please call us at Customer Service (phone numbers are printed on the back cover of this booklet). If you have a complaint, such as a problem with wheelchair access, Customer Service can help.

# Section 1.3 We must ensure that you get timely access to your covered services and drugs

You have the right to choose a provider for your care.

You also have the right to choose an out-of-network provider that participates in Medicare. If you use an out-of-network provider, your share of the costs for your covered services may be higher. Call the Customer Service number listed on the back cover of this booklet for more information.

As a plan member, you have the right to get appointments and covered services from your providers,

within a reasonable amount of time. This includes the right to get timely services from specialists when you need that care. You also have the right to get your prescriptions filled or refilled at any of our network pharmacies without long delays.

#### How to Receive Care After Hours

If you need to talk or see your Primary Care Physician after the office has closed for the day, call your Primary Care Physician's office. When the on call physician returns your call he or she will advise you on how to proceed.

If you think that you are not getting your medical care or Part D drugs within a reasonable amount of time, Chapter 9, Section 10, of this booklet tells what you can do. (If we have denied coverage for your medical care or drugs and you don't agree with our decision, Chapter 9, Section 4 tells what you can do.)

# Section 1.4 We must protect the privacy of your personal health information

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws.

- Your "personal health information" includes the personal information you gave us when you enrolled in this plan as well as your medical records and other medical and health information.
- The laws that protect your privacy give you rights related to getting information and controlling how your health information is used. We give you a written notice, called a "Notice of Privacy Practice," that tells about these rights and explains how we protect the privacy of your health information.

# How do we protect the privacy of your health information?

- We make sure that unauthorized people don't see or change your records.
- In most situations, if we give your health information to anyone who isn't providing your care or paying for your care, we are required to get written permission from you first. Written permission can be given by you or by someone you have given legal power to make decisions for you.
- There are certain exceptions that do not require us to get your written permission first. These exceptions are allowed or required by law.
  - For example, we are required to release health information to government agencies that are checking on quality of care.
  - O Because you are a member of our plan through Medicare, we are required to give Medicare your health information including information about your Part D prescription drugs. If Medicare releases your information for research or other uses, this will be done according to Federal statutes and regulations.

### You can see the information in your records and know how it has been shared with others

You have the right to look at your medical records held at the plan, and to get a copy of your records. We are allowed to charge you a fee for making copies. You also have the right to ask us to make additions or corrections to your medical records. If you ask us to do this, we will work with your healthcare provider to decide whether the changes should be made.

You have the right to know how your health information has been shared with others for any purposes that are not routine.

If you have questions or concerns about the privacy of your personal health information, please call Customer Service (phone numbers are printed on the back cover of this booklet).

# HEALTH PLAN NOTICES OF PRIVACY PRACTICES MEDICAL INFORMATION PRIVACY NOTICE

THIS NOTICE DESCRIBES HOW <u>MEDICAL INFORMATION</u> ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective September 23, 2013

We¹ required by law to protect the privacy of your health information. We are also required to send you this notice, which explains how we may use information about you and when we can give out or "disclose" that information to others. You also have rights regarding your health information that are described in this notice. We are required by law to abide by the terms of this notice.

<sup>1</sup> This Medical Information Notice of Privacy Practices applies to the following health plans that are affiliated with UnitedHealth Group: ACN Group of California, Inc.; All Savers Insurance Company; All Savers Life Insurance Company of California; AmeriChoice of Connecticut, Inc.; AmeriChoice of Georgia, Inc.; AmeriChoice of New Jersey, Inc.; Arizona Physicians IPA, Inc.; Care Improvement Plus of Maryland, Inc.; Care Improvement Plus of Texas Insurance Company; Care Improvement Plus South Central Insurance Company; Care Improvement Plus Wisconsin Insurance Company; Citrus Health Care, Inc.; Dental Benefit Providers of California, Inc.; Dental Benefit Providers of Illinois, Inc.; Evercare of Arizona, Inc.; Golden Rule Insurance Company; Health Plan of Nevada, Inc.; MAMSI Life and Health Insurance Company; MD - Individual Practice Association, Inc.; Medical Health Plans of Florida, Inc.; Medica HealthCare Plans, Inc.; Midwest Security Life Insurance Company; National Pacific Dental, Inc.; Neighborhood Health Partnership, Inc.; Nevada Pacific Dental; Optimum Choice, Inc.; Oxford Health Insurance, Inc.; Oxford Health Plans (CT), Inc.; Oxford Health Plans (NJ), Inc.; Oxford Health Plans (NY), Inc.; PacifiCare Life and Health Insurance Company; PacifiCare Life Assurance Company; PacifiCare of Arizona, Inc.; PacifiCare of Colorado, Inc.; PacifiCare of Nevada, Inc.; Physicians Health Choice of New York, Inc.; Physicians Health Choice of Texas, LLC; Preferred Partners, Inc.; Sierra Health and Life Insurance Company, Inc.; UHC of California; U.S. Behavioral Health Plan, California; Unimerica Insurance Company; Unimerica Life Insurance Company of New York; Unison Health Plan of Delaware, Inc.; Unison Health Plan of the Capital Area, Inc.; United Behavioral Health; UnitedHealthcare Benefits of Texas, Inc.; UnitedHealthcare Community Plan, Inc.; UnitedHealthcare Community Plan of Texas, L.L.C.; UnitedHealthcare Insurance Company; UnitedHealthcare Insurance Company of Illinois; UnitedHealthcare Insurance Company of New York; UnitedHealthcare Insurance Company of the River Valley; UnitedHealthcare Life Insurance Company; UnitedHealthcare of Alabama, Inc.; UnitedHealthcare of Arizona, Inc.; UnitedHealthcare of Arkansas, Inc.; UnitedHealthcare of Colorado, Inc.; UnitedHealthcare of Florida, Inc.; UnitedHealthcare of Georgia, Inc.; UnitedHealthcare of Illinois, Inc.; UnitedHealthcare of Kentucky, Ltd.; UnitedHealthcare of Louisiana, Inc.; UnitedHealthcare of Mid-Atlantic, Inc.; UnitedHealthcare of the Midlands, Inc.; UnitedHealthcare of the Midwest, Inc.; United HealthCare of Mississippi, Inc.; UnitedHealthcare of New England, Inc.; UnitedHealthcare of New Mexico, Inc.; UnitedHealthcare of New York, Inc.; UnitedHealthcare of North Carolina, Inc.; UnitedHealthcare of Ohio, Inc.; UnitedHealthcare of Oklahoma, Inc.; UnitedHealthcare of Oregon, Inc.; UnitedHealthcare of Pennsylvania, Inc.; UnitedHealthcare of Texas, Inc.; UnitedHealthcare of Utah, Inc.; UnitedHealthcare of Washington, Inc.; UnitedHealthcare of Wisconsin, Inc.; UnitedHealthcare Plan of the River Valley, Inc.

The terms "information" or "health information" in this notice include any information we maintain that reasonably can be used to identify you and that relates to your physical or mental health condition, the provision of health care to you, or the payment for such health care. We will comply with the requirements of applicable privacy laws related to notifying you in the event of a breach of your health information.

We have the right to change our privacy practices and the terms of this notice. If we make a material change to our privacy practices, we will provide to you, in our next annual distribution, either a revised notice or information about the material change and how to obtain a revised notice. We will provide you with this information either by direct mail or electronically, in accordance with applicable law. In all cases, we will post the revised notice on your health plan website, such as www.UHCRetiree.com. We reserve the right to make any revised or changed notice effective for information we already have and for information that we receive in the future.

UnitedHealth Group collects and maintains oral, written and electronic information to administer our business and to provide products, services and information of importance to our enrollees. We maintain physical, electronic and procedural security safeguards in the handling and maintenance of our enrollees' information, in accordance with applicable state and federal standards, to protect against risks such as loss, destruction or misuse

#### How We Use or Disclose Information

We must use and disclose your health information to provide that information:

- To you or someone who has the legal right to act for you (your personal representative) in order to administer your rights as described in this notice; and
- To the Secretary of the Department of Health and Human Services, if necessary, to make sure your privacy is protected.

We have the right to use and disclose health information for your treatment, to pay for your health care and to operate our business. For example, we may use or disclose your health information:

- **For Payment** of premiums due us, to determine your coverage, and to process claims for health care services you receive, including for subrogation or coordination of other benefits you may have. For example, we may tell a doctor whether you are eligible for coverage and what percentage of the bill may be covered.
- For Treatment. We may use or disclose health information to aid in your treatment or the coordination of your care. For example, we may disclose information to your physicians or hospitals to help them provide medical care to you.
- For Health Care Operations. We may use or disclose health information as necessary to operate and manage our business activities related to providing and managing your health care coverage. For example, we might talk to your physician to suggest a disease management or wellness program that could help improve your health or we may analyze data to determine how we can improve our services.
- To Provide You Information on Health Related Programs or Products such as alternative medical treatments and programs or about health-related products and services, subject to limits imposed by law.
- For Plan Sponsors. If your coverage is through an employer sponsored group health plan, we may share summary health information and enrollment and disenrollment information with the

- plan sponsor. In addition, we may share other health information with the plan sponsor for plan administration purposes if the plan sponsor agrees to special restrictions on its use and disclosure of the information in accordance with federal law.
- **For Underwriting Purposes.**We may use or disclose your health information for underwriting purposes; however, we will not use or disclose your genetic information for such purposes
- For Reminders. We may use or disclose health information to send you reminders about your benefits or care, such as appointment reminders with providers who provide medical care to you.

We may use or disclose your health information for the following purposes under limited circumstances:

- As Required by Law. We may disclose information when required to do so by law.
- To Persons Involved With Your Care. We may use or disclose your health information to a person involved in your care or who helps pay for your care, such as a family member, when you are incapacitated or in an emergency, or when you agree or fail to object when given the opportunity. If you are unavailable or unable to object, we will use our best judgment to decide if the disclosure is in your best interests. Special rules apply regarding when we may disclose health information to family members and others involved in a deceased individual's care. We may disclose health information to any persons involved, prior to the death, in the care or payment for care of a deceased individual, unless we are aware that doing so would be inconsistent with a preference previously expressed by the deceased.
- For Public Health Activities such as reporting or preventing disease outbreaks to a public health authority.
- For Reporting Victims of Abuse, Neglect or Domestic Violence to government authorities that are authorized by law to receive such information, including a social service or protective service agency.
- For Health Oversight Activities to a health oversight agency for activities authorized by law, such as licensure, governmental audits and fraud and abuse investigations.
- For Judicial or Administrative Proceedings such as in response to a court order, search warrant or subpoena.
- For Law Enforcement Purposes. We may disclose your health information to a law enforcement official for purposessuch as providing limited information to locate a missing person or report a crime.
- To Avoid a Serious Threat to Health or Safety to you, another person, or the public, by, for example, disclosing information to public health agencies or law enforcement authorities, or in the event of an emergency or natural disaster.
- For Specialized Government Functions such as military and veteran activities, national security and intelligence activities, and the protective services for the President and others.
- For Workers' Compensation as authorized by, or to the extent necessary to comply with, state workers compensation laws that govern job-related injuries or illness.
- For Research Purposes such as research related to the evaluation of certain treatments or the prevention of disease or disability, if the research study meets federal privacy law requirements.
- To Provide Information Regarding Decedents. We may disclose information to a coroner or medical examiner to identify a deceased person, determine a cause of death, or as authorized by law. We may also disclose information to funeral directors as necessary to carry out their duties.

- For Organ Procurement Purposes. We may use or disclose information to entities that handle procurement, banking or transplantation of organs, eyes or tissue to facilitate donation and transplantation.
- To Correctional Institutions or Law Enforcement Officials if you are an inmate of a correctional institution or under the custody of a law enforcement official, but only if necessary (1) for the institution to provide you with health care; (2) to protect your health and safety or the health and safety of others; or (3) for the safety and security of the correctional institution.
- To Business Associates that perform functions on our behalf or provide us with services if the information is necessary for such functions or services. Our business associates are required, under contract with us and pursuant to federal law, to protect the privacy of your information and are not allowed to use or disclose any information other than as specified in our contract and as permitted by federal law.
- Additional Restrictions on Use and Disclosure. Certain federal and state laws may require special privacy protections that restrict the use and disclosure of certain health information, including highly confidential information about you. "Highly confidential information" may include confidential information under Federal laws governing alcohol and drug abuse information and genetic information as well as state laws that often protect the following types of information:
  - 1. HIV/AIDS;
  - 2. Mental health;
  - 3. Genetic tests;
  - 4. Alcohol and drug abuse;
  - 5. Sexually transmitted diseases and reproductive health information; and
  - 6. Child or adult abuse or neglect, including sexual assault.

If a use or disclosure of health information described above in this notice is prohibited or materially limited by other laws that apply to us, it is our intent to meet the requirements of the more stringent law. Attached to this notice is a "Federal and State Amendments" document.

Except for uses and disclosures described and limited as set forth in this notice, we will use and disclose your health information only with a written authorization from you. This includes, except for limited circumstances allowed by federal privacy law, not using or disclosing psychotherapy notes about you, selling your health information to others, or using or disclosing your health information for certain promotional communications that are prohibited marketing communications under federal law, without your written authorization. Once you give us authorization to release your health information, we cannot guarantee that the recipient to whom the information is provided will not disclose the information. You may take back or "revoke" your written authorization at anytime in writing, except if we have already acted based on your authorization. To find out where to mail your written authorization and how to revoke an authorization, contact the phone number listed on the back of your ID card.

# What Are Your Rights

The following are your rights with respect to your health information:

• You have the right to ask to restrict uses or disclosures of your information for treatment, payment, or health care operations. You also have the right to ask to restrict disclosures to

- family members or to others who are involved in your health care or payment for your health care. We may also have policies on dependent access that authorize your dependents to request certain restrictions. Please note that while we will try to honor your request and will permit requests consistent with our policies, we are not required to agree to any restriction.
- You have the right to ask to receive confidential communications of information in a different manner or at a different place (for example, by sending information to a P.O. Box instead of your home address). We will accommodate reasonable requests where a disclosure of all or part of your health information otherwise could endanger you. In certain circumstances, we will accept your verbal request to receive confidential communications, however, we may also require you confirm your request in writing. In addition, any requests to modify or cancel a previous confidential communication request must be made in writing. Mail your request to the address listed below.
- You have the right to see and obtain a copy of certain health information we maintain about you such as claims and case or medical management records. If we maintain your health information electronically, you will have the right to request that we send a copy of your health information in an electronic format to you. You can also request that we provide a copy of your information to a third party that you identify. In some cases you may receive a summary of this health information. You must make a written request to inspect and copy your health information or have your information sent to a third party. Mail your request to the address listed below. In certain limited circumstances, we may deny your request to inspect and copy your health information. If we deny your request, you may have the right to have the denial reviewed. We may charge a reasonable fee for any copies.
- You have the right to ask to amend certain health information we maintain about you such as claims and case or medical management records, if you believe the health information about you is wrong or incomplete. Your request must be in writing and provide the reasons for the requested amendment. Mail your request to the address listed below. If we deny your request, you may have a statement of your disagreement added to your health information.
- You have the right to receive an accounting of certain disclosures of your information made by us during the six years prior to your request. This accounting will not include disclosures of information made: (i) for treatment, payment, and health care operations purposes; (ii) to you or pursuant to your authorization; and (iii) to correctional institutions or law enforcement officials; and (iv) other disclosures for which federal law does not require us to provide an accounting.
- You have the right to a paper copy of this notice. You may ask for a copy of this notice at any time. Even if you have agreed to receive this notice electronically, you are still entitled to a paper copy of this notice. You also may also obtain a copy of this notice on your health plan website, such as www.UHCRetiree.com.

# **Exercising Your Rights**

- Contacting your Health Plan. If you have any questions about this notice or want information about exercising your rights, please call the toll-free member phone number on the back of your health plan ID card or you may contact a UnitedHealth Group Customer Call Center Representative at 1-800-457-8506.
- Submitting a Written Request. Mail to us your written requests to exercise any of your rights,

including modifying or cancelling a confidential communication, requesting copies of your records, or requesting amendments to your record, at the following address:

UnitedHealthcare Government Programs Privacy Office MN006-W800 P.O. Box 1459 Minneapolis, MN 55440

• **Filing a Complaint.** If you believe your privacy rights have been violated, you may file a complaint with us at the address listed above.

You may also notify the Secretary of the U.S. Department of Health and Human Services of your complaint. We will not take any action against you for filing a complaint.

#### FINANCIAL INFORMATION PRIVACY NOTICE

# THIS NOTICE DESCRIBES HOW <u>FINANCIAL INFORMATION</u> ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Effective September 23, 2013

We<sup>2</sup> are committed to maintaining the confidentiality of your personal financial information. For the purposes of this notice, "personal financial information" means information about an enrollee or an applicant for health care coverage that identifies the individual, is not generally publicly available, and is collected from the individual or is obtained in connection with providing health care coverage to the individual.

<sup>&</sup>lt;sup>2</sup> For purposes of this Financial Information Privacy Notice, "we" or "us" refers to the entities listed in footnote 1, beginning on the first page of the Health Plan Notices of Privacy Practices, plus the following UnitedHealthcare affiliates: AmeriChoice Health Services, Inc.; Dental Benefit Providers, Inc.; HealthAllies, Inc.; MAMSI Insurance Resources, LLC; Managed Physical Network, Inc.; OneNet PPO, LLC; Oxford Benefit Management, Inc.; Oxford Health Plans LLC; ProcessWorks, Inc.; Spectera, Inc.; UMR, Inc.; Unison Administrative Services, LLC; United Behavioral Health of New York I.P.A., Inc.; United HealthCare Services, Inc.; UnitedHealth Advisors, LLC; UnitedHealthcare Service LLC; UnitedHealthcare Services Company of the River Valley, Inc.; UnitedHealthOne Agency, Inc. This Financial Information Privacy Notice only applies where required by law. Specifically, it does not apply to (1) health care insurance products offered in Nevada by Health Plan of Nevada, Inc. and Sierra Health and Life Insurance Company, Inc.; or (2) other UnitedHealth Group health plans in states that provide exceptions for HIPAA covered entities or health insurance products.

#### **Information We Collect**

We collect personal financial information about you from the following sources:

- Information we receive from you on applications or other forms, such as name, address, age, medical information and Social Security number;
- Information about your transactions with us, our affiliates or others, such as premium payment and claims history; and
- Information from consumer reports.

#### Disclosure of Information

We do not disclose personal financial information about our enrollees or former enrollees to any third party, except as required or permitted by law. For example, in the course of our general business practices, we may, as permitted by law, disclose any of the personal financial information that we collect about you, without your authorization, to the following types of institutions:

- To our corporate affiliates, which include financial service providers, such as other insurers, and non-financial companies, such as data processors;
- To nonaffiliated companies for our everyday business purposes, such as to process your transactions, maintain your account(s), or respond to court orders and legal investigations; and
- To nonaffiliated companies that perform services for us, including sending promotional communications on our behalf.

# Confidentiality and Security

We maintain physical, electronic and procedural safeguards, in accordance with applicable state and federal standards, to protect your personal financial information against risks such as loss, destruction or misuse. These measures include computer safeguards, secured files and buildings, and restrictions on who may access your personal financial information.

# Questions About this Notice

If you have any questions about this notice, please **call the toll-free member phone number on the back of your health plan ID card** or contact the UnitedHealth Group Customer Call Center at 1-800-457-8506.

# UNITEDHEALTH GROUP HEALTH PLAN NOTICE OF PRIVACY PRACTICES: FEDERAL AND STATE AMENDMENTS

# Revised: June 30, 2013

The first part of this Notice, which provides our privacy practices for Medical Information, describes how we may use and disclose your health information under federal privacy rules. There are other laws that may limit our rights to use and disclose your health information beyond what we are allowed to do under the federal privacy rules. The purpose of the charts below is to:

- 1. show the categories of health information that are subject to these more restrictive laws; and
- 2. give you a general summary of when we can use and disclose your health information <u>without</u> <u>your consent</u>.

If your written consent is required under the more restrictive laws, the consent must meet the particular rules of the applicable federal or state law.

# **Summary of Federal Laws**

# Alcohol & Drug Abuse Information

We are allowed to use and disclose alcohol and drug abuse information that is protected by federal law only (1) in certain limited circumstances, and/or disclose only (2) to specific recipients.

#### **Genetic Information**

We are not allowed to use genetic information for underwriting purposes.

# **Summary of State Laws**

General Health Information	
We are allowed to disclose general health information only (1) under certain limited circumstances, and /or (2) to specific recipients.	CA, NE, PR, RI, VT, WA, WI
HMOs must give enrollees an opportunity to approve or refuse disclosures, subject to certain exceptions.	KY
You may be able to restrict certain electronic disclosures of health information.	NC, NV
We are not allowed to use health information for certain purposes.	CA, IA
We will not use and/or disclosure information regarding certain public assistance programs except for certain purposes	MO, NJ, SD
Prescriptions	
We are allowed to disclose prescription-related information only (1) under certain limited circumstances, and /or (2) to specific recipients.	ID, NH, NV
Communicable Diseases	
We are allowed to disclose communicable disease information only (1) under certain limited circumstances, and /or (2) to specific recipients.	AZ, IN, KS, MI, NV, OK
Sexually Transmitted Diseases and Reproductive Health	
We are allowed to disclose sexually transmitted disease and/ or reproductive health information only (1) under certain limited circumstances and/or (2) to specific recipients	CA, FL, IN, KS, MI, MT, NJ, NV, PR, WA, WY
Alcohol and Drug Abuse	
We are allowed to use and disclose alcohol and drug abuse information (1) under certain limited circumstances, and/or disclose only (2) to specific recipients.	CT, GA, KY, IL, IN, IA, LA, MN, NC, NH, WA, WI

# **Summary of State Laws**

Disclosures of alcohol and drug abuse information may be	WA
restricted by the individual who is the subject of the	
information.	
Genetic Information	
We are not allowed to disclose genetic information without	CA, CO, IL, KS, KY, LA, NY, RI,
your written consent.	TN, WY
We are allowed to disclose genetic information only (1)	AK, AZ, FL, GA, IA, MD, MA,
under certain limited circumstances and/or (2) to specific	MO, NJ, NV, NH, NM, OR, RI,
recipients.	TX, UT, VT
Restrictions apply to (1) the use, and/or (2) the retention of	FL, GA, IA, LA, MD, NM, OH,
genetic information.	UT, VA, VT
HIV/AIDS	
We are allowed to disclose HIV/AIDS-related information	AZ, AR, CA, CT, DE, FL, GA,
only (1) under certain limited circumstances and/or (2) to	IA, IL, IN, KS, KY, ME, MI, MO,
specific recipients.	MT, NY, NC, NH, NM, NV, OR,
	PA, PR, RI, TX, VT, WV, WA,
	WI, WY
Certain restrictions apply to oral disclosures of HIV/AIDS-	CT, FL
related information.	
Mental Health	
We are allowed to disclose mental health information only	CA, CT, DC, IA, IL, IN, KY, MA,
(1) under certain limited circumstances and/or (2) to specific	MI, NC, NM, PR, TN, WA, WI
recipients.	
Disclosures may be restricted by the individual who is the	WA
subject of the information.	
Certain restrictions apply to oral disclosures of mental health	CT
information.	
Certain restrictions apply to the use of mental health	ME
information	
Child or Adult Abuse	
We are allowed to use and disclose child and/or adult abuse	AL, CO, IL, LA, NE, NJ, NM, RI,
information only (1) under certain limited circumstances,	TN, TX, UT, WI
and/or disclose only (2) to specific recipients.	, , ,
C	

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Section 1.5	We must give you information about the plan, its network of providers, and
	your covered services

As a member of our plan, you have the right to get several kinds of information from us. (As explained above in Section 1.1, you have the right to get information from us in a way that works for you. This includes getting the information in languages other than English and in large print or other alternate

# formats.)

If you want any of the following kinds of information, please call Customer Service (phone numbers are printed on the back cover of this booklet):

- Information about our plan. This includes, for example, information about the plan's financial condition. It also includes information about the number of appeals made by members and the plan's performance ratings, including how it has been rated by plan members and how UnitedHealthcare plans compare to other Medicare health plans.
- Information about our network providers including our network pharmacies.
  - For example, you have the right to get information from us about the qualifications of the providers and pharmacies in our network and how we pay the providers in our network.
  - For a list of the providers in the plan's network, see the **Provider Directory**.
  - For a list of the pharmacies in the plan's network, see the **Pharmacy Directory**.
  - For more detailed information about our providers or pharmacies, you can call Customer Service (phone numbers are printed on the back cover of this booklet) or visit our Web site at www.UHCRetiree.com.
- Information about your coverage and the rules you must follow when using your coverage.
  - In Chapters 3 and 4 of this booklet, we explain what medical services are covered for you, any restrictions to your coverage, and what rules you must follow to get your covered medical services.
  - O To get the details on your Part D prescription drug coverage, see Chapters 5 and 6 of this booklet plus the plan's List of Covered Drugs (Formulary). These chapters, together with the List of Covered Drugs (Formulary), tell you what drugs are covered and explain the rules you must follow and the restrictions to your coverage for certain drugs.
  - If you have questions about the rules or restrictions, please call Customer Service (phone numbers are printed on the back cover of this booklet).
- Information about why something is not covered and what you can do about it.
  - If a medical service or Part D drug is not covered for you, or if your coverage is restricted in some way, you can ask us for a written explanation. You have the right to this explanation even if you received the medical service or drug from an out-of-network provider or pharmacy.
  - O If you are not happy or if you disagree with a decision we make about what medical care or Part D drug is covered for you, you have the right to ask us to change the decision. You can ask us to change the decision by making an appeal. For details on what to do if something is not covered for you in the way you think it should be covered, see Chapter 9 of this booklet. It gives you the details about how to make an appeal if you want us to change our decision. (Chapter 9 also tells about how to make a complaint about quality of care, waiting times, and other concerns.)
  - If you want to ask our plan to pay our share of a bill you have received for medical care or a Part D prescription drug, see Chapter 7 of this booklet.

Section 1.6	You have a right to participate with practitioners in making decisions about
	your health care. We must support your right to make decisions about your
	care and a candid discussion of appropriate or medically necessary treatment
	options for your conditions, regardless of cost or benefit coverage.

# You have the right to know your treatment options and participate in decisions about your health care

You have the right to get full information from your doctors and other health care providers when you go for medical care. Your providers must explain your medical condition and your treatment choices in a way that you can understand.

You also have the right to participate fully in decisions about your health care. To help you make decisions with your doctors about what treatment is best for you, your rights include the following:

- To know about all of your choices. This means that you have the right to be told about all of the treatment options that are recommended for your condition, no matter what they cost or whether they are covered by our plan. It also includes being told about programs our plan offers to help members manage their medications and use drugs safely.
- To know about the risks. You have the right to be told about any risks involved in your care. You must be told in advance if any proposed medical care or treatment is part of a research experiment. You always have the choice to refuse any experimental treatments.
- The right to say "no." You have the right to refuse any recommended treatment. This includes the right to leave a hospital or other medical facility, even if your doctor advises you not to leave. You also have the right to stop taking your medication. Of course, if you refuse treatment or stop taking medication, you accept full responsibility for what happens to your body as a result.
- To receive an explanation if you are denied coverage for care. You have the right to receive an explanation from us if a provider has denied care that you believe you should receive. To receive this explanation, you will need to ask us for a coverage decision. Chapter 9 of this booklet tells how to ask the plan for a coverage decision.

# You have the right to give instructions about what is to be done if you are not able to make medical decisions for yourself

Sometimes people become unable to make health care decisions for themselves due to accidents or serious illness. You have the right to say what you want to happen if you are in this situation. This means that, **if you want to**, you can:

- Fill out a written form to give **someone the legal authority to make medical decisions for you** if you ever become unable to make decisions for yourself.
- **Give your doctors written instructions** about how you want them to handle your medical care if you become unable to make decisions for yourself.

The legal documents that you can use to give your directions in advance in these situations are called "advance directives." There are different types of advance directives and different names for them. Documents called "living will" and "power of attorney for health care" are examples of advance directives.

If you want to use an "advance directive" to give your instructions, here is what to do:

- **Get the form.** If you want to have an advance directive, you can get a form from your lawyer, from a social worker, or from some office supply stores. You can sometimes get advance directive forms from organizations that give people information about Medicare. You can also contact Customer Service to ask for the forms (phone numbers are printed on the back cover of this booklet).
- **Fill it out and sign it.** Regardless of where you get this form, keep in mind that it is a legal document. You should consider having a lawyer help you prepare it.
- **Give copies to appropriate people.** You should give a copy of the form to your doctor and to the person you name on the form as the one to make decisions for you if you can't. You may want to give copies to close friends or family members as well. Be sure to keep a copy at home.

If you know ahead of time that you are going to be hospitalized, and you have signed an advance directive, **take a copy with you to the hospital**.

- If you are admitted to the hospital, they will ask you whether you have signed an advance directive form and whether you have it with you.
- If you have not signed an advance directive form, the hospital has forms available and will ask if you want to sign one.

Remember, it is your choice whether you want to fill out an advance directive (including whether you want to sign one if you are in the hospital). According to law, no one can deny you care or discriminate against you based on whether or not you have signed an advance directive.

# What if your instructions are not followed?

If you have signed an advance directive, and you believe that a doctor or hospital did not follow the instructions in it, you may file a complaint with the appropriate state-specific agency, for example, your State Department of Health. See Chapter 2, Section 3 for contact information regarding your state-specific agency.

Section 1.7	You have a right to voice complaints or appeals about the organization or the care it provides. You have the right to make complaints and to ask us to
	reconsider decisions we have made

If you have any problems or concerns about your covered services or care, Chapter 9 of this booklet tells what you can do. It gives the details about how to deal with all types of problems and complaints.

As explained in Chapter 9, what you need to do to follow up on a problem or concern depends on the situation. You might need to ask our plan to make a coverage decision for you, make an appeal to us to change a coverage decision, or make a complaint. Whatever you do – ask for a coverage decision, make an appeal, or make a complaint – we are required to treat you fairly.

You have the right to get a summary of information about the appeals and complaints that other members have filed against our plan in the past. To get this information, please call Customer Service (phone numbers are printed on the back cover of this booklet).

# Section 1.8 What can you do if you believe you are being treated unfairly or your rights are not being respected?

### If it is about discrimination, call the Office for Civil Rights

If you believe you have been treated unfairly or your rights have not been respected due to your race, disability, religion, sex, health, ethnicity, creed (beliefs), age, or national origin, you should call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 or TTY 1-800-537-7697, or call your local Office for Civil Rights.

## Is it about something else?

If you believe you have been treated unfairly or your rights have not been respected, **and** it's **not** about discrimination, you can get help dealing with the problem you are having:

- You can **call Customer Service** (phone numbers are printed on the back cover of this booklet).
- You can **call the State Health Insurance Assistance Program**. For details about this organization and how to contact it, go to Chapter 2, Section 3.
- Or, **you can call Medicare** at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Section 1.9	You have a right to make recommendations regarding the organization's
	member rights and responsibilities policy. How to get more information
	about your rights

There are several places where you can get more information about your rights:

- You can **call Customer Service** (phone numbers are printed on the back cover of this booklet).
- You can **call the State Health Insurance Assistance Program**. For details about this organization and how to contact it, go to Chapter 2, Section 3.
- You can contact **Medicare**.
  - You can visit the Medicare Web site to read or download the publication "Your Medicare Rights & Protections." (The publication is available at: http://www.medicare.gov/ Publications/Pubs/pdf/10112.pdf.)
  - Or, you can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week.
     TTY users should call 1-877-486-2048.

# SECTION 2 You have some responsibilities as a member of the plan Section 2.1 What are your responsibilities?

Things you need to do as a member of the plan are listed below. If you have any questions, please call Customer Service (phone numbers are printed on the back cover of this booklet). We're here to help.

 Get familiar with your covered services and the rules you must follow to get these covered services. Use this Evidence of Coverage booklet to learn what is covered for you and the rules you need to follow to get your covered services.

- Chapters 3 and 4 give the details about your medical services, including what is covered, what is not covered, rules to follow, and what you pay.
- Chapters 5 and 6 give the details about your coverage for Part D prescription drugs.
- If you have any other health insurance coverage or prescription drug coverage in addition to our plan, you are required to tell us. Please call Customer Service to let us know (phone numbers are printed on the back cover of this booklet).
  - We are required to follow rules set by Medicare to make sure that you are using all of your coverage in combination when you get your covered services from our plan. This is called "coordination of benefits" because it involves coordinating the health and drug benefits you get from our plan with any other health and drug benefits available to you. We'll help you coordinate your benefits. (For more information about coordination of benefits, go to Chapter 1, Section 7.)
- Tell your doctor and other health care providers that you are enrolled in our plan. Show your plan member ID card whenever you get your medical care or Part D prescription drugs.
- Help your doctors and other providers help you by giving them information, asking questions, and following through on your care.
  - O To help your doctors and other health providers give you the best care, learn as much as you are able to about your health problems and give them the information they need about you and your health. Follow the treatment plans and instructions that you and your doctors agree upon.
  - Make sure your doctors know all of the drugs you are taking, including over-the-counter drugs, vitamins, and supplements.
  - If you have any questions, be sure to ask. Your doctors and other health care providers are supposed to explain things in a way you can understand. If you ask a question and you don't understand the answer you are given, ask again.
- **Be considerate.** We expect all our members to respect the rights of other patients. We also expect you to act in a way that helps the smooth running of your doctor's office, hospitals, and other offices.
- Pay what you owe. As a plan member, you are responsible for these payments:
  - o In order to be eligible for our plan, you must have Medicare Part A and Medicare Part B. For that reason, some plan members (or their plan sponsor) must pay a premium for Medicare Part A and most plan members must pay a premium for Medicare Part B to remain a member of the plan.
  - For most of your medical services or drugs covered by the plan, you must pay your share of the cost when you get the service or drug. This will be a copayment (a fixed amount) or coinsurance (a percentage of the total cost). Chapter 4 tells what you must pay for your medical services. Chapter 6 tells what you must pay for your Part D prescription drugs.
  - If you get any medical services or drugs that are not covered by our plan or by other insurance you may have, you must pay the full cost.
    - If you disagree with our decision to deny coverage for a service or drug, you can make an appeal. Please see Chapter 9 of this booklet for information about how to make an appeal.
  - o If you are required to pay a late enrollment penalty, you must pay the penalty to remain a

- member of the plan.
- If you are required to pay the extra amount for Part D because of your yearly income, you must pay the extra amount directly to the government to remain a member of the plan.
- **Tell us if you move**. If you are going to move, it's important to tell us right away. Call Customer Service (phone numbers are printed on the back cover of this booklet).
  - O If you move outside of our plan service area, you cannot remain a member of our plan. (Chapter 1 tells about our service area.) We can help you figure out whether you are moving outside our service area. If you are leaving our service area, you will have a Special Enrollment Period when you can join any Medicare plan available in your new area. We can let you know if we have a plan in your new area.
  - If you move within our service area, we still need to know so we can keep your membership record up to date and know how to contact you.
  - If you move, it is also important to tell Social Security (or the Railroad Retirement Board).
     You can find phone numbers and contact information for these organizations in Chapter 2.
- Call Customer Service for help if you have questions or concerns. We also welcome any suggestions you may have for improving our plan.
  - Phone numbers and calling hours for Customer Service are printed on the back cover of this booklet.
  - For more information on how to reach us, including our mailing address, please see Chapter 2.

# CHAPTER 9: What to do if you have a problem or complaint (coverage decisions, appeals, complaints)

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#### **BACKGROUND**

#### SECTION 1 Introduction

#### Section 1.1 What to do if you have a problem or concern

This chapter explains two types of processes for handling problems and concerns:

- For some types of problems, you need to use the **process for coverage decisions and appeals**.
- For other types of problems, you need to use the **process for making complaints**.

Both of these processes have been approved by Medicare. To ensure fairness and prompt handling of your problems, each process has a set of rules, procedures, and deadlines that must be followed by us and by you.

Which one do you use? That depends on the type of problem you are having. The guide in Section 3 will help you identify the right process to use.

#### Section 1.2 What about the legal terms?

There are technical legal terms for some of the rules, procedures, and types of deadlines explained in this chapter. Many of these terms are unfamiliar to most people and can be hard to understand.

To keep things simple, this chapter explains the legal rules and procedures using simpler words in place of certain legal terms. For example, this chapter generally says "making a complaint" rather than "filing a grievance," "coverage decision" rather than "organization determination" or "coverage determination" and "Independent Review Organization" instead of "Independent Review Entity." It also uses abbreviations as little as possible.

However, it can be helpful – and sometimes quite important – for you to know the correct legal terms for the situation you are in. Knowing which terms to use will help you communicate more clearly and accurately when you are dealing with your problem and get the right help or information for your situation. To help you know which terms to use, we include legal terms when we give the details for handling specific types of situations.

# SECTION 2 You can get help from government organizations that are not connected with us

#### Section 2.1 Where to get more information and personalized assistance

Sometimes it can be confusing to start or follow through the process for dealing with a problem. This can be especially true if you do not feel well or have limited energy. Other times, you may not have the

knowledge you need to take the next step.

#### Get help from an independent government organization

We are always available to help you. But in some situations you may also want help or guidance from someone who is not connected with us. You can always contact your **State Health Insurance Assistance Program (SHIP)**. This government program has trained counselors in every state. The program is not connected with our plan or with any insurance company or health plan. The counselors at this program can help you understand which process you should use to handle a problem you are having. They can also answer your questions, give you more information, and offer guidance on what to do.

The services of SHIP counselors are free. You will find phone numbers in Chapter 2, Section 3 of this booklet.

#### You can also get help and information from Medicare

For more information and help in handling a problem, you can also contact Medicare. Here are two ways to get information directly from Medicare:

- You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.
- You can visit the Medicare Web site (http://www.medicare.gov).

SECTION 3	To deal with your problem, which process should you use?
Section 3.1	Should you use the process for coverage decisions and appeals? Or should you use the process for making complaints?

If you have a problem or concern, you only need to read the parts of this chapter that apply to your situation. The guide that follows will help.

To figure out which part of this chapter will help with your specific problem or concern, **START HERE** 

#### Is your problem or concern about your benefits or coverage?

(This includes problems about whether particular medical care or prescription drugs are covered or not, the way in which they are covered, and problems related to payment for medical care or prescription drugs.)

#### Yes.

My problem is about benefits or coverage.

Go on to the next section of this chapter, Section 4, "A guide to the basics of coverage decisions and appeals."

#### No.

My problem is <u>not</u> about benefits or coverage.

Skip ahead to **Section 10** at the end of this chapter: "How to make a complaint about quality of care, waiting times, customer service or other concerns."

#### **COVERAGE DECISIONS AND APPEALS**

#### SECTION 4 A guide to the basics of coverage decisions and appeals

#### Section 4.1 Asking for coverage decisions and making appeals: the big picture

The process for coverage decisions and appeals deals with problems related to your benefits and coverage for medical services and prescription drugs, including problems related to payment. This is the process you use for issues such as whether something is covered or not and the way in which something is covered.

#### Asking for coverage decisions

A coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your medical services or drugs. For example, your plan network doctor makes a (favorable) coverage decision for you whenever you receive medical care from him or her or if your network doctor refers you to a medical specialist. You or your doctor can also contact us and ask for a coverage decision if your doctor is unsure whether we will cover a particular medical service or refuses to provide medical care you think that you need. In other words, if you want to know if we will cover a medical service before you receive it, you can ask us to make a coverage decision for you.

We are making a coverage decision for you whenever we decide what is covered for you and how much we pay. In some cases we might decide a service or drug is not covered or is no longer covered by Medicare for you. If you disagree with this coverage decision, you can make an appeal.

#### Making an appeal

If we make a coverage decision and you are not satisfied with this decision, you can "appeal" the decision. An appeal is a formal way of asking us to review and change a coverage decision we have made.

When you make an appeal, we review the coverage decision we have made to check to see if we were following all of the rules properly. Your appeal is handled by different reviewers than those who made the original unfavorable decision. When we have completed the review, we give you our decision.

If we say no to all or part of your Level 1 Appeal, you can go on to a Level 2 Appeal. The Level 2 Appeal is conducted by an independent organization that is not connected to us. (In some situations, your case will be automatically sent to the independent organization for a Level 2 Appeal. If this happens, we will let you know. In other situations, you will need to ask for a Level 2 Appeal.) If you are not satisfied with the decision at the Level 2 Appeal, you may be able to continue through additional levels of appeal.

# Section 4.2 How to get help when you are asking for a coverage decision or making an appeal

Would you like some help? Here are resources you may wish to use if you decide to ask for any kind of coverage decision or appeal a decision:

- You can call us at Customer Service (phone numbers are printed on the back cover of this booklet).
- To get free help from an independent organization that is not connected with our plan, contact your State Health Insurance Assistance Program (see Section 2 of this chapter).
- Your doctor can make a request for you.
  - For medical care, your doctor can request a coverage decision or a Level 1 Appeal on your behalf. If your appeal is denied at Level 1, it will be automatically forwarded to Level 2. To request any appeal after Level 2, your doctor must be appointed as your representative.
  - For Part D prescription drugs, your doctor or other prescriber can request a coverage decision or a Level 1 or Level 2 Appeal on your behalf. To request any appeal after Level 2, your doctor or other prescriber must be appointed as your representative.
- You can ask someone to act on your behalf. If you want to, you can name another person to act for you as your "representative" to ask for a coverage decision or make an appeal.
  - There may be someone who is already legally authorized to act as your representative under State law.
  - O If you want a friend, relative, your doctor or other provider, or other person to be your representative, call Customer Service (phone numbers are printed on the back cover of this booklet) and ask for the "Appointment of Representative" form. (The form is also available on Medicare's Web site at http://www.cms.hhs.gov/cmsforms/downloads/cms1696.pdf.)

The form gives that person permission to act on your behalf. It must be signed by you and by the person who you would like to act on your behalf. You must give our plan a copy of the signed form.

• You also have the right to hire a lawyer to act for you. You may contact your own lawyer, or get the name of a lawyer from your local bar association or other referral service. There are also groups that will give you free legal services if you qualify. However, you are not required to hire a lawyer to ask for any kind of coverage decision or appeal a decision.

#### Section 4.3 Which section of this chapter gives the details for <u>your</u> situation?

There are four different types of situations that involve coverage decisions and appeals. Since each situation has different rules and deadlines, we give the details for each one in a separate section:

- **Section 5** of this chapter: "Your medical care: How to ask for a coverage decision or make an appeal"
- **Section 6** of this chapter: "Your Part D prescription drugs: How to ask for a coverage decision or make an appeal"
- **Section 7** of this chapter: "How to ask us to cover a longer inpatient hospital stay if you think the doctor is discharging you too soon"
- Section 8 of this chapter: "How to ask us to keep covering certain medical services if you think your coverage is ending too soon" (Applies to these services only: home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services)

If you're not sure which section you should be using, please call Customer Service (phone numbers are printed on the back cover of this booklet). You can also get help or information from government organizations such as your State Health Insurance Assistance Program (Chapter 2, Section 3, of this booklet has the phone numbers for this program).

#### SECTION 5 Your medical care: How to ask for a coverage decision or make an appeal



Have you read Section 4 of this chapter (A guide to "the basics" of coverage decisions and appeals)? If not, you may want to read it before you start this section.

Section 5.1	This section tells what to do if you have problems getting coverage for
	medical care or if you want us to pay you back for our share of the cost of
	your care

This section is about your benefits for medical care and services. These benefits are described in Chapter 4 of this booklet: **Benefits Chart (what is covered and what you pay)**. To keep things simple, we generally refer to "medical care coverage" or "medical care" in the rest of this section, instead of

repeating "medical care or treatment or services" every time.

This section tells what you can do if you are in any of the five following situations:

- 1. You are not getting certain medical care you want, and you believe that this care is covered by our plan.
- 2. Our plan will not approve the medical care your doctor or other medical provider wants to give you, and you believe that this care is covered by the plan.
- 3. You have received medical care or services that you believe should be covered by the plan, but we have said we will not pay for this care.
- 4. You have received and paid for medical care or services that you believe should be covered by the plan, and you want to ask our plan to reimburse you for this care.
- 5. You are being told that coverage for certain medical care you have been getting that we previously approved will be reduced or stopped, and you believe that reducing or stopping this care could harm your health.
  - NOTE: If the coverage that will be stopped is for hospital care, home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services, you need to read a separate section of this chapter because special rules apply to these types of care. Here's what to read in those situations:
    - Chapter 9, Section 7: **How to ask us to cover a longer inpatient hospital stay if you think the doctor is discharging you too soon.**
    - Chapter 9, Section 8: **How to ask us to keep covering certain medical services if you think your coverage is ending too soon.** This section is about three services only: home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services.
  - For all other situations that involve being told that medical care you have been getting will be stopped, use this section (Section 5) as your guide for what to do.

Which of these situations are you in?	
If you are in this situation:	This is what you can do:
Do you want to find out whether we will cover the medical care or services	You can ask us to make a coverage decision for you.
you want?	Go to the next section of this chapter, <b>Section 5.2</b> .
Have we already told you that we will not cover or pay for a medical service in the way that you want it to be covered or paid for?	You can make an <b>appeal</b> . (This means you are asking us to reconsider.) Skip ahead to <b>Section 5.3</b> of this chapter.
Do you want to ask us to pay you back for medical care or services you have already received and paid for?	You can send us the bill.  Skip ahead to <b>Section 5.5</b> of this chapter.

# Section 5.2 Step-by-step: How to ask for a coverage decision (how to ask our plan to authorize or provide the medical care coverage you want)

Legal	When a coverage decision involves your medical
Terms	care, it is called an "organization determination."

# Step 1: You ask our plan to make a coverage decision on the medical care you are requesting. If your health requires a quick response, you should ask us to make a "fast coverage decision."

**Legal** A "fast coverage decision" is called an "expedited Terms determination."

#### How to request coverage for the medical care you want

- Start by calling or writing our plan to make your request for us to authorize or provide coverage for the medical care you want. You, your doctor, or your representative can do this.
- For the details on how to contact us, go to Chapter 2, Section 1 and look for the section called, How to contact us when you are asking for a coverage decision about your medical care.

#### Generally we use the standard deadlines for giving you our decision

When we give you our decision, we will use the "standard" deadlines unless we have agreed to use the "fast" deadlines. A standard coverage decision means we will give you an answer within 14 days after

we receive your request.

- However, we can take up to 14 more calendar days if you ask for more time, or if we need information (such as medical records from out-of-network providers) that may benefit you. If we decide to take extra days to make the decision, we will tell you in writing.
- If you believe we should **not** take extra days, you can file a "fast complaint" about our decision to take extra days. When you file a fast complaint, we will give you an answer to your complaint within 24 hours. (The process for making a complaint is different from the process for coverage decisions and appeals. For more information about the process for making complaints, including fast complaints, see Section 10 of this chapter.)

#### If your health requires it, ask us to give you a "fast coverage decision"

- A fast coverage decision means we will answer within 72 hours.
  - O However, we can take up to 14 more calendar days if we find that some information that may benefit you is missing (such as medical records from out-of-network providers), or if you need time to get information to us for the review. If we decide to take extra days, we will tell you in writing.
  - o If you believe we should **not** take extra days, you can file a "fast complaint" about our decision to take extra days. (For more information about the process for making complaints, including fast complaints, see Section 10 of this chapter.) We will call you as soon as we make the decision.
- To get a fast coverage decision, you must meet two requirements:
  - You can get a fast coverage decision only if you are asking for coverage for medical care you
    have not yet received. (You cannot get a fast coverage decision if your request is about
    payment for medical care you have already received.)
  - You can get a fast coverage decision **only** if using the standard deadlines could **cause serious harm to your health or hurt your ability to function**.
- If your doctor tells us that your health requires a "fast coverage decision," we will automatically agree to give you a fast coverage decision.
- If you ask for a fast coverage decision on your own, without your doctor's support, we will decide whether your health requires that we give you a fast coverage decision.
  - o If we decide that your medical condition does not meet the requirements for a fast coverage decision, we will send you a letter that says so (and we will use the standard deadlines instead).
  - This letter will tell you that if your doctor asks for the fast coverage decision, we will automatically give a fast coverage decision.
  - The letter will also tell how you can file a "fast complaint" about our decision to give you a standard coverage decision instead of the fast coverage decision you requested. (For more information about the process for making complaints, including fast complaints, see Section 10 of this chapter.)

<u>Step 2:</u>	We consider your request for medical care coverage and give you
	our answer.

- Generally, for a fast coverage decision, we will give you our answer within 72 hours.
  - As explained above, we can take up to 14 more calendar days under certain circumstances. If we decide to take extra days to make the coverage decision, we will tell you in writing.
  - o If you believe we should **not** take extra days, you can file a "fast complaint" about our decision to take extra days. When you file a fast complaint, we will give you an answer to your complaint within 24 hours. (For more information about the process for making complaints, including fast complaints, see Section 10 of this chapter.)
  - o If we do not give you our answer within 72 hours (or if there is an extended time period, by the end of that period), you have the right to appeal. Section 5.3 below tells how to make an appeal.
- If our answer is yes to part or all of what you requested, we must authorize or provide the medical care coverage we have agreed to provide within 72 hours after we received your request. If we extended the time needed to make our coverage decision, we will provide the coverage by the end of that extended period.
- If our answer is no to part or all of what you requested, we will send you a detailed written explanation as to why we said no.

#### Deadlines for a "standard" coverage decision

- Generally, for a standard coverage decision, we will give you our answer within **14 days of receiving your request**.
  - We can take up to 14 more calendar days ("an extended time period") under certain circumstances. If we decide to take extra days to make the coverage decision, we will tell you in writing.
  - o If you believe we should **not** take extra days, you can file a "fast complaint" about our decision to take extra days. When you file a fast complaint, we will give you an answer to your complaint within 24 hours. (For more information about the process for making complaints, including fast complaints, see Section 10 of this chapter.)
  - o If we do not give you our answer within 14 days (or if there is an extended time period, by the end of that period), you have the right to appeal. Section 5.3 below tells how to make an appeal.
- If our answer is yes to part or all of what you requested, we must authorize or provide the coverage we have agreed to provide within 14 days after we received your request. If we extended the time needed to make our coverage decision, we will provide the coverage by the end of that extended period.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no.

 If we say no to your request for coverage for medical care, you
decide if you want to make an appeal.

- If we say no, you have the right to ask us to reconsider and perhaps change this decision by making an appeal. Making an appeal means making another try to get the medical care coverage you want.
- If you decide to make an appeal, it means you are going on to Level 1 of the appeals process

(see Section 5.3 below).

Section 5.3	Step-by-step: How to make a Level 1 Appeal (how to ask for a review of a
	medical care coverage decision made by our plan)

Legal	An appeal to the plan about a medical care coverage
Terms	decision is called a plan "reconsideration."

Step 1:	You contact our plan and make your appeal. If your health requires
	a quick response, you must ask for a "fast appeal."

#### What to do

- To start an appeal, you, your doctor, or your representative, must contact us. For details on how to reach us for any purpose related to your appeal, go to Chapter 2, Section 1 and look for section called, How to contact us when you are making an appeal about your medical care.
- If you are asking for a standard appeal, make your standard appeal in writing by submitting a request.
  - o If you have someone appealing our decision for you other than your doctor, your appeal must include an Appointment of Representative form authorizing this person to represent you. (To get the form, call Customer Service (phone numbers are printed on the back cover of this booklet) and ask for the "Appointment of Representative" form. It is also available on Medicare's Web site at http://www.cms.hhs.gov/cmsforms/downloads/cms1696.pdf.) While we can accept an appeal request without the form, we cannot complete our review until we receive it. If we do not receive the form within 44 days after receiving your appeal request (our deadline for making a decision on your appeal), your appeal request will be sent to the Independent Review Organization for dismissal.
- If you are asking for a fast appeal, make your appeal in writing or call us at the phone number shown in Chapter 2, Section 1 (How to contact us when you are making an appeal about your medical care).
- You must make your appeal request within 60 calendar days from the date on the written notice we sent to tell you our answer to your request for a coverage decision. If you miss this deadline and have a good reason for missing it, we may give you more time to make your appeal. Examples of good cause for missing the deadline may include if you had a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for requesting an appeal.
- You can ask for a copy of the information regarding your medical decision and add more information to support your appeal.
  - You have the right to ask us for a copy of the information regarding your appeal.
  - If you wish, you and your doctor may give us additional information to support your appeal.

#### If your health requires it, ask for a "fast appeal" (you can make a request by calling us)

Legal A "fast appeal" is also called an "expedited Terms reconsideration."

- If you are appealing a decision our plan made about coverage for care you have not yet received, you and/or your doctor will need to decide if you need a "fast appeal."
- The requirements and procedures for getting a "fast appeal" are the same as those for getting a "fast coverage decision." To ask for a fast appeal, follow the instructions for asking for a fast coverage decision. (These instructions are given earlier in this section.)
- If your doctor tells us that your health requires a "fast appeal," we will give you a fast appeal.

### Step 2: We consider your appeal and we give you our answer.

- When our plan is reviewing your appeal, we take another careful look at all of the information about your request for coverage of medical care. We check to see if we were following all the rules when we said no to your request.
- We will gather more information if we need it. We may contact you or your doctor to get more information.

#### Deadlines for a "fast" appeal

- When we are using the fast deadlines, we must give you our answer within 72 hours after we receive your appeal. We will give you our answer sooner if your health requires us to do so.
  - However, if you ask for more time, or if we need to gather more information that may benefit you, we can take up to 14 more calendar days. If we decide to take extra days to make the decision, we will tell you in writing.
  - If we do not give you an answer within 72 hours (or by the end of the extended time period if we took extra days), we are required to automatically send your request on to Level 2 of the appeals process, where it will be reviewed by an independent organization. Later in this section, we tell you about this organization and explain what happens at Level 2 of the appeals process.
- If our answer is yes to part or all of what you requested, we must authorize or provide the coverage we have agreed to provide within 72 hours after we receive your appeal.
- If our answer is no to part or all of what you requested, we will send you a written denial notice informing you that we have automatically sent your appeal to the Independent Review Organization for a Level 2 Appeal.

### Deadlines for a "standard" appeal

- If we are using the standard deadlines, we must give you our answer within 30 calendar days after we receive your appeal if your appeal is about coverage for services you have not yet received. We will give you our decision sooner if your health condition requires us to.
  - However, if you ask for more time, or if we need to gather more information that may benefit you, we can take up to 14 more calendar days.
  - If you believe we should **not** take extra days, you can file a "fast complaint" about our decision to take extra days. When you file a fast complaint, we will give you an answer to your complaint within 24 hours. (For more information about the process for making

- complaints, including fast complaints, see Section 10 of this chapter.)
- o If we do not give you an answer by the deadline above (or by the end of the extended time period if we took extra days), we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent outside organization. Later in this section, we talk about this review organization and explain what happens at Level 2 of the appeals process.
- If our answer is yes to part or all of what you requested, we must authorize or provide the coverage we have agreed to provide within 30 days after we receive your appeal.
- If our answer is no to part or all of what you requested, we will send you a written denial notice informing you that we have automatically sent your appeal to the Independent Review Organization for a Level 2 Appeal.

Step 3:	If our plan says no to part or all of your appeal, your case will
	automatically be sent on to the next level of the appeals process.

• To make sure we were following all the rules when we said no to your appeal, **our plan is** required to send your appeal to the "Independent Review Organization." When we do this, it means that your appeal is going on to the next level of the appeals process, which is Level 2.

#### Section 5.4 Step-by-step: How to make a Level 2 Appeal is done

If our plan says no to your Level 1 Appeal, your case will **automatically** be sent on to the next level of the appeals process. During the Level 2 Appeal, the **Independent Review Organization** reviews our decision for your first appeal. This organization decides whether the decision we made should be changed.

**Legal** The formal name for the "Independent Review **Terms** Organization" is the "**Independent Review Entity.**" It is sometimes called the "**IRE**."

### Step 1: The Independent Review Organization reviews your appeal.

- The Independent Review Organization is an independent organization that is hired by Medicare. This organization is not connected with our plan and it is not a government agency. This organization is a company chosen by Medicare to handle the job of being the Independent Review Organization. Medicare oversees its work.
- We will send the information about your appeal to this organization. This information is called your "case file." You have the right to ask us for a copy of your case file.
- You have a right to give the Independent Review Organization additional information to support your appeal.
- Reviewers at the Independent Review Organization will take a careful look at all of the information related to your appeal.

### If you had a "fast" appeal at Level 1, you will also have a "fast" appeal at Level 2

• If you had a fast appeal to our plan at Level 1, you will automatically receive a fast appeal at

- Level 2. The review organization must give you an answer to your Level 2 Appeal within 72 hours of when it receives your appeal.
- However, if the Independent Review Organization needs to gather more information that may benefit you, it can take up to 14 more calendar days.

#### If you had a "standard" appeal at Level 1, you will also have a "standard" appeal at Level 2

- If you had a standard appeal to our plan at Level 1, you will automatically receive a standard appeal at Level 2. The review organization must give you an answer to your Level 2 Appeal within 30 calendar days of when it receives your appeal.
- However, if the Independent Review Organization needs to gather more information that may benefit you, **it can take up to 14 more calendar days**.

### Step 2: The Independent Review Organization gives you their answer.

The Independent Review Organization will tell you its decision in writing and explain the reasons for it.

- If the review organization says yes to part or all of what you requested, we must authorize the medical care coverage within 72 hours or provide the service within 14 calendar days after we receive the decision from the review organization.
- If this organization says no to part or all of your appeal, it means they agree with our plan that your request (or part of your request) for coverage for medical care should not be approved. (This is called "upholding the decision." It is also called "turning down your appeal.")
  - O There is a certain value amount that must be in dispute to continue with the appeals process. For example, to continue and make another appeal at Level 3, the dollar value of the medical care coverage you are requesting must meet a certain minimum. If the dollar value of the coverage you are requesting is too low, you cannot make another appeal, which means that the decision at Level 2 is final. The written notice you get from the Independent Review Organization will tell you how to find out the dollar amount to continue the appeals process.

# Step 3: If your case meets the requirements, you choose whether you want to take your appeal further.

- There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal).
- If your Level 2 Appeal is turned down and you meet the requirements to continue with the appeals process, you must decide whether you want to go on to Level 3 and make a third appeal. The details on how to do this are in the written notice you got after your Level 2 Appeal.
- The Level 3 Appeal is handled by an administrative law judge. Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

# Section 5.5 What if you are asking us to pay you for our share of a bill you have received for medical care?

If you want to ask us for payment for medical care, start by reading Chapter 7 of this booklet: **Asking us to pay our share of a bill you have received for covered medical services or drugs**. Chapter 7 describes the situations in which you may need to ask for reimbursement or to pay a bill you have received from a provider. It also tells how to send us the paperwork that asks us for payment.

#### Asking for reimbursement is asking for a coverage decision from our plan

If you send us the paperwork that asks for reimbursement, you are asking us to make a coverage decision (for more information about coverage decisions, see Section 4.1 of this chapter). To make this coverage decision, we will check to see if the medical care you paid for is a covered service (see Chapter 4: **Benefits Chart (what is covered and what you pay)**). We will also check to see if you followed all the rules for using your coverage for medical care (these rules are given in Chapter 3 of this booklet: **Using the plan's coverage for your medical services**).

#### We will say yes or no to your request

- If the medical care you paid for is covered and you followed all the rules, we will send you the payment for our share of the cost of your medical care within 60 calendar days after we receive your request. Or, if you haven't paid for the services, we will send the payment directly to the provider. (When we send the payment, it's the same as saying **yes** to your request for a coverage decision.)
- If the medical care is **not** covered, or you did **not** follow all the rules, we will not send payment. Instead, we will send you a letter that says we will not pay for the services and the reasons why in detail. (When we turn down your request for payment, it's the same as saying *no* to your request for a coverage decision.)

#### What if you ask for payment and we say that we will not pay?

If you do not agree with our decision to turn you down, **you can make an appeal**. If you make an appeal, it means you are asking us to change the coverage decision we made when we turned down your request for payment.

To make this appeal, follow the process for appeals that we describe in part 5.3 of this section. Go to this part for step-by-step instructions. When you are following these instructions, please note:

- If you make an appeal for reimbursement, we must give you our answer within 60 calendar days after we receive your appeal. (If you are asking us to pay you back for medical care you have already received and paid for yourself, you are not allowed to ask for a fast appeal.)
- If the Independent Review Organization reverses our decision to deny payment, we must send the payment you have requested to you or to the provider within 30 calendar days. If the answer to your appeal is yes at any stage of the appeals process after Level 2, we must send the payment you requested to you or to the provider within 60 calendar days.

Your Part D prescription drugs: How to ask for a coverage decision or make an appeal



Have you read Section 4 of this chapter (A guide to "the basics" of coverage decisions and appeals)? If not, you may want to read it before you start this section.

# Section 6.1 This section tells you what to do if you have problems getting a Part D drug or you want us to pay you back for a Part D drug

Your benefits as a member of our plan include coverage for many prescription drugs. Please refer to our plan's List of Covered Drugs (Formulary). To be covered, the drug must be used for a medically accepted indication. (A "medically accepted indication" is a use of the drug that is either approved by the Food and Drug Administration or supported by certain reference books. See Chapter 5, Section 3 for more information about a medically accepted indication.)

- This section is about your Part D drugs only. To keep things simple, we generally say "drug" in the rest of this section, instead of repeating "covered outpatient prescription drug" or "Part D drug" every time.
- For details about what we mean by Part D drugs, the List of Covered Drugs (Formulary), rules and restrictions on coverage, and cost information, see Chapter 5 (Using our Plan's coverage for your Part D prescription drugs) and Chapter 6 (What you pay for your Part D prescription drugs).

#### Part D coverage decisions and appeals

As discussed in Section 4 of this chapter, a coverage decision is a decision we make about your benefits and coverage or about the amount we will pay for your drugs.

**Legal** An initial coverage decision about your Part D drugs **Terms** is called a "coverage determination."

Here are examples of coverage decisions you ask us to make about your Part D drugs:

- You ask us to make an exception, including:
  - Asking us to cover a Part D drug that is not on the plan's List of Covered Drugs (Formulary)
  - Asking us to waive a restriction on the plan's coverage for a drug (such as limits on the amount of the drug you can get)
  - Asking to pay a lower cost-sharing amount for a covered non-preferred drug
- You ask us whether a drug is covered for you and whether you satisfy any applicable coverage rules. (For example, when your drug is on the plan's **List of Covered Drugs (Formulary)** but we require you to get approval from us before we will cover it for you.)
  - Please note: If your pharmacy tells you that your prescription cannot be filled as written, you will get a written notice explaining how to contact us to ask for a coverage decision.
- You ask us to pay for a prescription drug you already bought. This is a request for a coverage

decision about payment.

If you disagree with a coverage decision we have made, you can appeal our decision.

This section tells you both how to ask for coverage decisions and how to request an appeal. Use the chart below to help you determine which part has information for your situation:

Which of these situations are you in?			
Do you need a drug that isn't on our Drug List or need us to waive a rule or restriction on a drug we cover?	Do you want us to cover a drug on our Drug List and you believe you meet any plan rules or restrictions (such as getting approval in advance) for the drug you need?	Do you want to ask us to pay you back for a drug you have already received and paid for?	Have we already told you that we will not cover or pay for a drug in the way that you want it to be covered or paid for?
You can ask us to make an exception. (This is a type of coverage decision.) Start with Section 6.2 of this chapter.	You can ask us for a coverage decision.  Skip ahead to Section 6.4 of this chapter.	You can ask us to pay you back. (This is a type of coverage decision.) Skip ahead to Section 6.4 of this chapter.	You can make an appeal. (This means you are asking us to reconsider.) Skip ahead to Section 6.5 of this chapter.

### Section 6.2 What is an exception?

If a drug is not covered in the way you would like it to be covered, you can ask us to make an "exception." An exception is a type of coverage decision. Similar to other types of coverage decisions, if we turn down your request for an exception, you can appeal our decision.

When you ask for an exception, your doctor or other prescriber will need to explain the medical reasons why you need the exception approved. We will then consider your request. Here are three examples of exceptions that you or your doctor or other prescriber can ask us to make:

1. Covering a Part D drug for you that is not on our plan's List of Covered Drugs (Formulary). (We call it the "Drug List" for short.)

Legal Asking for coverage of a drug that is not on the Drug Terms List is sometimes called asking for a "formulary exception."

- If we agree to make an exception and cover a drug that is not on the Drug List, you will need to pay the cost-sharing amount that applies to drugs in Tier Three. You cannot ask for an exception to the copayment or coinsurance amount we require you to pay for the drug.
- 2. Removing a restriction on the plan's coverage for a covered drug. There are extra rules or restrictions that apply to certain drugs on the plan's **List of Covered Drugs (Formulary)** (for more information, go to Chapter 5 and look for Section 4).

Legal Asking for removal of a restriction on coverage for a Terms drug is sometimes called asking for a "formulary exception."

- The extra rules and restrictions on coverage for certain drugs include:
  - **Being required to use the generic version** of a drug instead of the brand name drug.
  - **Getting plan approval in advance** before we will agree to cover the drug for you. (This is sometimes called "prior authorization.")
  - **Being required to try a different drug first** before we will agree to cover the drug you are asking for. (This is sometimes called "step therapy.")
  - **Quantity limits.** For some drugs, there are restrictions on the amount of the drug you can have.
- If we agree to make an exception and waive a restriction for you, you can ask for an exception to the copayment or coinsurance amount we require you to pay for the drug.
- **3.** Changing coverage of a drug to a lower cost-sharing tier. Every drug on the plan's Drug List is in one of 4 cost-sharing tiers. In general, the lower the cost-sharing tier number, the less you will pay as your share of the cost of the drug.

**Legal** Asking to pay a lower preferred price for a covered **Terms** non-preferred drug is sometimes called asking for a "tiering exception."

- If your drug is in Tier 3 Non-Preferred Brand you can ask us to cover it at the cost-sharing amount that applies to drugs in Tier 2 Preferred Brand This would lower your share of the cost for the drug.
- You cannot ask us to change the cost-sharing tier for any drug in Tier 4 Specialty Tier.

#### Section 6.3 Important things to know about asking for exceptions

Your doctor or other prescriber must give us a statement that explains the medical reasons for requesting an exception. For a faster decision, include this medical information from your doctor or other prescriber when you ask for the exception.

Typically, our Drug List includes more than one drug for treating a particular condition. These different possibilities are called "alternative" drugs. If an alternative drug would be just as effective as the drug you are requesting and would not cause more side effects or other health problems, we will generally **not** approve your request for an exception.

#### Our plan can say yes or no to your request

- If we approve your request for an exception, our approval usually is valid until the end of the plan year. This is true as long as your doctor continues to prescribe the drug for you and that drug continues to be safe and effective for treating your condition.
- If we say no to your request for an exception, you can ask for a review of our decision by making an appeal. Section 6.5 tells how to make an appeal if we say no.

The next section tells you how to ask for a coverage decision, including an exception.

Section 6.4	Step-by-step: How to ask for a coverage decision, including an exception
Step 1:	You ask our plan to make a coverage decision about the drug(s) or payment you need. If your health requires a quick response, you must
	ask us to make a "fast coverage decision." You cannot ask for a fast coverage decision if you are asking us to pay you back for a drug you already bought.

#### What to do

- Request the type of coverage decision you want. Start by calling or writing our plan to make your request. You, your representative, or your doctor (or other prescriber) can do this. You can also access the coverage decision process through our Web site. For the details, go to Chapter 2, Section 1 and look for the section called, How to contact us when you are asking for a coverage decision about your Part D prescription drugs. Or if you are asking us to pay you back for a drug, go to the section called, Where to send a request that asks us to pay for our share of the cost for medical care or a drug you have received.
- You or your doctor or someone else who is acting on your behalf can ask for a coverage decision. Section 4 of this chapter tells how you can give written permission to someone else to act as your representative. You can also have a lawyer act on your behalf.
- If you want to ask our plan to pay you back for a drug, start by reading Chapter 7 of this booklet: Asking us to pay our share of a bill you have received for covered medical services or drugs. Chapter 7 describes the situations in which you may need to ask for reimbursement. It also tells how to send us the paperwork that asks us to pay you back for our share of the cost of a drug you have paid for.
- If you are requesting an exception, provide the "supporting statement." Your doctor or other prescriber must give us the medical reasons for the drug exception you are requesting. (We call

this the "supporting statement.") Your doctor or other prescriber can mail the statement to our plan. Or your doctor or other prescriber can tell us on the phone and follow up by mailing a written statement if necessary. See Sections 6.2 and 6.3 for more information about exception requests.

 We must accept any written request, including a request submitted on the CMS Model Coverage Determination Request Form or on our plan's form, which are available on our Web site.

If your health requires it, ask us to give you a "fast coverage decision"

**Legal** A "fast coverage decision" is called an "expedited Terms coverage determination."

- When we give you our decision, we will use the "standard" deadlines unless we have agreed to use the "fast" deadlines. A standard coverage decision means we will give you an answer within 72 hours after we receive your doctor's statement. A fast coverage decision means we will answer within 24 hours.
- To get a fast coverage decision, you must meet two requirements:
  - You can get a fast coverage decision only if you are asking for a drug you have not yet received. (You cannot get a fast coverage decision if you are asking us to pay you back for a drug you have already bought.)
  - You can get a fast coverage decision **only** if using the standard deadlines could **cause serious harm to your health or hurt your ability to function**.
- If your doctor or other prescriber tells us that your health requires a "fast coverage decision," we will automatically agree to give you a fast coverage decision.
- If you ask for a fast coverage decision on your own (without your doctor's or other prescriber's support), our plan will decide whether your health requires that we give you a fast coverage decision.
  - If we decide that your medical condition does not meet the requirements for a fast coverage decision, we will send you a letter that says so (and we will use the standard deadlines instead).
  - This letter will tell you that if your doctor or other prescriber asks for the fast coverage decision, we will automatically give a fast coverage decision.
  - O The letter will also tell how you can file a complaint about our decision to give you a standard coverage decision instead of the fast coverage decision you requested. It tells how to file a "fast" complaint, which means you would get our answer to your complaint within 24 hours. (The process for making a complaint is different from the process for coverage decisions and appeals. For more information about the process for making complaints, see Section 10 of this chapter.)

### Step 2: We consider your request and we give you our answer.

#### Deadlines for a "fast" coverage decision

• If we are using the fast deadlines, we must give you our answer within 24 hours.

- Generally, this means within 24 hours after we receive your request. If you are requesting an exception, we will give you our answer within 24 hours after we receive your doctor's statement supporting your request. We will give you our answer sooner if your health requires us to.
- If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent outside organization. Later in this section, we talk about this review organization and explain what happens at Appeal Level 2.
- If our answer is yes to part or all of what you requested, we must provide the coverage we have agreed to provide within 24 hours after we receive your request or doctor's statement supporting your request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how to appeal.

#### Deadlines for a "standard" coverage decision about a drug you have not yet received

- If we are using the standard deadlines, we must give you our answer within 72 hours.
  - Generally, this means within 72 hours after we receive your request. If you are requesting an exception, we will give you our answer within 72 hours after we receive your doctor's statement supporting your request. We will give you our answer sooner if your health requires us to.
  - If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent organization. Later in this section, we talk about this review organization and explain what happens at Appeal Level 2.
- If our answer is yes to part or all of what you requested
  - Of If we approve your request for coverage, we must provide the coverage we have agreed to provide within 72 hours after we receive your request or doctor's statement supporting your request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how to appeal.

#### Deadlines for a "standard" coverage decision about payment for a drug you have already bought

- We must give you our answer within 14 calendar days after we receive your request.
  - o If we do not meet this deadline, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an independent organization. Later in this section, we talk about this review organization and explain what happens at Appeal Level 2.
- If our answer is yes to part or all of what you requested, we are also required to make payment to you within 14 calendar days after we receive your request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no. We will also tell you how to appeal.

Step 3:	If we say no to your coverage request, you decide if you want to
	make an appeal.

If we say no, you have the right to request an appeal. Requesting an appeal means asking us to

reconsider – and possibly change – the decision we made.

Section 6.5	Step-by-step: How to make a Level 1 Appeal
	(how to ask for a review of a coverage decision made by our plan)

Legal	An appeal to the plan about a Part D drug coverage
Terms	decision is called a plan "redetermination."

Step 1:	You contact us and make your Level 1 Appeal. If your health
	requires a quick response, you must ask for a "fast appeal."

#### What to do

- To start your appeal, you (or your representative or your doctor or other prescriber) must contact us.
  - For details on how to reach us by phone, fax, or mail, or on our Web site, for any purpose related to your appeal, go to Chapter 2, Section 1, and look for the section called, How to contact us when you are making an appeal about your Part D prescription drugs.
- If you are asking for a standard appeal, make your appeal by submitting a written request.
- If you are asking for a fast appeal, you may make your appeal in writing or you may call us at the phone number shown in Chapter 2, Section 1 (How to contact us when you are making an appeal about your Part D prescription drugs).
- We must accept any written request, including a request submitted on the CMS Model Coverage Determination Request Form, which is available on our Web site.
- You must make your appeal request within 60 calendar days from the date on the written notice we sent to tell you our answer to your request for a coverage decision. If you miss this deadline and have a good reason for missing it, we may give you more time to make your appeal. Examples of good cause for missing the deadline may include if you had a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for requesting an appeal.
- You can ask for a copy of the information in your appeal and add more information.
  - You have the right to ask us for a copy of the information regarding your appeal.
  - If you wish, you and your doctor or other prescriber may give us additional information to support your appeal.

### If your health requires it, ask for a "fast appeal"

Legal A "fast appeal" is also called an "expedited Terms redetermination."

- If you are appealing a decision we made about a drug you have not yet received, you and your doctor or other prescriber will need to decide if you need a "fast appeal."
- The requirements for getting a "fast appeal" are the same as those for getting a "fast coverage decision" in Section 6.4 of this chapter.

### Step 2: We consider your appeal and we give you our answer.

• When we are reviewing your appeal, we take another careful look at all of the information about your coverage request. We check to see if we were following all the rules when we said no to your request. We may contact you or your doctor or other prescriber to get more information.

#### Deadlines for a "fast" appeal

- If we are using the fast deadlines, we must give you our answer within 72 hours after we receive your appeal. We will give you our answer sooner if your health requires it.
  - Of If we do not give you an answer within 72 hours, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Later in this section, we talk about this review organization and explain what happens at Level 2 of the appeals process.
- If our answer is yes to part or all of what you requested, we must provide the coverage we have agreed to provide within 72 hours after we receive your appeal.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no and how to appeal our decision.

#### Deadlines for a "standard" appeal

- If we are using the standard deadlines, we must give you our answer within 7 calendar days after we receive your appeal. We will give you our decision sooner if you have not received the drug yet and your health condition requires us to do so. If you believe your health requires it, you should ask for "fast" appeal.
  - o If we do not give you a decision within 7 calendar days, we are required to send your request on to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Later in this section, we talk about this review organization and explain what happens at Level 2 of the appeals process.
- If our answer is yes to part or all of what you requested
  - If we approve a request for coverage, we must provide the coverage we have agreed to
    provide as quickly as your health requires, but no later than 7 calendar days after we receive
    your appeal.
  - If we approve a request to pay you back for a drug you already bought, we are required to send payment to you within 30 calendar days after we receive your appeal request.
- If our answer is no to part or all of what you requested, we will send you a written statement that explains why we said no and how to appeal our decision.

Step 3:	If we say no to your appeal, you decide if you want to continue with
	the appeals process and make another appeal.

- If our plan says no to your appeal, you then choose whether to accept this decision or continue by making another appeal.
- If you decide to make another appeal, it means your appeal is going on to Level 2 of the appeals process (see below).

#### Section 6.6 Step-by-step: How to make a Level 2 Appeal

If our plan says no to your appeal, you then choose whether to accept this decision or continue by making another appeal. If you decide to go on to a Level 2 Appeal, the **Independent Review**Organization reviews the decision our plan made when we said no to your first appeal. This organization decides whether the decision we made should be changed.

Legal	The formal name for the "Independent Review
Terms	Organization" is the "Independent Review Entity."
	It is sometimes called the "IRE."

Step 1:	To make a Level 2 Appeal, you (or your representative or your
_	doctor or other prescriber) must contact the Independent Review
	Organization and ask for a review of your case.

- If our plan says no to your Level 1 Appeal, the written notice we send you will include instructions on how to make a Level 2 Appeal with the Independent Review Organization. These instructions will tell who can make this Level 2 Appeal, what deadlines you must follow, and how to reach the review organization.
- When you make an appeal to the Independent Review Organization, we will send the information we have about your appeal to this organization. This information is called your "case file." You have the right to ask us for a copy of your case file. We are allowed to charge a fee for copying and sending this information to you.
- You have a right to give the Independent Review Organization additional information to support your appeal.

Step 2:	The Independent Review Organization does a review of your
	appeal and gives you an answer.

- The Independent Review Organization is an independent organization that is hired by Medicare. This organization is not connected with our plan and it is not a government agency. This organization is a company chosen by Medicare to review our decisions about your Part D benefits with our plan.
- Reviewers at the Independent Review Organization will take a careful look at all of the information related to your appeal. The organization will tell you its decision in writing and explain the reasons for it.

#### Deadlines for a "fast" appeal at Level 2

- If your health requires it, ask the Independent Review Organization for a "fast appeal."
- If the review organization agrees to give you a "fast appeal," the review organization must give you an answer to your Level 2 Appeal within 72 hours after it receives your appeal request.
- If the Independent Review Organization says yes to part or all of what you requested, we must provide the drug coverage that was approved by the review organization within 24 hours

after we receive the decision from the review organization.

#### Deadlines for a "standard" appeal at Level 2

- If you have a standard appeal at Level 2, the review organization must give you an answer to your Level 2 Appeal within 7 calendar days after it receives your appeal.
- If the Independent Review Organization says yes to part or all of what you requested
  - o If the Independent Review Organization approves a request for coverage, we must **provide the drug coverage** that was approved by the review organization **within 72 hours** after we receive the decision from the review organization.
  - o If the Independent Review Organization approves a request to pay you back for a drug you already bought, we are required to **send payment to you within 30 calendar days** after we receive the decision from the review organization.

#### What if the review organization says no to your appeal?

If this organization says no to your appeal, it means the organization agrees with our decision not to approve your request. (This is called "upholding the decision." It is also called "turning down your appeal.")

To continue and make another appeal at Level 3, the dollar value of the drug coverage you are requesting must meet a minimum amount. If the dollar value of the coverage you are requesting is too low, you cannot make another appeal and the decision at Level 2 is final. The notice you get from the Independent Review Organization will tell you the dollar value that must be in dispute to continue with the appeals process.

Step 3:	If the dollar value of the coverage you are requesting meets the requirement, you choose whether you want to take your appeal
	further.

- There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal).
- If your Level 2 Appeal is turned down and you meet the requirements to continue with the appeals process, you must decide whether you want to go on to Level 3 and make a third appeal. If you decide to make a third appeal, the details on how to do this are in the written notice you got after your second appeal.
- The Level 3 Appeal is handled by an administrative law judge. Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

# SECTION 7 How to ask us to cover a longer inpatient hospital stay if you think the doctor is discharging you too soon

When you are admitted to a hospital, you have the right to get all of your covered hospital services that are necessary to diagnose and treat your illness or injury. For more information about our coverage for your hospital care, including any limitations on this coverage, see Chapter 4 of this booklet: **Benefits Chart (what is covered and what you pay)**.

During your hospital stay, your doctor and the hospital staff will be working with you to prepare for the day when you will leave the hospital. They will also help arrange for care you may need after you leave.

- The day you leave the hospital is called your "discharge date." Our plan's coverage of your hospital stay ends on this date.
- When your discharge date has been decided, your doctor or the hospital staff will let you know.
- If you think you are being asked to leave the hospital too soon, you can ask for a longer hospital stay and your request will be considered. This section tells you how to ask.

# Section 7.1 During your inpatient hospital stay, you will get a written notice from Medicare that tells about your rights

During your hospital stay, you will be given a written notice called **An Important Message from Medicare about Your Rights**. Everyone with Medicare gets a copy of this notice whenever they are admitted to a hospital. Someone at the hospital (for example, a caseworker or nurse) must give it to you within two days after you are admitted. If you do not get the notice, ask any hospital employee for it. If you need help, please call Customer Service (phone numbers are printed on the back cover of this booklet). You can also call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

- 1. Read this notice carefully and ask questions if you don't understand it. It tells you about your rights as a hospital patient, including:
  - Your right to receive Medicare-covered services during and after your hospital stay, as ordered by your doctor. This includes the right to know what these services are, who will pay for them, and where you can get them.
  - Your right to be involved in any decisions about your hospital stay, and know who will pay for it.
  - Where to report any concerns you have about quality of your hospital care.
  - Your right to appeal your discharge decision if you think you are being discharged from the hospital too soon.

**Terms** Can "request an immediate review." Requesting an immediate review is a formal, legal way to ask for a delay in your discharge date so that we will cover your hospital care for a longer time. (Section 7.2 below tells you how you can request an immediate review.)

#### 2. You must sign the written notice to show that you received it and understand your rights.

- You or someone who is acting on your behalf must sign the notice. (Section 4 of this chapter tells how you can give written permission to someone else to act as your representative.)
- Signing the notice shows **only** that you have received the information about your rights. The notice does not give your discharge date (your doctor or hospital staff will tell you your

discharge date). Signing the notice does not mean you are agreeing on a discharge date.

- **3. Keep your copy** of the signed notice so you will have the information about making an appeal (or reporting a concern about quality of care) handy if you need it.
  - If you sign the notice more than 2 days before the day you leave the hospital, you will get another copy before you are scheduled to be discharged.
  - To look at a copy of this notice in advance, you can call Customer Service (phone numbers are printed on the back cover of this booklet) or 1-800 MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048. You can also see it online at http://www.cms.gov/BNI/12\_HospitalDischargeAppealNotices.asp.

# Section 7.2 Step-by-step: How to make a Level 1 Appeal to change your hospital discharge date

If you want to ask for your inpatient hospital services to be covered by our plan for a longer time, you will need to use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- **Follow the process.** Each step in the first two levels of the appeals process is explained below.
- **Meet the deadlines.** The deadlines are important. Be sure that you understand and follow the deadlines that apply to things you must do.
- Ask for help if you need it. If you have questions or need help at any time, please call Customer Service (phone numbers are printed on the back cover of this booklet). Or call your State Health Insurance Assistance Program, a government organization that provides personalized assistance (see Section 2, of this chapter).

During a Level 1 Appeal, the Quality Improvement Organization reviews your appeal. It checks to see if your planned discharge date is medically appropriate for you.

# Step 1: Contact the Quality Improvement Organization in your state and ask for a "fast review" of your hospital discharge. You must act quickly.

**Legal** A "fast review" is also called an "immediate review." Terms

#### What is the Quality Improvement Organization?

• This organization is a group of doctors and other health care professionals who are paid by the Federal government. These experts are not part of our plan. This organization is paid by Medicare to check on and help improve the quality of care for people with Medicare. This includes reviewing hospital discharge dates for people with Medicare.

#### How can you contact this organization?

• The written notice you received (An Important Message from Medicare About Your Rights) tells you how to reach this organization. (Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2, Section 4, of this booklet.)

#### Act quickly:

- To make your appeal, you must contact the Quality Improvement Organization **before** you leave the hospital and **no later than your planned discharge date**. (Your "planned discharge date" is the date that has been set for you to leave the hospital.)
  - If you meet this deadline, you are allowed to stay in the hospital after your discharge date
    without paying for it while you wait to get the decision on your appeal from the Quality
    Improvement Organization.
  - If you do **not** meet this deadline, and you decide to stay in the hospital after your planned discharge date, **you may have to pay all of the costs** for hospital care you receive after your planned discharge date.
- If you miss the deadline for contacting the Quality Improvement Organization about your appeal, you can make your appeal directly to our plan instead. For details about this other way to make your appeal, see Section 7.4.

#### Ask for a "fast review":

• You must ask the Quality Improvement Organization for a "fast review" of your discharge. Asking for a "fast review" means you are asking for the organization to use the "fast" deadlines for an appeal instead of using the standard deadlines.

Legal A "fast review" is also called an "immediate review"
Terms or an "expedited review."

Step 2:	The Quality Improvement Organization conducts an independent
	review of your case.

#### What happens during this review?

- Health professionals at the Quality Improvement Organization (we will call them "the reviewers" for short) will ask you (or your representative) why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you may do so if you wish.
- The reviewers will also look at your medical information, talk with your doctor, and review information that the hospital and our plan has given to them.

• By noon of the day after the reviewers informed our plan of your appeal, you will also get a written notice that gives your planned discharge date and explains in detail the reasons why your doctor, the hospital, and our plan think it is right (medically appropriate) for you to be discharged on that date.

**Legal** This written explanation is called the "**Detailed Terms** Notice of Discharge." You can get a sample of this notice by calling Customer Service (phone numbers are printed on the back cover of this booklet) or 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. (TTY users should call 1-877-486-2048.) Or you can see a sample notice online at http://www.cms.hhs.gov/BNI/

<u>Step 3:</u>	Within one full day after it has all the needed information, the Quality Improvement Organization will give you its answer to your
	appeal.

#### What happens if the answer is yes?

- If the review organization says **yes** to your appeal, **our plan must keep providing your covered inpatient hospital services for as long as these services are medically necessary**.
- You will have to keep paying your share of the costs (such as deductibles or copayments, if these apply). In addition, there may be limitations on your covered hospital services. (See Chapter 4 of this booklet).

#### What happens if the answer is no?

- If the review organization says **no** to your appeal, they are saying that your planned discharge date is medically appropriate. If this happens, **our coverage for your inpatient hospital services will end** at noon on the day **after** the Quality Improvement Organization gives you its answer to your appeal.
- If the review organization says **no** to your appeal and you decide to stay in the hospital, then **you may have to pay the full** cost of hospital care you receive after noon on the day after the Quality Improvement Organization gives you its answer to your appeal.

<u>Step 4:</u>	If the answer to your Level 1 Appeal is no, you decide if you want to make another appeal.
	make another appear.

• If the Quality Improvement Organization has turned down your appeal, **and** you stay in the hospital after your planned discharge date, then you can make another appeal. Making another appeal means you are going on to "Level 2" of the appeals process.

Section 7.3	Step-by-step: How to make a Level 2 Appeal to change your hospital discharge date
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If the Quality Improvement Organization has turned down your appeal, and you stay in the hospital after your planned discharge date, then you can make a Level 2 Appeal. During a Level 2 Appeal, you ask the Quality Improvement Organization to take another look at the decision they made on your first appeal. If the Quality Improvement Organization turns down your Level 2 Appeal, you may have to pay the full cost for your stay after your planned discharge date.

Here are the steps for Level 2 of the appeal process:

Step 1:	You contact the Quality Improvement Organization again and ask
	for another review.

• You must ask for this review **within 60 calendar days** after the day when the Quality Improvement Organization said **no** to your Level 1 Appeal. You can ask for this review only if you stayed in the hospital after the date that your coverage for the care ended.

Step 2:	The Quality Improvement Organization does a second review of
	your situation.

• Reviewers at the Quality Improvement Organization will take another careful look at all of the information related to your appeal.

Step 3:	Within 14 calendar days, the Quality Improvement Organization
	reviewers will decide on your appeal and tell you their decision.

#### If the review organization says yes:

- We must reimburse you for our share of the costs of hospital care you have received since noon on the day after the date your first appeal was turned down by the Quality Improvement Organization. We must continue providing coverage for your inpatient hospital care for as long as it is medically necessary.
- You must continue to pay your share of the costs and coverage limitations may apply.

#### If the review organization says no:

- It means they agree with the decision they made on your Level 1 Appeal and will not change it.
- The notice you get will tell you in writing what you can do if you wish to continue with the review process. It will give you the details about how to go on to the next level of appeal, which is handled by a judge.

Step 4:	If the answer is no, you will need to decide whether you want to
	take your appeal further by going on to Level 3.

- There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal). If the review organization turns down your Level 2 Appeal, you can choose whether to accept that decision or whether to go on to Level 3 and make another appeal. At Level 3, your appeal is reviewed by a judge.
- Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

### Section 7.4 What if you miss the deadline for making your Level 1 Appeal?

#### You can appeal to us instead

As explained above in Section 7.2, you must act quickly to contact the Quality Improvement Organization to start your first appeal of your hospital discharge. ("Quickly" means before you leave the hospital and no later than your planned discharge date). If you miss the deadline for contacting this organization, there is another way to make your appeal.

If you use this other way of making your appeal, the first two levels of appeal are different.

#### Step-by-Step: How to make a Level 1 Alternate Appeal

If you miss the deadline for contacting the Quality Improvement Organization, you can make an appeal to our plan, asking for a "fast review." A fast review is an appeal that uses the fast deadlines instead of the standard deadlines.

**Legal** A "fast" review (or "fast appeal") is also called an **Terms** "expedited appeal".

### Step 1: Contact our plan and ask for a "fast review."

- For details on how to contact us, go to Chapter 2, Section 1 and look for the section called, How to contact us when you are making an appeal about your medical care.
- **Be sure to ask for a "fast review."** This means you are asking us to give you an answer using the "fast" deadlines rather than the "standard" deadlines.

Step 2:	We do a "fast" review of your planned discharge date, checking to
	see if it was medically appropriate.

- During this review, our plan takes a look at all of the information about your hospital stay. We check to see if your planned discharge date was medically appropriate. We will check to see if the decision about when you should leave the hospital was fair and followed all the rules.
- In this situation, we will use the "fast" deadlines rather than the standard deadlines for giving you the answer to this review.

_	Our plan gives you our decision within 72 hours after you ask for a
	"fast review" ("fast appeal").

- If our plan says yes to your fast appeal, it means we have agreed with you that you still need to be in the hospital after the discharge date, and will keep providing your covered inpatient hospital services for as long as it is medically necessary. It also means that we have agreed to reimburse you for our share of the costs of care you have received since the date when we said your coverage would end. (You must pay your share of the costs and there may be coverage limitations that apply.)
- If our plan says no to your fast appeal, we are saying that your planned discharge date was medically appropriate. Our coverage for your inpatient hospital services ends as of the day we

said coverage would end.

o If you stayed in the hospital **after** your planned discharge date, then **you may have to pay the full cost** of hospital care you received after the planned discharge date.

Step 4:	If our plan says no to your fast appeal, your case will automatically
	be sent on to the next level of the appeals process.

To make sure we were following all the rules when we said no to your fast appeal, **our plan is** required to send your appeal to the "Independent Review Organization." When we do this, it means that you are automatically going on to Level 2 of the appeals process.

#### Step-by-Step: How to make a Level 2 Alternate Appeal

If our plan says no to your Level 1 Appeal, your case will **automatically** be sent on to the next level of the appeals process. During the Level 2 Appeal, the **Independent Review Organization** reviews the decision our plan made when we said no to your "fast appeal." This organization decides whether the decision we made should be changed.

Legal	The formal name for the "Independent Review
Terms	Organization" is the "Independent Review Entity."
	It is sometimes called the "IRE."

Step 1:	We will automatically forward your case to the Independent
1	Review Organization.

• We are required to send the information for your Level 2 Appeal to the Independent Review Organization within 24 hours of when we tell you that we are saying no to your first appeal. (If you think we are not meeting this deadline or other deadlines, you can make a complaint. The complaint process is different from the appeal process. Section 10 of this chapter tells how to make a complaint.)

Step 2:	The Independent Review Organization does a "fast review" of your
	appeal. The reviewers give you an answer within 72 hours.

- The Independent Review Organization is an independent organization that is hired by Medicare. This organization is not connected with our plan and it is not a government agency. This organization is a company chosen by Medicare to handle the job of being the Independent Review Organization. Medicare oversees its work.
- Reviewers at the Independent Review Organization will take a careful look at all of the information related to your appeal of your hospital discharge.
- If this organization says yes to your appeal, then our plan must reimburse you (pay you back) for our share of the costs of hospital care you have received since the date of your planned discharge. We must also continue the plan's coverage of your inpatient hospital services for as long as it is medically necessary. You must continue to pay your share of the costs. If there are coverage limitations, these could limit how much we would reimburse or how long we would continue to cover your services.

- If this organization says no to your appeal, it means they agree with our plan that your planned hospital discharge date was medically appropriate.
  - The notice you get from the Independent Review Organization will tell you in writing what you can do if you wish to continue with the review process. It will give you the details about how to go on to a Level 3 Appeal, which is handled by a judge.

1 *	If the Independent Review Organization turns down your appeal, you choose whether you want to take your appeal further.
	you choose whether you want to take your appear further.

- There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal). If reviewers say no to your Level 2 Appeal, you decide whether to accept their decision or go on to Level 3 and make a third appeal.
- Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

SECTION 8	How to ask us to keep covering certain medical services if you think your coverage is ending too soon
Section 8.1	This section is about three services <u>only</u> : Home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services

This section is about the following types of care **only**:

- Home health care services you are getting.
- Skilled nursing care you are getting as a patient in a skilled nursing facility. (To learn about requirements for being considered a "skilled nursing facility," see Chapter 12, **Definitions of important words.**)
- **Rehabilitation care** you are getting as an outpatient at a Medicare-approved Comprehensive Outpatient Rehabilitation Facility (CORF). Usually, this means you are getting treatment for an illness or accident, or you are recovering from a major operation. (For more information about this type of facility, see Chapter 12, **Definitions of important words.**)

When you are getting any of these types of care, you have the right to keep getting your covered services for that type of care for as long as the care is needed to diagnose and treat your illness or injury. For more information on your covered services, including your share of the cost and any limitations to coverage that may apply, see Chapter 4 of this booklet: **Benefits Chart (what is covered and what you pay)**.

When our plan decides it is time to stop covering any of the three types of care for you, we are required to tell you in advance. When your coverage for that care ends, **our plan will stop paying our share of the cost for your care**.

If you think we are ending the coverage of your care too soon, **you can appeal our decision**. This section tells you how to ask for an appeal.

#### Section 8.2 We will tell you in advance when your coverage will be ending

- 1. **You receive a notice in writing.** At least two days before our plan is going to stop covering your care, the agency or facility that is providing your care will give you a notice.
  - The written notice tells you the date when our plan will stop covering the care for you.
  - The written notice also tells what you can do if you want to ask our plan to change this decision about when to end your care, and keep covering it for a longer period of time.

**Legal** In telling you what you can do, the written notice is **Terms** telling how you can request a "fast-track appeal."

Requesting a fast-track appeal is a formal, legal way to request a change to our coverage decision about when to stop your care. (Section 8.3 below tells how you can request a fast-track appeal.)

Terms Non-Coverage." To get a sample copy, call
Customer Service (phone numbers are printed on the back cover of this booklet) or 1-800-MEDICARE
(1-800-633-4227, 24 hours a day, 7 days a week.
TTY users should call 1-877-486-2048.) Or see a copy online at http://www.cms.hhs.gov/BNI/

- 2. You must sign the written notice to show that you received it.
  - You or someone who is acting on your behalf must sign the notice. (Section 4 tells how you can give written permission to someone else to act as your representative.)
  - Signing the notice shows **only** that you have received the information about when your coverage will stop. **Signing it does not mean you agree** with the plan that it's time to stop getting the care.

Section 8.3 Step-by-step: How to make a Level 1 Appeal to have our plan cover your care for a longer time

If you want to ask us to cover your care for a longer period of time, you will need to use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- Follow the process. Each step in the first two levels of the appeals process is explained below.
- **Meet the deadlines.** The deadlines are important. Be sure that you understand and follow the deadlines that apply to things you must do. There are also deadlines our plan must follow. (If you think we are not meeting our deadlines, you can file a complaint. Section 10 of this chapter tells you how to file a complaint.)
- Ask for help if you need it. If you have questions or need help at any time, please call Customer Service (phone numbers are printed on the back cover of this booklet). Or call your State

Health Insurance Assistance Program, a government organization that provides personalized assistance (see Section 2 of this chapter).

During a Level 1 Appeal, the Quality Improvement Organization reviews your appeal and decides whether to change the decision made by our plan.

Step 1:	Make your Level 1 Appeal: contact the Quality Improvement
	Organization in your state and ask for a review. You must act
	quickly.

#### What is the Quality Improvement Organization?

• This organization is a group of doctors and other health care experts who are paid by the Federal government. These experts are not part of our plan. They check on the quality of care received by people with Medicare and review plan decisions about when it's time to stop covering certain kinds of medical care.

#### How can you contact this organization?

• The written notice you received tells you how to reach this organization. (Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2, Section 4, of this booklet.)

#### What should you ask for?

• Ask this organization to do an independent review of whether it is medically appropriate for our plan to end coverage for your medical services.

#### Your deadline for contacting this organization.

- You must contact the Quality Improvement Organization to start your appeal no later than noon of the day after you receive the written notice telling you when we will stop covering your care.
- If you miss the deadline for contacting the Quality Improvement Organization about your appeal, you can make your appeal directly to our plan instead. For details about this other way to make your appeal, see Section 8.5.

Step 2: The Quality Improvement Organization conducts an independent review of your case.	
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#### What happens during this review?

- Health professionals at the Quality Improvement Organization (we will call them "the reviewers" for short) will ask you (or your representative) why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you may do so if you wish.
- The review organization will also look at your medical information, talk with your doctor, and review information that our plan has given to them.

• By the end of the day the reviewers informed our plan of your appeal, and you will also get a written notice from the plan that explains in detail our reasons for ending the plan's coverage for your services.

Legal	This notice explanation is called the "Detailed
Terms	Explanation of Non-Coverage."

Step 3: Within one full day after they have all the information they need, the reviewers will tell you their decision.

#### What happens if the reviewers say yes to your appeal?

- If the reviewers say yes to your appeal, then our plan must keep providing your covered services for as long as it is medically necessary.
- You will have to keep paying your share of the costs (such as deductibles or copayments, if these apply). In addition, there may be limitations on your covered services (see Chapter 4 of this booklet).

### What happens if the reviewers say no to your appeal?

- If the reviewers say **no** to your appeal, then **your coverage will end on the date we have told you**. Our plan will stop paying its share of the costs of this care.
- If you decide to keep getting the home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services **after** this date when your coverage ends, then **you will have to pay the full cost** of this care yourself.

Step 4:	If the answer to your Level 1 Appeal is no, you decide if you want to
	make another appeal.

- This first appeal you make is "Level 1" of the appeals process. If reviewers say *no* to your Level 1 Appeal <u>and</u> you choose to continue getting care after your coverage for the care has ended then you can make another appeal.
- Making another appeal means you are going on to "Level 2" of the appeals process.

# Section 8.4 Step-by-step: How to make a Level 2 Appeal to have our plan cover your care for a longer time

If the Quality Improvement Organization has turned down your appeal and you choose to continue getting care after your coverage for the care has ended, then you can make a Level 2 Appeal. During a Level 2 Appeal, you ask the Quality Improvement Organization to take another look at the decision they made on your first appeal. If the Quality Improvement Organization turns down your Level 2 Appeal, you may have to pay the full cost for your home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services after the date when we said your coverage would end.

Here are the steps for Level 2 of the appeal process:

Step 1:	You contact the Quality Improvement Organization again and ask
	for another review.

• You must ask for this review within 60 days after the day when the Quality Improvement Organization said **no** to your Level 1 Appeal. You can ask for this review only if you continued getting care after the date that your coverage for the care ended.

<u>Step 2:</u>	The Quality Improvement Organization does a second review of
	your situation.

• Reviewers at the Quality Improvement Organization will take another careful look at all of the information related to your appeal.

Step 3:	Within 14 days, the Quality Improvement Organization reviewers
_	will decide on your appeal and tell you their decision.

### What happens if the review organization says yes to your appeal?

- Our plan must reimburse you for our share of the costs of care you have received since the date when we said your coverage would end. Our plan must continue providing coverage for the care for as long as it is medically necessary.
- You must continue to pay your share of the costs and there may be coverage limitations that apply.

#### What happens if the review organization says no?

- It means they agree with the decision we made to your Level 1 Appeal and will not change it.
- The notice you get will tell you in writing what you can do if you wish to continue with the review process. It will give you the details about how to go on to the next level of appeal, which is handled by a judge.

Step 4:	If the answer is no, you will need to decide whether you want to
	take your appeal further.

- There are three additional levels of appeal after Level 2, for a total of five levels of appeal. If reviewers turn down your Level 2 Appeal, you can choose whether to accept that decision or to go on to Level 3 and make another appeal. At Level 3, your appeal is reviewed by a judge.
- Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

# Section 8.5 What if you miss the deadline for making your Level 1 Appeal?

### You can appeal to our plan instead

As explained above in Section 8.3, you must act quickly to contact the Quality Improvement Organization to start your first appeal (within a day or two, at the most). If you miss the deadline for contacting this organization, there is another way to make your appeal. If you use this other way of making your appeal, the first two levels of appeal are different.

### Step-by-Step: How to make a Level 1 Alternate Appeal

If you miss the deadline for contacting the Quality Improvement Organization, you can make an appeal to our plan, asking for a "fast review." A fast review is an appeal that uses the fast deadlines instead of the standard deadlines.

Here are the steps for a Level 1 Alternate Appeal:

**Legal** A "fast" review (or "fast appeal") is also called an **Terms** "expedited appeal".

### **Step 1:**

Contact us and ask for a "fast review."

- For details on how to contact us, go to Chapter 2, Section 1 and look for the section called, How to contact us when you are making an appeal about your medical care.
- **Be sure to ask for a "fast review."** This means you are asking us to give you an answer using the "fast" deadlines rather than the "standard" deadlines.

Step 2:	Our plan does a "fast" review of the decision we made about when
	to end coverage for your services.

- During this review, our plan takes another look at all of the information about your case. We check to see if we were following all the rules when we set the date for ending the plan's coverage for services you were receiving.
- We will use the "fast" deadlines rather than the standard deadlines for giving you the answer to this review. (Usually, if you make an appeal to our plan and ask for a "fast review," we are allowed to decide whether to agree to your request and give you a "fast review." But in this situation, the rules require us to give you a fast response if you ask for it.)

Step 3:	Our plan gives you our decision within 72 hours after you ask for a
	"fast review" ("fast appeal").

- If our plan says yes to your fast appeal, it means we have agreed with you that you need services longer, and will keep providing your covered services for as long as it is medically necessary. It also means that we have agreed to reimburse you for our share of the costs of care you have received since the date when we said your coverage would end. (You must pay your share of the costs and there may be coverage limitations that apply.)
- If we say no to your fast appeal, then your coverage will end on the date we told you and we will not pay any share of the costs after this date.
- If you continued to get home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services **after** the date when we said your coverage would end, then **you will have to pay the full cost** of this care yourself.

1 -	If our plan says no to your fast appeal, your case will automatically
	go on to the next level of the appeals process.

• To make sure we were following all the rules when we said no to your fast appeal, our plan is required to send your appeal to the "Independent Review Organization." When we do this,

it means that you are automatically going on to Level 2 of the appeals process.

### Step-by-Step: How to make a Level 2 Alternate Appeal

If our plan says no to your Level 1 Appeal, your case will **automatically** be sent on to the next level of the appeals process. During the Level 2 Appeal, the **Independent Review Organization** reviews the decision our plan made when we said no to your "fast appeal." This organization decides whether the decision we made should be changed.

Legal	The formal name for the "Independent Review
Terms	Organization" is the "Independent Review Entity."
	It is sometimes called the "IRE."

Step 1:	We will automatically forward your case to the Independent
	Review Organization.

• We are required to send the information for your Level 2 Appeal to the Independent Review Organization within 24 hours of when we tell you that we are saying no to your first appeal. (If you think we are not meeting this deadline or other deadlines, you can make a complaint. The complaint process is different from the appeal process. Section 10 of this chapter tells how to make a complaint.)

Step 2:	The Independent Review Organization does a "fast review" of your
	appeal. The reviewers give you an answer within 72 hours.

- The Independent Review Organization is an independent organization that is hired by Medicare. This organization is not connected with our plan and it is not a government agency. This organization is a company chosen by Medicare to handle the job of being the Independent Review Organization. Medicare oversees its work.
- Reviewers at the Independent Review Organization will take a careful look at all of the information related to your appeal.
- If this organization says yes to your appeal, then our plan must reimburse you (pay you back) for our share of the costs of care you have received since the date when we said your coverage would end. We must also continue to cover the care for as long as it is medically necessary. You must continue to pay your share of the costs. If there are coverage limitations, these could limit how much we would reimburse or how long we would continue to cover your services.
- If this organization says no to your appeal, it means they agree with the decision our plan made to your first appeal and will not change it.
  - The notice you get from the Independent Review Organization will tell you in writing what you can do if you wish to continue with the review process. It will give you the details about how to go on to a Level 3 Appeal.

Step 3:	If the Independent Review Organization turns down your appeal,
	you choose whether you want to take your appeal further.

• There are three additional levels of appeal after Level 2, for a total of five levels of appeal. If

reviewers say no to your Level 2 Appeal, you can choose whether to accept that decision or whether to go on to Level 3 and make another appeal. At Level 3, your appeal is reviewed by a judge.

• Section 9 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

# SECTION 9 Taking your appeal to Level 3 and beyond Section 9.1 Levels of Appeal 3, 4, and 5 for Medical Service Appeals

This section may be appropriate for you if you have made a Level 1 Appeal and a Level 2 Appeal, and both of your appeals have been turned down.

If the dollar value of the item or medical service you have appealed meets certain minimum levels, you may be able to go on to additional levels of appeal. If the dollar value is less than the minimum level, you cannot appeal any further. If the dollar value is high enough, the written response you receive to your Level 2 Appeal will explain who to contact and what to do to ask for a Level 3 Appeal.

For most situations that involve appeals, the last three levels of appeal work in much the same way. Here is who handles the review of your appeal at each of these levels.

Level 3 Appeal	A judge who works for the Federal government
	will review your appeal and give you an answer.
	This judge is called an "Administrative Law
	Judge."

- If the Administrative Law Judge says yes to your appeal, the appeals process may or may not be over We will decide whether to appeal this decision to Level 4. Unlike a decision at Level 2 (Independent Review Organization), we have the right to appeal a Level 3 decision that is favorable to you.
  - o If we decide **not** to appeal the decision, we must authorize or provide you with the service within 60 calendar days after receiving the judge's decision.
  - o If we decide to appeal the decision, we will send you a copy of the Level 4 Appeal request with any accompanying documents. We may wait for the Level 4 Appeal decision before authorizing or providing the service in dispute.
- If the Administrative Law Judge says no to your appeal, the appeals process may or may not be over.
  - If you decide to accept this decision that turns down your appeal, the appeals process is over.
  - If you do not want to accept the decision, you can continue to the next level of the review process. If the administrative law judge says no to your appeal, the notice you get will tell you what to do next if you choose to continue with your appeal.

Level 4 Appeal	The Appeals Council will review your appeal and
	give you an answer. The Appeals Council works
	for the Federal government.

- If the answer is yes, or if the Appeals Council denies our request to review a favorable Level 3 Appeal decision, the appeals process may or may not be over We will decide whether to appeal this decision to Level 5. Unlike a decision at Level 2 (Independent Review Organization), we have the right to appeal a Level 4 decision that is favorable to you.
  - o If we decide **not** to appeal the decision, we must authorize or provide you with the service within 60 calendar days after receiving the Appeals Council's decision.
  - If we decide to appeal the decision, we will let you know in writing.
- If the answer is no or if the Appeals Council denies the review request, the appeals process may or may not be over.
  - If you decide to accept this decision that turns down your appeal, the appeals process is over.
  - O If you do not want to accept the decision, you might be able to continue to the next level of the review process. If the Appeals Council says no to your appeal, the notice you get will tell you whether the rules allow you to go on to a Level 5 Appeal. If the rules allow you to go on, the written notice will also tell you who to contact and what to do next if you choose to continue with your appeal.

Level 5 Appeal	A judge at the <b>Federal District Court</b> will review
	your appeal.

• This is the last step of the administrative appeals process.

# Section 9.2 Levels of Appeal 3, 4, and 5 for Part D Drug Appeals

This section may be appropriate for you if you have made a Level 1 Appeal and a Level 2 Appeal, and both of your appeals have been turned down.

If the value of the drug you have appealed meets a certain dollar amount, you may be able to go on to additional levels of appeal. If the dollar amount is less, you cannot appeal any further. The written response you receive to your Level 2 Appeal will explain who to contact and what to do to ask for a Level 3 Appeal.

For most situations that involve appeals, the last three levels of appeal work in much the same way. Here is who handles the review of your appeal at each of these levels.

Level 3 Appeal	A judge who works for the Federal government
	will review your appeal and give you an answer.
	This judge is called an "Administrative Law
	Judge."

• **If the answer is yes, the appeals process is over.** What you asked for in the appeal has been approved. We must **authorize or provide the drug coverage** that was approved by the

Administrative Law Judge within 72 hours (24 hours for expedited appeals) or make payment no later than 30 calendar days after we receive the decision.

- If the answer is no, the appeals process may or may not be over.
  - If you decide to accept this decision that turns down your appeal, the appeals process is over.
  - If you do not want to accept the decision, you can continue to the next level of the review
    process. If the administrative law judge says no to your appeal, the notice you get will tell
    you what to do next if you choose to continue with your appeal.

Level 4 Appeal	The Appeals Council will review your appeal and
	give you an answer. The Appeals Council works
	for the Federal government.

- If the answer is yes, the appeals process is over. What you asked for in the appeal has been approved. We must authorize or provide the drug coverage that was approved by the Appeals Council within 72 hours (24 hours for expedited appeals) or make payment no later than 30 calendar days after we receive the decision.
- If the answer is no, the appeals process may or may not be over.
  - If you decide to accept this decision that turns down your appeal, the appeals process is over.
  - o If you do not want to accept the decision, you might be able to continue to the next level of the review process. If the Appeals Council says no to your appeal or denies your request to review the appeal, the notice you get will tell you whether the rules allow you to go on to a Level 5 Appeal. If the rules allow you to go on, the written notice will also tell you who to contact and what to do next if you choose to continue with your appeal.

Level 5 Appeal	A judge at the <b>Federal District Court</b> will review
	your appeal.

• This is the last step of the appeals process.

#### MAKING COMPLAINTS

# SECTION 10 How to make a complaint about quality of care, waiting times, customer service, or other concerns



If your problem is about decisions related to benefits, coverage, or payment, then this section is **not for you**. Instead, you need to use the process for coverage decisions and appeals. Go to Section 4 of this chapter.

### Section 10.1 What kinds of problems are handled by the complaint process?

This section explains how to use the process for making complaints. The complaint process is used for certain types of problems **only**. This includes problems related to quality of care, waiting times, and the customer service you receive. Here are examples of the kinds of problems handled by the complaint process.

# If you have any of these kinds of problems, you can "make a complaint"

### Quality of your medical care

• Are you unhappy with the quality of the care you have received (including care in the hospital)?

### Respecting your privacy

• Do you believe that someone did not respect your right to privacy or shared information about you that you feel should be confidential?

### Disrespect, poor customer service, or other negative behaviors

- Has someone been rude or disrespectful to you?
- Are you unhappy with how our Customer Service has treated you?
- Do you feel you are being encouraged to leave the plan?

# Waiting times

- Are you having trouble getting an appointment, or waiting too long to get it?
- Have you been kept waiting too long by doctors, pharmacists, or other health professionals? Or by Customer Service or other staff at our plan?
  - Examples include waiting too long on the phone, in the waiting room, when getting a prescription, or in the exam room.

#### Cleanliness

 Are you unhappy with the cleanliness or condition of a clinic, hospital, or doctor's office?

### Information you get from us

- Do you believe we have not given you a notice that we are required to give?
- Do you think written information we have given you is hard to understand?

The next page has more examples of possible reasons for making a complaint

### Possible complaints

(continued)

# These types of complaints are all related to the *timeliness* of our actions related to coverage decisions and appeals

The process of asking for a coverage decision and making appeals is explained in sections 4-9 of this chapter. If you are asking for a decision or making an appeal, you use that process, not the complaint process.

However, if you have already asked us for a coverage decision or made an appeal, and you think that we are not responding quickly enough, you can also make a complaint about our slowness. Here are examples:

- If you have asked us to give you a "fast coverage decision" or a "fast appeal," and we have said we will not, you can make a complaint.
- If you believe we are not meeting the deadlines for giving you a coverage decision or an answer to an appeal you have made, you can make a complaint.
- When a coverage decision we made is reviewed and we are told that we must cover or reimburse you for certain medical services or drugs, there are deadlines that apply. If you think we are not meeting these deadlines, you can make a complaint.
- When we do not give you a decision on time, we are required to forward your case to the Independent Review Organization. If we do not do that within the required deadline, you can make a complaint.

# Section 10.2 The formal name for "making a complaint" is "filing a grievance"

Legal Terms

- What this section calls a "complaint" is also called a "grievance."
- Another term for "making a complaint" is "filing a grievance."
- Another way to say "using the process for complaints" is "using the process for filing a grievance."

# Section 10.3 Step-by-step: Making a complaint

# Step 1: Contact us promptly – either by phone or in writing.

• Usually, calling Customer Service is the first step. If there is anything else you need to do, Customer Service will let you know. 1-800-457-8506, 711, 8 a.m. to 8 p.m. local time, Monday - Friday

- If you do not wish to call (or you called and were not satisfied), you can put your complaint in writing and send it to us. If you put your complaint in writing, we will respond to your complaint in writing.
- The complaint must be submitted within 60 days of the event or incident. The address for filing complaints is located in Chapter 2 under How to contact us when you are making a complaint about your medical care or Part D complaints How to contact us when you are making a complaint about your Part D prescription drugs. We must address your grievance as quickly as your case requires based on your health status, but no later than 30 days after receiving your complaint. We may extend the time frame by up to 14 days if you ask for the extension, or if we justify a need for additional information and the delay is in your best interest. If we do not accept your grievance in the whole or in part, our written decision will explain why it was not accepted, and will tell you about any dispute resolution options you may have.
- Whether you call or write, you should contact Customer Service right away. The complaint must be made within 60 calendar days after you had the problem you want to complain about.
- If you are making a complaint because we denied your request for a "fast coverage decision" or a "fast appeal," we will automatically give you a "fast" complaint. If you have a "fast" complaint, it means we will give you an answer within 24 hours.

**Legal** What this section calls a "fast complaint" is also Terms called an "expedited grievance."

#### **Step 2:**

We look into your complaint and give you our answer.

- **If possible, we will answer you right away.** If you call us with a complaint, we may be able to give you an answer on the same phone call. If your health condition requires us to answer quickly, we will do that.
- Most complaints are answered in 30 calendar days. If we need more information and the delay is in your best interest or if you ask for more time, we can take up to 14 more calendar days (44 calendar days total) to answer your complaint.
- If we do not agree with some or all of your complaint or don't take responsibility for the problem you are complaining about, we will let you know. Our response will include our reasons for this answer. We must respond whether we agree with the complaint or not.

# Section 10.4 You can also make complaints about quality of care to the Quality Improvement Organization

You can make your complaint about the quality of care you received to our plan by using the step-by-step process outlined above.

When your complaint is about **quality of care**, you also have two extra options:

• You can make your complaint to the Quality Improvement Organization. If you prefer, you can make your complaint about the quality of care you received directly to this organization (without making the complaint to our plan).

- The Quality Improvement Organization is a group of practicing doctors and other health care experts paid by the Federal government to check and improve the care given to Medicare patients.
- To find the name, address, and phone number of the Quality Improvement Organization for your state, look in Chapter 2, Section 4, of this booklet. If you make a complaint to this organization, we will work with them to resolve your complaint.
- Or you can make your complaint to both at the same time. If you wish, you can make your complaint about quality of care to our plan and also to the Quality Improvement Organization.

### Section 10.5 You can also tell Medicare about your complaint

You can submit a complaint about UnitedHealthcare \* Group Medicare Advantage (PPO) directly to Medicare. To submit a complaint to Medicare, go to www.medicare.gov/MedicareComplaintForm/home.aspx. Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.

If you have any other feedback or concerns, or if you feel the plan is not addressing your issue, please call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

# CHAPTER 10: Ending your membership in the plan

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#### SECTION 1 Introduction

### Section 1.1 This chapter focuses on ending your membership in our plan

Ending your membership in the plan may be **voluntary** (your own choice) or **involuntary** (not your own choice):

- You might leave our plan because you have decided that you want to leave.
- There are also limited situations where you do not choose to leave, but we are required to end your membership. Section 4 tells you about situations when we must end your membership.

If you are leaving our plan, you must continue to get your medical care and prescription drugs through our plan until your membership ends.

In the event you choose to end your membership in our plan, re-enrollment may not be permitted, or you may have to wait until your plan sponsor's next Open Enrollment Period. You should consult with your plan sponsor regarding the availability of other employer-sponsored coverage prior to ending your plan membership outside of your plan sponsor's Open Enrollment Period. It is important to understand your plan sponsor's eligibility policies, and the possible impact to your retiree health care coverage options and other retirement benefits before submitting your request to end your membership in our plan.

### SECTION 2 When can you end your membership in our plan?

You may end your membership in our plan only during certain times of the year, known as enrollment periods. Please contact your Plan Sponsor for more information on ending your membership in our plan.

# Section 2.1 Where can you get more information about when you can end your membership?

If you have any questions or would like more information on when you can end your membership:

- Call your plan sponsor
- You can call Customer Service (phone numbers are printed on the back cover of this booklet)
- You can find the information in the **Medicare & You 2014** Handbook.
  - Everyone with Medicare receives a copy of Medicare & You each fall. Those new to Medicare receive it within a month after first signing up.
  - You can also download a copy from the Medicare Web site (http://www.medicare.gov). Or, you can order a printed copy by calling Medicare at the number below.

• You can contact **Medicare** at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

# SECTION 3 Until your membership ends, you must keep getting your medical services and drugs through our plan

#### Section 3.1 Until your membership ends, you are still a member of our plan

If you leave our plan, it may take time before your membership ends and your new Medicare coverage goes into effect. During this time, you must continue to get your medical care and prescription drugs through our plan.

- You should continue to use our network pharmacies to get your prescriptions filled until your membership in our plan ends. Usually, your prescription drugs are only covered if they are filled at a network pharmacy including through our mail-order pharmacy services.
- If you are hospitalized on the day that your membership ends, your hospital stay will usually be covered by our plan until you are discharged (even if you are discharged after your new health coverage begins).

### SECTION 4 We must end your membership in the plan in certain situations

### Section 4.1 When must we end your membership in the plan?

### We must end your membership in the plan if any of the following happen:

- We are notified that you no longer meet the eligibility requirements of your former employer, union group or trust administrator (plan sponsor).
- Your former employer, union group or trust administrator's (plan sponsor's) contract with us is terminated.
- If you do not stay continuously enrolled in Medicare Part A and Part B.
- If you move out of our service area.
- If you are away from our service area for more than six months.
  - o If you move or take a long trip, you need to call Customer Service to find out if the place you are moving or traveling to is in our plan's area. (Phone numbers for Customer Service are printed on the back cover of this booklet.)
- If you become incarcerated (go to prison).
- If you lie about or withhold information about other insurance you have that provides prescription drug coverage.
- If you intentionally give us incorrect information when you are enrolling in our plan and that information affects your eligibility for our plan. (We cannot make you leave our plan for this reason unless we get permission from Medicare first.)
- If you continuously behave in a way that is disruptive and makes it difficult for us to provide medical care for you and other members of our plan. (We cannot make you leave our plan for

- this reason unless we get permission from Medicare first.)
- If you let someone else use your member ID card to get medical care. (We cannot make you leave our plan for this reason unless we get permission from Medicare first.)
  - If we end your membership because of this reason, Medicare may have your case investigated by the Inspector General.

### Where can you get more information?

If you have questions or would like more information on when we can end your membership:

• You can call **Customer Service** for more information (phone numbers are printed on the back cover of this booklet).

### Section 4.2 We <u>cannot</u> ask you to leave our plan for any reason related to your health.

Our plan is not allowed to ask you to leave our plan for any reason related to your health.

#### What should you do if this happens?

If you feel that you are being asked to leave our plan because of a health-related reason, you should call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You may call 24 hours a day, 7 days a week.

Section 4.3	You have the right to make a complaint if we end your membership in our
	plan

If we end your membership in our plan, we must tell you our reasons in writing for ending your membership. We must also explain how you can make a complaint about our decision to end your membership. You can also look in Chapter 9, Section 10 for information about how to make a complaint.

# **CHAPTER 11: Legal notices**

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### SECTION 1 Notice about governing law

Many laws apply to this **Evidence of Coverage** and some additional provisions may apply because they are required by law. This may affect your rights and responsibilities even if the laws are not included or explained in this document. The principal law that applies to this document is Title XVIII of the Social Security Act and the regulations created under the Social Security Act by the Centers for Medicare & Medicaid Services, or CMS. In addition, other Federal laws may apply and, under certain circumstances, the laws of the state you live in.

#### SECTION 2 Notice about nondiscrimination

We don't discriminate based on a person's race, disability, religion, sex, health, ethnicity, creed, age, or national origin. All organizations that provide Medicare Advantage Plans, like our plan, must obey Federal laws against discrimination, including Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act, all other laws that apply to organizations that get Federal funding, and any other laws and rules that apply for any other reason.

### SECTION 3 Notice about Medicare Secondary Payer subrogation rights

We have the right and responsibility to collect for covered Medicare services for which Medicare is not the primary payer. According to CMS regulations at 42 CFR sections 422.108 and 423.462, our plan, as a Medicare Advantage Organization, will exercise the same rights of recovery that the Secretary exercises under CMS regulations in subparts B through D of part 411 of 42 CFR and the rules established in this section supersede any State laws.

### SECTION 4 Third party liability and subrogation

If you suffer an illness or injury for which any third party is alleged to be liable or responsible due to any negligent or intentional act or omission causing illness or injury to you, you must promptly notify us of the illness or injury. We will send you a statement of the amounts we paid for services provided in connection with the illness or injury. If you recover any sums from any third party, we shall be reimbursed out of any such recovery from any third party for the payments we made on your behalf, subject to the limitations in the following paragraphs.

1) Our payments are less than the recovery amount. If our payments are less than the total recovery amount from any third party (the "recovery amount"), then our reimbursement is

computed as follows:

- a) **First**: Determine the ratio of the procurement costs to the recovery amount (the term "procurement costs" means the attorney fees and expenses incurred in obtaining a settlement or judgment).
- b) **Second**: Apply the ratio calculated above to our payment. The result is our share of procurement costs.
- c) **Third**: Subtract our share of procurement costs from our payments. The remainder is our reimbursement amount.
- 2) Our payments equal or exceed the recovery amount. If our payments equal or exceed the recovery amount, our reimbursement amount is the total recovery amount minus the total procurement costs.
- 3) We incur procurement costs because of opposition to our reimbursement. If we must bring suit against the party that received the recovery amount because that party opposes our reimbursement, our reimbursement amount is the lower of the following:
  - a) our payments made on your behalf for services; or
  - b) the recovery amount, minus the party's total procurement cost.

Subject to the limitations stated above, you agree to grant us an assignment of, and a claim and a lien against, any amounts recovered through settlement, judgment or verdict. You may be required by us and you agree to execute documents and to provide information necessary to establish the assignment, claim, or lien to ascertain our right to reimbursement.

# SECTION 5 Member liability

**Note:** This section only applies to you if you are required by your plan rules to obtain a referral before seeing non-network providers. Please see the chapter entitled **Using the plan's coverage for your medical services** to see if your plan requires referrals to non-network providers.

You will be liable if you receive services from non-network providers without authorization or a referral.

In the event we fail to reimburse provider's charges for covered services, you will not be liable for any sums owed by us. Neither the plan nor Medicare will pay for non-covered services except for the following eligible expenses:

- Emergency services
- Urgently needed services
- Out-of-area and routine travel dialysis (must be received in a Medicare Certified Dialysis Facility within the United States)
- Post-stabilization services

If you enter into a private contract with a provider, neither the plan nor Medicare will pay for those services.

# SECTION 6 Medicare-covered services must meet requirement of reasonable and necessary

In determining coverage, services must meet the reasonable and necessary requirements under Medicare in order to be covered under your plan, unless otherwise listed as a covered service. A service is "reasonable and necessary" if the service is:

- Safe and effective;
- Not experimental or investigational; and
- Appropriate, including the duration and frequency that is considered appropriate for the service, in terms of whether it is:
  - 1. Furnished in accordance with accepted standards of medical practice for the diagnosis or treatment of the patient's condition or to improve the function of a malformed body member;
  - 2. Furnished in a setting appropriate to the patient's medical needs and condition;
  - 3. Ordered and furnished by qualified personnel;
  - 4. One that meets, but does not exceed, the patient's medical need; and
  - 5. At least as beneficial as an existing and available medically appropriate alternative.

### SECTION 7 Non duplication of benefits with automobile, accident or liability coverage

If you are receiving benefits as a result of other automobile, accident or liability coverage, we will not duplicate those benefits. It is your responsibility to take whatever action is necessary to receive payment under automobile, accident, or liability coverage when such payments may reasonably be expected, and to notify us of such coverage when available. If we happen to duplicate benefits to which you are entitled under other automobile, accident or liability coverage, we may seek reimbursement of the reasonable value of those benefits from you, your insurance carrier, or your health care provider to the extent permitted under State and/or federal law. We will provide benefits over and above your other automobile, accident or liability coverage, if the cost of your health care services exceeds such coverage. You are required to cooperate with us in obtaining payment from your automobile, accident or liability coverage carrier. Your failure to do so may result in termination of your plan membership.

### SECTION 8 Acts beyond our control

If, due to a natural disaster, war, riot, civil insurrection, complete or partial destruction of a facility, ordinance, law or decree of any government or quasi-governmental agency, labor dispute (when said dispute is not within our control), or any other emergency or similar event not within the control of us, providers may become unavailable to arrange or provide health services pursuant to this Evidence of Coverage and Disclosure Information, then we shall attempt to arrange for covered services insofar as practical and according to our best judgment. Neither we nor any provider shall have any liability or

obligation for delay or failure to provide or arrange for covered services if such delay is the result of any of the circumstances described above.

# SECTION 9 Contracting medical providers and network hospitals are independent contractors

The relationships between us and our network providers and network hospitals are independent contractor relationships. None of the network providers or network hospitals or their physicians or employees are employees or agents of UnitedHealthcare Insurance Company or one of its affiliates. An agent would be anyone authorized to act on our behalf. Neither we nor any employee of UnitedHealthcare Insurance Company or one of its affiliates is an employee or agent of the network providers or network hospitals.

### SECTION 10 Our contracting arrangements

We pay providers using various payment methods, including capitation, per diem, incentive and discounted Fee-for-Service arrangements. Capitation means paying an agreed upon dollar amount per month for each member assigned to the provider. Per diem means paying a fixed dollar amount per day for all services rendered, such as inpatient hospital and skilled nursing facility stays. Incentive means a payment that is based on appropriate medical management by the provider. Discounted Fee-for-Service means paying an agreed upon fee schedule which is a reduction from their usual and customary charges.

You are entitled to ask if we have special financial arrangements with the network providers that may affect the use of referrals and other services that you might need.

# SECTION 11 How our network providers are generally compensated

The following is a brief description of how we pay our network providers:

We typically contract with individual physicians and medical groups, often referred to as Independent Practitioner Associations ("IPAs"), to provide medical services and with hospitals to provide services to members. The contracting medical groups/IPAs in turn, employ or contract with individual physicians.

Most of the individual physicians are paid on a Fee-for-Service arrangement. In addition, some physicians receive an agreed-upon monthly payment from us to provide services to members. The monthly payment may be either a fixed dollar amount for each member, or a percentage of the monthly plan premium received by us. The monthly payment typically covers professional services directly provided by individual physicians and may also cover certain referral services.

Most of the contracted medical groups/IPAs receive an agreed upon monthly payment from us to

provide services to members. The monthly payment may be either a fixed dollar amount for each member or a percentage of the monthly plan premium received by us. The monthly payment typically covers professional services directly provided by the contracted medical group/IPA, and may also cover certain referral services. Some of our network hospitals receive similar monthly payments in return for arranging hospital services for members. Other hospitals are paid on a discounted Fee-for-Service or fixed charge per day of hospitalization.

Each year, we and the contracted medical group/IPA agree on a budget for the cost of services covered under the program for all plan members treated by the contracted medical group/IPA. At the end of the year, the actual cost of services for the year is compared to the agreed-upon budget. If the actual cost of services is less than the agreed-upon budget, the contracted medical group/IPA shares in the savings. The network hospital and the contracted medical group/IPA typically participate in programs for hospital services similar to that described above.

Stop-loss insurance protects the contracted medical groups/IPAs and network hospitals from large financial losses and helps the providers with resources to cover necessary treatment. We provide stop-loss protection to the contracted medical groups/IPAs and network hospitals that receive capitation payments. If any capitated providers do not obtain stop-loss protection from us, they must obtain stop-loss insurance from an insurance carrier acceptable to us. You may obtain additional information on compensation arrangements by contacting your contracted medical group/IPA, however, specific compensation terms and rates are confidential and will not be disclosed.

### SECTION 12 Technology assessment

We regularly review new procedures, devices and drugs to determine whether or not they are safe and efficacious for Members. New procedures and technology that are safe and efficacious are eligible to become Covered Services. If the technology becomes a Covered Service, it will be subject to all other terms and conditions of the plan, including medical necessity and any applicable Member Copayments, Coinsurance, deductibles or other payment contributions.

In determining whether to cover a service, we use proprietary technology guidelines to review new devices, procedures and drugs, including those related to behavioral/mental health. When clinical necessity requires a rapid determination of the safety and efficacy of a new technology or new application of an existing technology for an individual Member, one of our Medical Directors makes a medical necessity determination based on individual Member medical documentation, review of published scientific evidence, and, when appropriate, relevant specialty or professional opinion from an individual who has expertise in the technology.

### SECTION 13 Member statements

In the absence of fraud, all statements made by you will be deemed representations and not warranties. No such representation will void coverage or reduce covered services under this Evidence of Coverage

or be used in defense of a legal action unless it is contained in a written application.

### **SECTION 14** Information upon request

As a plan member, you have the right to request information on the following:

- General coverage and comparative plan information
- Utilization control procedures
- Quality improvement programs
- Statistical data on grievances and appeals
- The financial condition of UnitedHealthcare Insurance Company or one of its affiliates

#### SECTION 15 2014 Enrollee Fraud & Abuse Communication

2014 Enrollee Fraud & Abuse Communication

### How you can fight healthcare fraud

Our company is committed to preventing fraud, waste, and abuse in Medicare benefit programs and we're asking for your help. If you identify a potential case of fraud, please report it to us immediately.

Here are some examples of potential Medicare fraud cases:

- A health care provider such as a physician, pharmacy, or medical device company bills for services you never got;
- A supplier bills for equipment different from what you got;
- Someone uses another person's Medicare card to get medical care, prescriptions, supplies or equipment;
- Someone bills for home medical equipment after it has been returned;
- A company offers a Medicare drug or health plan that hasn't been approved by Medicare; or
- A company uses false information to mislead you into joining a Medicare drug or health plan.

To report a potential case of fraud in a Medicare benefit program, call UnitedHealthcare\* Group Medicare Advantage (PPO) Customer Service at 1-800-457-8506 (TTY 711), 8 a.m. to 8 p.m. local time, Monday - Friday.

This hotline allows you to report cases anonymously and confidentially. We will make every effort to maintain your confidentiality. However, if law enforcement needs to get involved, we may not be able to guarantee your confidentiality. Please know that our organization will not take any action against you for reporting a potential fraud case in good faith.

You may also report potential medical or prescription drug fraud cases to the Medicare Drug Integrity Contractor (MEDIC) at 1-877-7SafeRx (1-877-772-3379) or to the Medicare program directly at 1-800-Medicare (1-800-633-4427). The Medicare fax number is 1-717-975-4442 and the Web site is www.medicare.gov.

For more information on protecting yourself from Medicare fraud and tips for spotting and reporting fraud, visit www.stopmedicarefraud.gov. You can also request the guide titled, "Protecting Medicare and You from Fraud" by calling 1-800-Medicare (1-800-633-4427) or by visiting the "Fraud and Abuse" section of the Web site www.medicare.gov. TTY users should call 1-877-486-2048. A customer service representative can answer your questions 24 hours a day, 7 days a week.

# **CHAPTER 12: Definitions of important words**

Accepting Assignment – In Original Medicare, a doctor or supplier "accepts assignment" when he or she agrees to accept the Medicare-approved amount as full payment. Depending on your plan, it can save you money if your doctor or supplier accepts assignment. If a doctor or supplier accepts assignment, your cost-sharing is limited to your copayment or coinsurance amount for the covered service.

Ambulatory Surgical Center – An Ambulatory Surgical Center is an entity that operates exclusively for the purpose of furnishing outpatient surgical services to patients not requiring hospitalization and whose expected stay in the center does not exceed 24 hours.

**Annual Enrollment Period** – A set time each fall when members can change their health or drugs plans or switch to Original Medicare. The Annual Enrollment Period is from October 15 until December 7.

**Appeal** – An appeal is something you do if you disagree with our decision to deny a request for coverage of health care services or prescription drugs or payment for services or drugs you already received. You may also make an appeal if you disagree with our decision to stop services that you are receiving. For example, you may ask for an appeal if we don't pay for a drug, item, or service you think you should be able to receive. Chapter 9 explains appeals, including the process involved in making an appeal.

**Balance Billing** – When a provider (such as a doctor or hospital) bills a patient more than the plan's allowed cost sharing amount. As a member of UnitedHealthcare Group Medicare Advantage (PPO), you only have to pay the plan's cost sharing amounts when you get services covered by our plan. We do not allow providers to "balance bill" or otherwise charge you more than the amount of cost sharing your plan says you must pay.

Benefit period – The way that Original Medicare measures your use of hospital and skilled nursing facility (SNF) services. A benefit period begins the day you go into a hospital or skilled nursing facility. The benefit period ends when you haven't received any inpatient hospital care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a skilled nursing facility after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There is no limit to the number of benefit periods. For Inpatient Hospital Care, Medicare-defined hospital benefit periods do not apply. For inpatient hospital care, the cost sharing described in the Medical Benefits Chart in Chapter 4 applies each time you are admitted to the hospital. For each inpatient hospital stay, you are covered for unlimited days as long as the hospital stay is covered in accordance with plan rules.

**Brand Name Drug** – A prescription drug that is manufactured and sold by the pharmaceutical company that originally researched and developed the drug. Brand name drugs have the same active-ingredient formula as the generic version of the drug. However, generic drugs are manufactured and sold by other drug manufacturers and are generally not available until after the patent on the brand name drug has expired.

Catastrophic Coverage Stage – The stage in the Part D Drug Benefit where you pay a low copayment

or coinsurance for your drugs after you or other qualified parties on your behalf have spent \$4,550 in covered drugs during the covered year.

**Centers for Medicare & Medicaid Services (CMS)** – The Federal agency that administers Medicare. Chapter 2 explains how to contact CMS.

Clinical Research Study – A clinical research study is a way that doctors and scientists test new types of medical care, like how well a new cancer drug works. They test new medical care procedures or drugs by asking for volunteers to help with the study. This kind of study is one of the final stages of a research process that helps doctors and scientists see if a new approach works and if it is safe.

Coinsurance – An amount you may be required to pay as your share of the cost for services or prescription drugs after you pay any deductibles. Coinsurance is usually a percentage (for example, 20%).

**Combined Maximum Out-of-Pocket Amount** – This is the most you will pay in a year for all Part A and Part B services from both network (preferred) providers and out-of-network (non-preferred) providers. See Chapter 4, Section 1.3 for information about your combined maximum out-of-pocket amount.

Comprehensive Outpatient Rehabilitation Facility (CORF) – A facility that mainly provides rehabilitation services after an illness or injury, and provides a variety of services including physical therapy, social or psychological services, respiratory therapy, occupational therapy and speech-language pathology services, and home environment evaluation services.

**Co-Payment, Copay** – An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or a prescription drug. A copayment is usually a set amount, rather than a percentage. For example, you might pay \$10 or \$20 for a doctor's visit or prescription drug.

Cost Sharing – Cost sharing refers to amounts that a member has to pay when services or drugs are received. Cost sharing includes any combination of the following three types of payments: (1) any deductible amount a plan may impose before services or drugs are covered; (2) any fixed "copayment" amount that a plan requires when a specific service or drug is received; or (3) any "coinsurance" amount, a percentage of the total amount paid for a service or drug, that a plan requires when a specific service or drug is received. A "daily cost sharing rate" may apply when your doctor prescribes less than a full month's supply of certain drugs for you and you are required to pay a copay.

**Cost-Sharing Tier** – Every drug on the list of covered drugs is in one of 4 cost-sharing tiers. In general, the higher the cost-sharing tier, the higher your cost for the drug.

Coverage Determination – A decision about whether a drug prescribed for you is covered by the plan and the amount, if any, you are required to pay for the prescription. In general, if you bring your prescription to a pharmacy and the pharmacy tells you the prescription isn't covered under your plan, that isn't a coverage determination. You need to call or write to your plan to ask for a formal decision about the coverage. Coverage determinations are called "coverage decisions" in this booklet. Chapter 9 explains how to ask us for a coverage decision.

**Covered Drugs** – The term we use to mean all of the prescription drugs covered by our plan.

Covered Services - The general term we use in this EOC to mean all of the health care services and

supplies that are covered by our plan.

Creditable Prescription Drug Coverage – Prescription drug coverage (for example, from an employer or union) that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. People who have this kind of coverage when they become eligible for Medicare can generally keep that coverage without paying a penalty, if they decide to enroll in Medicare prescription drug coverage later.

Custodial Care – Custodial care is personal care provided in a nursing home, hospice, or other facility setting when you do not need skilled medical care or skilled nursing care. Custodial care is personal care that can be provided by people who don't have professional skills or training, such as help with activities of daily living like bathing, dressing, eating, getting in or out of a bed or chair, moving around, and using the bathroom. It may also include the kind of health-related care that most people do themselves, like using eye drops. Medicare doesn't pay for custodial care.

Customer Service – A department within our plan responsible for answering your questions about your membership, benefits, grievances, and appeals. See Chapter 2 for information about how to contact Customer Service.

**Daily cost-sharing rate** – A "daily cost-sharing rate" may apply when your doctor prescribes less than a full month's supply of certain drugs for you and you are required to pay a copay. A daily cost sharing rate is the copay divided by the number of days in a month's supply. Here is an example: If your copay for a one-month supply of a drug is \$30, and a one-month's supply in your plan is 30 days, then your "daily cost-sharing rate" is \$1 per day. This means you pay \$1 for each day's supply when you fill your prescription.

**Deductible** – The amount you must pay for health care or prescriptions before our plan begins to pay.

**Disenroll or Disenrollment** – The process of ending your membership in our plan. Disenrollment may be voluntary (your own choice) or involuntary (not your own choice).

**Dispensing Fee** – A fee charged each time a covered drug is dispensed to pay for the cost of filling a prescription. The dispensing fee covers costs such as the pharmacist's time to prepare and package the prescription.

**Durable Medical Equipment** – Certain medical equipment that is ordered by your doctor for medical reasons. Examples are walkers, wheelchairs, or hospital beds.

Emergency – A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life, loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.

Emergency Care – Covered services that are: 1) rendered by a provider qualified to furnish emergency services; and 2) needed to treat, evaluate, or stabilize an emergency medical condition.

Evidence of Coverage (EOC) and Disclosure Information – This document, along with your enrollment form and any other attachments, riders, or other optional coverage selected, which explains your coverage, what we must do, your rights, and what you have to do as a member of our plan.

Exception - A type of coverage determination that, if approved, allows you to get a drug that is not on

your plan sponsor's formulary (a formulary exception), or get a non-preferred drug at the preferred cost-sharing level (a tiering exception). You may also request an exception if your plan sponsor requires you to try another drug before receiving the drug you are requesting, or the plan limits the quantity or dosage of the drug you are requesting (a formulary exception).

Extra Help – A Medicare program to help people with limited income and resources pay Medicare prescription drug program costs, such as premiums, deductibles, and coinsurance.

**Generic Drug** – A prescription drug that is approved by the Food and Drug Administration (FDA) as having the same active ingredient(s) as the brand name drug. Generally, a "generic" drug works the same as a brand name drug and usually costs less.

**Grievance** – A type of complaint you make about us or one of our network providers or pharmacies, including a complaint concerning the quality of your care. This type of complaint does not involve coverage or payment disputes.

**Home Health Aide** – A home health aide provides services that don't need the skills of a licensed nurse or therapist, such as help with personal care (e.g., bathing, using the toilet, dressing, or carrying out the prescribed exercises). Home health aides do not have a nursing license or provide therapy.

Home Health Care – Skilled nursing care and certain other health care services that you get in your home for the treatment of an illness or injury. Covered services are listed in the Benefits Chart in Chapter 4, Section 2.1 under the heading "Home health care." If you need home health care services, our plan will cover these services for you provided the Medicare coverage requirements are met. Home health care can include services from a **home health aide** if the services are part of the home health plan of care for your illness or injury. They aren't covered unless you are also getting a covered skilled service. Home health services don't include the services of housekeepers, food service arrangements, or full-time nursing care at home.

Hospice Care – A special way of caring for people who are terminally ill and providing counseling for their families. Hospice care is physical care and counseling that is given by a team of people who are part of a Medicare-certified public agency or private company. Depending on the situation, this care may be given in the home, a hospice facility, a hospital, or a nursing home. Care from a hospice is meant to help patients in the last months of life by giving comfort and relief from pain. The focus is on care, not cure. For more information on hospice care visit www.medicare.gov and under "Search Tools" choose "Find a Medicare Publication" to view or download the publication "Medicare Hospice Benefits." Or, call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048. You may call 24 hours a day/7 days a week. Note: If you are not entitled to Medicare Part A coverage, hospice services are not covered by Medicare or the plan.

**Hospital Inpatient Stay** – A hospital stay when you have been formally admitted to the hospital for skilled medical services. Even if you stay in the hospital overnight, you might still be considered an "outpatient."

**Independent Practitioner Associations (IPAs)** – Individual physicians and medical groups contracted by the plan to provide medical services and with hospitals to provide services to members. The contracting medical groups/IPAs in turn, employ or contract with individual physicians. (See Chapter 11, Section 10)

**Initial Coverage Limit** – The maximum limit of coverage under the Initial Coverage Stage.

**Initial Coverage Stage** – This is the stage before your total drug expenses have reached \$2,850 including amounts you've paid and what our plan has paid on your behalf.

**Initial Enrollment Period** – When you are first eligible for Medicare, the period of time when you can sign up for Medicare Part A and Part B. For example, if you're eligible for Medicare when you turn 65, your Initial Enrollment Period is the 7-month period that begins 3 months before the month you turn 65, includes the month you turn 65, and ends 3 months after the month you turn 65.

**In-Network Maximum Out-of-Pocket Amount** – The most you will pay for covered Part A and Part B services received from network (preferred) providers. After you have reached this limit, you will not have to pay anything when you get covered services from network providers for the rest of the contract year. However, until you reach your combined out-of-pocket amount, you must continue to pay your share of the costs when you seek care from an out-of-network (non-preferred) provider. See Chapter 4, Section 1.3 for information about your in-network maximum out-of-pocket amount.

Late Enrollment Penalty – An amount added to your monthly premium for Medicare drug coverage if you go without creditable coverage (coverage that is expected to pay, on average, at least as much as standard Medicare prescription drug coverage) for a continuous period of 63 days or more. You pay this higher amount as long as you have a Medicare drug plan. There are some exceptions. For example, if you receive "Extra Help" from Medicare to pay your prescription drug plan costs, the late enrollment penalty rules do not apply to you. If you receive "Extra Help" you do not pay a penalty, even if you go without "creditable" prescription drug coverage.

**List of Covered Drugs (Formulary or "Drug List")** – A list of prescription drugs covered by the plan. The drugs on this list are selected by the plan with the help of doctors and pharmacists. The list includes both brand name and generic drugs.

Low Income Subsidy (LIS) – See "Extra Help."

**Medicaid (or Medical Assistance)** – A joint Federal and state program that helps with medical costs for some people with low incomes and limited resources. Medicaid programs vary from state to state, but most health care costs are covered if you qualify for both Medicare and Medicaid. See Chapter 2, Section 6 for information about how to contact Medicaid in your state.

**Medically Accepted Indication** – A use of a drug that is either approved by the Food and Drug Administration or supported by certain reference books. See Chapter 5, Section 3 for more information about a medically accepted indication.

**Medically Necessary** – Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.

Medicare – The Federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with End-Stage Renal Disease (generally those with permanent kidney failure who need dialysis or a kidney transplant). People with Medicare can get their Medicare health coverage through Original Medicare a PACE plan, or a Medicare Advantage Plan.

Medicare Advantage Disenrollment Period – A set time each year when members in a Medicare Advantage plan can cancel their plan enrollment and switch to Original Medicare. The Medicare Advantage Disenrollment Period is from January 1 until February 14, 2014.

Medicare Advantage (MA) Plan – Sometimes called Medicare Part C. A plan offered by a private company that contracts with Medicare to provide you with all your Medicare Part A and Part B benefits. A Medicare Advantage Plan can be an HMO, PPO, a Private Fee-for-Service (PFFS) plan, or a Medicare Medical Savings Account (MSA) plan. When you are enrolled in a Medicare Advantage Plan, Medicare services are covered through the plan, and are not paid for under Original Medicare. In most cases, Medicare Advantage Plans also offer Medicare Part D (prescription drug coverage). These plans are called Medicare Advantage Plans with Prescription Drug Coverage. Everyone who has Medicare Part A and Part B is eligible to join any Medicare health plan that is offered in their area, except people with End-Stage Renal Disease (unless certain exceptions apply).

**Medicare Allowable Cost** – The maximum price of a service for reimbursement purposes under Original Medicare.

**Medicare Assignment** – When doctors agree to take Medicare's payment of the Medicare-Approved Amount as full payment. This is called "accepting assignment."

Medicare Coverage Gap Discount Program – A program that provides discounts on most covered Part D brand name drugs to Part D enrollees who have reached the Coverage Gap Stage and who are not already receiving "Extra Help." Discounts are based on agreements between the Federal government and certain drug manufacturers. For this reason, most, but not all, brand name drugs are discounted.

**Medicare-Covered Services** – Services covered by Medicare Part A and Part B. All Medicare health plans, including our plan, must cover all of the services that are covered by Medicare Part A and B.

Medicare Health Plan – A Medicare health plan is offered by a private company that contracts with Medicare to provide Part A and Part B benefits to people with Medicare who enroll in the plan. This term includes all Medicare Advantage Plans, Medicare Cost Plans, Demonstration/Pilot Programs, and Programs of All-inclusive Care for the Elderly (PACE).

Medicare Prescription Drug Coverage (Medicare Part D) – Insurance to help pay for outpatient prescription drugs, vaccines, biologicals, and some supplies not covered by Medicare Part A or Part B.

"Medigap" (Medicare Supplement Insurance) Policy – Medicare supplement insurance sold by private insurance companies to fill "gaps" in Original Medicare. Medigap policies only work with Original Medicare. (A Medicare Advantage Plan is not a Medigap policy.)

Member (Member of our plan, or "Plan Member") – A person with Medicare who is eligible to get covered services, who has enrolled in our plan and whose enrollment has been confirmed by the Centers for Medicare & Medicaid Services (CMS).

**Network** – The doctors and other health care professionals, medical groups, hospitals, and other health care facilities or providers that have an agreement with us to provide covered services to our members and to accept our payment and any plan cost-sharing as payment in full. (See Chapter 1, Section 3.2)

**Network Pharmacy** – A network pharmacy is a pharmacy where members of our plan can get their prescription drug benefits. We call them "network pharmacies" because they contract with our plan. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

Network Provider - "Provider" is the general term we use for doctors, other health care professionals,

hospitals, and other health care facilities that are licensed or certified by Medicare and by the State to provide health care services. We call them "network providers" when they have an agreement with our plan to accept our payment as payment in full, and in some cases to coordinate as well as provide covered services to members of our plan. Our plan pays network providers based on the agreements it has with the providers or if the providers agree to provide you with plan-covered services. Network providers may also be referred to as "plan providers."

**Non-Preferred Network Mail-order Pharmacy** – A network mail-order pharmacy that generally offers Medicare Part D covered drugs to members of our plan at higher cost-sharing levels than apply at a preferred network mail-order pharmacy.

**Organization Determination** – The Medicare Advantage plan has made an organization determination when it makes a decision about whether items or services are covered or how much you have to pay for covered items or services. The Medicare Advantage organization's network provider or facility has also made an organization determination when it provides you with an item or service, or refers you to an out-of-network provider for an item or service. Organization determinations are called "coverage decisions" in this booklet. Chapter 9 explains how to ask us for a coverage decision.

Original Medicare ("Traditional Medicare" or "Fee-for-service" Medicare) – Original Medicare is offered by the government, and not a private health plan such as Medicare Advantage Plans and prescription drug plans. Under Original Medicare, Medicare services are covered by paying doctors, hospitals, and other health care providers payment amounts established by Congress. You can see any doctor, hospital, or other health care provider that accepts Medicare. You must pay the deductible. Medicare pays its share of the Medicare-approved amount, and you pay your share. Original Medicare has two parts: Part A (Hospital Insurance) and Part B (Medical Insurance) and is available everywhere in the United States.

**Out-of-Network Pharmacy** – A pharmacy that doesn't have a contract with our plan to coordinate or provide covered drugs to members of our plan. As explained in this Evidence of Coverage, most drugs you get from out-of-network pharmacies are not covered by our plan unless certain conditions apply.

Out-of-Network Provider or Out-of-Network Facility – A provider or facility with which we have not arranged to coordinate or provide covered services to members of our Plan. Out-of-network providers are providers that are not employed, owned, or operated by our Plan or are not under contract to deliver covered services to you. Using out-of-network providers or facilities is explained in this booklet in Chapter 3.

**Out-of-Pocket Costs** – See the definition for "cost sharing" above. A member's cost-sharing requirement to pay for a portion of services or drugs received is also referred to as the member's "out-of-pocket" cost requirement.

PACE plan – A PACE (Program of All-Inclusive Care for the Elderly) plan combines medical, social, and long-term care services for frail people to help people stay independent and living in their community (instead of moving to a nursing home) as long as possible, while getting the high-quality care they need. People enrolled in PACE plans receive both their Medicare and Medicaid benefits through the plan. PACE is not available in all states. If you would like to know if PACE is available in your state, please contact Customer Service (phone numbers are printed on the back cover of this booklet).

### Part C – see "Medicare Advantage (MA) Plan."

**Part D** – The voluntary Medicare Prescription Drug Benefit Program. (For ease of reference, we will refer to the prescription drug benefit program as Part D.)

**Part D Drugs** – Drugs that can be covered under Part D. We may or may not offer all Part D drugs. (See your formulary for a specific list of covered drugs.) Certain categories of drugs were specifically excluded by Congress from being covered as Part D drugs.

**Plan Sponsor** – Your former employer, union group or trust administrator.

**Plan Year** – The period of time your plan sponsor has contracted with us to provide covered services and covered drugs to you through the plan. Your plan Sponsor's plan year is listed inside the front cover of the Evidence of Coverage.

**Preferred Network Mail-order Pharmacy** – A network mail-order pharmacy that generally offers Medicare Part D covered drugs to members of our plan that may have lower cost-sharing levels than at other network pharmacies mail-order pharmacy.

Preferred Provider Organization (PPO) Plan – A Preferred Provider Organization plan is a Medicare Advantage Plan that has a network of contracted providers that have agreed to treat plan members for a specified payment amount. A PPO plan must cover all plan benefits whether they are received from network or out-of-network providers. Member cost sharing may be higher when plan benefits are received from out-of-network providers. PPO plans have an annual limit on your out-of-pocket costs for services received from network (preferred) providers and a higher limit on your total combined out-of-pocket costs for services from both in-network (preferred) and out-of-network (non-preferred) providers.

**Premium** – The periodic payment to Medicare, an insurance company, or a health care plan for health or prescription drug coverage.

**Prior Authorization** – Approval in advance to get certain drugs that may or may not be on our formulary. Some drugs are covered only if your doctor or other network provider gets "prior authorization" from us. Covered drugs that need prior authorization are marked in the formulary.

**Providers** – Doctors and other health care professionals that the state licenses to provide medical services and care. The term "providers" also includes hospitals and other health care facilities.

**Quality Improvement Organization (QIO)** – A group of practicing doctors and other health care experts paid by the Federal government to check and improve the care given to Medicare patients. See Chapter 2, Section 4 for information about how to contact the QIO for your state.

**Quantity Limits** – A management tool that is designed to limit the use of selected drugs for quality, safety, or utilization reasons. Limits may be on the amount of the drug that we cover per prescription or for a defined period of time.

**Rehabilitation Services** – These services include physical therapy, speech and language therapy, and occupational therapy.

Service Area – A geographic area where a health plan accepts members if it limits membership based on where people live. For plans that limit which doctors and hospitals you may use, it's also generally the area where you can get routine (non-emergency) services. The plan may disenroll you if you

permanently move out of the plan's service area.

**Skilled Nursing Facility (SNF) Care** – Skilled nursing care and rehabilitation services provided on a continuous, daily basis, in a skilled nursing facility. Examples of skilled nursing facility care include physical therapy or intravenous injections that can only be given by a registered nurse or doctor.

**Special Enrollment Period** – A set time when members can change their health or drugs plans or return to Original Medicare. Situations in which you may be eligible for a Special Enrollment Period include: if you move outside the service area, if you are getting "Extra Help" with your prescription drug costs, if you move into a nursing home, or if we violate our contract with you.

**Step Therapy** – A utilization tool that requires you to first try another drug to treat your medical condition before we will cover the drug your physician may have initially prescribed.

**Supplemental Security Income (SSI)** – A monthly benefit paid by Social Security to people with limited income and resources who are disabled, blind, or age 65 and older. SSI benefits are not the same as Social Security benefits.

**Urgently Needed Care** – Urgently needed care is care provided to treat a non-emergency, unforeseen medical illness, injury, or condition that requires immediate medical care. Urgently needed care may be furnished by network providers or by out-of-network providers when network providers are temporarily unavailable or inaccessible.

# UnitedHealthcare ® Group Medicare Advantage (PPO) Customer Service:



Call 1-800-457-8506

Calls to this number are free. 8 a.m. to 8 p.m. local time, Monday - Friday Customer Service also has free language interpreter services available for non-English speakers.



Write PO Box 29675 Hot Springs, AR 71903-9675



Web site www.UHCRetiree.com

TTY **711** 

Calls to this number are free. 8 a.m. to 8 p.m. local time, Monday - Friday

# **State Health Insurance Assistance Program**

State Health Insurance Assistance Program is a state program that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

You can call the SHIP in your state at the number listed in Chapter 2 Section 3 of the **Evidence of Coverage**.