**Little Rock Attendees**

**Frequently Asked Questions**

1. **Where can I eat?**

Ninety minutes has been allocated for lunch. The restaurants below have been chosen based on their location and reputation for excellent service.

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* **Boscos Restaurant & Brewing Company**- 500 President Clinton Avenue, Little Rock, AR (0.7 miles from Bowen); (501-907-1881); <http://boscosbeer.com/littlerock/story/index.htm>

Boscos offers chef-created daily specials, appetizers, salads, entrees, and gourmet pizzas baked in a brick oven.

Monday – Thursday 11:00 am–11:00 pm

Friday – Saturday 11:00 am–12:00 am

* **EJ’s**- 523 Center Street, Little Rock, AR; (.70 miles from Bowen); (501-666-3700); [ejslittlerock.com](https://maps.google.com/local_url?dq=restaurants+near+1201+McMath+ave,+Little+Rock,+AR&q=http://www.ejslittlerock.com/&oi=miw&sa=X&ct=miw_link&cd=1&cad=homepage,cid:11929028991902036371&ei=gl_rUNiFFoLLtgfAj4CQAQ&s=ANYYN7kBwK1ihJPDMGLz1YF8JAQsVPKgxw)

EJ’s is famous for their homemade chips, fresh secret-recipe soups, and innovative sandwiches and salads.

Monday – Thursday 10:30 am–9:00 pm
Friday 10:30 am–10:00 pm

* **Lulav**- 220 West 6th Street, Little Rock, AR; (.71 miles from Bowen);
[Get directions](https://maps.google.com/maps?hl=en&ie=UTF-8&q=restaurants+near+1201+McMath+ave,+Little+Rock,+AR&fb=1&gl=us&hq=restaurants&hnear=0x87d2bb761b2e1497:0x67d97592c1cef9bb,1201+McMath+Ave,+Little+Rock,+AR+72202&cid=0,0,14469640523304804634&ei=kjHsUICKMZO68wTj5YC4CA&ved=0CJABEK8LMAk)

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(501) 374-5100); <http://www.lulaveatery.com>

Thursday – Saturday 11:00 am–2:00 pm; 5:00 pm–close

* **Community Bakery**- 1200 Main Street, Little Rock AR (0.88 miles from Bowen); (501) 375-7105; <http://communitybakery.com>

If you are looking for a wide variety of pastries, donuts, danishes, muffins, bagels or deserts, this is your place! They also have tasty coffee and lunch including sandwiches, soups, quiche, and salads.

Monday – Thursday 6:00 am–8:00 pm
Friday – Saturday 6:00 am–9:00 pm

* **Flying Fish**- 511 President Clinton Ave., Little Rock, AR (0.91 miles from Bowen); (501) 375- 3474; <http://www.flyingfishinthe.net/LittleRock.php>

Flying Fish is a unique gem located in the River Market area. They have fried catfish, shrimp, oysters, crab, gumbo, po’boys, grilled fish, and more! If you want it spicy, just yell “Make it snappy!”

Thursday 11:00 am–10:00 pm

Friday – Saturday 11:00 am–11:00 pm

* **Juanita’s** - 614 President Clinton Ave., Little Rock, AR (0.92 miles from Bowen); (501) 372-1228; [www.juanitas.com](http://www.juanitas.com)

Located downtown in the River Market area, Juanita’s specializes in Mexican food, beer, and margaritas!

Thursday 11:00 am–9:00 pm

Friday – Saturday 11:00 am–10:00 pm

* **Starbucks**- 917 South Broadway, Little Rock, AR (0.93 miles from Bowen); (501) 374-3044; [www.starbucks.com](http://www.starbucks.com)

Offers a variety of specialty coffees, cookies, scones, and pastries.

Monday – Thursday 5:00 am–10:00 pm

Friday – Saturday 5:00 am–11:00 pm

* **Sonny Williams Steakhouse**- 500 President Clinton Ave., Little Rock, AR (0.93 miles from Bowen); (501) 324-3999; [www.sonnywilliamssteakroom.com](http://www.sonnywilliamssteakroom.com)

Fine dining in the River Market district featuring mouthwatering steaks, seafood, soups, salads, and more!

Thursday – Saturday 5:00 pm–10:00 pm

* **Copper Grill**- 300 E. 3rd Street #101, Little Rock, AR (0.95 miles from Bowen); (501) 375-3333; <http://www.coppergrillandgrocery.com>

Copper Grill has a great mixture of fish, salads, flat breads, soup, burgers, and sandwiches.

Thursday – Saturday 11:00 am–10:00 pm

* **Gusano’s Pizzeria**- 313 President Clinton Ave., Little Rock, AR (0.99 miles from Bowen); (501) 374-1441; [www.gusanospizza.com](http://www.gusanospizza.com)

Gusano’s is located downtown in the River Market area and is known for their Chicago-style pizza, sandwiches, appetizers, and salads.

Thursday – Saturday 11:00 am– close

* **Boulevard Bread Company**- 1417 S. Main Street, Little Rock, AR (0.99 miles from Bowen); (501) 375-5100; <http://www.boulevardbread.com>

Boulevard has an amazing breakfast and lunch menu including pastries, sandwiches, soups, salads, and deserts.

Thursday – Saturday 7:00 am–3:00 pm

* **Ciao Italian Restaurant**- 405 West 7th Street, Little Rock, AR, (1.0 miles from Bowen); (501) 372-0238; <http://www.ciaoitalianrestaurant.com>

Monday – Friday 11:00 am–2:00 pm

Thursday – Saturday 5:30 pm–9:00 pm

* **Root Café**- 1500 Main Street, Little Rock, AR (1.07 miles from Bowen); (501) 414-0423; [www.therootcafe.com](http://www.therootcafe.com)

Root Café has a great breakfast and lunch selection that consists of eggs, toast, omelets, biscuits and gravy, breakfast sandwiches, burgers, bratwursts, sandwiches, soups, salads, pastries. All of their meat and bread and most of their cheese and vegetables are locally grown and produced.

Thursday – Friday 7:00 am–2:30 pm

Saturday 8:00 am–3:30 pm

* **Vino’s-** 923 West 7th Street, Little Rock, AR; (1.1 miles from Bowen); (501) 375-8466; <http://www.vinosbrewpub.com>

Vino’s offers hand-tossed, stone-baked, New York-style pizzas, sandwiches, salads, and calzones.

Thursday  11:00 am–11:00 pm
Friday 11:00 am–12:00 am
Saturday 11:30am–12:00 am

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* **Ristorante Capeo**- 425 Main Street, North Little Rock, AR (1.85 miles from Bowen); (501) 376- 3463; <http://capeo.us>

Proclaimed the best Italian in Arkansas, Capeo offers upscale Italian dining in the downtown Argenta district in North Little Rock.

Thursday – Saturday 5:00 pm–10:00 pm

* **Cajun’s Wharf**- 2400 Cantrell Road, Little Rock, AR (3.16 miles from Bowen); (501) 375-5351; <http://www.cajunswharf.com>

Cajun’s has one of the best selections of fresh seafood and is truly an amazing dining experience overlooking the Arkansas River.

Thursday 5:00 pm–10:00 pm

Friday – Saturday 5:00 pm–11:00 pm

* **Loca Luna**- 3519 Old Cantrell Road, Little Rock, AR (4.33 miles from Bowen); (501) 663-4666; [www.localuna.com](http://www.localuna.com)

Loca Luna offers a little bit of everything including soups, salads, pizzas, calzones, pasta, sandwiches as well as many grilled foods including steaks, chicken and fish.

Thursday 11:00 am–2:00 pm; 5:30 pm–9:00 pm

Friday 11:00 am–2:00 pm; 5:30 pm–10:30 pm

Saturday 5:30 pm–10:30 pm

* **Café Bossa Nova**- 2701 Kavanaugh Blvd., Little Rock, AR (4.58 miles from Bowen); (501) 614-6682; [www.cafebossanova.com](http://www.cafebossanova.com)

Great authentic Brazilian food!

Thursday 11:00 am–2:00 am

Friday – Saturday 11:30 am –4:00 am

* **U.S. Pizza Company**- 2710 Kavanaugh Blvd., Little Rock, AR (4.59 miles from Bowen); (501) 663-2198; [www.uspizzaco.net](http://www.uspizzaco.net)

Fantastic pizza, salad, and appetizers!

Thursday 10:30 am–10:00 pm

Friday – Saturday 10:30 am –11:00 pm

* **ZaZa’s Fine Salad & Wood Oven Pizza**- 5600 Kavanaugh Blvd. Little Rock, AR (5.98 miles from Bowen); [www.zazapizzaandsalad.com](http://www.zazapizzaandsalad.com)

ZaZa’s offers large specialty salads, wood oven pizzas, and gelato.

Thursday 10:30 am–9:00 pm
Friday – Saturday 10:30 am–10:00 pm

* Sushi Café- 5823 Kavanaugh Blvd., Little Rock, AR (6.11 miles from Bowen); (501) 663-9888; [sushicaferocks.com](http://www.sushicaferocks.com)

Offers the best sushi in town, as well an eclectic mix of Asian specialties.

Thursday – Saturday 11:00 am–2:00 pm; 5:00 pm–9:30 pm

* **Damgoode Pies**- 6706 Cantrell Road, Little Rock, AR (6.91 miles from Bowen); (501) 664-2239; [www.damgoodepies.com](http://www.damgoodepies.com)

Famous for their “stuffy” pizza and specialty sauces.

Monday – Thursday 11:00 am–10:00 pm

Friday – Saturday 11:00 am–11:00 pm

* **The Pantry**- 11401 Rodney Parham Rd., Little Rock, AR (9.74 miles from Bowen); (501) 353-1875; <http://littlerockpantry.com>

The Pantry offers diverse European foods including wiener schnitzel, goulash, stock pot, Czech roast beef, bratwurst, sandwiches, flatbreads, and more!

Thursday – Saturday 11:00 am–12:00 am

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| * **The Faded Rose**- 1619 Rebsamen Park Rd., Little Rock, AR (4.29 miles from Bowen); (501) 663-9734; [www.thefadedrose.com](http://www.thefadedrose.com)
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The Faded Rose offers steaks, seafood, red beans and rice, pasta, chicken, burgers, and more!

Thursday 11:00 am–10:00 pm
Friday – Saturday 11:00 am –11:00 pm

* **Cantina Laredo**- 207 N. University Ave., Little Rock, AR (5.30 miles from Bowen); (501) 280-0407; [www.cantinalaredo.com](http://www.cantinalaredo.com)

Offers upscale modern-styled Mexican food.

Thursday 11:00 am–10:00 pm
Friday – Saturday 11:00 am –11:00 pm

1. **Where can I park?**

Parking is available at Bowen, along McMath Avenue, along Pulaski County Lane (the new road that intersects with Commerce Street), and the Arkansas Arts Center parking lot located at 501 East 9th Street.

1. **Will I have access to Wi-Fi at Bowen?**

Unfortunately, Wi-Fi is only available to students, faculty, and staff.

1. **Who do I need to contact if I have additional questions?**

Please contact Sydney Brown, the Symposium Editor, if you have any additional questions. Email: slbrown4@ualr.edu; Phone: (503) 505-4713.