

## Strategic Prevention Framework



To meet the cross-system approach that health promotion and disease prevention demand, the U.S. Department of Health and Human Services has developed the Strategic Prevention Framework (SPF). The SPF implements a five-step process known to promote youth development, reduce risk-taking behaviors, and prevent problem behaviors across the life span. It is designed to build on science-based theory and evidence-based practices. To be effective, the SPF supports that prevention programs must engage individuals, families, and entire communities to achieve population level change.

1. Assessment – Determines needs, resources and causes of community issues
2. Capacity – Development of skills and knowledge for community members to address issues
3. Planning – Determines the best practices, strategies and action plans to be used to address issues
4. Implementation – The actual work done to address the issue
5. Evaluation – Reviews the process of implementation so adjustments can be made in the process, records success, and determines if goals were met.