

COACHING TOPICS

Academic Success Skills

Time Management and Organization Skills

Study Skills and Test Preparation

Goal Setting and Strategizing

Classroom Success

Forming Study Groups

Building Productive Faculty Relationships

Life Skills

Motivation vs. Procrastination

Personal Health

Relationship Building

Grit, Resiliency, Skills to Thrive

SUPPORT SPECIALIST TOPICS

Stress Management

Emotional and Mental Health Concerns

Domestic Violence
Personal Issues

Addiction Support

Food and/or Housing Needs

Financial Difficulties

Transition to College

Communication Skills

Issues with Relationships



STUDENT
RETENTION
INITIATIVES

501-916-5645
studentsuccess@ualr.edu
ualr.edu/studentsuccess