

TRIO

EDUCATIONAL
OPPORTUNITY CENTER

Summer 2016

EOC Student Spotlight



Michael Little moved to Little Rock, Arkansas in April of 2014. As a recipient of Social Security Disability Benefits, his monthly stipend was not enough to make ends meet. He enrolled in the Ticket to Work program which afforded him the opportunity to get a part-time job to supplement his income. This helped tremendously, but his finances were still inadequate. He knew that something had to change so

he began to direct his energy toward the future and the possibilities that it held. He knew that education was key, but had no idea where to start. He happened upon a brochure at Goodwill that detailed the services available at the UALR TRIO Educational Opportunity Center (EOC). He made a phone call and set up an appointment with a counselor. The TRIO EOC program has been instrumental in helping him to achieve his dreams of going back to school and earning a degree.

Michael attended college in his youth but ended up dropping out. It has been his dream to return to school and finish what he started. He states that "Dreams are ethereal; lacking substance. However, dreams are powerful and may be used as an effective tool to motivate an individual who has a sincere desire to better themselves." The EOC TRIO program provided him with the tools to make his dreams become reality. During his first semester at Pulaski Technical College, he earned a GPA of 4.0. Michael stated that the counselors and staff at the EOC TRIO program have been with him every step of the way. The career counseling, academic tutoring, and computer lab, are invaluable assets. As a result of the EOC TRIO program services, Michael is pursuing his dream.

EDUCATIONAL OPPORTUNITY CENTER

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Career Inventory



Need help figuring out what you want to do with your life? We have the Kuder assessment that can help you determine what steps in education and career planning you should take.

Each job seeker faces unique challenges. Kuder is committed to helping all adults – including those in college or new to the job market, career changers, the unemployed, veterans and military personnel, the disabled, ex-offenders, and retirees – find a pathway to a satisfying career.

Career planning is a lifelong process that starts by learning about yourself – what you like doing (interests), what you're good at (skills), and what's important to you in a work environment (values). Kuder's research-based career assessments accurately report results on all three – giving you valuable information to set the stage for the next steps, including exploring options, setting goals, and taking action.

Searching for education and training to help you climb the ladder of success? Want to create a lifelong electronic portfolio that shows all you can offer? Need to start a résumé from scratch but need assistance? With comprehensive tools and resources tailored to your individual needs, Kuder offers the support you can count on to plan a career, make a career change, or keep your career on track.

Please contact our office for more assistance and information about the Kuder Assessment.

Website: www.kuder.com

Financial Literacy



When you're a student, it can feel like money is always tight. You've got bills, rent, and tuition to pay, and you want to have enough money for fun, too. So how can you get on the right path to a great financial future, while making your money count today?

We use Cashcourse as a customizable set of tools to assist you in making decisions that fit your life. It's free to use! Please contact our office for more assistance and information about Cashcourse.

Website: www.cashcourse.org.



Scholarship Search Assistance

There are a lot of scholarships available inside and outside institutions of higher learning. Scholarships are funds that you do not have to pay back that are used towards college. Many are unaware of what is available to pay for college. We have a section on our TRIO website filled with links to these scholarships. However, should you need assistance, we are here to not only assist you with the list of scholarships we provide that are offered through external partners but also with any other scholarships you need help with rather it is filling out applications, writing an essay, or collecting information to include in your scholarship packet.

Website: <http://ualr.edu/trioecets/scholarship-search/>



Educational Technology Resources

Here is a list of tools to stay engaged with the learning processes taking place in the classroom. These are also tools you may want to adapt to your everyday life rather it is on a personal or professional level.

Contact us for more information about these tools to get an overview of how to use them!



Things to Do

TRIO UALR McNair Scholars Program

The UALR McNair Scholars Program works with UALR undergraduate students who would like to gain new or additional experience conducting undergraduate research, which is necessary to be competitive for graduate school admissions. At the University of Arkansas at Little Rock, 25 Elite Scholars are supported each year to participate in their enriching Research Internship Program. In their first year, Scholars participate in the Summer Research Internship. In subsequent years, Scholars are able to complete their McNair requirement of research during the academic year or the summer. For more information about the TRIO UALR McNair Scholars Program contact Ashia Hall Muhammad at 501.569.8747.

EDUCATIONAL OPPORTUNITY CENTER

The Educational Opportunity Center is a federally funded TRIO program that assists adults ages 19 and above and U.S. veterans to enroll in and complete a postsecondary education program. All services are provided free of charge to participants who meet the eligibility requirements.

Services provided

- Academic Assistance
- Career Assistance
- Enrollment Counseling
- Financial Aid Counseling
- Computer Lab

Educational Opportunity Center

5280 Asher Avenue, Suite 800

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PLACE
STAMP
HERE